



# EPICS



MONTHLY MAGAZINE  
THE INDIAN  
COMMUNITY  
SCHOOL (SENIOR)  
KUWAIT

E EMOTIONAL P PHYSICAL I INTELLECTUAL C CULTURAL S SPIRITUAL

JULY 2024



## PRINCIPAL'S MESSAGE

Dear Students,  
Greetings!!

I wanted to take a moment to send you my warmest wishes for an incredible and fulfilling vacation. This is your time to relax, recharge, and embark on exciting adventures. May your summer be filled with boundless joy and endless possibilities. May you explore new places, discover hidden talents, and create memories that will bring a smile to your face for years to come. Embrace every opportunity that comes your way, whether it's trying a new hobby, reading captivating books, or simply spending quality time with loved ones.

ICSK firmly believes their commitment to value education by conducting a value based Program called SPARSH .SPARSH is an activity initiated by ICSK Senior to sensitize the students on the sufferings and undue discrimination around them. Through this activity students are encouraged to visit, share ,contribute and understand the sufferings of the people around them.

Teaching and involving our learners through SPARSH - a value based project is important for several reasons:

**1. Moral Development:** Through this program, ICSK teaches their students that education is not just about acquiring knowledge but about instilling values that shape individuals into responsible, compassionate and ethical members of society.. It teaches them about what is right and wrong, good and bad, and helps them develop a sense of morality and ethics. This is important for shaping individuals into responsible and ethical members of society.

**2. Character Building:** Values education plays a crucial role in character building .Three months of this Summer Vacation Project was not merely to imbibe values but also tone up other skills like confidence, interactive skliis, team cooperation and coordination apart from honesty, respect,

responsibility, compassion, and empathy in learners. These values are essential for developing a strong character and for fostering positive relationships with others.

**3. Social and Emotional Learning:** Values education also contributes to the social and emotional learning of individuals. It helps them understand their own emotions and those of others, and teaches them how to manage their emotions effectively. Here the students visit old age homes, orphanages , schools for disabled children, cancer centres etc .The students make cards and sing and dance with them so that they can spread smiles on their faces.

**4. Conflict Resolution:** Values education program SPARSH equips learners with the skills to resolve conflicts peacefully and constructively. By teaching values such as tolerance, respect for diversity, and communication, it helps individuals navigate conflicts in a positive manner and promotes peaceful coexistence. Group discussions and seminars are also conducted to eliminate any differences they face.

**5. Personal Development:** Values education program SPARSH contributes to the personal development of individuals by helping them develop a strong sense of self-awareness, self-esteem, and self-confidence. It empowers individuals to make choices that are in line with their values and beliefs, leading to a more fulfilling and meaningful life.

**6. Evaluation by a panel of judges:** Under this project, the hard work of each student is recognised .All the original videos were evaluated by an experienced team of judges who are the sensitive to the cause of humanitarianism resulting in the culmination of an exceptional endeavour of value based education SPARSH.

At ICSK we believe that education should go beyond textbooks and exams. We recognize that the world needs individuals who are not only academically proficient but also morally upright and socially responsible. An initiative like this from ICSK definitely will help the students evolve into better human beings with a mind set to "give rather than to receive".

02	EDITORS' NOTE
03	EPICS CAREER
05	ICSK CONDUCTS SUMMER CAMP - 2024
08	PARADIGM 2024 - ARTS FEST: AN ODE TO TALENTS AT ICSK
10	QUIZZING AT ICSK SENIOR
12	EPITOME OF SUCCESS - VIRAT KOHLI
16	BIRTHDAY ARCADE - JULY
20	EPITRAVEL - TURKEY
24	EPHILATELY
26	WORLD IN A NUTSHELL



SCAN THE QR CODE AND FIND OUR UPDATES ON

@ ICSK  
+965 6564 2298

# EDITORS' NOTE

Dear Readers,

Education is not merely acquirement of facts but also of values which help us improve the different facets of mankind. It ensures that we leave the world a far better place than we found it. A pivotal role of education lies in shaping the personality of a child into a healthy mind and happy soul, who is not only equipped with 21st century skills and aptitude required for academic excellence but helping him face the challenges of life in a balanced and harmonious way.

In making each child a balanced human being having his core strengths embedded in the learning experiences, through EPICS our official school magazine, we provide sufficient opportunities to each student to understand and discover themselves and to face and overcome challenges presented to them to make school life fulfilling and complete. We take pride in helping them grow and develop into sensitive and responsible well-rounded personalities of the next generation.

Each issue of our school magazine EPICS is a milestone that marks our growth, unfolds our imaginations, and gives life to our thoughts and aspirations. It unleashes a wide spectrum of creative skills ranging from writing to numerous art work. I, as a chief editor congratulate the entire editorial team for their hard work and dedication in making this dream come true.

A full window glimpse into the immense talents and capabilities of the precious gems of this institute, along with a compilation of all the achievements of these same gems, is our Monthly School Magazine. A platform for showcasing where we have reached and where we want to ourselves. A reflection of the brilliant & glorious month that just went by boldly and confidently ushering into the next upcoming month.

Teamwork is the hallmark of ICSK SENIOR. I am very sure through collaborative effort we can achieve more to benefit our students who are the future leaders of tomorrow.

Happy Reading!

Send your valuable contributions to [epicseditor@icsk-kw.com](mailto:epicseditor@icsk-kw.com)



Mrs. Shehnaz Hakim



Mrs. Tintu Wilson



## Drumsticks

Drumsticks (*Moringa oleifera*) also known as horseradish tree (from the taste of the roots, which resembles horseradish), or malunggay, which are an excellent source of various vitamins, fibre, protein and phosphorus. These nutrient-dense vegetables can help manage diabetes and fight infections due to their antioxidant properties.

**Heart Health:** Drumsticks have an excellent effect on your heart. That is because they are rich in beta-carotene, which our body converts into vitamin A, essential to maintaining a healthy heart. Moreover, Vitamin C in drumsticks lowers blood pressure, thus reducing the risk of heart diseases.

**Hair Health:** They are a boon to hair as they have high Vitamins A and B content that nourish the hair and support their growth. Using drumsticks can help nourish your scalp, moisturise your hair and keep off dandruff. Moreover, the minerals can shine your hair and protect it from heat, dust and pollution.

**Iron:** Drumsticks contain 4mg of iron per 100 g of serving. In addition, Thus it can help in preventing conditions like anaemia, and its consumption is also known to improve bone health due to the high iron and calcium content.

**Kidney Health:** The regular addition of drumsticks to your diet might prevent kidney damage. It is because drumsticks help eliminate toxins from the body due to the presence of antioxidants. Therefore, they can reduce the development of stones in the kidney and bladder.

**Boosts digestive health:** Have drumsticks for the ample amount of fibre in them. The fibre regulates your digestion and helps treat constipation. Essential B vitamins, like thiamine and niacin, and vitamin B12 present in drumsticks increase the secretion of digestive juices, further boosting digestion.

The rich culinary tradition of our country has helped us to relish and taste several types of vegetables and fruits thereby derive out the umpteen health benefits.

- Add the drumsticks to prepare flavouful curries and stews, soups and broths to enhance their flavor and nutritional value.
- Incorporate its leaves or pods into salads for a refreshing and nutritious twist.
- Blend the Drumstick leaves or powder to the smoothies for an extra nutrient boost.



## Assess the trends and interest before choosing a Course & Career

**Dr. T. P. Sethumadhavan**

Education & Career Consultant  
Professor, Transdisciplinary University of Health  
Sciences & Technology, Bengaluru  
Consultant to World Bank International Co-Operative Alliance



Addressing the increasing rate of unemployment among educated youth assumes more significant now a days. Employability depends on the technical, communication and social skills. But programmes to improve communication skills among educated youth are getting reduced substantially. It requires strategic action plan from educational institutions which includes interpersonal communication, proficiency in mother tongue and English, computer skills, etc. Students should have fare knowledge on current events which requires regular news paper reading habits. This can be initiated with the support of parents and teachers. General knowledge is an indispensable area which facilitates appropriate employment opportunities. One third of population in India are Gen Zers, say those within 18-24 years. Unemployment among Genzers in the country is more than 42 percent. Kerala which excels in literacy and networking of educational institutions in the country, unemployment rate among the educated youth is 31.8 as per the recent labour survey. Along with knowledge, attitude based skills can only enhance the

employability. Moreover educated youth requires potential upskilling and reskilling programmes along with add on courses to improve the employability. Recent statistics reveal that agriculture is the largest private sector enterprise in the country and can generate 92 percent employment opportunities in the unorganised sector. 73 percent employment opportunities in the industry are under MSME sector. Organised companies and private sector including corporates can create only 27 percent employment opportunities. Students and parents need to look for potential courses which can create employment opportunities in future. Services sector creates lot of opportunities. But it requires technology interventions. Generative AI, Maritime technology, digital maritime & supply chain, digital marketing, automation, logistics management, culinary arts, hotel management, electric vehicle technology, design, data science, food technology, agribusiness management, agri analytics, health analytics, nursing, physiotherapy, automation, fintech, biostatistics, food industry management &. quality control, accounting, cabin crew, pilot, psychology, development science, hitech horticulture, etc are some of the courses which can facilitate to get future jobs.

Animation, augmented & virtual reality, cosmetology, nutrition & Dietetics, health and wellness, dermatology, comics, gaming technology, energy related courses, climate science, environmental courses, retail management, port management and entrepreneurship management are

some of the emerging courses which can create umpteen employment opportunities. At a time when higher education institutions in the country are in the process of launching four year honors undergraduate programmes, students and teachers need to make it more employable through technology, skill development and internship interventions. Selection of majors and minors must be done judiciously. Academic institutions need to ensure appropriate academia industry interventions to facilitate placement and industry tuned research. Among engineering branches most preferred branches in the order of preference include Architecture, computer science engineering, electronics & communication, electrical & electronics, mechanical, engineering physics, material science, Biotechnology and civil engineering. At a time when most preferred course is Architecture, it is an ambiguity that least preferred course is civil engineering. Bioengineering, regenerative biology, biomedical engineering, molecular medicine, molecular biology, genetics, integrated law programmes, quantum computing, etc are emerging as some of the most wanted courses along with STEM courses. Students aspiring for study abroad are on the rise. Annually more than 10 lakh students are moving for education abroad from India. More than 45000 students from Kerala are pursuing study abroad programmes annually. In order to succeed in education and career, students need to make right decision based on their choice, interest, aptitude, goal and relevance of the programme.

## Milkha Singh



Milkha Singh (20 November 1929 – 18 June 2021) also known as The Flying Sikh was an Indian track and field sprinter who

was introduced to the sport while serving in the Indian army. He is the only athlete to win gold at 400 metres at the Asian games as well as Commonwealth Games. He also won gold medals in the 1958 and 1962 Asian Games. He represented India in the 1956 Summer Olympics in Melbourne, the 1960 Summer Olympics in Rome and the 1964 Summer Olympics in Tokyo. He was awarded the Padma shri, India's 4th – highest civilian honour, in recognition of his sporting achievement's. The race for which Singh was best remembered for is his 4th place finish in the 400 metre final at the 1960 Olympic games, which he

had entered as one of his favourites. He led the race till the 200m mark before easing, allowing others to pass him. Various records were broken in the race, which required a photo – finish and saw American Otis Davis being declared the winner by one – hundredth of a second over German Carl Kaufmann. Singh's 4th place time of 45.73 seconds was the Indian national record for almost 40 years. Singh died of covid – 19 Complication.



NATHAN KAMAL  
KOSHY - 8B

# EMERGENCE OF SPORTS IN TODAY'S INDIA



2024 being the year of Olympics, it is of great relevance to throw light on the emergence of sports in India today. From badminton to hockey, football to cricket, India is set to make the Tiranga flying high, both on home turf and abroad in a wide range of sporting events. With growing recognition of the importance of physical activity for health and well-being, governments at the Central and State levels have launched various initiatives to promote sports at the grassroots level, Khelo India being one of them which aim to identify and nurture young talents.

There has been increased investment in sports infrastructure, both by the government and private entities. These include stadiums, training facilities, and academies, which are crucial for nurturing and developing talent. Corporate sponsorship and branding have also played

a significant role in the development of sports in India. Companies are increasingly investing in sports teams, athletes, and events, thereby providing financial support and exposure.

Although India's history in sports dates back to the Vedic period with chariot racing and wrestling among the most famous events, cricket has been the most popular for long, since the time of the British Raj. It has produced all-time greats from Sachin Tendulkar to M.S. Dhoni and Virat Kohli to name a few. It generates the highest television viewership, with the Indian Premier League being the most followed League in the country today. Coming to football, Sunil Chhetri has been an inspiration for the young as football has gained popularity of late, with the Indian Super League - the highest level of domestic football and the National Team

winning multiple medals internationally in the recent past. Sports stars like PV Sindhu, Neeraj Chopra, Geeta Phogat, Sania Mirza etc. have been an encouragement for today's youth who look forward to making a mark in badminton, tennis and athletics. Our country has also had success in field hockey, winning multiple medals at the Olympics and other championships. We have also hosted several international sporting events ranging from the 1951 Asian Games to the 2023 ICC Men's Cricket World Cup. India's Olympic journey started in 1900 with a lone athlete as participant but it was at the 1920 Summer Olympic Games that India took part as a team for the first time and has participated in all summer games ever since. Our nation has also played an integral role in the establishment of the Asian Games in 1951, hosting the inaugural edition in New Delhi and participating in all editions of the quadrennial event with many a number of podium finishes. Our nation woke up to a new dawn in the sports field, when the Indian delegation finished their Asian Games 2023 campaign with a record haul of 107 medals, a remarkable achievement in our sporting history.

Overall, the emergence of sports in today's India reflects a growing enthusiasm for athletic pursuits, and a shift in societal attitudes towards the importance of physical activity and sports excellence.



ABRAHAM RUEBEN THOMAS  
- 12 I

## Baked potato w toppings



Easy microwave baked potatoes Difficulty level :- ●●○○○

Cooking time:- 7 minutes

Preparing time:- 2 minutes

Ingredients

- 2 russet Potatoes
- Olive oil:- ½ teaspoon
- Salt:- ½ teaspoon

Toppings

- Light sour cream
- Chopped parsley
- Shredded cheese
- Grilled corn kernels
- Hot sauce
- Pepper

(Any of the Toppings you desire is enough)

Step 1

Prick the potatoes a few times before

placing into the oven (very important)

Step 2

Microwave potato on each side for about 3-4 minutes.

Should be tender and easy to poke with a fork.

Step 3

Carefully take potatoes out of the oven and wrap in kitchen towel before taking it out.

Step 4

Slice potatoes and put Toppings as desired (Given above)

Step 6

ENJOY!!!



NYNIESHIA ALEX  
- 9 A



# ICSK conducts SUMMER CAMP – 2024 in their premises



“Summer Camp is a great opportunity to explore new things or dive deep into areas one loves”.

Embodying the words of the legendary Muhammad Ali, the Summer Camp aimed to nurture the inner champions residing within each participant, fostering their desires, dreams, and visions.

ICSK summer camp is a supervised program for children conducted during June, July and August. ICSK follows this dictum by offering a wide gamut of sports and games, art & craft to suit children of all ages during its Annual Summer Camp that is scheduled every summer. In addition to Sports offered for achieving physical fitness, team spirit, discipline and mental agility, children are also enthusiastically taught about the Yoga and Martial Art , gardening , Aerobics , coding , dance and personality development Workshops. Our summer camp allow kids to learn new skills in a safe and nurturing environment.

With the help of different designed clubs, kids spend their days learning, having fun, and making friends! The programs are designed to help kids reach their full potential. Kids can move freely through activities in each of the assigned rooms, choosing from a wide variety of youth development and enrichment programming focused on: Education, Arts, Sports & Recreation, Healthy Lifestyles, Good Character, and Social Emotional Learning.





# Student-teacher Friendly Match

The first ICSK teacher-student friendly match, organized by the ICSK PE department, was successfully held, with two hours of volleyball competition. The events were filled with intensity and excitement and the courtyard was teeming with shouts and cheers as both teams took their positions.. We heard the whistle and the crowd went wild. The spirit of sportsmanship made the two sides evenly matched. The staff team faced a brave group of students who had been learning volleyball during extra-curricular activities for the entire year and performed exceptional!

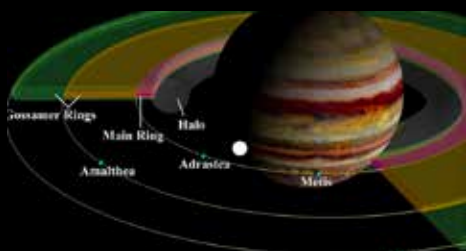


The significance of teamwork, collaboration, and sportsmanship was underscored during this event. The game was enjoyable



and we are eagerly anticipating the next friendly match.

## Remarkable facts about Jupiter



1. Jupiter is 628 million km away (392.5 million miles) from Earth.
2. Though it is far away from the inner planets, it protects them due to the immense size and gravity and attracts asteroids from the asteroid belt.

3. Jupiter is so gigantic that 318 Earths can fit inside it. In fact, 3 Earths can fit inside Jupiter's infamous Great Red Spot alone.
4. Even though the massive size, a day, or a full rotation in Jupiter, lasts only 10 hours.
5. It is the fastest spinning planet in the solar system at 44,800 km/h (28,000 mph), about 2.8 times faster than earth.
6. Spinning at this speed consequently causes Jupiter to bulge at its equator.
7. The "surface" of Jupiter is just clouds and has no real solid surface or footing.

Below these clouds are hydrogen and helium down to the core of the gas giant.

8. The planet has 79 moons, including the largest one – Ganymede!
9. One of these moons, Europa, glows in the dark. Scientists believe that Europa contains twice as much water than the Earth's oceans.
10. Another moon, Io, is the most volcanic body in the entire solar system. Jupiter's powerful gravity has turned Io inside out!
11. Just like Saturn, Jupiter has rings but they are mostly invisible.

## WORD CROSS PUZZLE

### QUESTIONS

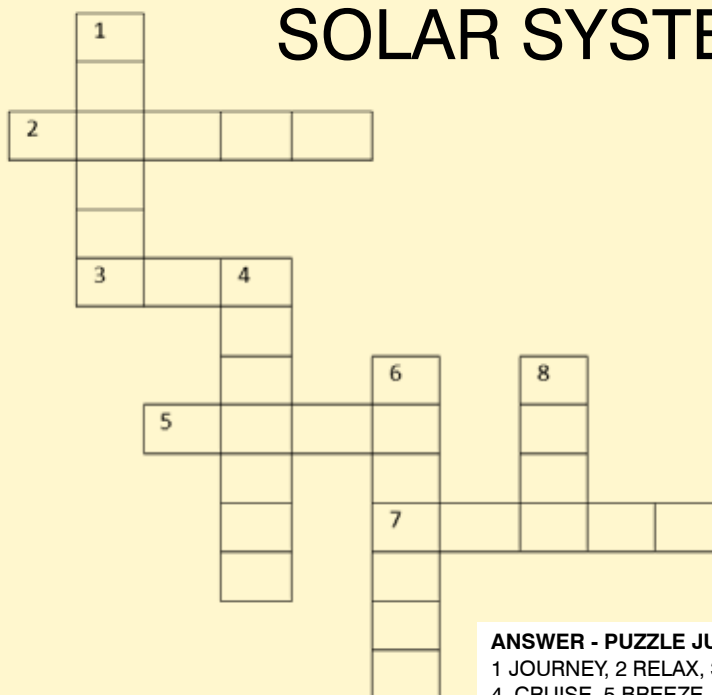
#### ACROSS

2. It is a unique planet
3. A huge star
5. A giant ball of hot gas-mostly hydrogen, with helium and small amounts of other elements
7. A planet that spins clockwise

#### DOWN

1. The seventh planet from the solar system
4. A planet that is called the blue giant
6. The force by which a planet or other body draws objects towards its center
8. The earth's natural satellite

## TOPIC SOLAR SYSTEM



SACHIN  
KOLANCHOI - 7F

### ANSWER - PUZZLE JUNE

- 1 JOURNEY, 2 RELAX, 3 AIRPLANE  
4. CRUISE, 5 BREEZE, 6 SUNNY  
6. SEA, 7 FLIGHT, 8 PICNIC  
10 BEACH

The answers to be published in next upcoming edition.

# ICSK Senior bids farewell to their 5 dedicated teachers:

“A farewell is necessary before we can meet again, and meeting again, after moments or a lifetime, is certain for those who are friends.” - Richard Bach

The Indian Community School Kuwait organised a farewell ceremony on the 8th of June 2024, in honour of five passionate and committed teachers, - Mrs. Shehnaz Dalvi (PGT Maths), Mrs. Usha TP (PGT So. Sc) and Mrs. Shehnaz Hakim (PGT English) , Mrs Tasneem (PGT English) and Mr Atiq Dhanse ( PGT Commerce) recently. Throughout their time in the school, they have been brilliant educators and committed to promote excellence in the field of education.

The Principal and Senior Administrator Dr V Binumon presented a bouquet and memento to each of the outgoing teachers and addressed the gathering reminiscing

the time spent with the teachers. He addressed the gathering and spoke about the significant impact that these teachers had on him and the school. He praised their dedication, professionalism, and commitment to their work.

The ceremony was anchored by Mrs Deepa, coordinator of the Staff Committee and teacher of Maths Department, delivered the welcome address. She began by thanking the retiring teachers for their contributions to the school. She recalled how each of them had been an inspiration and guide to generations of students and teachers alike. Each Department Head acknowledged the sacrifices made by the teachers, who had devoted their time and efforts to shaping the future of their students.

Dr V Binumon, the Principal , Mrs Susan Rajesh Pothen Vice Principal and Mrs

Minishahji shared some of their memorable experiences and anecdotes from time at the school and wished these teachers all the very best in the years ahead .

The outgoing teachers shared their lifelong experiences, reflecting on their long association with the school and the memories they would take with them. It was a very emotional and loving get together where all the teachers of ICSK Senior joined together.

The ceremony provided an opportunity for the teachers and the staff to express their gratitude and appreciation for their hard work, commitment, and contribution to the school's success.

These teachers will be greatly missed, but their legacy will continue to inspire future generations of ICSK Senior staff and the students.





# Paradigm 2024 - Arts Fest: An Ode to Talents at ICSK

Young talents of ICSK bagged 160 trophies,  
300 medals and 1300 certificates.



Mrs. Susan Rajesh, Vice Principal of ICSK Senior, delivered a heartfelt vote of thanks, signaling the commencement of the eagerly awaited competitions. The gathering paid tribute to the national anthem of India.

The two-day arts festival blossomed into a kaleidoscope of captivating onstage and offstage performances, simultaneously unfolding on two different stages, with over 1200 students competing in 51 diverse events. The literary prowess of ICSK's students shone brightly in the Essay & Story Writing Competition, while the Extempore contest showcased their oratory finesse. The budding artists brought alive their creativity and talents in Pencil Drawing, Cartoon Figure Drawing, Fruit Vegetable Carving, Painting, Henna Art and Jewellery Making Competitions.

Echoing the sentiment 'Talent when nurtured will flourish.', The Indian Community School, Senior extended a warm embrace to the budding talents within its fold on the grand occasion of Paradigm 2024 - Arts Fest, held on the 3rd and 4th of June 2024. The inaugural ceremony, a vibrant tapestry of talents, pulsated with palpable excitement as the distinguished Chief Guest, H.E. Christian Doms, Honorable Ambassador of Belgium to Kuwait, was greeted with fervor by the ICSK family.

The school auditorium dazzled with an aura of festivities. The ceremony commenced with verses from the Holy Quran followed by a prayer song that filled the atmosphere with a divine aura, invoking blessings from the Almighty. The gathering paid tribute to the nation Kuwait by honouring the national anthem. Dr. V. Binumon, the Principal and Senior Administrator of ICSK, extended a gracious welcome, articulating the underlying objective of the arts fest – to provide a platform for students to nurture and showcase their artistic flair. Emphasizing participation over mere victory, Dr. Binumon urged students to embrace opportunities with zest, unrestrained by the fear of success or failure.

The stage came alive with the enchanting grace of ICSK's budding dancers, who mesmerized the audience with a

spellbinding classical performance, epitomizing India's cultural richness. The formal inauguration, marked by the ceremonial lighting of the lamp by the esteemed Chief Guest, H.E. Christian Doms, underscored the shared cultural ethos between Belgium and India. Praising the transformative power of art, H.E. Doms encouraged students to cherish and cultivate their talents. In recognition of his invaluable presence and inspiration, Dr. V. Binumon presented a token of gratitude to H.E. Christian Doms.

The artistic tapestry unfolded further as Mst. Agnivesh and Mst. Rehan, budding singers of ICSK, captivated the audience with their energetic song. True to the fest's theme, the spirited performances of ICSK's dancers and musicians ignited the stage, a testament to their passion and dedication.

The closing day culminated in a crescendo of cultural extravagance, as participants dazzled the audience with folk, classical, and cinematic fusion dances, soulful solos, mesmerizing instrumentals, and captivating stand-up comedy acts. As the day waned, the institution opened its arms to dignitaries, parents, and the budding talents for the Valedictory Ceremony on the 4th of June 2024.

Dr. Nadeyah Alreiahi, Assistant Professor of Educational Technology at Kuwait University, graced the occasion as the Chief Guest, while Mr. Meshari Mubarak Al-Adwani, IT Service and Support Leader at Equate Petrochemical Company, adorned the event as the Special Guest. Among the dignitaries were Mr. Shaikh Abdul Rahiman, Hon. Chairman to the Board of Trustees, Mr. Amer Mohammed, Hon. Secretary







to the Board of Trustees, Mr. Vinu Kumar Nair, Hon. Vice Chairman to the Board of Trustees, Mr. S.N. Raju, Hon. Treasurer to the Board of Trustees, Mr. Gangadhar Shirsath, Principal of ICSK Khaitan, Mr. Rajesh Nair, Principal of ICSK Amman, Mrs. Sherly Dennis, Director of Indian School of Excellence and Mrs. Sheeja C., Principal of ICSK Junior.

The ceremony commenced with the solemn recitation of verses from the Holy Quran followed by a soul-stirring prayer song. The lighting of the lamp by the revered Chief Guest and Special Guest marked the auspicious beginning of the ceremony.

Acknowledging the participants for their stellar performances, Dr. V. Binumon extended a warm welcome. A video presentation encapsulated the fervor and dedication of the students and staff for Paradigm 2024, eliciting cheers from the audience. Dr. Nadeyah Alreiahi in her address, lauded the school for its vibrant energy and unwavering commitment to nurturing talents, urging students to pursue their passions ardently. Mr. Meshari Mubarak Al-Adwani commended the institution for fostering future leaders through the celebration of young talents, urging students to seize every opportunity and pursue their dreams. In appreciation of their presence, Dr. Nadeyah Alreiahi and Mr. Meshari Mubarak Al-Adwani were honored with mementos.

The day unfolded in a kaleidoscope of cultural splendor, as participants enthralled the audience with energetic fusion dances, trendsetting fashion shows, and soul-

stirring musical renditions.

The Indian Community School swelled with pride and jubilation on 13th May 2024, with the announcement of the CBSE Class X and XII Board Examination results. Each achievement added a unique sparkle to the collective brilliance of the institution, showcasing the dedication, talent, and hard work of its students, faculty and parents. Achievers of ICSK Senior were awarded with mementos for their academic brilliance. Toppers from The Indian Community School comprising 4 different branches under its umbrella were bestowed with special endowment for their meticulous performance in class 10 board examination. Class XII topper of Science, Commerce and Humanities stream were presented with a cash award of 250 KD and an appreciation letter by the school management.

The Prize Distribution Ceremony of Paradigm 2024 felicitated students for their tireless efforts, unwavering dedication, and indomitable spirit. Over 300 students were awarded medals and trophies for their outstanding performances, including Kalathilak and Kalaprathiba, recognizing the students who secured maximum

points individually in each category. In Category 3, Logamithra Kumar of Class 8A was conferred the title Kalathilak and Daniel Sanju Paul of class 7E was awarded the title Kalaprathiba. In Category 4, Sribadra Umesh of class 9C secured the title Kalathilak and Hevan Sam Shine of class 10E, bagged the title Kalaprathiba. In Category 5, Gloria Sabu of class 12A was awarded the title Kalathilak and Anubhav Ronnie Jacob of 12I was conferred the title Kalaprathiba. House points were awarded based on the overall score and the LEADERS house bagged the first position followed by the Victors house. The students and the house mentors were honoured with the House trophy. The enthusiastic children and their proud parents rejoiced in victory and success.

The two-day celebration of talent not only provided students with a platform to showcase their innate gifts but also instilled in them the courage and motivation to carve out their destinies. As the curtains drew on this exhilarating extravaganza, Mrs. Mini Shaji Joseph, Deputy Vice Principal of ICSK, extended a heartfelt vote of thanks, expressing gratitude to all who contributed to the resounding success of Paradigm 2024.



## EXCEPTIONAL CONTRIBUTION!

APPRECIATION  
CORNER

Paradigm 2024 stage is the most astonishingly beautiful one we have ever witnessed. Stunningly beautiful. Recognition should be given to Suraj sir and his team. The team's efforts to finish the job were tremendous. It's a sight to behold, and when different shades of light shine upon it, it becomes enchanting and awe-inspiring.



# QUIZZING AT ICSK SENIOR

QUIZ EXPLORA (Inter House Quiz Activity) is an initiative by ICSK Senior. This program aims at enhancing the reading habits and general knowledge of the students. This unique program gives the students ample opportunities for all round development.

This program was conducted once in a month by creating an exclusive hour related to the topic given beforehand. As the program is a house-wise activity, it also develop collaborative learning, team spirit and quick thinking. The students wore their House Uniforms and sat in groups. This activity was conducted class-wise under the guidance and watchful eye of their class teachers.

The results of QUIZ EXPLORA on 5th May 2024 are as follows:

FORENOON BATCH		
HOUSE	TOTAL POINTS	POSITION
WINNERS	205	1st
LEADERS	195	2nd
ACHIEVERS	90	3rd
VICTORS	60	4th

AFTERNOON BATCH		
HOUSE	TOTAL POINTS	POSITION
WINNERS	215	1st
LEADERS	160	2nd
ACHIEVERS	60	3rd
VICTORS	50	4th



## The Deep Ocean: A Realm of Unexplored Secrets



Imagine this: you're swimming in a giant pool of darkness, colder than your fridge on max chill. No sunlight, just weird glowing creatures that light up the place like disco balls. That's the deep ocean, and it's way cooler (literally) than you think!

Most of Earth is covered in this deep sea, like 95% WOA! It's basically another world down there, with crazy pressure that would crush your soda can and temperatures that would make you wish you brought hot cocoa. But guess what? There's actually life there, and it's not just seaweed and grumpy-looking fish.

We're talking anglerfish with glowy lures

that trick other fish into becoming lunch, and viperfish with teeth so big they could chomp a whole pizza in one bite. Plus, everything seems to glow! It's like a giant underwater party, except with less dancing and more, you know, surviving in the crushing darkness.

Exploring this deep sea place is no walk in the park. Forget floaties and goggles, scientists need special submarines and robot cameras to even get a glimpse. It's like visiting another planet, only way wetter and squashier.

The deepest part is called the Mariana Trench, and it's SO DEEP it would fit Mount

Everest on top with room to spare! Scientists are still figuring out what kind of freaky creatures live down there, withstanding the pressure that could turn you into a human pancake.



ZAINAB AHMED  
CHIKTE - 8C

But the deep sea isn't just some creepy monster zone. It actually helps out Earth by sucking up tons of carbon dioxide, like a giant underwater vacuum cleaner. Pretty cool, right? Plus, there might even be hidden treasures down there, like medicines or super strong materials that could build spaceships (think flying cars!). Of course, with all this awesomeness comes some danger. Pollution from plastic and stuff can travel all the way down to the deep sea and mess with the cool creatures living there.

So, the deep sea is a mysterious, dark, and totally awesome place. It's full of secrets waiting to be discovered, and it plays a super important role in keeping our planet healthy. Here's hoping we can explore it responsibly and learn all its secrets before someone accidentally spills a giant bottle of soda down there!



# How Rolls Royce was invented



With a shared ambition to make the future of motoring extraordinary, the Honourable Charles Rolls and Sir Henry Royce joined forces in 1904. Despite being from very different backgrounds, the founders of Rolls-Royce Motor Cars formed an unlikely partnership – one forged from a shared passion for engineering and a desire to create the Best Car in the World.

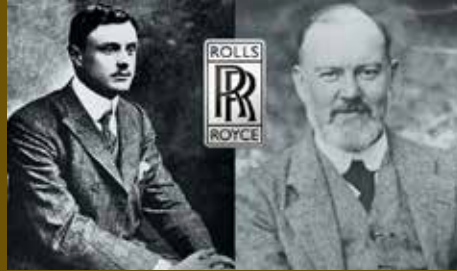
## IN 1903 ROLLS BROKE THE LAND SPEED RECORD

Born in 1877 in London's affluent Berkeley Square, Charles Stewart Rolls was the third son of Lord and Lady Llangattock. After school at Eton, Rolls studied mechanical engineering at Trinity College, Cambridge, where he was the first undergraduate to own a motor car. Having gained a reputation for tinkering with engines, Rolls earned himself the nicknames 'Dirty Rolls' and 'Petrols'.

By the time he left university, Rolls was already an accomplished motorist. In 1903,

he broke the world land speed record in Dublin driving a 30hp Mors at nearly 83mph. But because the timing equipment was not approved, the governing body refused to acknowledge his accomplishment.

The BBC called Rolls-Royce "probably one of the most recognised icons in the world", and that "the name Rolls-Royce entered the English language as a superlative."



## THE HISTORY OF ROLLS ROYCE:

Rolls-Royce Motor Cars Limited was created as a wholly owned subsidiary of BMW in 1998 after BMW licensed the rights to the Rolls-Royce brand name and logo from ROLLS ROYCE HOLDINGS,] and acquired the rights to the Spirit of Ecstasy and Rolls-Royce grill shape trademarks from Volkswagen AG. Rolls-Royce Motor Cars Limited has been manufacturing Rolls-Royce branded cars since 2003.



RICHARD JERRY GEORGE - 11H

Which is the newest Rolls-Royce?

### Spectre

The latest car launched by Rolls-Royce is Spectre on 19 Jan 2024.



# SUSTAINABLE FOOD PARTICLES OFFER PATH TO HEALTHIER PLANET



A sustainable food system is a type of food system that provides healthy food to people and creates sustainable environmental, economic, and social systems that surround food. Sustainable food systems start with the development of sustainable agricultural practices, development of more sustainable food distribution systems, creation of sustainable diets, and reduction of food waste throughout the system. Sustainable food systems have been argued to be central to many or all 17

Sustainable Development Goals.

Moving to sustainable food systems, including via shifting consumption to sustainable diets, is an important component of addressing the causes of climate change and adapting to it. A 2020 review conducted for the European Union found that up to 37% of global greenhouse gas emissions could be attributed to the food system, including crop and livestock production, transportation, changing land use (including deforestation), and food loss and waste. Reduction of meat production, which accounts for ~60% of greenhouse gas emissions and ~75% of agriculturally used land, is one major component of this change.

The global food system is facing major interconnected challenges, including mitigating food insecurity, effects from climate change, biodiversity loss, malnutrition, inequity, soil degradation,

pest outbreaks, water and energy scarcity, economic and political crises, natural resource depletion, and preventable ill-health.

A sustainable food system (SFS) is a food system that delivers food security and nutrition for all in such a way that the economic, social and environmental bases to generate food security and nutrition for future generations are not compromised. This means that: It is profitable throughout (economic sustainability); It has broad-based benefits for society (social sustainability); and It has a positive or neutral impact on the natural environment (environmental sustainability)

The concept of sustainable food systems is frequently at the center of sustainability-focused policy programs, such as proposed Green New Deal programs.



HUSAIN PHALASIYA - 10D

# EPITOME OF SUCCESS VIRAT KOHLI



Virat Kohli, born on November 5, 1988, is one of India's most prolific cricketers. Renowned for his aggressive batting style and extraordinary consistency, Kohli has become a modern-day cricket icon. He debuted for the Indian national team in 2008 and quickly established himself as a key player. His ability to chase targets and perform under pressure has earned him the nickname "Chase Master."

Kohli's career is marked by numerous records and accolades. He was the fastest to 8,000, 9,000, 10,000, 11,000, and 12,000 runs in One Day Internationals (ODIs). His aggressive captaincy transformed the Indian cricket team, leading them to significant victories, including a historic

Test series win in Australia in 2018-19. Under his leadership, India reached the top of the ICC Test rankings.



HASNAIN ALI KHAN  
- 11E

Off the field, Kohli is known for his fitness regimen and disciplined lifestyle, which have set new standards for athletes. He has also been a vocal advocate for mental health in sports. His influence extends beyond cricket, as he is a prominent figure in advertising and social media, with millions of followers. Kohli's impact on the game and his exemplary career make him a legendary figure in cricket history.

## Richard Serra: The Sculptor Known as the 'Poet of Iron'



Richard Serra, acclaimed as the 'Poet of Iron,' stands as one of the most influential sculptors of our time, reshaping our understanding of space, materiality, and perception. Through his monumental steel structures, Serra challenges conventional notions of sculpture, inviting viewers to engage with art in immersive and thought-provoking ways. Born in 1939 in San Francisco, Serra's journey into the world of art began with painting before he transitioned to sculpture during his studies at Yale University. It was during this time that he honed his craft, experimenting with materials and forms that would come to define his distinctive style.

Serra's work is characterized by its monumental scale and raw materiality, with steel being his preferred medium. He manipulates massive sheets of steel into bold, geometric forms that command the spaces they inhabit. His sculptures are

not mere objects to be observed from a distance but rather environments to be experienced firsthand.

Central to Serra's practice is the exploration of spatial relationships and the interaction between artwork, viewer, and environment. His sculptures often disrupt the traditional boundaries of gallery spaces, encouraging viewers to navigate around and through the towering steel structures. In doing so, Serra prompts a heightened awareness of one's physical presence and movement in relation to the artwork, fostering a deeper engagement with the sculptural experience.

One of Serra's most iconic series is the 'Torqued Ellipses,' in which massive steel plates are twisted and contorted into elliptical forms. These sculptures appear to defy gravity, their dynamic shapes evoking a sense of tension and movement frozen in time. As viewers walk around the sculptures, the shifting perspectives reveal new angles and curves, continually altering the perception of space and form. Beyond their visual impact, Serra's sculptures also carry deeper conceptual layers, exploring themes of time, gravity, and the human condition. They serve as powerful metaphors for the complexities of existence, inviting viewers to contemplate their place in the world and the passage of time.

Throughout his prolific career, Richard Serra has pushed the boundaries of sculpture, challenging viewers to reconsider their perceptions of art and space. His monumental steel structures stand as testaments to the enduring power of art to provoke, inspire, and transcend the limits of the physical world. As the 'Poet of Iron,' Serra continues to leave an indelible mark on the landscape of contemporary art, reminding us of the profound beauty and complexity inherent in the material world.



CHAHNA MUKULA-  
GOWNL - 12I





# The gruesome fire incident at Al-Mangaf

## *Our Heartfelt Condolence*

The Indian Community School extends its deepest condolences to the NBTC workers who had tragically lost their lives in the fire accident yesterday. Our thoughts and prayers are with those affected during this incredibly difficult time.

In memory of the lives lost, we stand in solidarity with the community and offer our heartfelt support and sympathy.



The news of the devastating fire in a migrant NBTC worker's accommodation building in the Mangaf area of southern

Kuwait has brought us great sorrow as it resulted in the death of at least 49 migrant workers from India and the Philippines

and the injury of more than 50 people. The Indian community School expresses its heartfelt sympathy and sincere sympathies to the families of the deceased, whilst also praying for the quick recovery of the injured.

We experience the grief of the family members of those who have passed away, who are still unable to reconcile themselves with the loss of their loved ones, and of those who are injured and struggling to recover from the physical and mental torment.

Words cannot describe how heartbreaking the loss of the families of the victims of the Mangaf tragedy is. Our heartfelt thoughts and prayers are with those who have lost their loved ones.. Our prayers are with the injured person that they will recover as soon as possible. May God's grace strengthen and console all family members, friends, and coworkers of those who were killed in the deadly fire outbreak in Mangaf, Kuwait.

## MET GALA (2024)



The Met Gala also regarded as "fashion's biggest night" is an annually held fundraising gala for the Metropolitan Museum of Art's Costume Institute, Manhattan. Typically, held on the first Monday of May, the Gala invites personalities perceived to be relevant in fields such as film, fashion, music, sports, social media and business. This year, the Met Gala was held on May 6th with a theme, "The Garden of Time", referencing a 1962 story by British author J.G. Ballard, which takes place in garden of time-bending florals. Zendaya, Jennifer Lopez, Bad Bunny and Chris Hemsworth joined Anna Wintour as the co-chairs of the 2024 Met Gala, while Loewe creative director Jonathan Anderson and TikTok

CEO Shou Zi Chew were named honorary chairs.

Here are a few highlights and well appreciated looks of fashion's biggest night this year:

A second look from Zendaya; the first designed by Maison Margiela was an ode to nature, with a headpiece tucked into a forest-green beret, a hummingbird on her neck and fruits and vines draped around her deep green and blue gown. Her surprise second appearance was styled by Law Roach.

Lana Del Rey's striking look referenced an

archival Alexander McQueen design from the house's fall 2006 collection. It resulted in a corseted dress in silk, double georgette, and tulle-all hand-embroidered with hammered bronze-bullion hawthorn branches, inspired by the patina and form of sculptures made by the Swiss artist Alberto Giacometti.



PRIYAMANI  
KONANKI  
RAVINDRA

Mindy Kaling stole the show at the 2024 Met, donning a mesmerising creation by couturier Gaurav Gupta which was nothing short of a masterpiece. Her voluminous nude-coloured gown featured sculptural elements cascading from head to toe, as she gracefully navigated through the red carpet. The gown exuded an ethereal charm, with sheer layers and subtle silver accents adding a touch of sparkle to its curved draping details.



## India: A Tapestry of Beauty



India, with its vast and diverse landscape, is a treasure trove of natural beauty that captivates the senses and leaves an indelible mark on the soul. From the majestic Himalayas in the north to the sun-kissed beaches of the south, from the verdant forests of the east to the arid deserts of the west, India offers a kaleidoscope of breathtaking scenery that has inspired poets, artists, and travelers for centuries.

### The Splendor of Diversity

One of India's most striking features is its cultural and geographical diversity, which is reflected in its stunning landscapes. In the north, the towering peaks of the Himalayas stand as sentinels of grandeur, their snow-capped summits piercing the azure sky. Here, amidst the pristine beauty of the mountains, one can witness nature in its most awe-inspiring form, with cascading waterfalls, meandering rivers, and lush valleys creating a mesmerizing tableau.

Venturing southward, the landscape undergoes a dramatic transformation, giving way to lush tropical forests, sprawling tea estates, and palm-fringed beaches that stretch as far as the eye can see. The backwaters of Kerala, with their tranquil lagoons and swaying coconut palms, offer a glimpse of paradise on earth, while the pristine beaches of Goa beckon with their golden sands and azure waters.

In the east, the mighty Brahmaputra River winds its way through the dense jungles of Assam, home to an incredible array of flora and fauna, including the majestic Indian rhinoceros. Further south, the Sundarbans, the largest mangrove forest in the world, teems with life, providing a refuge for the elusive Bengal tiger and countless other species.

To the west, the landscape transforms once again, giving rise to the vast Thar Desert, where towering sand dunes shift and shimmer in the desert sun. Yet amid the harshness of the desert, life flourishes in the form of vibrant oases and bustling desert towns, each with its own unique charm and allure.

### Cultural Kaleidoscope

But India's beauty is not confined to its natural landscapes alone; it is equally evident in its rich tapestry of cultures, traditions, and heritage. From the opulent palaces of Rajasthan to the intricately carved temples of Tamil Nadu, from the bustling bazaars of Delhi to the serene ghats of Varanasi, every corner of India pulsates with life and vitality, offering a feast for the senses at every turn.

The architectural marvels of India, whether the timeless beauty of the Taj Mahal or the ancient ruins of Hampi, stand as

testaments to the ingenuity and creativity of its people, while its vibrant festivals and celebrations, from the colorful spectacle of Holi to the solemnity of Diwali, showcase the richness and diversity of its cultural heritage.



SANJANA JOGENENI  
- 11

### A Timeless Legacy

India's beauty is not merely skin deep; it is rooted in its timeless legacy of spirituality and wisdom, which permeates every aspect of its existence. From the sacred rivers of the Ganges to the tranquil shores of Rishikesh, from the majestic temples of Khajuraho to the serene monasteries of Ladakh, India is a land imbued with a profound sense of spirituality and reverence for the divine. For millennia, seekers and pilgrims have been drawn to India's shores in search of enlightenment and self-discovery, finding solace in its ancient wisdom and timeless teachings. Whether practicing yoga in the Himalayas or meditating in the serene environs of Bodh Gaya, visitors to India are invited to embark on a journey of self-discovery and inner transformation, guided by the gentle whisper of the soul.

### A Land of Contrasts

In the end, perhaps it is India's ability to embrace and celebrate its contradictions that makes it truly beautiful. Here, amidst the chaos and cacophony of everyday life, one can find moments of profound peace and serenity, moments that remind us of the timeless beauty that lies at the heart of the Indian experience.

India is a land of contrasts, where the ancient coexists with the modern, the sacred with the profane, the chaos with the calm. And yet, amid this tapestry of contradictions, there is a beauty that transcends time and space, a beauty that speaks to the soul and reminds us of the eternal truths that bind us all together as human beings.

In the final analysis, India's beauty lies not in its monuments or its landscapes, but in the spirit of its people, in their resilience, their creativity, and their boundless capacity for love and compassion. It is this beauty that has captivated the hearts of countless souls throughout the ages, and it is this beauty that will continue to inspire and uplift us for generations to come.



# A KING'S PAINTING



Once upon a time, there was a Kingdom. The king there only had one leg and one eye, but he was very intelligent and kind. Everyone in his kingdom lived a happy and a healthy life because of their king. One day the king was walking through the palace hallway and saw the portraits of his ancestors. He thought that one day his children will walk in the same hallway and remember all the ancestors through these portraits.

But, the king did not have his portrait painted. Due to his physical disabilities, he wasn't sure how his painting would turn out. So he invited many famous painters from his and other kingdoms to the court. The king then announced that he wants

a beautiful portrait made of himself to be placed in the palace. Any painter who can carry out this should come forward. He will be rewarded based on how the painting turns up.

All of the painters began to think that the king only has one leg and one eye. How can his picture be made very beautiful? It is not possible and if the picture does not turn out to look beautiful then the king will get angry and punish them. So one by one, all started to make excuses and politely declined to make a painting of the king.

But suddenly one painter raised his hand and said that I will make a very beautiful portrait of you which you will surely like. The

king became happy hearing that and other painters got curious. The king gave him the permission and the painter started drawing the portrait. He then filled the drawing with paints. Finally, after taking a long time, he said that the portrait was ready!

All of the courtiers, other painters were curious and nervous thinking, How can the painter make the king's portrait beautiful because the king is physically disabled? What if the king didn't like the painting and gets angry? But when the painter presented the portrait, everyone in the court, including the king, left stunned.

The painter made a portrait in which the king was sitting on the horse, on the one-leg side, holding his bow and aiming the arrow with his one eye closed. The king was very pleased to see that the painter has made a beautiful portrait by cleverly hiding the king's disabilities. The King gave him a great reward.

Moral: We should always think positive of others and ignore their deficiencies. We should learn to focus on the good things instead of trying to hide weaknesses. If we think and approach positively even in a negative situation, then we will be able to solve our problems more efficiently.

## SPACE EXPLORATION



Space exploration has captivated the imagination of humanity for decades, fueling a quest to understand the cosmos and our place within it. This endeavor encompasses a wide range of scientific, technological, and human endeavors aimed at exploring outer space, studying celestial bodies, and expanding our knowledge of the universe. In recent years, space exploration has experienced a renaissance, driven by advancements in technology, international collaborations, and the growing interest in space tourism and colonization.

One of the primary goals of space exploration is to unravel the mysteries of the universe. Through telescopes, satellites, and spacecraft, scientists have gained profound insights into the formation

of galaxies, stars, and planets. They have studied cosmic phenomena such as black holes, supernovae, and gravitational waves, shedding light on the fundamental laws of physics and the origins of the cosmos. Moreover, space exploration has provided invaluable knowledge about our own planet Earth. Satellites orbiting the Earth monitor climate patterns, track environmental changes, and aid in disaster management. They facilitate communication, navigation, and global connectivity, contributing to advancements in weather forecasting, agriculture, and resource management.

Space exploration also holds the promise of technological innovation and economic growth. The development of spacecraft, propulsion systems, robotics, and materials science for space missions has led to spin-off technologies that benefit various industries on Earth. These include medical imaging devices, water purification systems, lightweight materials, and renewable energy technologies. Furthermore, space exploration has become increasingly collaborative, with international partnerships driving

ambitious missions to explore Mars, the Moon, and beyond. Organizations like NASA, ESA, SpaceX, and ISRO work together on scientific research, space missions, and technology development, fostering a spirit of cooperation and shared exploration.

Missions to Mars aim to search for signs of past or present life, establish human colonies, and pave the way for interplanetary travel. Lunar exploration projects seek to return humans to the Moon, establish lunar bases, and exploit lunar resources for sustainable space exploration. In conclusion, space exploration is a testament to human curiosity, ingenuity, and aspiration. It encompasses scientific discovery, technological innovation, international collaboration, and the exploration of new frontiers. As we continue to push the boundaries of space exploration, we unlock new opportunities for scientific breakthroughs, economic growth, and the exploration of the cosmos.



KRIPA REJI  
- 11 G

# Birthday Arcade - JULY



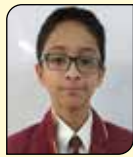
DARIS BASHEER  
10E - JUL 1



JESVIN MATHEWS  
10A - JUL 1



NOEL JOSHUA  
12B - JUL 1



RAYYAN ABDUL  
8C - JUL 1



SHARON ANGEL  
10F - JUL 1



BATHSHEBA MARIAM  
11J - JUL 2



ETHAN TRINITY  
11D - JUL 2



HASNAIN ALI KHAN  
11E - JUL 2



JASWANTH JANGITI  
12H - JUL 2



LUBAINA  
8E - JUL 2



NAHDA MEHRIN  
8G - JUL 2



ROSHNI VIVEKANAND  
10B - JUL 2



VEDHA VARSHA  
11J - JUL 2



NIAH ANN BINU  
9B - JUL 3



NIDA WAJEEH  
12I - JUL 3



ABHIDEV KRISHNA  
7D - JUL 4



FARHEEN GOUSE  
11I - JUL 4



NAMITH VINUKUMAR  
11F - JUL 4



SHERWIN STERLIN  
11C - JUL 4



ZOYA SUHEB  
10E - JUL 4



AARON MATHEW  
9D - JUL 5



BHAGYALAKSHMI LAL  
8F - JUL 5



EVANA VIJI  
7E - JUL 5



JOHANN JACOB  
12F - JUL 5



NARISSA AZAVEDO  
12F - JUL 5



NISHITA BAGYARAJ  
10E - JUL 5



SHARON CUTINHA  
12K - JUL 5



SNIGDHA MANOJKUMAR  
11A - JUL 5



ANGEL MARIAM  
12I - JUL 6



MUHAMMAD IZHAN  
7C - JUL 6



RIYAN ABRAHAM  
6A - JUL 6



THEERTHA REMESH  
11F - JUL 6



ANGEL SARA  
7E - JUL 7



MOHAMMED AHMED  
12K - JUL 7



MURTAZA MUSAJI  
7F - JUL 7



RAENA ANNA ROY  
7G - JUL 7



SANJAY KALAI  
9B - JUL 7



MUHAMMAD ZOHAIR  
10D - JUL 8



JOSHUA CHELLE  
10C - JUL 9



KIANA D MELLO  
8C - JUL 9



LESLIE VARGHESE  
12K - JUL 9



SAYED BARED  
11E - JUL 9



GAYATHRI SENTHIL  
10D - JUL 10



IRIN CLARIS JAISE  
11F - JUL 10



JUHI SRI MOLLETI  
10E - JUL 10



MUNIRA YUSUF  
11G - JUL 10



SAAD SHAIKH  
7A - JUL 10



BHUMIKA  
12J - JUL 11



DON MANOJ  
8F - JUL 11



NATHAN KAMAL  
8B - JUL 11



THARUN BASKARAN  
11C - JUL 11



ALAN MATHEW  
9D - JUL 12



AMEYA PRAVEEN  
7C - JUL 12



MUHAMMED LIBAN  
7B - JUL 12



NAISA MARIAM  
11H - JUL 12



ROHAN REDDY  
11D - JUL 12



VANEYA SOBTI  
12C - JUL 12



ANN MARY SAJI  
12B - JUL 13



DEEPSHIKHA KALSI  
10A - JUL 13



ELAINA AYUB KHAN  
12B - JUL 13



HIBBA BADAL  
7E - JUL 13



ADRIEL SHAVON  
11H - JUL 14



CAREN MARIAM  
10B - JUL 14



DIYA ANN CHACKO  
12E - JUL 14



FARHAN  
11E - JUL 14



JADON JOBY  
10A - JUL 14



MOHAMED ANAS  
9A - JUL 14



NIKWIN ROY  
7F - JUL 14



NOEL THOMAS  
12D - JUL 14



SANA FATEMA  
11H - JUL 14



ZAID NAEEM  
8E - JUL 14



AASHITA UPADHYAY  
11C - JUL 15



AMAL KHOT  
8E - JUL 15



AMARIAH LESLIE  
8A - JUL 15



ATHARV KUMAR  
11C - JUL 15



FATIMAH QAZI  
10C - JUL 15



RICHARD GEORGE  
11H - JUL 15



VARNIKA PRABHU  
7C - JUL 15



VIKASNI PRABHU  
7F - JUL 15



ZAIN ABDUL  
10E - JUL 15



ABEN BIJU  
7F - JUL 16



ADOLF MANOJ  
12K - JUL 16



AGASTYA RAJAN  
10E - JUL 16



DATRI DIYA  
6A - JUL 16



DEON POLLY  
9F - JUL 16



HARSHITA ROBIN  
7F - JUL 16



HATIM FAKHRUDDIN  
11G - JUL 16



LAKSHYA PRAVEEN  
7C - JUL 16



ZAINAB FAWAZ  
9A - JUL 16





ABHINAV SREEJITH  
8C - JUL 17



ALI ZOHAIR ALI SAYED  
11C - JUL 17



ANANDHU RANJITH  
12B - JUL 17



ARUSH HONAMALLAPPA  
10C - JUL 17



DIYA SHENOY  
9D - JUL 17



NASHWA NASAR  
8B - JUL 17



NATHAN JENSON  
11G - JUL 17



SIVA SAI  
8C - JUL 17



JESSA MARY  
10E - JUL 18



KISHORE REDDY  
12K - JUL 18



SWISZEL BIJI  
8C - JUL 18



VARSHITH KUMAR  
10G - JUL 18



ANNA BENNY  
12K - JUL 19



DAANYAAL JUNAID  
10A - JUL 19



GANTA ARJUN  
11C - JUL 19



KASHMEERA  
12K - JUL 19



KISHORE KANNAN  
11K - JUL 19



NEIL PINTO  
12H - JUL 19



SAFIYYAH MUJEEB  
11A - JUL 19



SERA VIPIN  
8F - JUL 19



STEVE SOBIN  
9D - JUL 19



TEJU BUCHIREDDY  
9D - JUL 19



AKASH SRINIVAS  
12D - JUL 20



ALI BASIL AHMED  
12K - JUL 20



RAFIKA RASHID  
9D - JUL 20



ZOYA RAHAMATH  
8D - JUL 20



ABDULWAHAB  
9E - JUL 21



KEVIN SHIJO  
8G - JUL 21



QUNOOT NADEEM  
12G - JUL 21



SHAIKH FARHAN  
10G - JUL 21



ZAYAN ZIDIK  
10 E - JUL 21



AREFA SARODA  
8 E - JUL 22



REUBEN CEDRIC  
11 J - JUL 22



SANDRA BIJU  
12 E - JUL 22



RIDA DOI  
8F - JUL 23



ANAM ARIF KHANZADA  
7F - JUL 24



DHRUV PILLAI  
12 C - JUL 24



KARTHIK NANABOYANA  
12 J - JUL 24



KARTHIK SAJIKUMAR  
12 H - JUL 24



SHERYL LAURA  
12 I - JUL 24



TANISH SABU  
11F - JUL 24



ABDULLAH KHALID  
8D - JUL 25



ABDULLAH SYED  
8D - JUL 25



ADARA SYED  
11A - JUL 25



AMMAR SHABIBR  
7A - JUL 25



MUHAMMED ZAYAN  
12K - JUL 25



ABHIMANYU ANIL  
12H - JUL 26



ANN SUSAN PHILIP  
7C - JUL 26



SHAIKH REHAAN  
12K - JUL 26



INSIYAH ALI ASGAR  
11G - JUL 27



SAYED ABBAS  
9C - JUL 27



ZAINAB JAVED  
12D - JUL 27



RYLAN D SOUZA  
7A - JUL 28



ABRAR SYED  
12K - JUL 29



ALEENA TIJO  
10E - JUL 29



AMRITH RAJINI  
9D - JUL 29



ANTO PAL  
12K - JUL 29



EVANNA BIJU  
7D - JUL 29



GANGAKRISHNAN  
12K - JUL 29



MARIA HAKIMUDDIN  
12H - JUL 29



SHAKSHI KUMARI  
10G - JUL 29



AAFREEN NATH  
8D - JUL 30



HAIFA KHADEEJA  
9E - JUL 30



JAI GIRISH MEHTA  
12F - JUL 30



KRITHIKA MURALI  
12E - JUL 30



LANSTON PRINCE  
11I - JUL 30



NIHAL KATTUPARAMBIL  
12D - JUL 30



AJNAN SHAIJU  
12B - JUL 31



ANTHONY RAJ  
10G - JUL 31



KEITH IGNATIUS  
10F - JUL 31



MOHAMMAD ASIF  
11J - JUL 31



RENZIL AVIL  
12E - JUL 31



SHRUTI KRISHNA  
9A - JUL 31



SMRITI JASVINDER  
12I - JUL 31



YAHYA SHAIKHAN  
8B - JUL 31



MR. CHANDRA BABU  
NAIK - JUL 1



MR. RAMESH JAYARA-  
MAIAH KATTA - JUL 1



MRS. SONA  
AREEKARA - JUL 3



MR. NOOMAN SHAIKH  
- JUL 7



MRS. GURPREET  
KAUR - JUL 14



MRS. SHIRLY TC  
- JUL 20



MRS. RAMLATH BANU  
SYED IBRAHIM - JUL 22



MRS. IPPARLA LAKSHMI  
DEVI - JUL 24

# BIRTHDAY CUM CHARITY FUND

CLASS / SEC	NAME OF THE TEACHER	BIRTHDAY FUND
12 A	MRS SUSAN GEORGE	-
12 B	MRS NIGY JACOB	-
12 C	MR VINOD LAKSHMANAN	-
12 D	MR GEORGE SWAMY	-
12 E	MR PRASAD NAMBIAR	-
12 F	MRS SONA	-
12 G	MRS MUSARAT PARKAR	-
12 H	MR ATIQ	-
12 I	MRS SHAHNAZ HAKKIM	-
11 A	MR.ANTONY AUSTIN	-
11 B	MR.PRATHAPA CHANDRAN B. PILLAI	-
11 C	MRS.JESHA ALEX	-
11 D	MRS.SARITHA M.P	-
11 E	MR. SUNDARESH K	-
11 F	MRS. RAMLATH	-
11 G	MRS. SHIBNA	-
11 H	MRS.SREESHMA	-
10 A	MR JUSTIN	-
10 B	MRS LUBNA	-
10 C	MR JITHIN THOMAS	-
10 D	MRS SOUMYA VIPIN	-
10 E	MRS. ELIZABETH	-
9A	MRS KAMALAM NANDHAKUMAR	-
9B	MRS THASNEEM	-
9C	MR NITHIN	-
9D	DR WASEEM	-
9E	MRS SHEHNAZ DALVI	-
8A	MRS JAGADA	-
8B	MR KULDEEP SINGH	-
8C	MS. NIMMY	-
8D	MRS.SREELAKSHMI	-
8E	MRS. SHIBYMOL	-
8F	MS.BINU SABU	-
7A	MRS MAINI	-
7B	MRS USHA T P	-
7C	MR MANIKANDAN	-
7D	MRS SHEREENA	-
7E	MRS EMAN	-
7F	MRS TINTU	-
6A	MS. ANGULAKSHMI	-
7 G	MR.MAHESH	-
8 G	MRS.ELIZABETH	-
9 F	MR.SHYLES	-
10 F	MRS.NIMMY	-
10 G	MRS JAGADA	-
11 I	MRS. RATNACHIRA	-
11 J	MR. SUJITH	-
11 K	MR. PRASAD	-
12 J	MRS.BINDU	-
12 K	MRS. HEPHZIBAH	-
<b>TOTAL</b>		

CLASS / SEC	NAME OF THE TEACHER	CHARITY FUND
12 A	MRS SUSAN GEORGE	11.200
12 B	MRS NIGY JACOB	10.100
12 C	MR VINOD LAKSHMANAN	4.150
12 D	MR GEORGE SWAMY	8.550
12 E	MR PRASAD NAMBIAR	38.100
12 F	MRS SONA	21.200
12 G	MRS MUSARAT PARKAR	50.560
12 H	MR ATIQ	2.000
12 I	MRS SHAHNAZ HAKKIM	4.210
11 A	MR.ANTONY AUSTIN	27.850
11 B	MR.PRATHAPA CHANDRAN B. PILLAI	9.000
11 C	MRS.JESHA ALEX	11.200
11 D	MRS.SARITHA M.P	60.125
11 E	MR. SUNDARESH K	40.250
11 F	MRS. RAMLATH	7.615
11 G	MRS. SHIBNA	4.350
11 H	MRS.SREESHMA	7.215
10 A	MR JUSTIN	6.550
10 B	MRS LUBNA	11.500
10 C	MR JITHIN THOMAS	21.850
10 D	MRS SOUMYA VIPIN	7.200
10 E	MRS. ELIZABETH	29.750
9A	MRS KAMALAM NANDHAKUMAR	3.410
9B	MRS THASNEEM	12.815
9C	MR NITHIN	8.100
9D	DR WASEEM	16.870
9E	MRS SHEHNAZ DALVI	13.320
8A	MRS JAGADA	13.340
8B	MR KULDEEP SINGH	3.100
8C	MS. NIMMY	12.150
8D	MRS.SREELAKSHMI	5.450
8E	MRS. SHIBYMOL	29.395
8F	MS.BINU SABU	18.770
7A	MRS MAINI	6.720
7B	MRS USHA T P	4.320
7C	MR MANIKANDAN	10.755
7D	MRS SHEREENA	43.600
7E	MRS EMAN	5.895
7F	MRS TINTU	9.115
6A	MS. ANGULAKSHMI	4.265
7 G	MR.MAHESH	3.750
8 G	MRS.ELIZABETH	6.660
9 F	MR.SHYLES	8.370
10 F	MRS.NIMMY	1.090
10 G	MRS JAGADA	20.000
11 I	MRS. RATNACHIRA	6.050
11 J	MR. SUJITH	8.185
11 K	MR. PRASAD	6.510
12 J	Mrs.BINDU	2.630
12 K	Mrs. HEPHZIBAH	16.620
<b>TOTAL</b>		<b>695.780</b>
<b>GRAND TOTAL</b>		<b>695.780</b>



## BALANCE SHEET FOR THE MONTH OF MAY TO AUGUST 2024

Income (April 2024)	KD	Expenditure (May 2024)	KD
Balance c/f from April 2024	2436.590		
Contribution from Students (May 2024)	695.780		
<b>Balance in Hand</b>	<b>3132.370</b>		

# The Legend of the Tunnel of Harlow



From the outside, it just looked like an abandoned train tunnel. Cracking walls, peeling paint, and dust covered the expanse of the desolate structure, casting a forlorn ambiance amid the busy town of Harlow. Many discussions dwindled among the town folk, hushed conversations about the mysteries hidden in the darkness of that domed hollow building, excited whispers about the story that resulted in the current condition of the tunnel, and the secret wonderings of the locals, whether someone will have the courage to demolish that antique architecture.

Yes, the demolisher must have at least a drop of bravery to destroy that tunnel, for along with the dusty cavern and broken structure lies a story 50 years old. Legend has it that on the eve of New Year, a young girl was hit by an oncoming train. Her scream was short but clear, and it wasn't long till the residents of Harlow rushed to the train track to see her mangled body cast away like a doll in that very tunnel. The grief and sorrow spread like wildfire through the town, and the people thought about the sad condition of her family, and repeated quiet prayers for the departed child.

What makes this story a legend is the events that followed the sad demise. Through the following days, people swore to hear her helpless scream as they pass inside the tunnel, construction workers heard the voice of the little girl in the dark shadows, and a person actually confessed that he saw the girl staring at him from the tunnel. By and by, the tunnel slowly began to be neglected, a new train track was built, and people never had the courage to walk through that haunted building ever again. Or at least till today.

Having grown up in that very town and being consumed by this very story, three young girls were having an animated discussion during their walk from school.

"Do you suppose the story of the little girl is true?" enquired Leah, after hearing a detailed account of it from Sara.

"Yes, of course it is true, Lea." replied Jennifer, passionately. "The people are still terrified about the story, and no one has dared to even glance at the inside of that haunted place."

"What if we dare?" Sara put out, genuinely believing that the townsfolk were daft in believing such a tale.

"That's such a great idea!" squealed Jennifer, thinking of the commotion at school if she was to make out of the tunnel alive.

"I don't know about that. What if the ghost of the little girl is still there?" whispered Lea, petrified that her friends could even think about entering that scary place.

"Don't be a baby, Lea.," said Sara. "It's just an old wives' tale to keep children from messing with that tunnel. If we prove that the tunnel is harmless, people could actually use it again, or the tunnel could be finally knocked out. Either way, we would be famous." The girl gave a deep sigh, dreaming about her great life after. It was through persistent wheedles and cajoles that Lea finally relented, and that too, only after she was promised that they would hold hands all through the way. The little girls planned for the trip excitedly, and when school released them the next afternoon, instead of going to their houses, the girls made their way to the abandoned tunnel. Standing at the entrance of the forlorn place, all three gave a deep sigh, took each other's hands, and walked into the looming darkness.

The walk was dark and long, and the girl strained to see beyond the shadows. But at last, they saw light creeping from the other end, and all of them walked eagerly to the inviting sunshine.

"See, I told you it wasn't real." breathed out Sara, a bit glad that the gloomy trip was over.

"I'm so glad I was in the middle," said Lea with relief.

"Wait," whispers Jennifer, her face going pale. "If you were between us, who was holding my other hand?"



ALISHA THEJES  
- 12E

## Keralite family killed in fire accident: ICSK expresses its deepest condolences

In a tragic accident, an Indian couple and their two children were killed in a fire that broke out in their flat in Kuwait City.

Mathews Mulackal, his wife Lini Abraham and their two children all hailing from Neerathupuram Kerala suffocated to death

on Friday night when a fire caused by a short circuit in the air conditioner.

ICSK family expresses its deepest condolences on their sudden demise. May their departed souls rest in peace.

# EPITRavel TURKEY

Turkey, officially the Republic of Türkiye, is a country mainly in Anatolia in West Asia, with a smaller part called East Thrace in Southeast Europe. It borders the Black Sea to the north; Georgia, Armenia, Azerbaijan, and Iran to the east; Iraq, Syria, and the Mediterranean Sea (and Cyprus) to the south; and the Aegean Sea, Greece, and Bulgaria to the west. Turkey is home to over 85 million people; most are ethnic Turks, while ethnic Kurds are the largest ethnic minority. Officially a secular state, Turkey has a Muslim-majority population. Ankara is Turkey's capital and second-largest city. Istanbul is its largest city, and its economic and financial center, as well as the largest city in Europe. Other major cities include İzmir, Bursa and Antalya.

## Language:

The official language is Turkish, which is the most widely spoken Turkic language in the world. It is spoken by 85% to 90% of the population as a first language. Kurdish speakers are the largest linguistic minority. A survey estimated 13% of the population speak Kurdish or Zaza as a first language. Other minority languages include Arabic, Caucasian languages, and Gagauz. The linguistic rights of the officially recognized minorities are de jure recognized and protected for Armenian, Bulgarian, Greek, Hebrew, and Syriac. There are multiple endangered languages in Turkey.

## Culture:

Turkey has a very diverse culture that is a blend of various elements of the Turkic, Anatolian, Byzantine and Ottoman cultures (the latter was in many aspects a continuation of both the Greco-Roman and Islamic cultures) with Western culture and traditions, a process that started with the Westernization of the Ottoman Empire and still continues today. This mix originally began as a result of the encounter of the Turks and their culture with those of the peoples they came across during their migration from Central Asia to the West. [469] Contemporary Turkish culture during the republican period is a product of efforts

to create a "modern" Western society, while maintaining traditional, religious and historical values.



## Arts:

Turkish Painting, in the Western sense, developed actively starting from the mid 19th century. The first painting lessons were scheduled at what is now the Istanbul Technical University (then the Imperial Military Engineering School) in 1793, mostly for technical purposes. In the late 19th century, human figure in the Western sense was being established in Turkish painting, especially with Osman Hamdi Bey. Impressionism, among the contemporary trends, appeared later on with Halil Pasha. Other important Turkish painters in the 19th century were Ferik İbrahim Paşa, Osman Nuri Paşa, Şeker Ahmet Paşa, and Hoca Ali Rıza.

## Literature:

Interaction between the Ottoman Empire and the Islamic world along with Europe contributed to a blend of Turkic, Islamic and European traditions in modern-day Turkish music and literary arts. Turkish literature was heavily influenced by Persian and Arabic literature during most of the Ottoman era. The Tanzimat reforms of the 19th century introduced previously unknown Western genres, primarily the novel and the short story. Many of the writers in the Tanzimat period wrote in several genres simultaneously: for instance, the poet Namık Kemal also wrote the 1876 novel *İntibâh* (Awakening), while the journalist Şinasi has written, in 1860, the first modern Turkish play, the one-act comedy "*Şair Evlenmesi*" (The Poet's Marriage). Most of the roots of modern Turkish literature were formed between 1896 and 1923.

## Music:

Many Turkish cities and towns have vibrant local music scenes which, in turn, support a number of regional musical styles.

Despite this however, western music styles like pop music and kanto lost popularity to arabesque in the late 1970s and 1980s. It became popular again by the beginning of the 1990s, as a result of an opening economy and society. The resurging popularity of pop music gave rise to several international Turkish pop stars such as Ajda Pekkan, Sezen Aksu, Erol Evgin, MFÖ, Tarkan, Sertab Erener, Teoman, Kenan Doğulu, Levent Yüksel and Hande Yener. Internationally acclaimed Turkish jazz and blues musicians and composers include Ahmet Ertegun (founder and president of Atlantic Records), Nükhet Ruacan and Kerem Görsev.

## Architecture:

The architecture of the Seljuk Turks combined the elements and characteristics of the Turkic architecture of Central Asia with those of Persian, Arab, Armenian and Byzantine architecture. The transition from Seljuk architecture to Ottoman architecture is most visible in Bursa, which was the capital of the Ottoman State between 1335 and 1413. Following the Ottoman conquest of Constantinople in 1453, Ottoman architecture was significantly influenced by Byzantine architecture. Topkapı Palace in Istanbul is one of the most famous examples of classical Ottoman architecture and was the primary residence of the Ottoman Sultans for approximately 400 years. Mimar Sinan (1489–1588) was the most important architect of the classical period in Ottoman architecture. He was the chief architect of at least 374 buildings that were constructed in various provinces in the 16th century. Sedefkar Mehmed Ağa, the architect of the Blue Mosque in Istanbul, was an apprentice of Sinan, later becoming his first assistant in charge of the office of chief architect.



SARRA MUSTUFA  
- 10C



## What Happens in the Dark Comes to Light



Once there lived a girl named Isha, who was studying in the 8th Grade. She was an introvert and did not mingle with many students. However, she had a remarkably close friend, Ahana, with whom she shared everything. Ahana was her soul sister, they used to spend all the time together.

The year passed by. 9th Grade started. Ahana's father decided to opt for a new job in a different country. Isha and Ahana got separated. Isha felt so sad and lonely in school.

Isha had a great interest in science. She diverted her entire energy to reading science articles. She used to read a lot of Scientific facts and present them to her teachers. The teachers were impressed with Isha.

There was a very notorious kid called Akhil in Isha's class. He was known as the "Bully Master" of the class. He was jealous of Isha's popularity among science teachers.

One day the science teacher conducted a class test. Unprepared, Akhil was confident of bullying his way and getting high scores on the test by cheating. Akhil also wanted to outshine Isha at any cost.

The term exam was announced. Akhil was smart and clever in making mischievous plans. He approached the school peon and bribed him to get the science question paper.

While the rest of the children worked hard and attended school with reddened eyes and lack of sleep, Akhil roamed around stress-free. He was sure he would ace the science exam. Two days before the science examination, he went to collect the question paper from the peon from the agreed spot.

Akhil did not realise that his Physics teacher Mrs. Rita Sharma saw the peon handing

over some paper to Akhil. "What work can a peon have with a student," Mrs. Sharma wondered.



DEEPIKA  
VIJAYARAGHAVAN - 11F

The next morning, Mrs. Sharma approached the Principal. The Principal fired the peon for setting a wrong example. When Akhil got to know this, he fainted. He was sure that the same paper, from which he had learned the answers by heart, would be changed. He had not done any preparation other than covering the questions on paper.

Akhil realized the gravity of his mistake. He narrated the whole incident to the Principal, cried and apologized. He said that he was the one who instigated the peon. The peon had advised him not to, and that it would lead to a disaster. He begged the Principal to reinstate the peon.

The Principal told Akhil "What Happens in the Dark Comes to Light." Secrets or hidden actions will eventually be revealed or discovered. Honesty and integrity are particularly important.

Thereafter, Akhil worked hard. He started paying attention in class. He also started focusing on what was right. Life taught Akhil a lesson to be a dedicated and disciplined person.

## "Epiquiz"



1. Which film won the Academy Award for Best Picture in 2020?
2. Who won the Oscar for Best Actress in a Leading Role for the film "The Iron Lady" in 2012?
3. What is the longest river in the world?
4. Which is the largest desert in the world?
5. Who is credited with inventing the first practical telephone?

6. Question: In which year was the World Wide Web invented, and who was its inventor?
7. Which city is known as the "City of Love"?
8. Who directed the 1994 film "Pulp Fiction"?
9. What is the capital city of Canada?
10. Who invented the first mechanical computer, known as the Analytical Engine?

1. Parasite
2. Meryl Streep
3. The Nile River
4. The Antarctic Desert
5. Alexander Graham Bell
6. 1989, Tim Berners-Lee
7. Paris
8. Quentin Tarantino
9. Ottawa
10. Charles Babbage

# DISCOVER **India** GUJARAT

“Every man can transform the world from one of monotony and drabness to one of excitement and adventure by enjoying Mother Nature’s beauty” – Irving Wallace.  
Gujarat is a land of beauty and entertainment which offers a transformation from common life stress and tensions into excitement and adventures with a touch of Indian Nature. Let us now look at some of Gujarat’s traditional dishes and attires.

## Cuisine

The people of Gujarat have perfected the art of vegetarian cooking and their cuisine is a delectable and mouth watering. To taste the excellent vegetarian Gujarati cuisine, is to have a Thali Meal – the ultimate delightful vegetarian fare. The traditional Gujarati Thali is one of the best ways to know the Gujarati Cuisine.

There also several other other meals that highlight the flavours of Gujarat.

## Gujarati Thali :

A Gujarati thali typically comprises of one or two steamed or fried snacks called farsans, a green vegetable, a tuber or a gourd shaak (shaaks are main courses with vegetables and spices mixed together into a curry or a spicy dry dish), a kathol (braised pulses like beans, chickpea or dry peas), one or more yogurt dishes like dahi, kadhi (yogurt and pulses soup), raita or sweet shrikhand, rice or khichdi, daal usually toor dal, and sweets like halwas, basundi or shrikhand. Accompaniments include sweet, sour and spicy chutneys, pickles, ghee and a salad of chopped vegetables served raw or may be steamed in spices.



## Farsan

Intrinsic to a traditional Gujarati meal, dal, shaak and kathol hold the promise of a bounty of flavours, aromas and a unique eating experience. The balance of colours and textures of the main course is richly enhanced by the side portions of the pickle and salad and some spiced buttermilk.



## Attire :

### Chorn

Chorno is a type of cotton pants that the Gujarati men wear. It looks like a stitched dhoti and is very loose and comfortable. Chorno either has a string to tie at the waist or have elastic.



## Dhoti

Dhotee or dhoti is a long piece of garment that is wrapped around the lower body of men. The garment is wrapped around the waist and tucked from between the legs. Gujarati men wore white or light coloured dhotis for normal wear.

## Ghagra Choli or Chaniya Choli:

The traditional attire of Gujarati women is Chaniya Choli or Ghagra Choli; Women also wear an Odhni (dupatta or chunni) with it.



## Chunni

Chunni, Odhni or dupatta is an elongated piece of cloth to complete the dress. The churn is worn diagonally and is used to cover their heads.

The women may also wear Kurtas instead of choli known as Zhabo and lehenga along with it.



ANUBHAV RONNIE  
JACOB - 121



# BIRTHDAY BOOK DONATION DRIVE



ALHAM HYDER ALI ANSARI



Fida Lahir



Mr. RIYAZ

## A Summer Reading Adventure with the ICSK Digital Library: Unleashing Imagination



As the school year comes to an end and the sunny days of summer draw near, there's no better time to dive into the world of books. At ICSK Digital Library, we invite students to immerse themselves in the enchanting world of books through the Summer Reading Program. This initiative not only helps foster a love for reading but also opens the door to countless adventures, all conveniently accessible

anytime, anywhere.

The Summer Reading Program at ICSK Digital Library is more than just a collection of books. It's like a gateway to different worlds, characters, and ideas. You've got a whole range of titles from different genres and age groups, so there's something for every kind of reader. Whether you're into exploring galaxies in sci-fi or cracking mysteries in detective novels, the library's digital shelves have got you covered.

But it's not just about boosting your academic skills. The Summer Reading Program is all about nurturing a lifelong love for reading. By encouraging students to dive into books that go beyond their school curriculum, it sparks curiosity, fires up the imagination, and broadens horizons. And here's another perk: reading during the summer vacation helps ward off the dreaded "summer slide," so when school starts back up in the fall, you'll be sharp

as a tack and armed with an expanded vocabulary. So why wait? Let's dive into the exotic world of e-books and make this summer a memorable and enjoyable one!

Students can access the ICSK Digital Library platform using their school credentials through ICSK Cloud.

Kindly scan the QR code below to obtain the ICSK Digital Library Guide

Mr. Jimmy Rakesh PR  
Chief Librarian, ICSK



### DID YOU KNOW?

#### Facts about Artificial Intelligence

- AI can be used to diagnose diseases.
- AI can help reduce energy consumption.
- Self-driving cars rely on AI to navigate and make decisions on the road.
- AI can help predict natural disasters. AI algorithms can analyse weather patterns and other data to predict natural disasters
- AI is being used in space exploration.
- AI can now diagnose skin cancer more accurately than experts
- AI's ability to read both medical images and medical records could save the vast amount of time that radiologists and cardiologists spend diagnosing disease.
- Clinicians are the primary users of new AI technology.
- AI helped Moderna optimize its COVID-19 vaccine. Adoption of AI in healthcare could save between 5% and 10% in US spending.
- North America generated the most revenue from AI in healthcare in 2022.
- AI could reduce the cost of discovering new drugs by 70%.
- AI is used behind the scenes in movies for tasks like CGI rendering and script suggestions
- Neural networks, a subset of AI, can "dream." Using a process called DeepDream, these networks can generate surreal and often psychedelic images
- 67% of UK secondary school students use AI for homework and assignments.
- 78% of parents think using AI writing tools for schoolwork is a form of cheating.
- NASA and other space agencies utilize AI for various missions



LAKSHMI RAMESH  
- 12 A

# EPHILATELY

## Maraimalai Adigal



Maraimalai Adigal was a Tamil orator and writer and father of Pure Tamil movement. He was a fervent Tamizh Saivite. He wrote more than 100 books, including works on original poems and dramas, but most famous are his books on his research into Tamil literature. Most of his literary works were on Saivism. He founded a Saivite institution called Podhunilaik Kazhagam. He was an exponent of the Pure Tamil movement and hence considered to be the father of Tamil linguistic purism. He advocated the use of Tamil devoid of Sanskrit words and hence changed his birth name Vedhachalam to Maraimalai.

## Harivansh Rai Bachchan

Harivansh Rai Bachchan was an Indian poet and writer of the Nayi Kavita literary movement (romantic upsurge) of early 20th century Hindi literature. He was also a poet of the Hindi Kavi Sammelan. He is best known for his early work Madhushala.

He was also the husband of social activist, Teji Bachchan, father of Amitabh Bachchan and Ajitabh Bachchan, and grandfather of Abhishek Bachchan. In 1976, he received the Padma Bhushan for his service to Hindi literature.

## Arun Kumar Chanda

Arun Kumar Chanda, was an Indian independence activist from Cachar district of Assam. The Government of India issued a stamp in his honour. He was a social worker and writer who also edited the Bengali Weekly Saptak. In Silchar, a law college named A. K. Chanda Law College was established in 1960 in his memory.

## Baba Raghav Das



Baba Raghav Das, popularly known as the Gandhi of Poorvanchal, was an Indian guru, freedom fighter, reformer, philosopher, member of parliament, and an activist. He is best known for his social

contributions. The government of India released a postage stamp in his honour in 1998.

## Dhananjay Ramchandra Gadgil



Dhananjay Ramchandra Gadgil, also known as D. R. Gadgil, was an Indian economist, institution builder and the vice-chairman of the Planning Commission of India. He was the founder Director of the Gokhale Institute of Politics and Economics, Pune[3] and the author of the Gadgil formula, which served as the base for the allocation of central assistance to states during the Fourth and Fifth Five Year Plans of India. He is credited with contributions towards the development of Farmers' Cooperative movement in Maharashtra. The Government of India recognised his services by issuing a commemorative postage stamp in his honour in 2008.

## Dhondo Keshav Karve



Dhondo Keshav Karve, popularly known as Maharshi Karve, was a social reformer in India in the field of women's welfare. He advocated widow remarriage and he himself married a widow. Karve was a pioneer in promoting widows' education. He founded the first women's university in India - SNTD Women's University. The Government of India awarded him with the highest civilian award, the Bharat Ratna, in 1958, the year of his 100th birthday. He organized a conference against the practice of devdasi. He started 'Anath balikashram' an orphanage for girls. His intention was to give education to all women and make them stand on their own feet. Through his efforts, the first women university was set up in 20th century.

## Velu Nachiyar



Rani Velu Nachiyar was a queen of Sivaganga estate from c. 1780–1790. She was the first Indian queen to wage war with the East India Company in India. She is known by Tamils as Veeramangai ("brave woman"). With the support of Hyder Ali's army, feudal lords, the Maruthu Brothers, Dalit commanders, and Thandavarayan Pillai, she fought the East India company.

## Vithalrao Vikhe Patil

Vithalrao Eknath Rao Vikhe Patil was an Indian industrialist, the founder of the first sugar factory in the



cooperative sector in India at Loni, in Maharashtra and the founder of a group of industries and institutions composed of Institute of Business Management and Rural Development, Padmashri Dr. Vithalrao Vikhe Patil Foundation's Medical College and Hospital and Padmashri Dr. Vitthalrao Vikhe Patil Sahakari Sakhar Karkhana Limited, operating under Padmashree Dr. Vithalrao Foundation. The Government of India honoured him in 1961, with the award of Padma Shri, the fourth highest Indian civilian award for his services to the nation. His son, Balasaheb Vikhe Patil, was a recipient of Padma Bhushan, a member of parliament and a former minister.



SAHIBJOT SINGH  
- 121

## Bimal Roy



Bimal Roy was an Indian film director. He is particularly noted for his realistic and socialistic films such as Do Bigha Zamin, Parineeta, Biraj Bahu, Devdas, Madhumati, Sujata, Parakh and Bandini, making him an important director of Hindi cinema. Inspired by Italian neo-realistic cinema, he made Do Bigha Zamin after watching Vittorio De Sica's Bicycle Thieves (1948). His work is particularly known for his mise en scène which he employed to portray realism. He won a number of awards throughout his career, including eleven Filmfare Awards, two National Film Awards, and the International Prize of the Cannes Film Festival. Madhumati won 9 Filmfare Awards in 1958, a record held for 37 years.

## Omkarnath Thakur



Omkarnath Thakur, was an Indian music teacher, musicologist and Hindustani classical singer. A disciple of classical singer Vishnu Digambar Paluskar of Gwalior gharana, he became the principal of Gandharva Mahavidyalaya, Lahore, and later went on to become the first dean of the music faculty at Banaras Hindu University. He also wrote book "sangeetanji" vol 1 to 6.





## SPIDER-MAN Tom Holland

Thomas Stanley Holland is an English actor. His career began at the age of nine when he enrolled in a dancing class, where a choreographer noticed him and arranged for him to audition for a role in Billy Elliot the Musical at London's Victoria Palace Theatre. After two years of training, he secured a supporting part in 2008 and was upgraded to the title role that year, which he played until 2010.

Holland made his film debut in the disaster drama The Impossible (2012) as a teenage tourist trapped in a tsunami, for which he received a London Film Critics Circle Award for Young British Performer of the Year. After this, Holland decided to pursue acting as a full-time career, appearing in How I Live Now (2013) and

playing historical figures in the film In the Heart of the Sea (2015) and the mini series Wolf Hall (2015).

At the 70th British Academy Film Awards in 2017, Holland won the Rising Star Award. Holland's first work that year was alongside Charlie Hunnam in James Gray's drama The Lost City of Z, which was released to positive reviews. Neil Soans of The Times of India praised Holland for making the film emotional towards the end and Rex Reed of The New York Observer found him "remarkably strong and self-assured".

Holland's second project in 2017 was his solo feature as the title character in Spider-Man: Homecoming. As a result, Holland earned an entry in Guinness Book of World Records as the youngest actor to play a title role in the MCU.

Ben Travis of Empire magazine wrote "Holland never loses the ebullient spark that makes him one of the MCU's most endearing figures". Holland received a third consecutive Saturn Award for Best Performance by a Younger Actor for Far From Home, having previously won for Civil War and Homecoming.

He voiced roles in the Blue Sky Studios animation

Spies in Disguise (2019), the live-action film Dolittle (2019), and the Pixar animated film Onward (2020). Alongside Avengers co-star Sebastian Stan, Tom Holland starred in Antonio Campos's The Devil All the Time (2020), a Netflix psychological thriller set after World War II. He also starred in Cherry a crime drama which is based on the namesake novel by American author Nico Walker, and reunited him with Avengers directors Russo Brothers.

In 2017 Tom's parents founded The Brothers Trust, which the whole family plays a role in. When The Brothers Trust first began, the Holland family focused on helping to raise money for more local charities such as Momentum. To eliminate poverty in the world, The Brothers Trust has assisted in raising money for The Lunchbowl Network since their partnership in 2016. To further reduce poverty, The Brothers Trust supports Artists for Africa. In conclusion, Tom Holland at the young age of 26 years, has achieved wonders with his amazing talents and work ethics. As it turns out, Holland may have outdone many other actors in terms of the niceness department.



SAKINA FAZAL  
- 11E

# Hyderabadi Biryani



## How to make Hyderabadi Biryani

About Hyderabadi Biryani Recipe  
Hyderabadi (Chicken/Mutton) Biryani Recipe: One of the most popular biryani recipes, Hyderabadi Biryani is a dish from the south region but spread all across the country, and even abroad.

This flavourful and delectable gastronomical magic is a treat to relish on and is often cooked for dinner parties in north Indian kitchens. Cook it at home to make a mark at your dinner party and thank us later.

### Ingredients of Hyderabadi Biryani:

Half boiled rice layered with fried onions,

mint, cooked mutton, sealed with dough & slow cooked 'dum' style.

Total Cook Time 1 hr 35 mins

Prep Time : 20 mins.

Cook Time 1 hr 15 mins.

Ingredients of Hyderabadi Biryani  
1 Kg Meat  
1 tsp Salt  
1 tsp Ginger-garlic paste  
1 tsp Red chilli paste  
1 tsp Green chilli paste (sauteed brown onions to taste)  
1/2 tsp Cardamom powder  
3-4 Cinnamon sticks  
1 tsp Cumin seeds  
4 Cloves  
A pinch of Maceto taste  
Mint leaves  
2 tsp Lemon juice  
250 gms Curd  
4 tsp Clarified butter  
750 gms Semi-cooked rice  
1 tsp Saffron strand  
1/2 cup Water  
1/2 cup Oil  
For garnishing: Boiled Eggs, Carrots, sliced Cucumbers.

### How to Make Hyderabadi Biryani

1. Clean the meat. Now in a pan, add meat, salt, ginger garlic paste, red chilli powder, green chilli paste, sauteed brown onions, cardamom powder, cinnamon, cumin seeds, cloves, mace, mint leaves and lemon juice.

2. Mix all of these ingredients thoroughly together.

3. Add curd, clarified butter, semi-cooked rice, saffron, water and oil. Mix it well.

4. Now apply sticky dough on the sides of the pan.

5. Cover it with a lid and cook for about 25 minutes.

6. Hyderabadi biryani is ready to eat. Garnish it with boiled eggs, sliced carrots, cucumbers and serve hot.

### Nutritional Value

2568 Kcal Calories  
148g Fats  
52g Saturated Fats  
56g Monounsaturated Fats  
516Mg Cholesterol  
3212Mg Sodium  
3976Mg Potassium  
152g Carbs  
152g Protein

**Recipe Notes:** You can prepare salan along with the biryani to serve as an accompaniment.



AMNA  
MEHMOOD - 7 D



**146 Indian Students Awarded Prestigious Erasmus Mundus Scholarships For 2024:** 146 Indian students have been selected for the esteemed Erasmus Mundus scholarships for the 2024 academic year.

75 women and 71 men will pursue two-year Master's programmes across Europe, making India one of the top recipients of the scholarship. The Delegation of the European Union to India and Bhutan reported that globally, 2,603 students from 137 countries have been granted scholarships for the Erasmus Mundus Joint Master's degree. This program offers a unique study experience delivered collaboratively by an international consortium of higher education institutions.



**Norway Chess: R Pragganadhaa Stuns World Number Two, Achieves Unique Feat In Classical Chess:**

Indian teenage chess sensation R Pragganandhaa made headlines in the Norway Chess competition by

defeating world number two Fabiano Caruana in round five of the classical chess game. This victory follows his earlier win against world number one Magnus Carlsen in round three, marking the first time he has defeated both top players in classical chess. His impressive performance has propelled him into the top ten of the FIDE World Rankings.



**Purnima Shrestha Sets Record As First Woman To Summit Mt. Everest Three Times In 13 Days:**

Purnima Shrestha, a 32-year-old mountaineer from Gorkha, Nepal, and a photojournalist by profession has made history as the first

woman in the world to climb Mount Everest three times in the same season, all in just 13 days. Her exceptional triple ascent beats the previous record of any woman summiteer to climb Everest thrice in a single season. She has climbed Everest four times, with a prior summit in 2018. Her record represents the empowerment of female climbers and inspires women to achieve their dreams.



**NASA Launches Small Climate Satellite To Study Earth's Poles:**

NASA successfully launched the first of a pair of small climate satellites on Saturday from the Rocket Lab's Launch Complex 1 in Mahia, New Zealand.

The mission, dubbed PREFIRE (Polar Radiant Energy in the Far-Infrared Experiment), aims to study heat emissions at the Earth's poles, shedding light on the intricate interplay between these regions and global climate change.



**Vikram Misri Appointed India's New Foreign Secretary:**

Deputy national security adviser Vikram Misri has been appointed as the foreign secretary of India. Misri is an Indian Foreign Service (IFS) officer of the 1989 batch

and has served as private secretary to three Prime Ministers - Inder Kumar Gujral in 1997, Manmohan Singh in 2012, and Narendra Modi in 2014. He has an undergraduate degree in history from the Hindu College of Delhi University and an MBA from XLRI.



**PM Modi Inaugurates New Campus Of Nalanda University In Bihar:**

PM Modi Inaugurates New Campus Of Nalanda University In Bihar. The ancient Nalanda University, established around 1600 years ago, is considered

to be among the first residential universities in the world. The new university campus closely replicates the historical Nalanda University. The university is conceived as a collaboration between India and East Asia Summit (EAS) countries. Notably, India's planned space station is called the Bharatiya Antariksha Station. It will be built by India and operated by the Indian Space Research Organisation (ISRO). The station is expected to be completed by 2035. NASA plans to decommission the ISS by 2031.



**'World's Most Beautiful Ship' Is Going On World Tour For First Time In 20 Years:**

The Amerigo Vespucci, which Italians call the world's most beautiful ship, is taking a taste of its

homeland on a round-the-world tour, with temporary expositions at several stops showcasing Italian products and heritage. Tall ship Vespucci, named after the explorer who gave his name to America, is a navy boat that entered service in 1931. Some 2,700 square meters (29,000 square feet) of sails are tied to its three masts, and it has a crew of over 260 sailors, supplemented by trainees. It set off from Genoa in northern Italy last July for its first world tour in 20 years, which will take it to over 30 ports in five continents to help provide training for those onboard. The Vespucci has completed about half of the tour stops and is expected to return to Italian waters in March 2025.



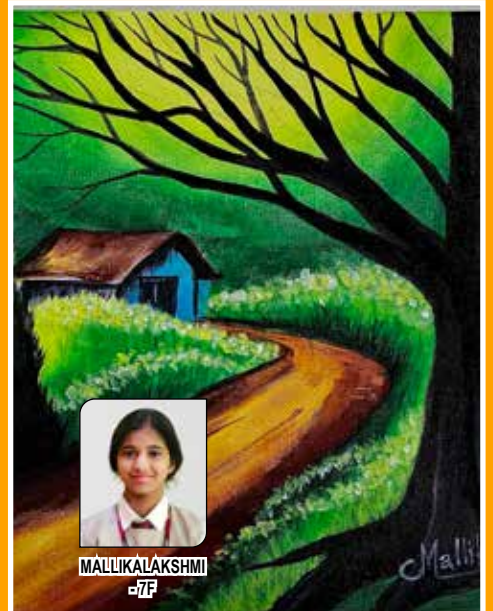
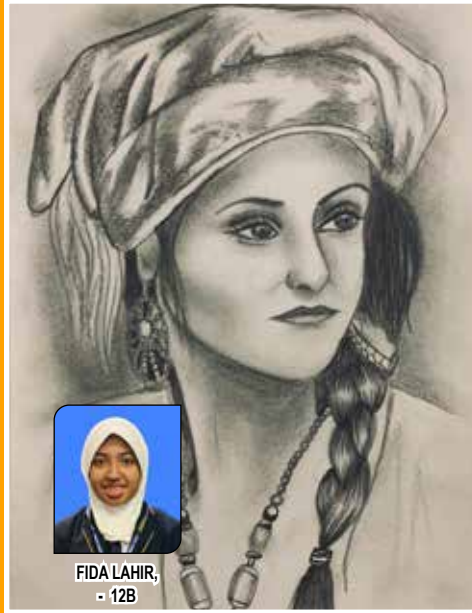
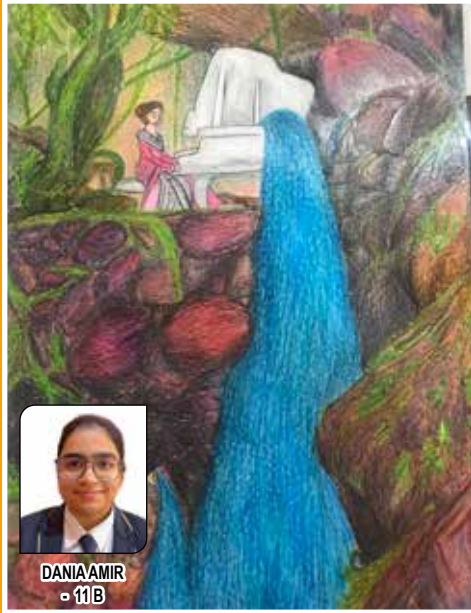
**IIT Delhi Abu Dhabi Campus Announces Admission Guidelines For UG Programs:**

The Indian Institute of Technology Delhi Abu Dhabi campus has unveiled the admission guidelines for its first-ever undergraduate program

set to commence in the 2024-25 academic year. Prospective students can secure admission through either the Combined Admission Entrance Test (CAET) 2024 or the Joint Entrance Examination 2024. For the upcoming academic year, IIT-Delhi Abu Dhabi will offer two bachelor's programs: B. Tech. in Computer Science and Engineering, and B. Tech. in Energy Engineering. Each program will admit 30 students, totaling 60 seats for the first cohort, with classes scheduled to begin in August or September. The CAET 2024 is open to Indians residing in the UAE, Emiratis, and international students who meet several criteria. Candidates must have secured at least 75 percent aggregate marks in Class/Grade XII (or equivalent) board examinations or rank in the top 20 percentile of their respective boards. The CAET 2024 is a three-hour examination comprising 90-minute papers in Physics, Chemistry, and Mathematics. This test offers students in the UAE and around the world a unique opportunity to join one of India's leading technical institutions in Abu Dhabi.



# Art Gallery





# EPIctionary



ROSHNA B. JEEMON  
- 12C

- 1. August** : inspiring reverence or admiration; supreme dignity or grandeur ; majestic.  
Usage : an august performance of a religious drama, venerable eminent ;an august personage
- 2. Corpulent** : of a person ; fat or overweight  
Usage : Santa Claus is a corpulent man with a ruddy complexion and jolly grin.
- 3. Extricate** : free someone or something from a constraint or difficulty  
Usage : he was trying to extricate himself from his official duties.
- 4. Equanimity** : calmness and composure, especially in a difficult situation  
Usage : he dealt with the news of his mother's death with remarkable equanimity.
- 5. Sacrosanct** :most sacred or holy  
Usage: Time during prayer is sacrosanct.
- 6. Epilogue** : a section of speech at the end of a book or play that serves as a comment on or a conclusion to what has happened or a concluding act.  
Usage : That night was a disastrous epilogue to his career.
- 7. Nadir** : the lowest or most unsuccessful point in a situation  
Usage :Company losses reached their nadir in 2009
- 8. Stodge** : food that is heavy filling and high in calories.  
Usage : That movie was a bit of stimulation among the Christmas stodge .
- 9. Petulance** : whininess and irritability or cranky  
Usage : He was going through teenage petulance
- 10. Abjure** : Solemnly renounce a belief , cause or claim .  
Usage : We abjure any need to change according to everything and anything the world does.



## ZENDAYA

Zendaya Maree Stoermer Coleman (born September 1, 1996) is an American actress and singer. She has received various accolades, including two Primetime Emmy Awards and a Golden Globe Award. Time magazine named her one of the 100 most influential people in the world in 2022.



SARRA MUSTUFA  
- 10C

Born and raised in Oakland, California, Zendaya began her career as a child model and backup dancer. She made her television debut as Rocky Blue on the Disney Channel sitcom *Shake It Up* (2010–2013) and starred as the titular character in the channel's sitcom *K.C. Undercover* (2015–2018). Her feature film debut came in 2017 with the superhero film *Spider-Man: Homecoming*, and she later starred in its sequels. Zendaya's role as Rue Bennett, a struggling drug-addicted teenager, in the HBO teen drama series *Euphoria* (2019–present) made her the youngest recipient of the Primetime Emmy Awards for Outstanding Lead Actress in a Drama Series, which she won twice. Her other film roles include the musical *The Greatest Showman* (2017), the romantic drama *Malcolm & Marie* (2021), and the science fiction films *Dune* (2021) and *Dune: Part Two* (2024).

In addition to her acting career, Zendaya has ventured into music. In 2011, she released the singles "Swag It Out" and "Watch Me", the latter a collaboration with Bella Thorne. She signed with Hollywood Records in 2012. Her eponymous debut studio album (2013) was released to moderate success. The album's lead single, "Replay", reached the top 40 on the U.S. Billboard Hot 100 chart. Zendaya's biggest commercial success as a musician came with her Zac Efron collaboration, "Rewrite the Stars", from *The Greatest Showman* soundtrack in 2017. The single reached the top 20 of several record charts and has received multi-platinum sales certifications globally. Zendaya has also written and performed several songs for *Euphoria*.

Name: ..... Class : ..... Section : ..... Roll No: .....



**THE INDIAN  
COMMUNITY SCHOOL  
KUWAIT**

**The Indian Community School (Senior) Salmiya**  
Tel: 25629583, 25659126, 25613260, 25623370  
Fax No: 25652308  
Website: [www.icsk-kw.com](http://www.icsk-kw.com)  
Email: [senior@icsk-kw.com](mailto:senior@icsk-kw.com)

**The Indian Community School (Junior) Salmiya**  
Tel: 25613344,  
Fax No: 25652308  
Website: [www.icsk-kw.com](http://www.icsk-kw.com)  
Email: [junior@icsk-kw.com](mailto:junior@icsk-kw.com)

**The Indian Community School Khaitan**  
Tel: 24717193, Fax No: 24717192  
Website: [www.icsk-kw.com](http://www.icsk-kw.com)  
Email: [khaitan@icsk-kw.com](mailto:khaitan@icsk-kw.com)

**The Indian Community School Amman St.**  
Tel: 25624405 / 25624397 Fax No: 25624318  
Website: [www.icsk-kw.com](http://www.icsk-kw.com)  
Email: [amman@icsk-kw.com](mailto:amman@icsk-kw.com)