



# EPICS



MONTHLY MAGAZINE  
THE INDIAN  
COMMUNITY  
SCHOOL (SENIOR)  
KUWAIT

E EMOTIONAL P PHYSICAL I INTELLECTUAL C CULTURAL S SPIRITUAL

DECEMBER 2024



## PRINCIPAL'S MESSAGE

Dear Children,

In life every day is an exam, like every day, we strive to be a better version of ourselves from the previous day. Instead of shaping a child's future based on the marks he secures, it is the need of the hour that we look at exams as a test of character, how one handles pressure, how one manages their time, how one makes their decisions Examination is an annual assessment of the child's education. These are the very reasons why ICSK consider exams as a CELEBRATION.

Here are some tips that you can apply to get the best results esp. in Board & School Exams

- **PERSISTENCE** is the biggest weapon in any student's life. We can get easily distracted from our goal, the only way to keep going is to constantly remind ourselves why we chose to do this. Keep your dream in front of your eyes always. Believe in yourself, you can do it.
- **MOTIVATION** is the necessary tool. Talk to people around you who are preparing for the same or have goal in common. You could also decorate your study space with inspirational quotes or photos of people you admire.
- **STUDY PLAN** helps us to stay organised and increases our confidence as we know what exactly to do. A goal without a plan is just a wish. So, first you need to plan before starting studying. Check how much time you can study for every paper. Do all examples, questions, and one marker especially. Also, read the summary of all the chapters. Try following a time table.
- **EXECUTION** is key to success. Just making plan won't guarantee anything. You need to execute it. Practice makes a man perfect. Keep solving Sample Question Papers. Pick a different subject for each day. Some students mug up theories without understanding the concepts. In this way, they are unable to answer a question asked in a different

format. Therefore, it is essential to understand the concepts related to reasoning, mechanism, application, etc., to perform better in the exam.

• **RELAXATION** is also the major aspect. It is important to take breaks while you are studying, especially if you are feeling tired or frustrated. Working too long on a task can actually decrease your performance. When you take a break, make sure you get away from your desk or study space. A bit of physical – even just a walk around the building can sometimes help you to look at a problem in a different way and could even help you to solve it.

• **REVIEW AND REVISE:** When students revise effectively, they can see how much they have improved, and this makes them feel more confident in what they can do. This growth in confidence is crucial during examination days. A confident student has better potential for tackling complex problems. His ability to recall the required answer to the question in the exam is more accurate.

• **TAKE CARE OF YOURSELF:** You will study better if you take care of yourself. The biggest mistake you might be committing in your school and board exam preparation is neglecting food. Firstly avoid junk foods. Eat in short intervals to keep yourself charged up. Take nuts like almonds, walnuts etc. Drink more and more water. It keeps you hydrated throughout the day.

**KEEP SOCIAL MEDIA AWAY :** Step away from social media and eliminate the distractions of endless scrolling. By doing so, you'll have more time to dedicate to studying, revising, and practicing for your exams. Social media often encourages comparisons with others, which can affect your mindset. Staying offline will help you focus solely on your own progress and maintain a healthier outlook.

Dear Children, it's time to gear up and give your best! Your hard work and dedication are about to bear fruit. Remember, an exam is not just a measure of academic knowledge but also a test of your calmness, stability, and positive attitude.

Believe in yourself, stay focused, and success will follow. Wishing you all the very best!

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# EDITORS' NOTE

Dear Readers,

It is with great enthusiasm that we bring you the December 2024 edition of EPICS. As the year draws to a close, we look back with pride at the incredible achievements and milestones that our students have reached, both inside and outside the classroom. This edition serves as a tribute to their hard work, resilience, and unwavering commitment to excellence.

In this month's issue, we reflect on the power of innovation and the importance of embracing change. Our students have demonstrated remarkable adaptability and creativity in the face of challenges, and their contributions continue to inspire all of us. Whether through academic excellence, sporting achievements, or creative endeavors, our students are shaping the future with their vision and drive.

As we step into a new year, we also recognize the significance of reflection and growth. The journey of learning is never linear, and every success and setback contributes to a broader understanding of the world around us. The resilience and perseverance that our students exhibit in times of difficulty will be invaluable as they continue to navigate the complexities of life.

As educators, it is our privilege to foster an environment where curiosity and learning can flourish. We are committed to providing our students with the tools and opportunities they need to thrive in an ever-evolving global landscape. With every challenge they face, we see them grow stronger and more determined to make a positive impact in their communities and beyond.

In this issue, we also spotlight the importance of community and collaboration. Our school is not just a place of individual achievement, but a space where students come together to share ideas, support one another, and work towards common goals. We believe that the collective spirit of our school community is one of the key drivers of success.

To our students, we encourage you to continue exploring your passions, pushing the boundaries of your potential, and embracing the opportunities that lie ahead. Remember that each step you take is part of a greater journey, and your unique contributions are what make our school so special.

We would like to express our sincere appreciation to the teachers, staff, and parents whose continued support plays an essential role in the success of our students. Your dedication and guidance make a lasting impact on the lives of those you mentor.

We hope this edition of EPICS serves as a source of inspiration and motivation as we conclude another year. Your thoughts and feedback are always welcome as we strive to make each issue better than the last.

Happy Reading, and here's to another year of growth, learning, and achievement!

Send your valuable contributions to [epicseditor@icsk-kw.com](mailto:epicseditor@icsk-kw.com)



Mrs. Sreelakshmi



Mrs. Tintu Wilson



## GOOSEBERRY / AMLA

Amla, Amalaki or Indian Gooseberry is a highly potent medicinal plant for its innumerable healing properties. Amalaki, as it is popularly known in Sanskrit. Amalaki as a divine medicine and it is also known as a Rasayana. Rasayana means a top herbal product with outstanding rejuvenating, longevity and holistic properties that ensure both mind and body balance. They are nutritious, low-calorie fruits that are rich in vitamins, minerals, and antioxidants.

Health Benefits:

1. Highly nutritious: Gooseberries are low in calories and fat, yet packed with nutrients.
2. High in fiber and low in calories: They are low in calories and high in fiber, which helps protect against obesity, heart disease, diabetes, and some types of cancer.
3. Rich in antioxidants: They are rich in antioxidants, such as phytonutrients, and vitamins E and C, which may help protect your brain and fight aging.
4. To control blood sugar: They are high in fiber and chlorogenic acid, which may help slow or prevent the absorption of sugar into your bloodstream.
5. Protect the brain: They are rich in citric acid, phenols, and antioxidants, which are linked to a reduced risk of age-related brain diseases, such as Alzheimer's and stroke.
6. Anticancer properties: It is a powerhouse of antioxidants and ancient medicine endorses the consumption of this fruit to prevent the formation of cancer cells.
7. Good for your heart: Gooseberries contain heart-healthy antioxidants, polyphenols, and potassium, which help keep your heart working properly and may reduce your risk of heart disease.

It can be consumed raw, in the form of juice, churna, candy, pickles or supplements. If you are suffering from severe hair loss turn to Indian gooseberry, right away. Massaging the scalp with amla oil strengthens the follicles, provides luster while vitamin C prevents premature greying.

Amla juice is a simple recipe that serves as a detox drink. It provides instant energy and can be refrigerated for a few days. Drink it early in the morning, on an empty stomach to derive its full benefits.

## *Biology students can opt For Horticulture courses*

**Dr. T. P. Sethumadhavan**  
 Professor, Transdisciplinary University of health sciences & technology, Bengaluru  
 Education & Career Consultant, Thrissur



Horticulture is emerging as one of the potential sectors in agriculture which can create umpteen employment opportunities. A lot of agricultural Universities are offering BSc and MSc Horticulture programmes in India. Four year BSc Honors in Horticulture will facilitate exploring emerging opportunities. More than 40 colleges across the country are offering BSc Horticulture courses. This will provide opportunities for students in Horticulture development, production, processing, assuring value chain systems and marketing. This includes production of fruits, vegetables, floriculture, etc. State and Central Governments are implementing a lot of projects for Horticulture development

and processing. National horticulture development programme envisages in strengthening the horticulture sector in the country. Students after completing the undergraduate program can do higher education and research within the country and abroad. They can work in horticulture boards, departments, public sector undertakings, banks, academia and industry. Department of agriculture, World Bank and Asian Development Bank projects. There lies a lot of knowledge and skill gap in the horticulture sector in the country. The Ministry of food processing industries and the Govt of India are supporting the horticulture sector through establishing cold chain facilities, mega food parks and processing centres.

This sector has a lot of entrepreneurship opportunities which can be facilitated through establishment of startups, farmer producer organisations, agri MSMEs, Farmer clusters and women empowerment programmes within the country and abroad. GCC countries offer lot of opportunities for Horticulture

production, value addition and marketing.

Eligibility for BSc Horticulture is Plus two in Physics, Chemistry and Biology. Some of the states prefer NEET UG Scores for admission as per Indian Council for Agriculture research.

Students can pursue for graduate programmes abroad after completing BSc in Horticulture. EU countries, Australia and US are some of the preferred destinations. They can also specialise in biotechnology and related fields. There will be lot of opportunities for research in horticulture and allied sectors in the country and abroad. Precision farming and agriculture technologies facilitate to augment production in this sector. Preferred jobs are available in academia, industries, government and private sectors.

Eligibility for BSc Horticulture is Plus two Physics, Chemistry and Biology with NEET scores. ICAR used to select students under all India quota through CUET UG Scores.



## CHRISTMAS

holiday in many countries, is celebrated religiously by a majority of Christians, as well as culturally by many non-Christians, and forms an integral part of the holiday season surrounding it.

The traditional Christmas narrative recounted in the New Testament, known as the Nativity of Jesus, says that Jesus was born in Bethlehem, in accordance with messianic prophecies. When Joseph and Mary arrived in the city, the inn had no room, and so they were offered a stable where the Christ Child was soon born, with angels proclaiming this news to shepherds, who then spread the word.

The customs associated with Christmas in various countries have a mix of pre-Christian, Christian, and secular themes and origins. Popular holiday traditions include gift giving; completing an Advent calendar or Advent wreath; Christmas music and caroling; watching Christmas movies; viewing a Nativity play; an exchange of Christmas cards; attending church

services; a special meal; and displaying various Christmas decorations, including Christmas trees, Christmas lights, nativity scenes, garlands, wreaths, mistletoe, and holly. Additionally, several related and often interchangeable figures, known as Santa Claus, Father Christmas, Saint Nicholas, and Christkind are associated with bringing gifts to children during the Christmas season and have their own body of traditions and lore.

In conclusion, Christmas is a time of celebration, reflection, and connection. It brings people together across cultures and communities to share in the joy of giving, the warmth of family, and the spirit of kindness. Whether through religious observance, festive traditions, or simple acts of goodwill, Christmas serves as a reminder of the importance of love, compassion, and gratitude in our lives. The holiday's universal themes transcend borders, offering a chance for renewal and a deeper sense of unity during the winter season.

Christmas is an annual festival commemorating the birth of Jesus Christ, observed primarily on December 25 as a religious and cultural celebration among billions of people around the world. A liturgical feast central to Christianity, preparation for Christmas begins on the First Sunday of Advent and it is followed by Christmastide, which historically in the West lasts twelve days and culminates on Twelfth Night. Christmas Day is a public



# CAPTAINS & VICE CAPTAINS - DECEMBER

## CLASS 12J



SKANDHAN



ANANYA



POOJA



UPEK VINODDIYA



PARAM LAMDHADE



PARAKRAM RAJ

## CLASS 11A



FARAH AFSHEEN



MARYAM SAJID

## CLASS 11B



BILAL AHMED



DANIA AMIR JAFRI

## CLASS 11C



NIKITA KINGSLEY



KUMARANN



ROHAN REDDY



MOHAMMED HOZEFA



HANNAN PARVIN



YUSUF ATEEB

## CLASS 11F



ADITYA ULLAS NAIR



RYAN BABU TIBISH

## CLASS 11G



AFRAH RAFIQUE



MUNIRA

## CLASS 11H



MARYAM OMER



RAFA SYED



ANAKHA RAJEEV



STENWIL MENEZES



VEDA VARSHA



SHEHA NASAR

## CLASS 11K



DANIELLA R LOBO



VEDANT PRADEEP

## CLASS 10A



HANNAH LAKH



MOHAMMED AAZIM

## CLASS 10B



CHRISTO JOHN



FARUHA SYED



MOHAMED SAALIM



FATIMAH QAZI



AMEEN ABDUL



SHIBANI KARTHIKA

## CLASS 10E



DARIS BASHEER



SAMAD SAMI

## CLASS 10F



SHARON ANGEL



MOHAMED SHOAB

## CLASS 10G



ETHAN JOAQUIM



KHADIJA AKIL



ANN THERESA



AYRA



NILOY SARKAR



HATIM FIROZ KUTUB

## CLASS 9C



MOHNISH



AYESHA MOHAMMAD

## CLASS 9D



RAFIKA RASHID



MOHAMMAD TAIYAB

## CLASS 9E



ANN MARIA PHILIP



JEREMY GEORGE



ABDUL REHMAN



LINA BALARAJU



FATEMA HUSAIN



FADIL PANCHBHAYA

## CLASS 8B



SYED ABDUL



SAFA RAIHAN KHAN

## CLASS 8C



MATHEWS JOJO



MUFADAL MOHAMMED

## CLASS 8D



KANISHKA ARADHNA



OMAR BASHIR



ZAID NAEEM JULAY



POORNIMA SRIJITH



JOBIN JOSE



TANISHKA JAYA

## CLASS 8G



EVELIN



RICARDO

## CLASS 7A

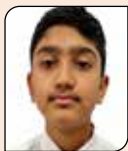


AARON VARGHESE



AREEBAH KHAN

## CLASS 7B



WASIL ALI KHAN



HARSHITH REDDY



YASIR FURQAN

## CLASS 7C



LAKSHYA PRAVEEN



ALEXIS FAITH

## CLASS 7D



EIRESH KUNTHAL



CLARISSA FERNANDES

## CLASS 7E



SAIRISHNA

## CLASS 7F



HARSHITHA ROBIN



RIONA MARIA JOSE

## CLASS 7G



RAENA ANNA ROY



CHIRAG ANIRUDHA

## CLASS 6A



ALPHONSA ANESH



ABDUL RAQEEB



# Embracing Innocence and Creativity: ICSK Senior Celebrates Children's Day with Enthusiasm



The Indian Community School, Senior celebrated Children's Day on Tuesday, 14th November 2024 with immense joy and enthusiasm, marking the birth anniversary of Pandit Jawaharlal Nehru, the first Prime Minister of India. Fondly known as Chacha Nehru, he was a visionary who believed in the power of nurturing young minds. On this special day dedicated to children, the school honored the innocence, creativity, and boundless potential that every child embodies.

The campus was alive with festive cheer, as students, dressed in vibrant attire, were warmly welcomed by the teaching faculty. The atmosphere was filled with excitement and energy as the teachers took center stage to present a cultural extravaganza for the students. The day was filled with a variety of engaging and carefully planned activities that brought joy and laughter to all.

The celebration began with an Islamic prayer recited by Mr. Qutubbudin from the Department of Commerce, followed by the school prayer, seeking the blessings of the Almighty. Mrs. Susan Rajesh, Vice Principal of ICSK Senior, paid homage to the nation by hoisting the Kuwait national flag, and Mr. Ali, Head of the Department of Arabic, led the flag salutation. This was followed by the Kuwait national anthem.

Mrs. Lakshmi from the Department of Physical Education inspired the students with a motivational message, while Mrs. Lubna, Head of the Department of French, introduced the 'Word of the Day' to enrich the students' vocabulary. Mrs. Shameena from the Department of Biology then led the Indian pledge. The ICSK news desk, comprising Mr. Jithin Thomas, HOD of Social Science and Elizabeth Thomas from the Department of Mass Media, provided updates on national, international, scientific, sports, and campus news.

A special moment followed when Mr. Prasad Nambiar, Head of the Department of English, dressed as Chacha Nehru, was warmly welcomed by the audience. In his

address, he shared a heartfelt anecdote, inspiring students to make wise use of knowledge and remain true to themselves. He emphasized the importance of discipline and encouraged the students to pursue their dreams with determination, live life to the fullest and spread happiness around the world.

A captivating skit presented by the teachers enthralled the audience. The skit highlighted themes of friendship, parental sacrifice, dedication to goals and the importance of discipline. The songs performed by the teachers further energized the students, filling the air with joy.

The day's highlight was the Fashion Show, where both teaching and non-teaching staff of ICSK donned traditional attire, captivating the students with their elegance, grace, and confidence. The children were overjoyed to see their teachers perform so beautifully for them.

A heartfelt message from Dr. V. Binumon, Principal and Senior Administrator of ICSK, was read aloud by Mrs. Susan Rajesh, Vice Principal of ICSK Senior. Dr. V. Binumon encouraged students to have faith in themselves and the power of their dreams. In her address, Mrs. Susan Rajesh, Vice



Principal of ICSK Senior, praised the efforts of the staff for putting together a memorable assembly for the students. She encouraged the students to embrace life with enthusiasm, remain focused on their goals, and uphold the values of discipline as a key to success.

The grand celebrations of Children's Day at ICSK Senior came to a close with the distribution of chocolates to each class, followed by a heartfelt rendition of the Indian national anthem.



# Navigating Future Careers: Young Pillars of The Indian Community School Explores Career Guidance Festival

CBSE, Lifology in collaboration with United Indian School, Kuwait hosted Career Guidance Festival at Aspire Indian International School, Kuwait on November 8, 2024. The event aimed to provide students with exposure to diverse career opportunities, insights into emerging trends and the chance to engage with industry experts. It was designed to empower students with knowledge and guidance for informed career decisions. Mr. Sanjay Kumar Muluka, Deputy Chief of Mission graced the occasion as the Chief Guest. 46 students of the Indian Community School, Kuwait escorted by the teachers attended the festival.

The program commenced with recitation of verses from the holy Quran followed by the Kuwait National Anthem. The welcome address was delivered by Mr. Radhakrishnan C., Principal of United Indian School, followed by a cultural welcome dance. A ceremonial lighting of the lamp was led by dignitaries.

Dr. Biswajit Saha, CBSE Director (Training & Skill Education), introduced the event's theme, setting the tone for the day. Dr. Tessy Thomas, a keynote speaker, captivated the audience with her presentation, "The Magic of Science: How Curiosity Shapes the Future.

Dr. Tessy Thomas shared her inspiring

journey, including her collaboration with Dr. APJ Abdul Kalam and her role in the Agni-IV rocket project. She emphasized resilience, problem-solving, and the transformative role of nanotechnology in modern careers. Dr. Thomas also encouraged bridging generational gaps for a harmonious work environment.

Mr. Rahul J Nair shed light on the concept of meaningful careers, the evolving impact of AI, and the importance of aligning career choices with personal fulfillment. Mr. Rahul Eashwar, using reverse psychology, highlighted common pitfalls to avoid during teenage years and emphasized the role of skills in achieving success.

A significant highlight of the event was the career stalls set up by Aspire Indian International School. These stalls offered students and teachers the opportunity to

explore various career paths, engage with experts and seek advice tailored to their interests.

The students of ICSK actively participated in the event. They explored robotics displays organized by Lifology, showcasing the career potential in this field. Their enthusiastic involvement in the question - answer session highlighted their engagement and curiosity. The event succeeded in offering both inspiration and practical career insights.

The Career Guidance Festival was a resounding success, equipping students with valuable knowledge and resources for future planning. By fostering curiosity, engagement, and skill development, the event laid the foundation for well-informed and confident career choices among students.



			2	6		7		1
6	8			7			9	
1	9				4	5		
8	2		1				4	
		4	6		2	9		
	5				3		2	8
		9	3				7	4
	4			5			3	6
7		3		1	8			

## SUDOKU FOR THE MONTH OF DECEMBER

### HOW TO PLAY

Fill in the 9x9 square grid with the numbers one to nine. The numbers should be arranged in such a way that each row column and mini grid contains one of each number. The solution is given below.

4	3	5	2	6	9	7	8	1
6	8	2	5	7	1	4	9	3
1	9	7	8	3	4	5	6	2
8	2	6	1	9	5	3	4	7
3	7	4	6	8	2	9	1	5
9	5	1	7	4	3	6	2	8
5	1	9	3	2	6	8	7	4
2	4	8	9	5	7	1	3	6
7	6	3	4	1	8	2	5	9



# REPORT ON CONSTITUTION DAY CELEBRATION



The Indian Community School Senior celebrated 74th Indian Constitution Day, also known as 'Samvidhan Divas' on 26th November, 2024, with great enthusiasm and reverence. This significant occasion marks the day in 1949 when the Constituent Assembly of India formally adopted the Constitution, laying the foundation for the world's largest democracy. The celebration at ICSK aimed to raise awareness among students about the importance of the Constitution and its core values. The events were designed to deepen students' understanding of the Constitution's role in shaping India's legal, social and political framework.

The day began with a solemn assembly in which the students gathered to reflect on the historical significance of this day. Mr. Jithin Thomas, HOD of Social Science addressed the assembly. He highlighted the pivotal role played by Dr. B.R. Ambedkar, along with

other eminent leaders, in the drafting of the Indian Constitution. He elaborated on how the Constitution has been a guiding light for the nation's growth and governance, emphasizing its enduring values of justice, liberty, equality, and fraternity.

Miss Diya Shenoy, a student of Class 9D, presented a brief yet insightful segment on the '6 Amazing Facts about the Indian Constitution'. Her presentation captivated the audience as she shared lesser-known yet fascinating aspects of the Constitution.

The highlight of the day was the Preamble Reading Ceremony. In a moving and solemn moment, students from various classes took turns reading out different sections of the Indian Constitution's Preamble. As each student read, they reflected on the significance of the words: "We, the people of India". The collective reading symbolized the unity and diversity

of India, reinforcing the responsibility that each citizen holds in safeguarding the Constitution's values.

The celebration of Indian Constitution Day at the Indian Community School was a resounding success, serving as an enriching educational experience for all participants. The event not only helped students understand the historical and legal importance of the Indian Constitution but also inspired them to internalize its values and apply them in their everyday lives.

The celebration instilled a sense of pride in the students as future custodians of India's democratic values, reminding them of the immense responsibility that comes with upholding the Constitution's principles in a rapidly evolving world.

## Triumphant Victory at Gulf Indian School Competition



On the 13th of November, our school proudly participated in the prestigious competition organized by the Gulf Indian School. The event saw enthusiastic participation from 12 Indian schools across the region, showcasing a wide array of talents and creativity.

Our students delivered an exceptional performance, securing top honors in two key categories:

In the Poster Making competition, our talented students Logamithra Kumar (8A) and Uthara Vipin (8A) demonstrated their artistic flair and creativity. Their outstanding efforts earned them the First Position, showcasing the high level of skill and dedication our students possess.

In the Power Point presentation competition, our team consisting of Aaron Shiju George (9B) and Abhijay

Penikalapati (9C) presented an engaging and well-researched topic. Their excellent presentation skills and teamwork led them to secure the Second Position, adding yet another feather to our school's cap.

The competition was a fantastic opportunity for our students to showcase their talents, creativity, and hard work among their peers from other Indian schools. We are immensely proud of their achievements and look forward to many more such successes in the future.

Our heartfelt congratulations to all the participants for their dedication and efforts, and to the winning teams for bringing glory to our school!

# The Evolution of Travel: Embracing Technology and Sustainable Choices



Travel has always been an integral part of human experience, but in recent years, it has undergone a significant transformation. Technological advancements and a growing awareness of environmental impact have reshaped how we explore the world. From the way we plan our trips to how we experience destinations, here's a look at the evolution of travel and the trends shaping the future of exploration.

## The Digital Revolution: From Paper Maps to Apps

Gone are the days of relying on paper maps and travel brochures. The digital age has revolutionized how we plan and navigate our travels. Travel apps and online platforms have made it easier than ever to book flights, accommodations, and activities. Services like Google Maps and TripAdvisor offer real-time navigation and reviews, ensuring travelers can find their way and make informed decisions.

Social media has also played a significant role in shaping travel trends. Platforms like Instagram and Pinterest provide endless inspiration for destinations, accommodations, and experiences. Influencers and travel bloggers share

personal stories and tips, helping travelers discover new places and make choices based on real-life experiences.

## Personalized Travel Experiences

The rise of big data and artificial intelligence has led to a more personalized travel experience. Companies are now able to analyze user preferences and past behaviors to offer tailored recommendations. For instance, algorithms can suggest destinations, activities, and even restaurants based on your previous travels and interests.

Customizable travel itineraries and personalized customer service have become the norm, allowing travelers to create unique experiences that match their preferences. Whether you're interested in luxury travel, adventure, or cultural exploration, technology can help tailor your trip to your desires.

## Sustainable Travel: Making a Positive Impact

As awareness of environmental issues grows, sustainable travel has become a significant trend. Travelers are increasingly looking for ways to reduce their carbon footprint and support eco-friendly

practices. This shift is driving change across the industry, with more destinations and businesses adopting sustainable practices.



BHAGYALAKSHMI LAL  
- 8F

Eco-friendly accommodations, such as green hotels and eco-lodges, are becoming more popular. These establishments often use renewable energy, minimize waste, and support local communities. Additionally, many travelers are choosing to explore destinations closer to home to reduce their travel emissions.

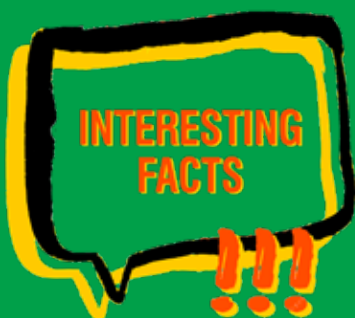
Responsible tourism also includes supporting local businesses and respecting cultural traditions. Travelers are encouraged to engage with local communities in a way that benefits them economically and culturally, rather than contributing to over-tourism and exploitation.

## Challenges and Opportunities

Despite these advancements, the travel industry faces challenges, including the need to address over-tourism and its impact on popular destinations. Balancing technological convenience with sustainable practices will be crucial in ensuring that travel remains enjoyable and responsible.

Additionally, the industry must adapt to changing health and safety considerations, as seen during the COVID-19 pandemic. Enhanced hygiene measures, flexible booking policies, and health protocols are now essential aspects of travel planning.

As we embrace these changes, we have the opportunity to explore the world in ways that are both innovative and mindful of our impact on the planet. Whether you're a seasoned traveler or just starting to plan your next adventure, the journey ahead is bound to be exciting and full of possibilities.



1. About 75% of the human brain is made of water.
2. Sharks do not have any bones.
3. Caterpillars have 12 eyes.
4. An octopus has 9 brains.
5. All babies are born with blue eyes.
6. Fish cough.
7. Glass balls bounce higher than rubber balls.
8. Crabs taste food with their feet.



# A JOURNEY OF LEARNING AND DISCOVERY

Mark Twain famously said, "One must travel to learn." This sentiment came alive for the students of ICSK Senior as they embarked on enriching educational tours to Dubai, France and Spain, and the USA. These journeys blended adventure, cultural exploration, and valuable learning experiences, leaving lasting impressions on every participant.

The first adventure took a group of 40 students and 4 teachers to Dubai on the Edu-Fly Voyage. The trip began on the morning of 7th November 2024, with an early departure from ICSK Senior to Kuwait International Airport. After a brief 2.5-hour flight, the group landed in Dubai, ready to explore its iconic landmarks. The students were captivated by the Dubai City Tour, which showcased the city's modernity and heritage. The Dhow Cruise provided a serene evening with a delightful dinner and breathtaking views of the illuminated skyline. The Dubai Frame offered a perfect blend of the city's past and future, while the Burj Khalifa astounded everyone with panoramic views from its 124th floor. The excitement continued with visits to the Dubai Aquarium and Underwater Zoo, a spectacular underwater experience, and the Dolphin Show, where dolphins and seals amazed the audience. The adventure reached its peak with a thrilling Desert Safari, complete with dune bashing, camel rides, and a BBQ dinner under the stars. After three days of discovery and excitement, the group returned to Kuwait on 10th November, cherishing the memories of a lifetime.

The second journey was to Europe, exploring the cultural and historical marvels of France and Spain. The tour began in Paris, where students experienced the majesty of the Eiffel Tower, marveling at its beauty and the views from its summit. A visit to the Louvre Museum brought history and art to life, with masterpieces like the Mona Lisa leaving everyone in awe. The magical world of Disneyland Paris added a dose of thrill and joy to the experience. The trip then moved to Spain, where the students were enchanted by the natural beauty of Montserrat, a mountain retreat offering stunning views. They admired the architectural brilliance of the Sagrada Familia, a masterpiece by Antoni Gaudí, and for football enthusiasts, the visit to Camp Nou was a dream come true. The European tour was an extraordinary mix of culture, history, and art, offering students an unforgettable learning experience.

The final expedition took students across the Atlantic to the United States of America, offering an extraordinary opportunity to explore innovation, history, and natural wonders. On 5th November 2024, the group embarked on this journey, starting with the vibrant city of New York. They visited the Statue of Liberty, a symbol of freedom and hope, and the UN Headquarters, gaining insights into global diplomacy. The bustling energy of Times Square left the students amazed as they took in its dazzling lights and urban charm.

The next stop was Washington, D.C., where the group explored the Smithsonian Air and Space Museum, discovering milestones in aviation and space exploration. From there, they traveled to the breathtaking Niagara Falls, experiencing its majestic power up close through the Cave of the Winds, a highlight of the tour.

A visit to Orlando brought the students to NASA's Kennedy Space Center, where they engaged in the Astronaut Training Experience. Here, they solved real-life challenges faced by astronauts, conducted spacewalks in simulated microgravity, and explored Mars through virtual reality simulations. Interacting with veteran astronauts and exploring exhibits made the

experience deeply inspiring. The group also spent a day at Universal Studios, enjoying thrilling rides like the Transformers 3D and exploring the magical Islands of Adventure, where superheroes and mythical creatures came to life.

The tour concluded in Miami, where students reflected on their incredible journey. On 15th November, the group returned to Kuwait, carrying with them not only souvenirs but also a treasure trove of knowledge and cherished memories.

These trips were more than just sightseeing; they were a gateway to understanding the world's diversity, history, and innovation. Each destination offered the students of ICSK Senior an invaluable educational experience, leaving an indelible mark on their minds and hearts.



# CHARITY CONVENERS - DECEMBER



SAMUEL DERRICK  
12 J



AHMED UDDIN  
12 K



THARUSHA  
-12L



SNIGDH MANOJKUMAR  
11 A



LIZ MARY MATHEW  
11 B



ZAHARA NADEEM  
11 C



SAMEEHA SHEFFIK  
11 D



FATHIMA ABDUL  
SAMADH - 11 E



SANKAR SURAJ  
11 F



ZAINAB HUSNA  
- 11 G



PAVAN BINCE  
11 H



SANJANA JOGENENI  
11 I



SYED ABDUL  
KAREEM - 11 J



ZAINAB MIYAJI  
11 K



MIRIAM ALPHONSA  
GEORGE - 10 A



DARSHANI PANGASA-  
RAJAH - 10 B



LOVIS LIZA POTHAN  
10 C



MUHAMMED ZOHAIR  
KHAN - 10 D



SUDHANVA  
10 E



MOHAMMED  
SHAMMAS - 10 F



SHAIKH FARHAN  
10 G



MOHAMMED AIMAN  
9 A



SHAMEEN SAFIYA  
9 B



AFIA SHAIKH  
9 C



JANVI SEKHRI  
9 D



RIZWANA  
9 E



LEVI VARKEY  
GEORGE - 9 F



DANIYAAL SALMAN  
BHARMAL - 8 A



ANN BINISH KAVI-  
KUNNEL - 8 B



AFTAB ASIF KOTH  
8 C



SHIVASHANKAR  
VALIYA VEEDU - 8 D



SUDHEV SUDHI  
8 E



RISHON ARANHA  
8 F



RICARDO DEV  
8 G



RYLAN D'SOUZA  
7 A



SWEEDAL MENDON-  
CA - 7 B



VARNIKA PRABU  
PRABU - 7 C



RUBEN MATHEW  
7 D



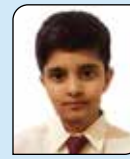
PRANAVAN SIVAKU-  
MAR - 7 E



MEGHNA NATHANIA  
- 7 F



RAENA ANNA ROY  
7 G



SAMRUDH RAI  
6 A

## "Epiguiz"



- Which European country has the highest number of active volcanoes?
- Which country became the 31st member of NATO in 2023?
- Who wrote the postmodern classic Gravity's Rainbow?
- Who won the Man Booker Prize in 2022 for the novel The Seven Moons of Maali Almeida?
- In what year did the Roman Empire officially fall after the sack of Rome?
- What is the name of the process by which DNA is copied to RNA during transcription?

- What does the term "Moore's Law" refer to in the field of computing?
- Who is the President of Ukraine (as of 2024), leading the country during the ongoing conflict with Russia?
- What is the title of the unfinished novel by Franz Kafka that was published posthumously, dealing with the protagonist's trial in a nightmarish bureaucratic system?
- What is the name of the largest known structure in the universe, a vast galaxy supercluster complex?

- Italy
- Finland
- Thomas Pynchon.
- Shehan Karunatilaka.
- 476 AD.
- RNA polymerase transcription.
- The observation that the number of transistors on a microchip doubles approximately every two years, increasing computing power.
- Volodymyr Zelenskyy.
- The Trial.
- The Hercules-Corona Borealis Great Wall.



# “Rising Together: A Celebration of Talent and Triumph”



The General Assembly hosted by Classes 11E and 11F was a splendid and well-executed event, reflecting the dedication and enthusiasm of the students and teachers involved. The session commenced with the soulful Islamic Prayer, setting a spiritual tone, followed by the serene School Prayer, which instilled a sense of unity and positivity. A new Word of the Day was introduced, enhancing the students' vocabulary, and an inspirational Quote was shared, leaving the audience with a thoughtful message for the day. The News Update segment offered a concise yet comprehensive overview of current affairs, keeping the gathering well-informed.

The event seamlessly transitioned into the much-awaited Cultural Programs, where the immense talent of students from Classes 11E and 11F was on full display. A vibrant Band Performance kicked off the segment, with students showcasing their musical skills through an electrifying mix of instrumental and vocal harmonies that captivated the audience. This was followed by a mesmerizing Dance Performance, blending traditional and modern styles, leaving everyone in awe of the precision and passion exhibited on stage. Adding a touch of flair and creativity, the assembly also featured a dazzling Fashion Show, where students confidently displayed culturally diverse and innovative attire, celebrating individuality and heritage. These cultural performances not only entertained but also inspired, highlighting the importance of



artistic expression and teamwork.

Our respected Principal, Dr. V. Binumon, addressed the gathering with motivating words, encouraging students to excel in academics, extracurricular activities, and personal growth. His speech underscored the values of discipline, perseverance, and collaboration.

The assembly also celebrated the achievements of students through awards and recognitions. The Best Class Award for November 2024 was announced, with VII F (Teacher In-Charge: Mrs. Stella Gama) securing the top spot in Category 1 with 102 points, X D (Teacher In-Charge: Mrs. Soumya Vipin) excelling in Category 2 with 88 points, and XI E (Teacher In-Charge: Mr. Sundaresh) claiming the lead in Category 3 with an impressive 112.78 points.



Additionally, the Goodwill Ambassadors for the month were recognized for their exemplary leadership in fundraising efforts. Aftab Asif Koth from Class VIII C raised KD 23,240 and was named the Secondary Level Goodwill Ambassador, while Fathima Abdul Samadh from Class XI E collected KD 22,580, earning her the Senior Secondary title.

The session concluded on a joyful note with the Birthday Announcements, which brought cheer to the day's celebrants. Finally, the assembly ended patriotically with the singing of the Indian National Anthem.

The event was a perfect blend of inspiration, celebration, and entertainment, leaving a lasting impression on all present and making it a memorable start to the day.





# EPITOME OF SUCCESS **MARY KOM:** THE MAGNIFICENT QUEEN OF BOXING



Mary Kom, often referred to as Magnificent Mary, is one of the greatest boxers in the world and a trailblazer for Indian sportswomen. Her story is a saga of perseverance, grit, and relentless pursuit of excellence, making her an inspiration to millions.

Mangte Chungneijang Mary Kom was born on November 24, 1982, in Kangathei, a small village in Manipur, India. She grew up in a humble family, with her parents working as tenant farmers. Despite financial struggles, her parents supported Mary's aspirations. From a young age, she showed an affinity for sports, excelling in athletics before transitioning to boxing.

Mary's inspiration to take up boxing came from the legendary Dingko Singh, who brought India glory in boxing at the 1998 Asian Games. At the age of 15, Mary began her boxing journey under the guidance of coach K. Kosana Meitei. She later trained at the Sports Authority of India in Imphal,

where she refined her skills.

Mary Kom's boxing career skyrocketed when she won her first major gold medal at the Women's World Boxing Championship in 2002 in Antalya, Turkey, in the 45 kg category. This victory was just the beginning of a series of remarkable achievements. Over the years, she cemented her status as a dominant force in women's boxing by winning the World Championship title six times, a feat unmatched by any other boxer, male or female.

Mary Kom's crowning achievement came at the 2012 London Olympics, where women's boxing was introduced for the first time. Competing in the flyweight (51 kg) category, she clinched a bronze medal, becoming the first Indian woman boxer to win an Olympic medal. Her performance at the Olympics earned her widespread recognition and further established her legacy.

To recognize her contributions to Indian sports, Mary Kom has received numerous awards, including:

- Padma Bhushan (2013): India's third-highest civilian award.
- Padma Shri (2006): India's fourth-highest civilian award.
- Rajiv Gandhi Khel Ratna Award (2009): India's highest sporting honor.
- Arjuna Award (2003): For her outstanding achievements in sports.

Mary Kom is married to Onler Kom, who has been a pillar of support throughout her career. The couple has three sons and twin daughters. Despite her demanding career, Mary balances her personal and professional life with grace, often serving as a role model for working mothers.



HAIFA KHADEEJA  
HILAL - 9E

Mary Kom's impact extends beyond the boxing ring. She has been an advocate for women's empowerment and has inspired countless young girls to pursue their dreams. In 2017, she was appointed a member of the Rajya Sabha, India's upper house of Parliament, where she champions issues related to sports and women's rights.

Mary also runs the Mary Kom Regional Boxing Foundation in Manipur, aimed at nurturing young talent and promoting boxing in India. Her autobiography, *Unbreakable* (2013), offers a glimpse into her struggles, triumphs, and unwavering determination.

Mary Kom is a symbol of resilience and determination. Her journey from a small village in Manipur to the global boxing stage is a testament to her indomitable spirit. With an unparalleled career and an enduring legacy, she continues to inspire generations to dream big and work tirelessly to achieve greatness.

## BIRTHDAY BOOK DONATION DRIVE



Dania Amir Jafri



Emily Liza Sunley



Ms. G.K. Maini



Ms. Stella Gama



Nynieshia Elizabeth Alex



Derena Denis



# BEST STUDENT - NOVEMBER



MEHUL  
12J



HARI KRISHNA  
-12K



SYEDA AMEERAH  
-12L



MERIN ROSE  
11A



ARISHA MOHAMED  
11B



AASHITA UPADHYAY  
11C



DANNY RAVEENDRAN  
11D



ALVINA ANTONY  
11E



MADHAV J  
11F



NELISHA DSOUZA  
11G



JANANI VINOD  
11H



QUSAI MOIZ ALI  
11I



TANVI PARASHAR  
11J



RIYOLA MENDONCA  
11K



CHELSEA CRASTA  
10A



AASHNA RAM  
10B



RUBY SUSAN SONY  
10C



MURTAZA JOHAR  
10D



RUDRA NARAYAN  
10E



DEWANG SANJAY  
10F



VISHNU  
10G



KADHIJA  
9A



LAKSHITHA CHITHY  
9B



MELISSA TREASA  
9C



JIA SUSAN JOHN  
9D



CALLISTA DARAH  
9E



FATHIMA ZAHARAA  
9F



REHAAN SALMAN  
8A



JOLYAN REBELO  
8B



NATANIA MARY  
8C



AFIFAH IRFAN  
8D



ALI ASGAR  
8E



RAYYAN SHIHAB  
8F



MANAV  
8G



JUNED RABBANI  
7A



RAMZIA  
7B



JASMINE JAMAL  
7C



JOSHUA JOHN  
7D



GOWRI VIPIN  
7E



-RASIKA NAIK  
7F



RYAN REJI THOMAS  
7G



NAYTHAN MODI  
6A

## The Fascinating World of Seahorses



Seahorses are fascinating marine creatures known for their horse-like heads, curled tails, and vibrant colors. Belonging to the genus *Hippocampus* - from the Greek words "hippos" (horse) and "kampos" (sea monster) - there are over 40 species, ranging from a few centimeters to 35 cm in size. Instead of scales, seahorses have

bony plates and use their prehensile tails to anchor themselves to seaweed or coral in turbulent waters.

One of their most unique traits is that male seahorses carry eggs in a pouch and give birth to dozens or even thousands of baby seahorses. They feed by sucking

in tiny prey through their snouts and rely on their independently moving eyes to spot food and predators simultaneously.



REYAN JOE  
-8C

Seahorses live in tropical and temperate waters, thriving in coral reefs, mangroves, and seagrass beds. Their ability to camouflage by changing color helps them evade predators, compensating for their slow swimming. However, habitat loss, pollution, and overfishing have endangered many species. Conservation programs aim to protect these delicate creatures through marine protected areas and sustainable practices.

Seahorses have been symbols of strength and patience for centuries, appearing in art and mythology. Today, they inspire efforts to preserve the beauty and diversity of marine life.

## ICSK Senior Afternoon Session Celebrates Children's Day with Joy and Enthusiasm

Indian Community School Senior Afternoon session teaching fraternity marked Children's Day on November 14th, 2024, with a vibrant celebration honoring the legacy of Pandit Jawaharlal Nehru. The campus was transformed into a festive arena, filled with laughter, creativity, and a sense of community – all for the edification and entertainment of their beloved student community.

The day commenced with a series of patriotic rituals: the recitation of Islamic and school prayers, flag hoisting, and the singing of national anthems. Motivational messages, vocabulary enrichment activities, and news updates further enriched the program.

A highlight of the event was the captivating performance by the very talented teachers, who presented a skit, mime, and songs, emphasizing values like friendship, discipline, and goal-oriented thinking.

Mr. Prasad Nambiar, Head of the English Department, dressed as the former prime minister of India, Mr. Jawaharlal Nehru, delivered an inspiring speech, encouraging students to dream big, work hard, and to believe in the beauty of their dreams.



Vice Principal Mrs. Susan Rajesh and Deputy Vice Principal Ms. Mini Shaji, commended the staff's efforts and urged students to embrace life with enthusiasm, focus on their goals, and uphold the value of discipline as discipline is the bridge

between goals and accomplishments.

The celebration concluded with the distribution of chocolates and the singing of the Indian national anthem, leaving a lasting impression on the young minds.

## Alan Shawn Ryan Santosh Shines in Badminton Tournaments



Alan Shawn Ryan Santosh, a promising student of Class 9D at the Indian Community School (Senior), has showcased his exceptional badminton skills by securing remarkable achievements in multiple prestigious tournaments this year.

In September 2024, Alan demonstrated his prowess at the GCC Open Badminton Tournament held in the Kingdom of Saudi Arabia. Competing in the Under-15 Boys Doubles category, he clinched the championship title, making his mark among the region's top players.

Continuing his winning streak, Alan once again emerged as a winner in the Under-17 Boys Doubles category in another tournament held in Saudi Arabia in November 2024. His determination

and skill shone through as he competed against highly skilled opponents.

Adding to his list of accolades, Alan participated in the IBAK Interschool Badminton Tournament held in December 2024. He achieved runners-up positions in both the Under-15 Boys Singles and Doubles categories, showcasing his versatility and consistent performance on the court.

Alan's achievements have brought immense pride to the ICSK community, inspiring his peers and highlighting the school's dedication to nurturing sports talent. Congratulations to Alan Shawn Ryan Santosh for his outstanding accomplishments, and best wishes for his future endeavors!



# ICSK-IK Higher Education Fair 2024 - Bridging Students with Global Opportunities



The Indian Community School, Senior, warmly welcomed dignitaries, staff, parents, and students to the highly anticipated Higher Education Fair 2024, organized by The Indian Community School, Kuwait in collaboration with Indians in Kuwait, on 6th and 7th December, 2024. The sixth edition of the event offered the Indian students in Kuwait an exceptional opportunity to explore affordable higher education options and directly engage with representatives from esteemed universities and colleges both in India and abroad. The fair significantly expanded students' academic perspectives, presenting them with a wide array of educational possibilities.

The grand event was graced by the esteemed presence of the Chief Guest, H.E. Noshrevan Lomtadize, the Ambassador of Georgia to the State of Kuwait, whose participation elevated the occasion. Among the dignitaries were Mr. Sajith Thomas, Career Counsellor & Educational Expert, Dr. T. P. Sethumadhavan, Career Consultant Director, Mr. Shaikh Abdul Rahiman, Hon. Chairman to the Board of Trustees, Mr. Vinukumar Nair, Hon. Vice Chairman to the Board of Trustees, Mr. Sunoj Nambiar, Founder and Director of IIK, Mr. Wilson D'Souza, Director Marketing of IIK, Mr. George Mathew, Director Finance of IIK, Father James Tuscano, Principal of Indian English Academy School, Mr. Anoop Kumar, Principal of New Gulf Indian School, Dr. V. Binumon, Principal and Senior Administrator of ICSK Senior, Mr. Rajesh Nair, Principal of ICSK Amman, Mrs. Sherly Dennis, Director of Indian School of Excellence and Mrs. Sheeja C., Principal of ICSK Junior.

The ICSK - IIK Higher Education Fair was officially inaugurated by the Chief Guest, H.E. Noshrevan Lomtadize, who unveiled the official logo of the ICSK-IK Higher Education Fair. The event's commencement was celebrated with sweet treats shared by the dignitaries and the ICSK family. Mr. Shaik Abdul Rahiman, Honorary Chairman to the Board of Trustees presented a memento, a token of gratitude and appreciation to the honorable Chief Guest, H.E. Noshrevan

Lomtadize. Following the opening ceremony, the dignitaries explored the Expo, which served as a vibrant platform for connecting students and parents with leading universities and colleges from around the world.

The Higher Education Fair featured a four-part program: the Career Mapped Aptitude Test, Personalized Career Counselling Sessions, Career Talk Sessions, and the University Expo. The Career Mapped Aptitude Test, conducted by Mr. Sajith Thomas, a renowned Career Counsellor & Educational Expert attracted hundreds of students and provided valuable insights into their interests, strengths, and skills. The results were followed by one-on-one personalized Career Counselling Sessions with both students and parents, ensuring that each participant received tailored advice based on their unique profiles.

The University Expo, one of the main highlights of the fair, featured 45 prestigious Business Schools, Medical and Engineering Colleges, Tourism Management Institutions, and Universities from both India and abroad. This event allowed students and parents to meet directly with university representatives, gaining firsthand knowledge about various academic programs, admission procedures, eligibility criteria, scholarships, student life, and more. The Expo provided a crucial opportunity for attendees to gain clarity on various study programs and plan their academic journeys accordingly.

In addition, five informative Career Talk Sessions were conducted specifically for students in grades 9 to 12. These

sessions witnessed a sea of participation, with over thousands of students and parents attending the seminar. Dr. T. P. Sethumadhavan, a distinguished Career Consultant Director, led the sessions, addressing a wide range of topics related to career planning, application strategies, and emerging trends across industries. The sessions also featured engaging question-and-answer interactions, where students had the chance to address their doubts and gain insights into various career options, further enhancing their understanding of the opportunities available to them.

Students expressed their appreciation for the variety of institutions and the quality of information provided, which greatly aided them in making informed educational decisions. Positive feedback highlighted the success of the fair in clarifying the complexities of higher education.

The ICSK-IK Higher Education Fair 2024 proved to be a one-stop destination for students and parents to seek guidance on career choices and academic opportunities. It was an event that not only identified the potential of young minds but also offered personalized counselling to steer them in the right direction. By bringing together top educational institutions and providing expert career guidance, the fair played a crucial role in shaping students' perceptions of higher education and inspiring them to pursue their dreams. The event successfully bridged the gap between students and higher education institutions, making it a resounding success and an essential stepping stone toward a bright academic future.



# Birthday Arcade - DECEMBER



HAMZA MOHD  
8F - DEC 1



HESSA MARYAM  
8F - DEC 1



ABDULLAH QUADRI  
10E - DEC 1



SASWAT SATAPATHY  
12D - DEC 1



TAHA KHUZEMA  
12G - DEC 1



JAMILA SHAMOON  
12I - DEC 1



JOEL ABRAHAM  
11K - DEC 1



CATHERINE VINOY  
8 B - DEC 2



ARPITA RACHAEL  
12 B - DEC 2



AYAN JUNAID  
11 I - DEC 2



ZAHID HASSAN  
12 L - DEC 2



MALLIKALAKSHMI  
7 F - DEC 3



HADI ZIDAN ALI T.P  
9 B - DEC 3



RIZWANA  
9 E - DEC 3



OBEID JACOB JOHN  
10 A - DEC 3



NIKHIL SUNIL  
11 C - DEC 3



GEORGE SJO  
8 F - DEC 4



WASIYA SULTANA  
12 B - DEC 4



MAAZ MUBIN  
12 C - DEC 4



KARTHIK NANDAN  
12 D - DEC 4



OM MUKHARJI  
12 H - DEC 4



SHAIK MOHAMMED  
11 J - DEC 4



DANIA AMIR JAFRI  
11 B - DEC 5



SYED FAISAL  
11 D - DEC 5



SAI SAANVI ROKKAM  
11 D - DEC 5



JITHU BABU  
12 J - DEC 5



JOANA SARA SHYJU  
7 D - DEC 6



ROOPAN RATHISH  
10 C - DEC 6



ADYAN SAFDAR  
8 G - DEC 6



ABDULLA KASAM  
10 G - DEC 6



ABIGAIL RODRIGUES  
11 J - DEC 6



AISHA KADIRI  
8 B - DEC 7



SERENA DAISY  
10 B - DEC 7



ANN NIYA JOSE  
12 I - DEC 7



YUSRA ABDULRAHMAN  
11 K - DEC 7



RANA MAHAMUD  
12 L - DEC 7



MADHAV MANU  
7 B - DEC 8



DION SONY CHACKO  
8 A - DEC 8



BURHANUDDIN ALI  
9 E - DEC 8



SYED ALMAAN  
10 C - DEC 8



DHIMA SHICHU  
11 B - DEC 8



DHIYA SHICHU  
11 B - DEC 8



AHMAD SULTAN  
11 G - DEC 8



MOHAMMAD SULTAN  
11 G - DEC 8



SHRUTHIKA SIVA  
12 D - DEC 8



GLEN GEORGE  
8 A - DEC 9



NABA RAFI  
8 A - DEC 9



ZAHRA  
8 F - DEC 9



KARTHIKEYA  
9 A - DEC 9



SHARON ELZA  
12 H - DEC 9



INSIYA SOJITRAWALA  
7 A - DEC 10



SHRUTHIKA SUBBU  
9 A - DEC 10



JYOTHI SHRIVANTHI  
9 C - DEC 10



SARAH SHAIKH  
11 A - DEC 10



MOHAMAD NIFLAN  
10 G - DEC 10



BATUL JABIR HUSAIN  
11 J - DEC 10



MOHAMMAD KAIF  
12 K - DEC 10



SAKINA SANJELI  
8 D - DEC 11



NANDITHA NAIR  
9 A - DEC 11



PRINCY RIMA  
10 F - DEC 11



VIVAAN VIRAJ  
7 B - DEC 12



CHRISTEN BINOSH  
8 B - DEC 12



VRISHYA AMIT  
10 D - DEC 12



DERENA DENIS  
11 A - DEC 12



RUTH CLARA  
11 I - DEC 12



ABBAS BURHAN  
7 D - DEC 13



FAIHA FATHIMA  
10 B - DEC 14



MARIYA  
11 G - DEC 14



VISHAL VIDURA  
12 L - DEC 14



AASIM HASHMAT ALI  
8 F - DEC 15



KHALID FAYYAZ  
10 B - DEC 15



MUHAMMED IRFAN  
7 D - DEC 16



SAMINA MUNAVVER  
10 A - DEC 16



SARRA MUSTUFA  
10 C - DEC 16



MOHAMMAD FOUAD  
10 D - DEC 16



KUPPALA RAMYA  
12 K - DEC 16



LOHITHA SAI BARMA  
8 C - DEC 17



TAIKHUM  
8 D - DEC 17



NABEEHA MOHAMED  
9 C - DEC 17



ZAINAB FAKHRUDDIN  
10 A - DEC 17



HIBA AHMED  
11 A - DEC 17



NAMITA MARIA  
11 C - DEC 17



ARJUN JAYAN JAYAN  
7 G - DEC 17



MUHMED FAHIM  
11 J - DEC 17



AHEED ALI ANSARI  
11 K - DEC 17



ARIHANT SOBTI  
8 D - DEC 18



IDRIS MAZAHIR  
11 G - DEC 18



RISHON ARANHA  
8 F - DEC 19



UMANG SAINI  
9 E - DEC 19



JEFFRIN JACOB  
11 H - DEC 19





ABBAS YUSUF  
12 G - DEC 19



CHAHNA MUKULA  
12 I - DEC 19



NAYTHAN MODI  
6 A - DEC 20



GANGA PRIYESH  
7 A - DEC 20



MATHEW THOMAS  
7 C - DEC 20



FATIMA SOHEB KAZI  
8 D - DEC 20



NAGASAI ROSHAN  
8 D - DEC 20



NAKSHATRA NISHAD  
10 A - DEC 20



BERYL CHACKO BIJI  
11 A - DEC 20



YUSUF ATEEB  
11 E - DEC 20



SARAH ANN THOMAS  
11 H - DEC 20



ABRAHAM RUEBEN  
12 I - DEC 20



MOHAMMAD OMAR  
12 J - DEC 20



MOHAMMED SINAN S  
8 B - DEC 21



ROAN RIJO RAPHAEL  
11 G - DEC 21



EVELIN BERNICE  
12 B - DEC 21



ADEN ANDRADE  
12 G - DEC 21



SAKINA TAHERI  
9 F - DEC 21



GODLY VARGHESE  
11 K - DEC 21



KAYVAN RAJESH  
9 B - DEC 22



AFIYA HASAN  
11 E - DEC 22



ROHIT RAJ KANATTU  
11 F - DEC 22



HANIA KAUR SAHNI  
10 D - DEC 23



ROSHIL REJI  
11 D - DEC 23



SHABBI BURHANI  
11 G - DEC 23



RAYYAN SHADAB  
G - DEC 23



RUCHIRA REDDY  
11 J - DEC 23



RUKAIYA HAKIMUD  
6 A - DEC 24



MOHAMMAD ATHAR  
12 D - DEC 24



SABA KHALID KHAN  
12 L - DEC 24



FATIMA NAHAR  
11 H - DEC 25



RYHAAN AZIZ  
12 A - DEC 25



MOHAMMED SHAFE  
11 J - DEC 25



PASQUINA SKYRACH  
11 J - DEC 25



DANIEL SANJU PAUL  
7 E - DEC 26



EIRENE ALPHONS  
11 C - DEC 26



EMMANUEL JENS  
11 D - DEC 26



ATIF BASHIR DADAN  
12 C - DEC 26



JANVI RAJESH  
12 D - DEC 26



ABBAS GANGARD  
6 A - DEC 27



NILOY - SARKAR  
9 B - DEC 27



ANN MARIA PHILIP  
9 E - DEC 27



ADHUN PALACKAL  
11 E - DEC 27



ISRAA IBRAHIM  
12 B - DEC 27



HAAJRA ABDUL AZIZ  
12 G - DEC 27



ALIYA KAZI  
12 I - DEC 27



SAMUEL RAJU  
8 G - DEC 27



NINESHA CHRISY  
11 J - DEC 27



ASHLIN PALATHINGAL  
7 C - DEC 28



BADAR ZAMAN KHAN  
11 E - DEC 28



HUZAIFA KAID JOHAR  
11 G - DEC 28



KHADEEJA MATEEN  
12 F - DEC 28



MUHAMMED SHAZ  
9 F - DEC 28



SYED ABDUL RABB  
10 C - DEC 29



REHAAN ZULFIKAR  
12 D - DEC 29



HANA MUNEER  
12 I - DEC 29



TVESA PATEL  
9 A - DEC 30



PRIYAMANI KONANKI  
12 I - DEC 30



POOJA  
12 K - DEC 30



SAVIO SOJAN  
8 A - DEC 31



ABID MOHAMMED  
12 D - DEC 31



NATHAN JOSEPH  
12 G - DEC 31



URVASHI GOPAL  
12 I - DEC 31



JASSEM RAHMAN  
11 J - DEC 31



MR. MURTAZA ALI  
- DEC 1



MR. NISHAD PATTALAM  
RASHEED - DEC 1



MRS. VINITHA  
PRATISH - DEC 3



MRS. MARIAMMA  
SHAJI - DEC 5



MR. MUSAVEER  
MOHAMAD - DEC 8



MR. JITHIN THOMAS  
- DEC 15



MRS. EMAN AHMED  
- DEC 18



MRS. SUNITHA  
GEORGE - DEC 18



MR. NITHIN VATAKKE  
MATATHIL - DEC 19



MR. HARIKRISHNAN  
- DEC 20



MRS. SANDHYA  
SATHEESH - DEC 28



MRS. SARITHA SASI-  
KUMAR - DEC 30

# Exploring the Exciting Career Opportunities in Library and Information Science



As a school librarian, I often get asked about the role of libraries in today's world. While many still associate libraries with books and reading, there's so much more to the field of Library and Information Science (LIS) than meets the eye. If you're passionate about books, technology, or helping others find information, a career in LIS could be a perfect fit.

## What is Library and Information Science?

Library and Information Science is a dynamic field that combines traditional library work with cutting-edge technology. It involves organizing, managing, and sharing information in a way that makes it accessible and useful to everyone. In today's digital age, LIS professionals are experts in managing not just books, but also digital archives, databases, websites, and more.

## Educational Pathways

To pursue a career in LIS, you can start with a degree in Library and Information Science, which is offered at both undergraduate and postgraduate levels.

These programs teach skills in information organization, digital systems, cataloging, and research. Advanced studies might include specializations in areas like digital libraries, data management, or information technology.

## Exciting Career Paths

**Librarianship:** Whether in schools, public libraries, or universities, librarians play a key role in helping people find information, managing collections, and promoting literacy.

## Digital Archiving and Data Management:

As information becomes more digital, experts in managing and preserving digital data are in high demand.

## Knowledge Management:

Many businesses and organizations need professionals to help manage internal knowledge and ensure information is easily accessible to employees.

## Information Technologist:

With technology at the heart of modern libraries, roles in

library systems, software management, and website development are expanding.

## Where Can You Work?

LIS professionals can work in various sectors:

1. Schools and Universities: Libraries, archives, and research departments.
2. Public Libraries: Community spaces that provide resources and educational programs.
3. Corporations and Government: Managing company databases, digital archives, or government records.
4. Nonprofits and Cultural Institutions: Preserving historical records and digital content.

## Why Consider LIS?

The LIS field is rapidly evolving, and the demand for skilled professionals continues to grow. With the increasing reliance on technology and data, there are plenty of career opportunities for those who want to make a meaningful impact. From managing digital content to creating innovative ways to share information, LIS offers a range of exciting possibilities.

As technology continues to shape how we access information, there has never been a better time to explore a career in Library and Information Science. Whether you're interested in books, technology, or helping others, LIS provides an exciting and rewarding career path.

If you love the idea of managing information, supporting learning, and embracing new technologies, LIS might be the perfect choice for you!

## BALANCE SHEET FOR THE MONTH OF NOVEMBER 2024

Income (October 2024)	KD	Expenditure (November 2024)	KD
Balance c/f from October 2024	2528.435	1. Cancer Patient	150.000
		2. Cancer Patient	150.000
		3. Cancer Patient	150.000
		4. Cancer Patient	150.000
			600.000
<b>Balance c/f from October 2024</b>	<b>1928.435</b>		
<b>Contribution from Students (November 2024)</b>	<b>365.765</b>		
Contribution from Staff	25.000		
Balance in hand	2319.200		



# BIRTHDAY CUM CHARITY FUND (NOVEMBER 2024)

CLASS / SEC	NAME OF THE TEACHER	CLASS STRENGTH	BIRTHDAY FUND	CHARITY FUND	TOTAL
12 A	MRS SUSAN GEORGE	37	-	-	0.000
12 B	MRS NIGY JACOB	40	-	-	0.000
12 C	MR VINOD LAKSHMANAN	42	-	1.050	1.050
12 D	MR GEORGE SWAMY	43	-	-	0.000
12 E	MR PRASAD NAMBIAR	39	-	0.290	0.290
12 F	MRS SONA	39	-	0.250	0.250
12 G	MRS MUSARAT PARKAR	40	-	-	0.000
12 H	MR. QUTBUDDIN SHABBIR HUSSAIN	39	-	3.650	3.650
12 I	MRS VRINDA	36	-	2.400	2.400
11 A	MR.ANTONY AUSTIN	39	-	17.300	17.300
11 B	MR.PRATHAPA CHANDRAN B. PILLAI	41	-	3.980	3.980
11 C	MRS.JESHA ALEX	40	-	11.850	11.850
11 D	MRS.SARITHA M.P	40	-	5.195	5.195
11 E	MR. SUNDARESH K	38	-	22.580	22.580
11 F	MRS. RAMLATH	46	-	5.455	5.455
11 G	MRS. SHIBNA	48	-	5.000	5.000
11 H	MRS.SREESHMA	38	-	2.405	2.405
10 A	MR JUSTIN	44	-	13.750	13.750
10 B	MRS LUBNA	44	-	-	0.000
10 C	MR JITHIN THOMAS	44	-	-	0.000
10 D	MRS SOUMYA VIPIN	45	-	-	0.000
10 E	MRS. ELIZABETH THOMAS	45	-	-	0.000
9A	MRS KAMALAM NANDHAKUMAR	40	2.000	5.080	7.080
9B	MRS RANJINI	41	-	2.480	2.480
9C	MR NITHIN	41	1.500	2.100	3.600
9D	DR WASEEM	41	-	9.000	9.000
9E	MRS SARITHA P NAIR	40	-	5.005	5.005
8A	MRS JAGADA	41	-	10.790	10.790
8B	MR KULDEEP SINGH	41	-	4.450	4.450
8C	MS. NIMMY	42	-	23.240	23.240
8D	MRS.SREELAKSHMI	42	-	10.955	10.955
8E	MRS. SHIBYMOL	42	-	9.720	9.720
8F	MS.BINU SABU	40	-	8.820	8.820
7A	MRS MAINI	38	-	6.355	6.355
7B	MR VIJAY	40	-	13.800	13.800
7C	MR MANIKANDAN	38	-	1.750	1.750
7D	MRS SHEREENA	38	-	5.610	5.610
7E	MRS EMAN	36	-	16.300	16.300
7F	MRS.STELLA GAMA PHILIP	37	-	9.505	9.505
6A	MS. ANGULAKSHMI	36	-	15.415	15.415
<b>TOTAL</b>		<b>1621</b>	<b>3.500</b>	<b>255.530</b>	<b>259.030</b>
<b>AFTERNOON SHIFT</b>					
7 G	MR.MAHESH	8	-	0.400	0.400
8 G	MRS.ELIZABETH	24	-	4.500	4.500
9 F	MR.SHYLES	16	-	2.400	2.400
10 F	MRS.NIMMY	34	-	8.095	8.095
10 G	MRS JAGADA	39	-	10.010	10.010
11 I	MRS. RATNACHIRA	30	-	7.300	7.300
11 J	MR. SUJITH	32	-	11.420	11.420
11 K	MR. PRASAD	51	-	10.000	10.000
12 J	Mrs.BINDU	42	-	10.335	10.335
12 K	Mrs. HEPHZIBAH	35	-	34.010	34.010
12 L	MR. SREEKUMAR	33	-	8.265	8.265
<b>TOTAL</b>		<b>344</b>	<b>-</b>	<b>106.735</b>	<b>106.735</b>
<b>GRAND TOTAL</b>		<b>1965</b>	<b>3.500</b>	<b>362.265</b>	<b>365.765</b>

# EPITravel MALTA

THE JEWEL OF THE MEDITERRANEAN

Nestled in the heart of the Mediterranean Sea, Malta is a stunning archipelago known for its rich history, captivating landscapes, and vibrant culture. Comprising three main islands - Malta, Gozo, and Comino - this tiny nation boasts a unique charm that has enchanted travelers for centuries.

Malta's history spans thousands of years, with evidence of human settlement dating back to 5900 BCE. It has been influenced by various civilizations, including the Phoenicians, Romans, Arabs, Normans, and the British. The strategic location of Malta made it a prized possession for empires throughout history, leaving behind a legacy of impressive architecture, fortifications, and cultural diversity. The Knights of St. John, who ruled from 1530 to 1798, played a significant role in shaping Malta's identity. Their contributions are evident in the capital city, Valletta, a UNESCO World Heritage Site filled with grand cathedrals, palaces, and museums.

Malta's natural beauty is breathtaking, offering picturesque coastlines, crystal-clear waters, and golden limestone cliffs. The famous Blue Lagoon in Comino attracts visitors with its turquoise waters, ideal for swimming and snorkeling. Gozo, known as the more tranquil sister island, offers lush

countryside and historic sites such as the Ġgantija Temples, among the oldest free-standing structures in the world.

Malta's culture is a vibrant blend of Mediterranean traditions and modern influences. The Maltese language, a unique mix of Arabic, Italian, and English, reflects this rich cultural tapestry. Festivals and feasts, known as festas, are a cornerstone of Maltese life, featuring elaborate processions, fireworks, and traditional food. Events like the Malta International Arts Festival and the Carnival of Malta bring an explosion of color and creativity to the islands.

Maltese cuisine is a delightful mix of flavors inspired by its Mediterranean location and historical influences. Traditional dishes like pastizzi (flaky pastries filled with ricotta or peas), fenek (rabbit stew), and lampuki pie (fish pie) are must-tries for

food enthusiasts. The local wine and Kinnie - a unique bitter-sweet soft drink - are popular accompaniments.

Today, Malta is a thriving hub for tourism, education, and technology. Its stunning film locations have attracted Hollywood productions like Game of Thrones and Gladiator. Despite its small size, Malta plays an active role in international diplomacy and environmental sustainability efforts.

Malta offers something for every traveler - history buffs, nature lovers, and adventure seekers alike.

In every sense, Malta is a true jewel of the Mediterranean, shining brightly with its timeless appeal and welcoming spirit.



AJAIKUMAR NANADHAKUMAR - 7F



## JANAKI AMMAL

from Presidency College, Madras. She later obtained her D.Sc. as the first Oriental Barbour Fellow at the University of Michigan, USA.

After earning her doctorate, she returned to India as a Professor of Botany at Maharaja's College, Trivandrum. Later, as a geneticist at the Sugarcane Breeding Institute, Coimbatore, she contributed to cytogenetics and intergeneric hybrids, such as *Saccharum x Zea*.

In England, Ammal worked at institutions like John Innes Horticultural Institution and the Royal Horticultural Society. Her collaboration with C.D. Darlington produced the landmark

"Chromosome Atlas of Cultivated Plants."

Invited by Jawaharlal Nehru, she reorganized the Botanical Survey of India, later serving as its Director-General. Ammal contributed to ethnobotany, medicinal plant studies, and chromosome research.

She was honored with the Padma Shri (1977), a Fellowship of the Indian Academy of Sciences (1935), and an honorary LL.D. from the University of Michigan (1956). Today, the Government of India's National Award of Taxonomy bears her name.



ANN MARIA PHILIP - 9E



Janaki Ammal Edathil Kakkat (1897-1984), born in Tellicherry, Kerala, was a pioneering Indian botanist and cytologist. Encouraged by her family to pursue intellectual and artistic interests, Ammal chose botany. She earned her bachelor's degree from Queen Mary's College and an honors degree in botany





## THE LITTLE GREY CAT WHO DREAMT

In a dirty metal cage in the corner of the pet store, a little grey kitten looked out and sighed. He had been in the store for as long as he could remember, and no one wanted to take him home. Oh, how he longed for a family! Someone to call his own. At night, when it got dark and lonely, he would often imagine that he had a family – a nice little family with a dad, and a mom and a brother or sister. But it always remained a dream. He watched as a little girl came in and picked out a fluffy rabbit. He could not help feeling jealous as he watched her hold the rabbit close. If only someone would hold him that way! As the day passed, more people came and picked out pets – a puppy, two birds and even a lizard found new homes. But no one even looked into his cage. The little grey cat felt his heart would break if he had to stay in the store for another day. Tears rolled down his cheeks and he cried silently to God to give him a family. It didn't have to be a perfect family, just a loving one.

Time went by and soon it was getting dark outside. The little grey cat knew he wasn't going to get his dream family that day as well. He curled into a ball and lay down in a corner of his cage. Just then, the store's door opened, and a tall man walked in. A woman and a little boy followed. The woman was looking at the brown puppy

with curly fur that lived in the cage next to his. The boy was looking at the colourful birds at the front of the store. The man looked disinterested in everything; he was staring at something bright that he held in his hand. The little grey cat had no hope. They were never going to pick him. He watched as the woman petted the puppy and rubbed its ears. How envious he felt! How miserable!

The man looked up from whatever he was looking at and peered into his cage. The little grey cat was stunned. Could it be? He ran to the front of the cage, mewing loudly and rubbing himself against the cage door. The man kept looking at him. Then he opened the cage door. The little grey cat leapt into the man's arms and purred as loudly as could. The man turned to the woman and boy and said something. The woman reached out and took him in her

arms. She held him close and stroked his fur. The little grey cat felt his heart would explode with happiness. The boy was jumping up and down in excitement.

The little grey cat wanted to do the same, except he didn't want to leave the warmth of the woman's arms. So, he snuggled down and purred at them all. A few minutes later, they walked out of the store with the little grey cat in the woman's arms. As they went away from the store, the little grey cat's eyes filled with tears as he thanked God for giving him what he had dreamt of all his life – a family of his own.

And that is how Nibbles the cat became my little brother. He is five now and is fat and lazy and purrs just as lovingly as the day we brought him home.



MATHEW THOMAS ABRAHAM - 7C



## EPICLIBRARY

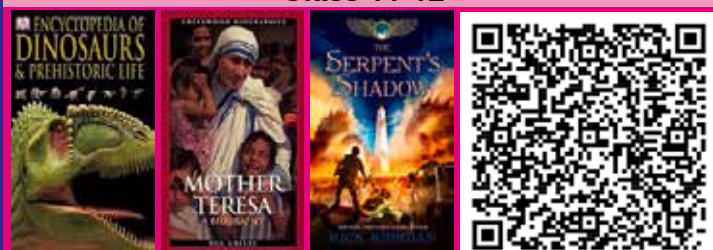
### Class 6-8



### Class 9-10



### Class 11-12



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# DISCOVER india LUCKNOW

Lucknow, the cosmopolitan city of Uttar Pradesh is a beautiful city with rich and significant history that defines the artistic spirit of the country. Always appreciating the niceties of life, showcases amazing buildings and tasty traditional food, and connects the old traditions with the new ones. The city has a long history and has seen the rise and fall of several empires, the Mughal and the Awadh empires in particular. Remains of these periods can be found in the remarkable structures spread across the city including the Bara Imambara which was created by the Nawabs with no supporting poles in a single four walls architectural feat. Other great examples of the cityscape are the Aasfi Mosque and Bhulbhulaiya (Maze) – an amazing labyrinth within the Bara Imambara. The Turkish Gate– Rumi Gate, a magnificent entrance and one of the main highlights also embody the magnificence of Mughal design which Lucknow is known for. The Nabob city is also known for its fair share of celebrations including Diwali, Eid and much more- the Lucknow Mahotsav being one of them.

However, the dish which can be said to thoroughly encapsulate the identity of

Lucknow is its biryanis, kebabs and other Mughlai cuisine which took the term as any Awadhi style. The cities' street foods appeal, graced by the famous Tunday Kebab and Chicken which both stands as a craft and also a textile art boosts the entertainment quotient of the city. Lucknow has also produced prolific classical musicians, dancers and actors who remarkably shaped the performing arts of India. Lucknow is famous for its sympathetic and warm-hearted people who represent characteristics of Adab and Tehzeeb(respect) and to visitors it is a comfortable city. The bustling markets, the tranquil gardens and monuments give a striking glimpse of the diversity and richness of the Indian culture and the history of the city in one visit to Lucknow. With the finesse of its buildings, the taste of its cuisines and the beat of its music,

Lucknow is undoubtedly a guardian of India's legacies.

Lucknow stands as a vibrant testament to India's rich cultural heritage, blending the old with the new in a seamless embrace. The city's historical significance, evident in its awe-inspiring architecture, such as the Bara Imambara and Rumi Gate, narrates the tale of its glorious past. The warmth and hospitality of its people, coupled with its culinary delights like biryanis and kebabs, showcase the essence of Awadhi culture. Furthermore, Lucknow's contribution to classical arts, alongside its bustling markets and tranquil gardens, offers a glimpse into the diverse and dynamic spirit of India. Truly, Lucknow remains a guardian of tradition, pride, and cultural finesse.



SYED ASKARI  
ABBAS - 9E



## PHOTOGRAPHY



REVA - 12C



RAYYAN ABDUL  
QADIR - 8C



# ICSK Launches Tree Plantation Movement - Season-2: A Step Towards a Greener Future

The ICSK Tree Plantation Movement-Season-2 was launched on December 9, 2024, at Al Jabiriya Garden, Kuwait, at 9:30 a.m. This environmentally impactful initiative, organized by the Science Club of the Indian Community School, Senior (ICSK), in collaboration with the Public Authority for Agricultural Affairs and Fish Resources, Kuwait, seeks to continue raising awareness about the importance of environmental sustainability and the act of going green among students and the community.

Building on the success of last year's event, which saw ICSKians planting 150 trees at Abraj Park, Adailiya, Hawally, the second season of the movement further strengthens the school's ongoing commitment to environmental conservation. ICSK is proud to be the only CBSE school in Kuwait partnering with the Public Authority for Agricultural Affairs and Fish Resources to contribute toward a greener, healthier future for the community.

This year's initiative aimed to inspire students to take an active role in protecting the environment by engaging in hands-on activities like tree planting, while fostering a sense of responsibility towards preserving nature. The event emphasized the importance of creating a sustainable future by encouraging the community to adopt green practices and reduce their ecological footprint.

The launch event commenced at 9:30 a.m. and saw enthusiastic participation from students, teachers, and local officials. The presence of ministry representatives at the event highlighted the strong support for this environmental cause, underscoring the importance of collective efforts to protect the planet. Students from ICSK, Senior were actively involved in planting a variety of trees and plants, symbolizing their dedication to the cause of environmental conservation.

In line with the spirit of the movement,



parents were invited to attend the event, giving them a chance to witness their children's involvement in such a meaningful initiative. The event provided an opportunity for the wider community to come together and show their support for sustainable practices.

The tree plantation movement is a reflection of ICSK's core values of environmental stewardship and sustainability. The event showcased the school's strong belief in the power of collective action, as students, parents, and local authorities collaborated to make a tangible impact on the environment.

By participating in such initiatives, ICSK is shaping a generation of young individuals who understand the importance of eco-conscious living and are motivated to continue contributing toward a greener future. The strong involvement of the Public Authority for Agricultural Affairs and Fish Resources highlights the school's growing role in fostering sustainable partnerships to achieve its environmental goals.

With the successful launch of Season-2 of the ICSK Tree Plantation Movement, the school aims to continue its efforts to educate and inspire future generations to take proactive steps in protecting and preserving the environment. ICSK hopes to host more



such events that align with its vision of raising awareness, fostering sustainable practices, and ultimately shaping a more environmentally conscious society.

The ICSK Tree Plantation Movement-Season-2 marks a significant milestone in the school's environmental initiatives. With enthusiastic participation and strong community support, ICSK looks forward to making a lasting positive impact on the environment and continuing to inspire students to lead in the pursuit of sustainability.

## Congratulations to Zainab Dola



Heartiest congratulations to Zainab Dola, Class 12 I, on your remarkable achievement of being selected as a Young Ambassador for Season 3 of the Young Ambassador Programme, dedicated to "Sustainable Peace and Security." This prestigious recognition reflects your dedication, passion, and potential to make a difference in advancing global goals, particularly in fostering peace, justice, and strong institutions. Your selection is a source of immense pride for the entire ICSK Senior community, and we are confident that you will be an inspiring representative for your peers and a voice for positive change. We wish you great success in this exciting journey and look forward to seeing the positive impact you will make as a Young Ambassador.



# EPHILATELY

## BIRSA MUNDAO



Birsa Munda was a tribal leader and freedom fighter who played a crucial role in the Indian

independence movement, particularly among the indigenous Munda community in the late 19th century. Born on November 15, 1875, in Ulihatu (present-day Jharkhand), Birsa inspired the tribal population to rise against the exploitative practices of the British colonial regime and local landlords. He led the Ulgulan (The Great Rebellion) in 1899–1900, aiming to establish Munda Raj and reclaim traditional tribal rights to land and resources. Birsa's leadership and his vision of a just society made him a folk hero and a symbol of indigenous resistance. He died at the young age of 25 while imprisoned, but his legacy endures as a powerful symbol of courage, unity, and the fight for indigenous rights and freedom.

## KASTURBA GHANDHI



Kasturba Gandhi was an Indian freedom activist and the wife of Mahatma Gandhi. Born on April 11, 1869, in Porbandar, she married Mohandas Karamchand Gandhi at a young age and became an unwavering companion in his political and social campaigns. Kasturba played a vital role in the Indian independence movement, working alongside Gandhi in protests and campaigns, including the struggle against racial discrimination in South Africa and the civil disobedience movements in India. She advocated for women's rights, education, and social reforms, leading by example with her gentle strength and compassion. Kasturba's resilience and dedication to nonviolence and justice made her a significant figure in India's journey to freedom until her death in 1944.

## ANNIE BESANT



Annie Besant was a British-Irish social reformer, theosophist, and strong advocate for Indian self-rule. Born on October 1, 1847, she was a prominent figure in both Britain and India, known for her intellectual

pursuits and activism. Initially active in the labor and suffrage movements in England, she later became deeply involved in theosophy, which led her to India. Besant's work in India was marked by her support for Indian independence, and she played a key role in the Indian National Congress, becoming its president in 1917. Her leadership and advocacy helped inspire the Home Rule movement, which pushed for greater self-governance. Besant's efforts left a lasting impact on India's freedom struggle, showcasing her commitment to social justice and cultural unity.

## KHUDIRAM BOSE



Khudiram Bose was a prominent young revolutionary in India's struggle for independence from British colonial rule.

Born on December 3, 1889, in West Bengal, he was inspired by the nationalist movement from an early age. At just 16, Bose joined the revolutionary activities against British oppression and became known for his courage and determination. His most notable act was participating in the 1908 bomb attack targeting British magistrate Kingsford in Muzaffarpur, although it tragically resulted in the deaths of two British women instead. Captured and tried, Khudiram faced his fate with remarkable bravery, becoming one of the youngest freedom fighters to be executed at the age of 18. His martyrdom ignited further passion for independence among Indians, solidifying his legacy as a symbol of youthful sacrifice and patriotism.

## VALLABHAI PATEL



Vallabhbhai Patel, also known as Sardar Patel, was a prominent Indian statesman and a key leader in the Indian independence movement. Renowned as the "Iron Man of India," Patel played a crucial role

in unifying the country by successfully integrating over 500 princely states into the newly independent nation, a feat that laid the foundation for modern India's political unity. As India's first Deputy Prime Minister and Home Minister, Patel was instrumental in shaping the administrative structure of the country and promoting national cohesion. His legacy is celebrated for his steadfast leadership, pragmatism, and commitment to national integrity.

## JAWAHARLAL NEHRU



Jawaharlal Nehru was the first Prime Minister of independent India and a central figure in Indian politics both before and after independence. A leading member of the Indian National Congress, Nehru was a key architect of modern India's democratic and secular foundation, advocating for economic and social development based on a mixed economy. As a visionary statesman, he promoted scientific progress, education, and non-alignment during the Cold War. Nehru's leadership played a significant role in shaping India's identity as an independent, progressive nation. continues to inspire generations.



SAKINA SANJELI-WALA - 8D

## NETAJI SUBHAS CHANDRA BOSE



Subhas Chandra Bose (1897–1945) was a prominent leader in India's independence movement, known for his radical approach and leadership of the Indian National Army (INA). A visionary nationalist, he believed in armed struggle to free India from British rule. His famous slogan, "Give me blood, and I will give you freedom," reclaim traditional tribal rights to land and resources. Birsa's leadership and his vision of a just society made him a folk hero and a symbol of indigenous resistance. He died at the young age of 25 while imprisoned, but his legacy endures as a powerful symbol of courage, unity, and the fight for indigenous rights and freedom.

## BHAGAT SINGH



Bhagat Singh (1907–1931) was a revolutionary freedom fighter and a key figure in India's struggle for independence.

Influenced by events like the Jallianwala Bagh massacre, he joined movements to fight British rule. Known for his role in the 1929 Central Assembly bombing and the killing of officer John Saunders, he sought to inspire the masses with his socialist ideas. Bhagat Singh was executed at just 23 years old, becoming a martyr whose sacrifice inspired millions. Bose's efforts to seek international support for India's independence, including alliances with Germany and Japan during World War II, showcased his determination. He remains a symbol of patriotism and sacrifice, often featured on stamps to honor his legacy in India's freedom struggle.





## &Team: Rising Force In Jpop

&TEAM, a Japanese boy group which is formed by HYBE LABELS JAPAN through the reality-survival show &AUDITION in 2022. Being the sister group of the famous K-pop group ENHYPEN consists of nine members - K, FUMA, NICHOLAS, EJ, YUMA, JO, HARUA, TAKI, and MAKI. Their group name `&team' refers to `nine diverse members forming a team and connecting diverse worlds. They carry the legacy of their predecessor while also showing a unique identity in the J-pop industry. They debuted on December 7 2022 with their mini album - `First Howling: Me'. Ever since their debut, &TEAM has been rising up in popularity catching everyone's attention as they take on the leading act in the new wave of J-pop.

&TEAM's music, similar to enhypen's, is distinguished in exploration on the themes such as youth, identity, and personal growth. Bonding with a broad audience particularly in Japan and all across Asia.

Their debut single: `UNDER THE SKIN' shows the emotions of the intense journey from trainees to Idols, setting their tunes on their back-to-back releases. Tracks like `SCENT OF YOU' explore the complexities of relationships and self-discovery as their music showcases a blend of different genre like hip-hop, pop, and EDM and highlighting the group's vitality, and evolving music.

&TEAM has received numerous awards including nominations at the AAA. They were nominated for Popularity award-singer (Male) at the 2023 ASIA ARTIST AWARD(AAA). They were also awarded the `BEST CHOICE AWARD', `BEST EMOTIVE AWARD- (MUSIC) at the AAA, `BEST 5 NEW ARTIST' at the Japanese Gold Disc Award and also received Universal Next Generation at the Universal Superstar Award in 2024, which makes the rapid growth of the group, also high places at the Japanese Music Charts and their growing recognition in the international markets. Their fan base known as LUNE, has been instrumental in their success, providing unwavering support across their social media platforms, contributing to their rising popularity.

&TEAM benefits from the global influence of HYBE illustrating the growing importance

# EPI tainment



RIDHA DOI  
- 8F

of international reach and digital engagement in the success of J-pop groups by connecting with the fans worldwide through their interactive content. Their performance is also noteworthy for their precision and emotional depth. &TEAM is known for incorporating intricate narratives and symbolism into their MV and live shows, setting high standards for storytelling in J-POP. As a new part of the wave of J-POP, they are helping to redefine the genre's global influence.

&TEAM's journey from trainees to the rising stars in J-POP highlights their immense talent, dedication, and a strong bond with fans. &TEAM's rapid rise in the J-POP industry is not just a story of success, but also one of cultural significance. &TEAM is confident to leave a blasting impact on both J-POP and the Global music scene. Their ability to blend together music, storytelling and performance has made &TEAM one of the most defining groups of their generation. Looking ahead, &TEAM is expected to further shape the future of J-POP, locking their place as the key players in the genre's continued global expansion.

## Maintaining Healthy Eyes in the Digital Age



In today's technology-driven world, maintaining eye health has become crucial. The pervasive use of digital devices such as smartphones, computers, and tablets often leads to issues like dry eyes, eye strain, and disrupted sleep patterns. Factors like screen time, blue light exposure, lighting conditions, blinking habits, and the use of eye cosmetics and drops significantly impact eye health. A balanced diet rich in green leafy vegetables also plays a vital role in maintaining optimal eye health.

### Impact of Screen Time

Prolonged screen time is a major cause of eye strain and dryness. During extended use, people blink less frequently, reducing the natural moisture that keeps eyes lubricated. Following the 20-20-20 rule - taking a 20-second break every 20 minutes

to look at something 20 feet away - and practicing palming can help relax eye muscles and reduce strain.

### Blue Light and Circadian Rhythm

Blue light from screens disrupts the body's circadian rhythm by suppressing melatonin, making it harder to fall asleep. To minimize its impact, limit screen time after 7 PM and use blue light filter glasses. However, combining filters with good sleep hygiene is the most effective approach.

### Proper Lighting

Good lighting is essential to reduce eye strain. Bright, focused lighting should be used for tasks like reading and writing, while dimmer lighting elsewhere helps maintain a relaxing environment.

### Avoiding Harmful Practices

Habits like frequent eye rubbing can cause serious damage, such as keratoconus, while using unprescribed eye drops may lead to blindness. Always consult an eye care professional before trying any treatments.

### Risks of Eye Cosmetics

Cosmetics like kajal, when applied to the waterline, can block glands vital for maintaining eye moisture, leading to dryness and infections. It is safer to apply cosmetics below the lashes or avoid using them near sensitive areas.

### Role of a Healthy Diet

A diet rich in green leafy vegetables provides nutrients like lutein and zeaxanthin, which protect the eyes from harmful light and reduce the risk of age-related issues. Foods with omega-3 fatty acids, vitamins C and E, and zinc further support eye health and prevent conditions like cataracts and glaucoma.

Protecting eye health in the digital age involves limiting screen time, using blue light filters, ensuring proper lighting, adopting healthy habits, avoiding harmful practices, and maintaining a nutritious diet. By taking these proactive steps, individuals can safeguard their vision and maintain long-term eye health.



SWETA - 12A



**British writer Samantha Harvey wins Booker Prize for space story 'Orbital':** Britain's Samantha Harvey won the 2024 Booker Prize for her novel 'Orbital', a story about a single day aboard the International Space Station. The novel, Harvey's fifth, was the top selling book on the shortlist of six finalists and has sold more copies than the past three Booker Prize winners combined, as readers lapped up her depiction of earth's beauty as seen from space. Harvey walks away with a 50,000 pound prize.



**TeacherApp: New Digital Platform for Teachers:** The TeacherApp was launched in New Delhi, which aims to enhance teachers' skills in modern classrooms. It was created by the Bharti Airtel Foundation and the launch event included education leaders, school principals, and B.Ed. students. The TeacherApp supports teachers in their professional development and provides ongoing training and valuable resources. The app aligns with the National Education Policy 2020.



**India Women's Hockey Team Won Asian Champions Trophy:** The India Women's Hockey Team recently achieved a milestone and won their third Asian Champions Trophy title. The victory occurred at the Rajgir Hockey Stadium in Bihar. India defeated China with a score of 1-0. This win marked India's second consecutive title in this tournament.



**Nafithromycin: India Launches First Locally Developed Antibiotic:** Wockhardt Ltd has developed Nafithromycin, the first domestically produced antibiotic targeting multi-drug-resistant bacteria. This antibiotic is aimed at treating community-acquired bacterial pneumonia (CABP) in adults, the launch was held on November 20, 2024, in New Delhi. Nafithromycin is a groundbreaking antibiotic for respiratory infections, which is the first new antibiotic in 30 years. The drug is taken as a single tablet daily for three days. It is ten times more potent than azithromycin and has eight times better lung absorption.

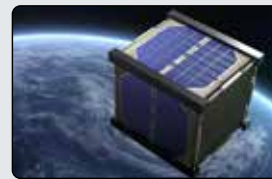


**First All-Women Battalion in CISF Approved:** The Government of India has taken a historic step. It has approved the establishment of the first all-women battalion in the Central Industrial Security Force (CISF). This initiative aligns with Prime Minister Narendra Modi's vision of enhancing women's participation in nation-building. The battalion, named the Mahila Battalion, aims to empower women and increase their roles in national security. The Mahila Battalion will focus on several key objectives. It will protect critical infrastructure, such

as airports and metro rail systems. The battalion will also provide VIP security as commandos. This initiative aims to inspire more women to join the CISF and contribute to national security.



**Pankaj Advani Wins 28th IBSF World Billiards Championship:** Pankaj Advani has made history by winning his 28th world title. He achieved this remarkable feat at the IBSF World Billiards Championship in Doha. Advani defeated England's Robert Hall with a score of 4-2. This victory marks Advani's seventh consecutive title since 2016.



**Japan Launches World's First Wooden Satellite:** Japan is pioneering a new era in space exploration with the launch of the world's first wooden satellite, LignoSat. This innovative project is a collaboration between Kyoto University and Sumitomo Forestry. The satellite is scheduled to launch atop a SpaceX rocket, destined for the International Space Station (ISS) next week. LignoSat is a satellite made primarily from wood. The name comes from "ligno," the Latin word for wood. Its mission is to test the viability of wooden materials in space. This could lead to more sustainable practices in satellite design and space exploration.



**India to train 85,000 students in semiconductor chip design within five years:** The Indian government has launched an ambitious initiative to empower 85,000 students with the skills to design semiconductor chips within the next five years. The program will provide direct access to the country's national chip design infrastructure, creating a strong foundation for the semiconductor design community across India. The ChipIN Centre, located at C-DAC, is one of the country's largest and most advanced semiconductor design facilities. It provides a wide range of tools and workflows necessary for chip design, covering the entire design cycle, including the latest 5 nm technology. This state-of-the-art facility aims to support students and entrepreneurs in mastering semiconductor design.



**UGC launches PhD excellence citation to honour exceptional research:** The University Grants Commission (UGC) has introduced the 'PhD Excellence Citation' to annually recognise and reward outstanding research contributions across various academic fields. The award will celebrate exceptional PhD scholars each year across disciplines, including sciences, engineering, social sciences, and Indian languages. UGC plans to grant ten citations yearly to research that showcases originality, methodological strength, clarity, impact, and effective presentation.



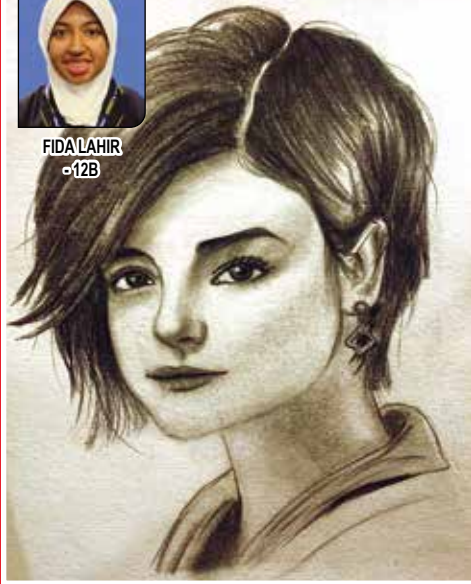
# Art Gallery



AFIA SHAIKH  
-9C



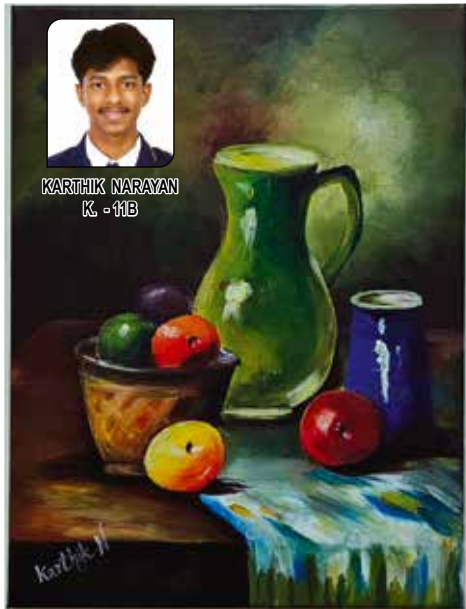
FIDA LAHIR  
-12B



GAURI LAJU  
-8B



KARTHIK NARAYAN  
K -11B



MELISSA - 9C



MOHAMED SAALIM  
SIRAJUDEEN - 10 C



SANKAR SURAJ  
- 11F



# EPIctionary



ABEN BIJU  
VARGHESE - 7F

- 1. Pulchritudinous**  
Meaning: Beautiful (used to describe a person's physical appearance)  
Part of speech: Adjective  
Usage in a sentence: The pulchritudinous sunset left everyone in awe of nature's beauty.
- 2. Quixotic**  
Meaning: Extremely idealistic and impractical  
Part of speech: Adjective  
Usage in a sentence: His quixotic plan to build a utopia in the desert was inspiring but unrealistic.
- 3. Obfuscate**  
Meaning: To deliberately make something unclear or difficult to understand  
Part of speech: Verb  
Usage in a sentence: The politician tried to obfuscate the issue by using complex jargon.
- 4. Sesquipedalian**  
Meaning: Characterized by the use of long words; long-winded  
Part of speech: Adjective  
Usage in a sentence: His sesquipedalian speech bored the audience with its unnecessarily complex vocabulary.
- 5. Lugubrious**  
Meaning: Looking or sounding sad and dismal  
Part of speech: Adjective  
Usage in a sentence: She had a lugubrious expression after hearing the disappointing news.
- 6. Perfunctory**  
Meaning: Done with minimal effort or reflection; superficial  
Part of speech: Adjective  
Usage in a sentence: His perfunctory apology made it clear he didn't really care about what happened.
- 7. Perspicacity**  
Meaning: The ability to understand things quickly and make accurate judgments  
Part of speech: Noun  
Usage in a sentence: Her perspicacity in solving puzzles earned her a reputation as a genius.
- 8. Somnambulist**  
Meaning: A person who walks in their sleep  
Part of speech: Noun  
Usage in a sentence: The somnambulist was found wandering the hallways in the middle of the night.
- 9. Defenestration**  
Meaning: The act of throwing someone or something out of a window  
Part of speech: Noun  
Usage in a sentence: The historical defenestration of Prague sparked widespread political unrest.
- 10. Ephemeral**  
Meaning: Lasting for a very short time  
Part of speech: Adjective  
Usage in a sentence: The beauty of the ephemeral cherry blossoms captivated visitors from around the world.



## GETTING OVER BROKEN FRIENDSHIPS

Friendship breaks can hurt more than heartbreaks, and I've personally experienced this many times. Here are a few tips that helped me heal, and I hope they help you too:



SHRUTHIKA  
- 10E

- 1. Acknowledge Your Pain**  
Understand that your grief is normal. Losing a close friend is a significant loss, and it's okay to feel the pain. Don't dismiss your emotions - they are valid and real.
- 2. Don't Blame Yourself**  
When a friendship ends, it's easy to question your worth or wonder if you did enough. But remember, friendship is a two-way street. Don't let these thoughts affect your self-esteem or hinder your ability to form new bonds.
- 3. Talk to Someone**  
Reach out to a parent, sibling, or another friend. If no one feels approachable, talk to the almighty - He's the best listener. Sharing your feelings can ease the burden.
- 4. Make New Friends**  
Find people who value and uplift you. Don't let the fear of losing someone again stop you from forming meaningful connections.
- 5. Improve Your Atmosphere**  
Avoid isolating yourself or listening to sad music. Instead, spend time with family, friends, and focus on activities that make you happy - even academics.
- 6. Let Go of Jealousy**  
Stop stalking your old friend or feeling jealous of their life. Appreciate the people around you and focus on self-growth. Gratitude can transform your perspective.  
Remember, people come and go, but better things await. You are special to those around you, and most importantly, to yourself

Name: ..... Class : ..... Section : ..... Roll No: .....



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