



EPICS



MONTHLY MAGAZINE
THE INDIAN
COMMUNITY
SCHOOL (SENIOR)
KUWAIT

E EMOTIONAL P PHYSICAL I INTELLECTUAL C CULTURAL S SPIRITUAL

DECEMBER 2025



PRINCIPAL'S MESSAGE

Dear Children,

You are at an important stage of your life where your thoughts can shape your future. More than marks or talent, your thinking decides your success. The book *The Power of Positive Thinking by Norman Vincent Peale, teaches us that a positive mind gives confidence, courage, and hope. When you think positive, you can face challenges, overcome fear, and move forward with strength and happiness.

1. Believe in Yourself

Self-belief is the first step to success. When you trust your abilities, you feel confident and ready to try. Even if others doubt you, never doubt yourself. Confidence helps you face exams, interviews, and life bravely.

2. Your Thoughts Shape Your Life

Positive thoughts lead to positive actions. If you keep thinking I can do it, you will work harder and smarter. Negative thoughts reduce energy and focus, so always choose hopeful thinking.

3. Replace Fear with Faith

Fear weakens the mind, but faith makes it strong. Believe that your efforts will bring results. When fear comes, remind yourself that you are capable and prepared.

4. Stay Calm During Stress

Exams, competitions, and responsibilities can create pressure. Positive thinking keeps your mind calm. A calm mind understands better, remembers more, and performs well.

5. Failures Are Lessons, Not Endings

Everyone fails at times. Failure does not mean you are weak; it means you are learning. Learn from mistakes, improve yourself, and move forward with confidence.

6. Positive Words Build Inner Strength

What you say to yourself matters. Saying "I will try again" is better than "I can't." Positive self-talk gives courage and reduces fear and anxiety.

7. Good Habits Come from a Positive Mind

When your thinking is positive, you develop good habits like regular study, discipline, and time management. Small daily efforts lead to big success.

8. Attitude Is More Important Than Talent

Talent helps, but attitude decides success. A student with a positive attitude works harder and never gives up, even when things are difficult.

9. Spread Positivity to Others - A positive student creates a positive classroom. When you encourage others, you build strong friendships and a healthy learning environment.

10. Happiness Is True Success

Marks and ranks are important, but inner happiness is more important. A peaceful, positive mind leads to a successful and meaningful life.

Dear Children, train your mind to think positive every day. When your thinking is strong, your future becomes bright. Believe, work hard, and move forward with confidence. Merry Christmas and Happy News Year to all of you in advance

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EDITORS' NOTE

Dear Readers,

With the arrival of December - the month of joy, warmth, and festive cheer - I am delighted to welcome you to the latest edition of EPICS, our school's monthly magazine. December is a time of reflection and celebration, a moment when we look back at the year's accomplishments and look forward with hope to new beginnings.

This special edition embraces the spirit of the season. Within these pages, you will find heartwarming stories, creative expressions, academic highlights, and memorable events that brought light to our month. Just like the twinkling lights of Christmas, the contributions of our students and teachers bring a unique sparkle to every issue of EPICS.

A sincere note of gratitude to all who shared their ideas, talents, and time to make this edition truly meaningful. Your enthusiasm continues to brighten this publication, making it a platform for creativity, connection, and inspiration.

As you read through this festive edition, may it fill your heart with joy, ignite your imagination, and remind you of the warmth of our ICSK family. Let us continue to learn, grow, and celebrate together - today and in the year to come.

We warmly welcome your contributions for the upcoming issue. Share your write-ups, artwork, and ideas at epicseditor@icsk-kw.com.

Wishing you a magical December and a blessed Christmas season!

Happy reading!

With warm regards,

Mrs. Sreelakshmi

Editor



Mrs. Sreelakshmi



Mrs. Tintu Wilson



STRAWBERRY

A Ruby-Red Delight

Strawberries are bright red, juicy fruits loved for their sweet aroma and refreshing taste. Though commonly called berries, they belong to one of the healthiest fruit groups and are packed with essential nutrients. Their vibrant color and delicious flavor make them popular across all age groups, while their nutritional value makes them a true super fruit.

Health Benefits of Strawberries:

- **Rich in antioxidants** – Strawberries contain powerful antioxidants that help reduce free radical activity in the body, thereby lowering the risk of chronic diseases and promoting overall well-being.
- **Boosts immunity** – Being an excellent source of vitamin C, strawberries help strengthen the immune system and protect the body against common infections.
- **Promotes healthy skin** – The presence of vitamin C and antioxidants supports collagen production, helping to keep the skin glowing, youthful, and healthy.
- **Aids in weight management** – Strawberries are low in calories and high in fibre, making them an ideal choice for those aiming to maintain a healthy weight.
- **Helps control blood sugar** – Strawberries contain natural sugars and have a low glycaemic index, making them suitable for people with diabetes when consumed in moderation.

Uses of Strawberries in Daily Life:

Strawberries can be enjoyed as a refreshing mid-day snack.

They can be applied topically as a natural face mask to enhance skin glow.

Strawberries can be blended into smoothies and shakes for a nutritious and filling breakfast.

They can also be added to oatmeal, porridge, yoghurt, and other breakfast dishes to enhance taste, nutrition, and fibre content.

WORLD TSUNAMI AWARENESS DAY – GENERAL ASSEMBLY REPORT



The Indian Community School, Kuwait (Senior), organized an insightful General Assembly on 5th November 2025, conducted by Class 11I under the guidance of their class teacher, Mrs. Sreeshma. The assembly was themed World Tsunami Awareness, highlighting the importance of disaster preparedness and global awareness about tsunamis.

The assembly commenced with the Islamic prayer by Taiba, followed by the school prayer, setting a solemn and respectful tone for the day. The patriotic segment celebrated the 150th anniversary of India's national song, Vande Mataram. Students highlighted its historic and national significance, sharing that the Union Cabinet, chaired by the Hon'ble Prime Minister, has approved year-long national and international celebrations from 7th November 2025 to 7th November 2026. They emphasized that Vande Mataram, written by Bankim Chandra Chatterjee,

was more than a song - it was a stirring call that inspired unity, courage, and devotion during India's freedom struggle.

The assembly continued with the announcement of the new word by Khalid, followed by the thought for the day by Paravathy and the news reading by Alina and Ariz. Inspiring speeches were delivered by Bathul and Jumana, motivating the students to reflect on awareness, responsibility, and patriotism.

The cultural segment showcased student creativity and talent through a melodious song, an energetic dance performance, and a skit, engaging the audience with enthusiasm. The Principal then addressed the students, sharing words of encouragement, presenting birthday cards, and honoring the Best Scholar Awardees who excelled in the I Term Examination (October 2025).

The Best Scholars and their marks are as follows: Class VI A – Zoya Ehsan Ullah Mohammed (95.38%), Class VII A – Yasmeen Shanesh Kallayil (95.38%), Class VIII A – Raksha Madhan Kumar (98.25%), Class IX D – Juzer Mustafa Paloda (94.25%), Class X A – Evelyn Susan Jaison (95.5%), Class X D – Amrith Rajini Prasath (95.5%), Class XI C (Science) – Arash Abidi Husain (92.86%), Class XI H (Commerce) – Rashi Pandya (90.92%), Class XI I (Humanities) – Joanna Elsa Joby (94.65%), Class XII C (Science) – Hussain Akil Abbas Ali (93.21%), Class XII F (Commerce) – Umaimah Abdul Aziz Parkar (87.58%), Class XII I (Humanities) – Neha Binil (95.92%). Following the Best Scholar Awards, the Goodwill Ambassador graced the stage to distribute the Gyanotsav 2025 prizes, acknowledging the remarkable creativity, innovation, and dedication demonstrated by the various departments during the grand exhibition.

The assembly continued with the distribution of certificates of achievement and participation for Sparsh Activity, the enthusiastic involvement of students in this compassionate initiative.

Furthermore, prizes for the Manuscript Magazine category I and II were awarded to students who showcased exemplary literary skills and artistic expression. Their well-crafted articles, poems, illustrations, and layouts reflected creativity, insight, and dedication, adding great value.

The assembly concluded with the Kuwait National Anthem, leaving the students inspired and instilling a strong sense of pride, unity, and responsibility.

47th Annual Athletic Meet 2025: A Celebration of Sportsmanship



The Indian Community School, Kuwait, successfully hosted the 47th Annual Athletic Meet 2025, a spirited celebration of athletic talent, teamwork, and school unity. The event brought together students, staff, parents, and dignitaries, creating an energetic and inspiring atmosphere.

The programme opened with an Islamic Prayer by ICSK Amman students, followed by a melodious Prayer Song. The flag was hoisted by Mr. Gangadhar Shirsath, Principal, ICSK Khaitan, after which the gathering honored the Kuwait National Anthem. A warm welcome was extended by Ms. Sherly Dennis, Director, ISEK. Sports Captain Miss Safa Kadiri administered the Oath, instilling the values of discipline and fair play. The meet was officially inaugurated by Mr. Rajesh Nair, Principal, ICSK Amman. The opening ceremony concluded with a Vote of

Thanks by Ms. C. Sheeja, Principal, ICSK Junior.

The Athletic Meet was efficiently coordinated by Dr. K. Shyam, HOD, ICSK Senior, and Mr. Sanjay, PE Teacher, ICSK Amman, whose dedicated efforts ensured the smooth execution of the entire programme.

As part of fostering community involvement, special events were organized for staff and parents. In the Staff Women's 60m event, Jishamol Roshan secured the first position, followed by Suchitha Lita D'Sa and Chinju M. Sunny. In the Staff Men's 100m event, Vimalraj S. claimed first place, Senthil Velan M. A came second, and Sashi Chowdhury finished third. The Parents' Women's 60m event witnessed Shabana Shaikh winning first place, followed by Jolly M. George and Annie George. In the Parents'

Men's 100m event, Mohamed Ismail Sharufdeen won first place, with Reji Alexander and Mohan Sapaliga taking second and third positions respectively.

Competitions in U-14, U-17, and U-19 categories saw outstanding performances from all four branches—Senior, Khaitan, Amman, and ISEK. The Senior Branch dominated the scoreboard, winning the Overall Championship with 183 points. Khaitan followed with 142 points, while Amman and ISEK secured 43 and 28 points respectively. Individual Champions included Raj Shabbir Bhatia (U-14 Boys), Laabah Syed (U-14 Girls), Hrishikesh Thachpally (U-17 Boys), Diya Shenoy (U-17 Girls), and Anugraha (U-19 Girls).

The meet concluded with celebrations of unity, perseverance, and healthy competition, marking the 47th Annual Athletic Meet 2025 as a proud milestone in ICSK's continued commitment to sportsmanship and holistic student development.



A Day of Joy and Innocence: Children's Day Celebration at ICSK



The Indian Community School, Seniorcelebrated Children's Day on Sunday, 16th November 2025, with immense joy and excitement, commemorating the birth anniversary of Pandit Jawaharlal Nehru, the first Prime Minister of India. Fondly remembered as Chacha Nehru, he was a visionary who believed deeply in nurturing young minds. On this special day dedicated to children, the school paid tribute to the innocence, creativity, and limitless potential that every child embodies.

The campus was alive with festive cheer as students, dressed in vibrant attire, were warmly welcomed by the teachers. The atmosphere brimmed with enthusiasm as teachers took center stage to present a cultural extravaganza crafted especially for their students. A series exciting activities filled the day with laughter, learning, and delight.

The celebration commenced with an Islamic prayer recited by Mr. Muneer Muhammed from the Department of Arabic, followed by the school prayer seeking the blessings of the Almighty. Mr. Mohamed Haris of the Department of Arabic paid tribute to the nation by hoisting the Kuwait National Flag, followed by the flag salutation by Mr. Ali Ahmed, Head of the Department of Arabic. The Kuwait National Anthem reverberated across the assembly area, filling the moment with patriotic pride.

Mrs. Susan Rajesh Pothen, Vice-Principal, shared an inspiring message on the beauty of childhood. Mrs. Mini Shaji Joseph, Deputy Vice-Principal, introduced the Word of the Day to enrich students' vocabulary and encourage linguistic curiosity.

The ICSK News Desk - comprising Mr. Vinod Lakshman (HoD, Mathematics), Mr. George Swamy (HoD, Computer Science), Dr. Shyam (HoD, Physical Education), Mrs. Jesha Alex (HoD, Chemistry), Mrs. Nigy Jacob (HoD, Biology), and Mrs. Maheshwari Ponnusamy (HoD, English) - presented updates on national, international, scientific, sports, and campus news. Dr. V. Binumon, Principal and Senior Administrator, administered the Indian Pledge.

A heartwarming moment unfolded when Mr. Joel D'Souza from the Department of Social Science, dressed as Chacha Nehru, stepped onto the stage and was warmly received by the audience. Speaking with genuine warmth and affection, he connected deeply with the students, urging them to pause and introspect, to understand themselves, and to observe the world with curiosity and compassion. He encouraged them to maintain a daily diary to capture their thoughts, choose their words with care, and grow into responsible individuals who can contribute meaningfully to nation-building.

A melodious solo song was presented by Mrs. Aleena, enriching the atmosphere with joy and serenity. The highlight of the day was the grand Fashion Show, where teaching and non-teaching staff of ICSK walked the stage in traditional attire. Their grace, elegance, and confidence captivated the young audience, who were thrilled to see their teachers perform for them. This was followed by Nritya Vedika - The Waves of Rhythm, a classical dance presentation that showcased the beauty of Indian culture. Energetic musical performances by the teachers further elevated the festive spirit. A captivating skit, presented by the staff, enthralled the students with its meaningful themes of friendship, parental sacrifice, dedication to goals, and the importance of discipline. A dynamic group dance added to the vibrancy of the celebration, keeping the students fully engaged.

Dr. V. Binumon, in his address appreciated the efforts of the teachers and spoke about the significance of childhood - highlighting curiosity, creativity, joyfulness, openness, and boundless energy as essential traits to be nurtured.

The grand celebration came to a joyful close with the distribution of chocolates to all classes, leaving the children with happy smiles and cherished memories.

Shramdaanat ICSK – Protecting Our Beaches, Protecting Our Planet



The Indian Community School, Senior organized Shramdaan 2025 on Thursday, 20 November 2025. Under the theme 'Together for a Cleaner Coastline,' the school conducted a beach cleaning drive at Blajat Beach, Salmiya, aimed at creating awareness about coastal conservation and encouraging everyone to take responsibility for protecting our beaches and marine life. The event commenced with Dr. V. Binumon, Principal and Senior Administrator of ICSK briefing students about the importance of a clean coastline, the harm caused by microplastic waste and the correct methods

of cleaning.

99 students of Class IX took part with great enthusiasm, guided by the Deputy Vice Principal, Mrs. Mini Shaji and mentors Mrs. Soumya Vipin, Mrs. Stella Gama, Mrs. Binu Jacob, Mr. Manuel Justin, Mr. Vijay Bhaskar and Mr. Munir Qasim. The programme was coordinated by Mrs. Deepa Biju and Mr. Austin.

Students engaged in beach cleaning, waste segregation, and took an Eco Pledge promising to care for the environment.

The drive helped them understand the importance of keeping nature clean and protecting it for the future. The activity highlighted the core values of responsibility, teamwork, sustainability and Respect for Nature.

Shramdaan 2025 reminded everyone that caring for the Earth begins with small acts of love and responsibility. The students returned with a deeper sense of awareness, carrying the message that when we come together with sincerity, even simple efforts can create a cleaner, brighter future for all.



SPARSH – Nurturing Values and Compassion



"The purpose of human life is to serve, and to show compassion and the will to help others." - Albert Schweitzer

The Indian Community School (Senior), Kuwait, proudly conducted the SPARSH 2025 activity, a value-based initiative that aims to instill human values and essential life skills in students. Launched in 2015, SPARSH continues to be a guiding force in shaping students into responsible, empathetic, and socially conscious individuals.

The activity focused on two key components - Value-Based Social Activities and Life Skill Activities - encouraging students to engage in acts of kindness, teamwork, and leadership. Participants from all four school houses - Achievers, Victors, Winners, and Leaders - enthusiastically took part, each contributing valuable points to their respective houses through their active involvement.

The event culminated in a special assembly, where the Vice Principal awarded certificates to the winners and appreciated all participants for their



wholehearted efforts. The Vice Principal, in her address, emphasized the importance of compassion, empathy, and service in today's world, encouraging students to continue practicing these values in their daily lives.

SPARSH 2025 not only inspired students to give back to society but also reinforced the spirit of unity and selflessness that defines the ICSK community. The event truly reflected the school's commitment



to nurturing minds that think beyond themselves and hearts that care for others.

UNDERSTANDING NEURODIVERSITY



spectrum disorder (ASD), Dyspraxia, Dyslexia, Dyscalculia. Neurodiversity views this as different ways of processing information, learning, and behaving. They are not considered as defects but as differences. Neurodivergent individuals are individuals whose brain functions differently from what is considered typical. While their brain works differently than neurotypical individuals, they possess unique strengths like creativity, intense focus (hyperfocus), strong pattern recognition, and excellent attention to detail etc. Imagine a bunch of apples met an orange and instead of calling it an orange they called it 'Apple deficiency syndrome'. This perspective emphasizes that these differences should be respected and celebrated. Embracing neurodiversity is about encouraging open

conversations, providing equal opportunities, and replacing stigma with understanding can make a big difference. Neurodiversity celebrates the beauty of the human brain showing that our differences don't divide us, they enrich us.

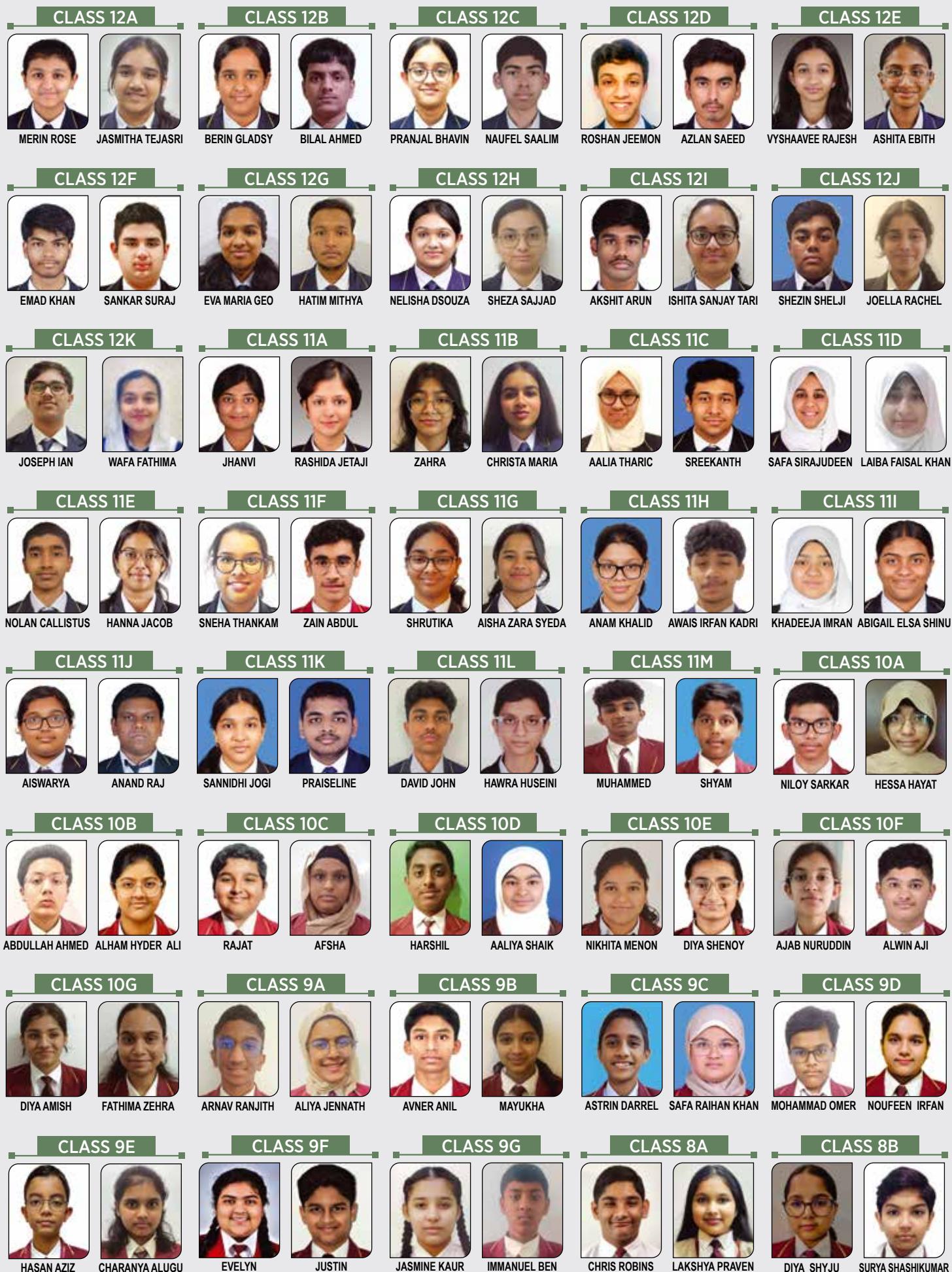


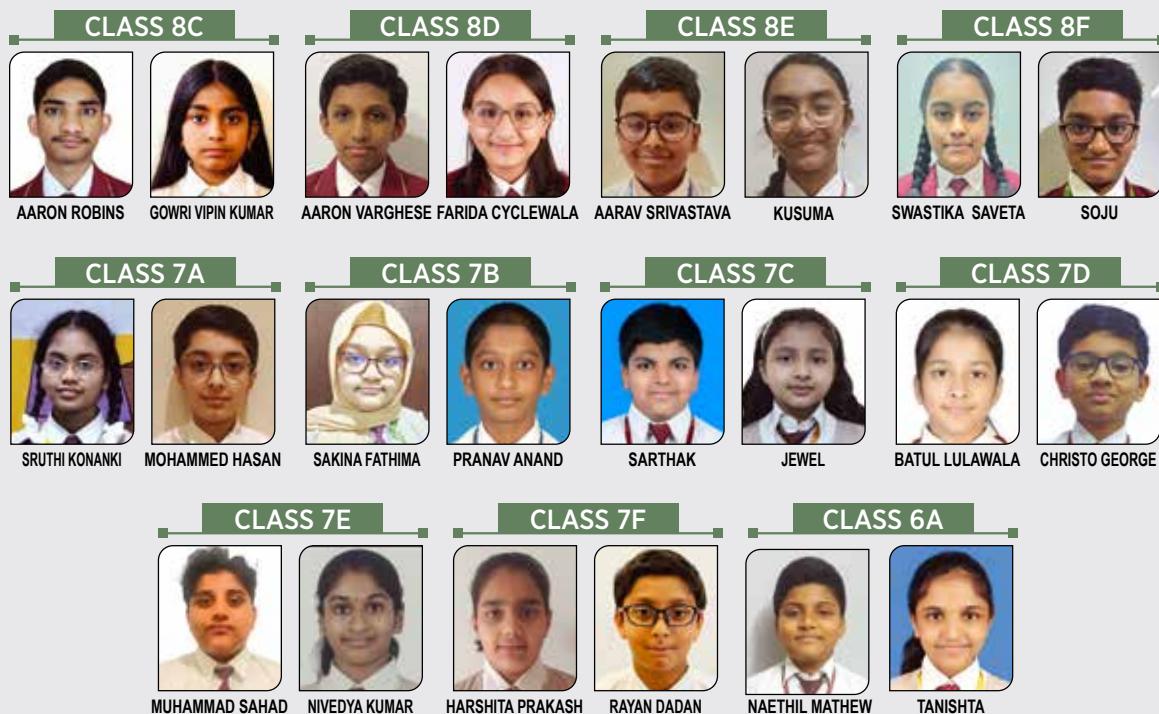
SAFOORA SHAIKH
- 12 A



Neurodiversity is an umbrella term for the diversity of all human brains, not just those associated with specific conditions. Neurodiversity describes that people experience and interact with the world differently than other people. It includes neurological differences like Attention deficit hyperactive disorder (ADHD), Autism

CAPTAINS & VICE CAPTAINS - DECEMBER





The Growing Drug Crisis: A Nation At Risk Rising Supply, Rising Addiction



The battle against drug abuse is making no headway, despite the collective will of world governments. Rather, the number of users is growing. Patterns of use are changing as also the profile of users, while the trade finds new and devious ways of reaching users. The world affected are of course the developing countries which

are already burdened by poverty, illiteracy and inadequate facilities for intervention. According to UNDPC figures of the more than 200 million abusers world over, 4 million are in this subcontinent and 2.25 million in India.

Addicts in fact are no longer slum dwellers or spoiled brats of wealthy parents. Studies suggest that a typical addict comes from all walks of life. Is young, male, sexually active, often employed in unorganized sector and earns enough money to buy drugs. Workplace drug abuse has in fact gone up according to the drug abuse information, rehabilitation and research center from 2.5% to 40% over a 10 year period.

Sadly, child addicts are also on the increase. In a survey done by Butterflies, a Delhi NGO, 50% of the street children interviewed had experimented with cocaine, which is easily available at affordable prices.



BURHANUDDIN GHADIYALI - 8E

In rural areas certain segments of the population are tolerant to the use of drugs and do not receive them as a problem. So users do not want treatment. Experience has shown that the demand for drugs reduces when the quality of life improves. Even the provision of a playground has shown a fall in demand.



Tricky Brain Teasers

- I speak without a mouth and hear without ears. I have no body, but I come alive with wind. What am I?
- The more you take away from me, the bigger I get. What am I?
- I have cities but no houses, rivers but no water, and forests but no trees. What am I?
- Before Mount Everest was discovered, what was the highest mountain in the world?
- A man is looking at a photograph. His friend asks, "Who is it?" The man replies, "Brothers and sisters, I have none. But that man's father is my father's son." Who is in the photo?
- What can travel around the world while staying in one corner?

1. An echo 2. A hole 3. A map. 4. Mount Everest. 5. His son. 6. A postage stamp.

Colors of Hope in the ICSK Inter House Rangoli Competition



The Indian Community School, Kuwait, conducted the Inter-House Rangoli Making Competition on 19th October 2025 as part of the Senate Activities. The theme for the event was "Light Over Darkness", inspiring students to depict hope, peace, and positivity through vibrant designs and creative patterns.

The competition saw enthusiastic participation from students across Classes 6 to 12, grouped under three categories. Each team consisted of 3-6 members, and the participants showcased impressive teamwork, creativity, and artistic expression. With only one hour to complete their rangoli without any pre-drawn outlines, students demonstrated remarkable spontaneity and skill using only the allowed materials—rangoli powders, flowers, and diyas.

The event was judged by Mrs. Suma and Mrs. Seleesha, who evaluated each rangoli based on Creativity, Neatness, Color Combination, Relevance to Theme, and Overall Presentation. The judges appreciated the students' dedication, innovative ideas, and the meaningful message depicted in their artwork. They commended the participants for reflecting the spirit of the theme so beautifully—symbolizing light, unity, and goodness.

The competition not only encouraged artistic talent but also promoted teamwork

and cultural appreciation among students. It concluded with encouraging words from the judges and teachers, motivating students to continue pursuing creativity and excellence.

The event was successfully coordinated under the guidance of the Senate Advisor Mrs. Jesha Alex and supported by the House Mentors, making it a memorable and enriching experience for all.



Ha ! It feels funny it feels great
But to others it's a wicked fill of shame
Tripping down , going down-lane
Ahead right outside the doorstep
Seeing them making you prep
Preparing out-side to be your trueself
But then , it slips up to their mindful sets
Tracking you down , break a leg !
Ouch to your heart

Most importantly your emotional part
Hiding those bruises
Seeing the pain
Feeling a great break-down in strain
But , wait and see nor watch and learn
That this is the true part of a game
League out all the negativity thoughts
Dont surround it with lots
Lots of them are just lost at themselves



DHARMIDHA
DHARMARAJAN - 11

RIDS Collaborative Learning Project Report

British Council International Collaboration 2024 - 2025



Project Title: "Building a Water Secure World Together: Harnessing the Power of Water for Sustainable Growth"

As part of the British Council's international collaborative learning initiative, the Indian Community School Kuwait (ICSK) collaborated with DLF Public School, Ghaziabad, India, on the project "Building a Water Secure World Together: Harnessing the Power of Water for Sustainable Growth." The project aimed to foster global awareness, cultural exchange, and scientific inquiry into the growing issue of global water scarcity.

Students from Classes VII and IX across ICSK Senior, Amman, and Khaitan actively participated. The project.

DLF Public School, Ghaziabad, was honoured with the RIDS Award from the British Council for outstanding project implementation and expressed appreciation for the participation of ICSK students and faculty. On 18th November 2025, ICSK received digital certificates for 40 students and 12 staff members.

Objectives of the Project

- To promote international collaboration between students of India and Kuwait
- To raise awareness about global water scarcity
- To explore sustainable and innovative water management solutions
- To develop research, communication, and analytical skills
- To foster cultural understanding through meaningful student interactions

Activities Conducted

Activity 1: Map Work

Students engaged in map-based geographical research identifying:

- Major lakes of India
- Major rivers of India
- Desalination and water treatment plants in Kuwait

This enabled students to visually understand freshwater availability and distribution across both countries.

Activity 2: Worksheet on Water Challenges
Students analyzed and compared the challenges faced by Kuwait and India in providing freshwater to their populations. Key issues identified included:



Challenges in Kuwait

- Lack of natural freshwater sources
- Dependence on desalination ($\approx 90\%$ of supply)
- Environmental issues: brine disposal, energy consumption
- Groundwater depletion and salinity

Challenges in India

- River and lake pollution
- Over-extraction of groundwater
- Uneven rainfall patterns
- Climate change impacts

Students completed worksheets demonstrating strong research skills and environmental understanding.

Activity 3: Report Writing – "Successful Water Management Initiatives"

Students created detailed reports based on Activity 2, exploring key water management initiatives such as:

In Kuwait

- Desalination technologies
- Water conservation policies
- Wastewater treatment and reuse
- Use of brackish groundwater
- Community-level awareness programs

In India

- Narmada Project - irrigation, drinking water, hydropower
- Ganga Abhiyan - river rejuvenation
- Jal Jeevan Mission – rural piped water supply
- Rainwater harvesting & watershed management.

All branches submitted well-structured, thoughtful reports.

Activity 4: International Video Conference

A live virtual interaction was conducted between ICSK Kuwait and DLF Ghaziabad, where students:

- Presented research findings
- Shared comparative insights
- Discussed practical water management solutions
- Asked and answered questions collaboratively

This strengthened global communication skills and cross-cultural understanding.

Activity 5: Pen-Pal Writing

Students wrote reflective letters summarizing:

- Their learning experiences across all activities
- Their personal ideas on sustainable water use
- Their cultural perspectives
- Their collaboration journey

These letters were exchanged with students of DLF Ghaziabad, nurturing meaningful international friendships.

The RIDS collaborative learning project was a highly enriching experience that successfully blended research, innovation, cultural exchange, and practical environmental awareness. Through five structured activities, students gained deep insights into global water challenges and contributed creative solutions tailored to Kuwait and India's needs.

The partnership between ICSK and DLF Ghaziabad strengthened global citizenship values and empowered students with essential 21st-century skills.

ICSK, Senior Celebrates Sanskriti 2025

A Spectacular Tapestry of India's Rich Culture and Student's Creativity



The Indian Community School, Senior, buzzed with excitement on Tuesday, 25th November 2025 with colours, rhythms, and the warmth of togetherness as it celebrated Sanskriti 2025 – India's Cultural Mosaic, a festival lovingly curated for the first time by the Department of Social Science. More than just an event, Sanskriti 2025 was a heartfelt journey - a beautiful reminder of who we are, where we come from, and the heritage that continues to shape us.

The celebration began with Dr. V. Binumon, Principal and Senior Administrator, along with Simra Samir Duduke of class IX, inaugurating the grand Indian Cuisine Exhibition. Students showcased hundreds of regional delicacies, each dish carrying a piece of its homeland - its aromas, its traditions, its soul. Recipe cards handwritten with care narrated the journey of each dish, weaving together ingredients, history and culture. The exhibition offered an experience that felt like a journey across India in a single afternoon, allowing visitors to savour the diverse flavours of the North, South, East and West.

The experience extended beyond taste. Stunning posters, models, charts, and handcrafted exhibits created by students filled the venue with colour and meaning. They beautifully portrayed the languages, textiles, scripts, art forms, and symbols that give India its unmistakable identity. These exhibits reflected the department's

mission: to nurture 21st-century skills, to help students stay connected to their roots, and to inspire learning that goes beyond the pages of a textbook.

The atmosphere grew even more vibrant as students arrived dressed in the traditional attire of different states. With grace and pride, they explained the significance of their clothing, jewellery, and customs - bringing stories of their ancestors to life and reminding everyone of India's timeless unity in diversity.

The cultural segment in the auditorium added yet another layer of beauty to the day. The programme began with a warm welcome by Mr. Illiyas, Head of the Department, Social Science, who reflected on the purpose of Social Science education - to think, to feel, to understand, and to stay rooted in values.

The session was inaugurated by Dr. V. Binumon, who praised the Social Science Department and students for creating such an inspiring experience. His message highlighted the power of experiential learning in shaping young minds.

Felicitations by Mrs. Susan Rajesh, Vice Principal of ICSK and Mrs. Mini Shaji Joseph, Deputy Vice Principal of ICSK expressed heartfelt appreciation for the creativity, research, and sincerity shown by students.

A short, soul-stirring video followed, celebrating the vast cultural heritage of India. It set the tone for the performances that came next - folk dances, classical rhythms, and regional music that filled the auditorium with energy and emotion. A thought-provoking MIME performance titled 'Cultural Diversity of India' captivated the audience. It conveyed a strong message of national pride, unity in diversity and the enduring spirit that defines incredible India. The event drew to a close with a sincere vote of thanks delivered by Mrs. Sona Mary Salim, Department of Social Science acknowledging the tireless efforts of the Social Science Department, teachers, student volunteers, and performers who breathed life into Sanskriti 2025.

In every dish, every costume, every dance step, and every word, Sanskriti 2025 was a celebration of identity, pride, and togetherness. The event touched hearts, inspired and reminded the gathering of the extraordinary heritage they belong to.



ICSK Students Emerge Runners - Up in U15 Doubles Badminton



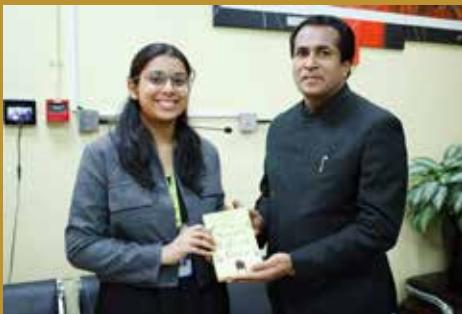
We are delighted to report that Catherine Vinoy Mathew of ICSK Senior, along with her doubles partner Zoya Karim, achieved an outstanding accomplishment at the IBAK Inter School Doubles Badminton Championship held on 20th and 21st November 2025 at the Indian Badminton Association of Kuwait.

Competing in the highly competitive Under-15 category, the duo showcased remarkable teamwork, determination, and sporting excellence, securing the

Second Prize (Runners-Up) position. Their consistent performance throughout the tournament reflected not only their talent but also their strong commitment to the sport.

This achievement brings great pride to their parents, teachers, coaches, and the entire ICSK community. We congratulate Catherine and Zoya on their well-deserved success and wish them continued accomplishments in their future sporting endeavors.

BOOK DONATION STAFF AND STUDENT



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NITHESH SURESH

Brainrot and Screens: What's Really Happening?



Have you ever watched one short video... and suddenly it's been an hour? That's what people jokingly call 'brainrot' - the mental fog from endless scrolling through fast, repetitive videos. Don't worry, your brain isn't literally rotting - but your attention might be taking a hit.

Research shows that screen use can affect attention and brain development, especially

in kids and teens. For example, a study of over 10,000 children found that higher screen time was linked to more symptoms of inattention and subtle changes in brain areas involved in memory and focus.

Other studies show that too much passive screen time can make it harder for your brain to switch between tasks or stay focused on slow, demanding work like homework or reading. And here's a fun fact: many kids spend around 2.7 hours or more per day on screens, with almost half exceeding 2 hours daily - a level linked to higher risk of attention difficulties.

So, what can you do about it? Try this little experiment:

1. Set a timer for 10 minutes and watch a

- few reels.
2. Stop, put your phone down, and write one thing you remember from it.
3. Did you find yourself automatically reaching for the next reel?



NIKITA KINGDLEY

- 12D

That's your brain being trained for fast rewards, which is why focusing on slower tasks feels harder.

The takeaway? Screens aren't the enemy, but unplanned, endless scrolling can steal your attention.

Try setting limits, taking breaks, or using apps intentionally - your brain (and your homework) will thank you.

Unity, Heritage, and Patriotism: ICSK 7C & 7D Shine on Constitution Day



The students of Classes 7C and 7D conducted a well-coordinated and meaningful assembly on 26th November 2025 under the theme "National Constitution Day." The assembly was guided by the class teachers Mrs. Binu Sabu and Mrs. Tintu.

The program began with an Islamic Prayer led by Abdullah, followed by the School Prayer, and then the Flag Hoisting, conducted by Abdullah, instilling a sense of respect and patriotism. Shayaan then delivered the Salutation, setting a positive tone for the morning.

The Word of the Day was presented by Shiva, enhancing the vocabulary of the students, while the Thought of the Day was

shared by Aafiya, inspiring everyone with a meaningful message. The assembly was smoothly anchored by Manha and Janice, who confidently guided the flow of events.

The News Reading segment was handled by Joanna Jaimol along with Liam, who updated the audience with latest news. The cultural segment of the assembly was vibrant and engaging. Students presented "Mother India", celebrating the spirit and heritage of the nation. This was followed by a patriotic song, along with performances in dance, band, and a skit, all showcasing the talents of the students and aligning with the day's theme. The Principal then addressed the gathering with motivating words.

The assembly concluded with the announcement of birthdays, and the distribution of certificates trophies of Expressions and Hues in Queues, celebrating students' achievements and talents. Overall, the assembly on 26th November 2025 was informative, patriotic, and engaging, highlighting teamwork and dedication by the students of 7C and 7D.

BEST STUDENT - NOVEMBER



DERENA DENIS
12A



ALAN BOBY
12B



NIKHIL SUNIL
12C



SAMEEEHA SHEFFIK
12D



REMAS FATHIMA
12E



UMAIMAH ABDUL
12F



VEDANT PRADEEP
12G



AVERYL JESSICA
12H



NEHA BINIL
12I



YASH HARSHAD
12J



ALBY SAJI
12K



ESTHER DINJEN
11A



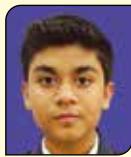
ALISHA MARYA
11B



SUDHANVA
11C



NATHAN SHINU
11D



NAZAL
11E



FARUHA SYED
11F



MARYAM WASIM
11G



FAREEEHA FAISAL
11H



NIRANJAN SURESH
11I



ASIYA MOHAMMED
11J



RIDA MARIAM
11K



ASHTON R PEREIRA
11L



NAYTHAN ASHTON
11M



RESHMI TANMAYI
10A



NIAH ANN BINU
10B



SATHYAK VIJAY
10C



AMRITH RAJINI
10D



JEREMY GEORGE
10E



RISHNAV GINEESH
10F



MOHAMMED RAZA
10G



GEORGE SIJO
9A



EHZAAN ZAIR BENISH
9B



RIDA DOI
9C



ASHNI GRACE
9D



SAKINA
9E



ARIHANT
9F



ANVITHA PRAVEEN
9G



RAKSHAAN MADHAN
8A



ANITA JOHNSON
8B



SHRADDAH SAJIL
8C



ATHULYA BAIJU
8D



ARISHA S KALE
8E



KEVIN GINOJ
8F



VIHAAN HARI
7A



PRANAV ANAND
7B



ELIEZER
7C



KEVIN KEEGAN
7D



JUSTIN MANOJ
7E



PURVI DIPON
7F



VANIAH THOMAS
6A



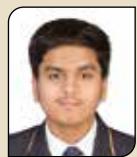
No tears will fall for you,
Believe in yourself ! Each day is new.
The previous night was never meant to decide your fate,
Believe in yourself ! It's never too late.
Darkness of the night doesn't alter the brightness of the moon,
Believe in yourself ! Your day will come soon.
One day we all will fall,
Believe in yourself ! That's not the end at all.
Life is not measured by the money you earned,
By the fame you reached, by the challenges you won,
Believe in yourself ! It's only by those lives that smiled because you lived in them all !



DARIS BASHEER

A NOTE FOR
Yourselv

Birthday Arcade - DECEMBER



ABDULLAH QUADRI
11 A - DEC 01



HESSA MARYAM
9 B - DEC 01



ISHAQ SHAIK
12 K - DEC 01



JOEL ABRAHAM
12 F - DEC 01



NAYTHAN ASHTON
11 M - DEC 01



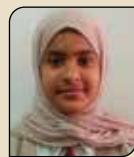
CATHERINE VINOY
9 C - DEC 02



SAGAL KAUR BHATTI
11 F - DEC 02



SIBHAI AYAN JUNAID
12 C - DEC 02



ALIYA SAKKARIYA
7 F - DEC 03



ASHWIN VINOOTH
7 D - DEC 03



ETHAN FRANCIS
7 E - DEC 03



HADI ZIDAN ALI T.P.
10 A - DEC 03



JOEL HARRISON
6 A - DEC 03



JOYCE LIZ MATHEW
11 A - DEC 03



MALLIKALAKSHMI
8 B - DEC 03



NIKHIL SUNIL
12 C - DEC 03



RIZWANA
10 E - DEC 03



RON JOHN PETER
10 F - DEC 03



GEORGE SIJO
9 A - DEC 04



REEMA KRISHNA
7 D - DEC 04



SHAIK MOHAMMED
12 A - DEC 04



DANIA AMIR JAFRI
12 E - DEC 05



ROSANNE NICOLE
12 K - DEC 05



SAI SAANVI ROKKAM
12 E - DEC 05



SYED FAISAL
12 J - DEC 05



ABDULLA KASSIM
11 L - DEC 06



ABIGAIL RODRIGUES
12 B - DEC 06



JAMILA
7 F - DEC 06



JOANA SARA SHYJU
8 B - DEC 06



MUHAMMED HAMDAN
11 M - DEC 06



NAFISA
11 I - DEC 06



ROOPAN RATHISH
11 E - DEC 06



TAIBA ASSAN
11 I - DEC 06



AISHA KADIRI
9 B - DEC 07



DAVIK TEJ SUMESH
10 G - DEC 07



JEWEL MARY BIJOY
11 K - DEC 07



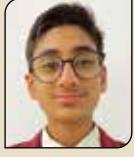
SERENA DAISY
11 D - DEC 07



YUSRA GALSULKAR
12 G - DEC 07



AHMAD SULTAN
12 H - DEC 08



BURHANUDDIN ALI
10 B - DEC 08



DHIMA SHICHU
12 B - DEC 08



DHIYA SHICHU
12 A - DEC 08



DION SONY CHACKO
9 C - DEC 08



MADHAV MANU
8 D - DEC 08



MOHAMMAD SULTAN
12 F - DEC 08



NAETHIL MATHEW
6 A - DEC 08



SYED ALMAAN
11 E - DEC 08



AAZIM ABDUL
11 B - DEC 09



GLEN GEORGE
9 B - DEC 09



KARTHIKEYA
10 A - DEC 09



NABA RAFI
9 B - DEC 09



TANYA TIJU
11 K - DEC 09



ZAHRA
9 A - DEC 09



BATUL JABIR HUSAIN
11 E - DEC 10



INSIYA SOJITRAWALA
8 F - DEC 10



JYOTHI SHRAVANTHI
10 D - DEC 10



MOHAMAD NIFLAN
10 F - DEC 10



SARAH SHAIKH
12 E - DEC 10



SHRUTHIKA SUBBU
10 A - DEC 10



NANDITHA NAIR
10 E - DEC 11



PRINCY RIMA
12 K - DEC 11



SAKINA
9 E - DEC 11



CHRISTEN BINOSH
9 C - DEC 12



DERENA DENIS D
12 A - DEC 12



RUTH CLARA
12 J - DEC 12



VIVAAN VIRAJ
8 E - DEC 12



VRISHYA AMIT
11 F - DEC 12



ABBAS BURHAN
8 A - DEC 13



ELSA MARIA
11 G - DEC 13



WASEED AHMED
7 A - DEC 13



ADEENA HANAN
7 D - DEC 14



FAIKA FATHIMA
11 J - DEC 14



MARIYA
12 H - DEC 14



AASIM HASHMAT ALI
9 E - DEC 15



ANKITA BIPIN
11 H - DEC 15



JUDY GERALDYN
7 C - DEC 15



KHALID FAYYAZ
11 C - DEC 15



AKSHATH KALARICK
11 K - DEC 16



MARIA SARAH JOSE
11 L - DEC 16



MOHAMMAD FOUD
11 M - DEC 16



MUHAMMED IRFAN
8 E - DEC 16



SAMINA MUNAWER
11 G - DEC 16



SARRA MUSTAFA
11 D - DEC 16



SYED ADNAN
7 C - DEC 16



ADARSH DEVI
7 F - DEC 17



AHEED ALI ANSARI
12 G - DEC 17



ALVIN ANU
11 J - DEC 17



ARJUN JAYAN
10 G - DEC 17



HIBA AHMED
12 B - DEC 17



IMMANUEL BEN
9 G - DEC 17



KASHVI ROKKAM
7 C - DEC 17



LOHITHA SAI BARMA
9 C - DEC 17



MUHAMED FAHIM
11 H - DEC 17



NABEEHA MOHAMED
10 B - DEC 17



NAMITA MARIA
12 C - DEC 17



TAIKHUM SOJI
9 D - DEC 17



TARAN GURU
11 M - DEC 17



ZAINAB FAKHRUDDIN
11 M - DEC 17



ARIJANT SOHTI
9 F - DEC 18



IDRIS MAZAHIR
12 H - DEC 18



SWATHI PRADEEP
7 B - DEC 18



ANSH PARDESHI
7 F - DEC 19



HINA FATHIMA J. R
11 B - DEC 19



JASMINE KAUR
9 G - DEC 19



JEFFRIN JACOB
12 I - DEC 19



RISHON ARANHA
9 E - DEC 19



UMANG SAINI
10 E - DEC 19



VISHNUPRIYA VINO
11 F - DEC 19



BERYL CHACKO BIJI
12 B - DEC 20



FATIMA SOHEB KAZI
90 F - DEC 20



MATHEW THOMAS
8 B - DEC 20



NAKSHATRA NISHAD
11 M - DEC 20



NAYTHAN MODI
7 B - DEC 20



NIVEDYA SUNIL
7 E - DEC 20



SARAH ANN THOMAS
12 I - DEC 20



THOMAS
7 A - DEC 20



YUSUF ATEEB
12 E - DEC 20



GODY VARGHESE
12 F - DEC 21



MOHAMMED SINAN S
9 F - DEC 21



ROAN RIJO RAPHAEL
12 G - DEC 21



SAKINA TAHERI
10 A - DEC 21



KAYVAN RAJESH
10 D - DEC 22



ROHIT RAJ KANATTU
12 G - DEC 22



HANIA KAUR SAHNI
11 G - DEC 23



RAYYAN SHADAB
8 F - DEC 23



ROSHIL REJI
12 C - DEC 23



SHABBIR BURHANI
12 F - DEC 23



DIYA CICILIN BOSCO
11 E - DEC 24



NIVED SAMPREETHA
7 B - DEC 24



RAZIK ABDUL
10 G - DEC 24



RUKAIYA MOHAMMED
7 E - DEC 24



SABA KHALID KHAN
12 K - DEC 24



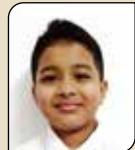
AISWARYA
11 J - DEC 25



BRYAN
11 J - DEC 25



FATIMA NAHAR
12 I - DEC 25



HUSSAIN PINDARMA
7 F - DEC 25



MOHAMMED SHAFE
12 E - DEC 25



ZOYA EHSAN ULLAH
6 A - DEC 25



DANIEL SANJU PAUL
8 A - DEC 26



ABBAS GANGARD
7 F - DEC 27



ANN MARIA PHILIP
10 C - DEC 27



NILOY - SARKAR
10 A - DEC 27



NINESHA CHRISY
12 J - DEC 27



ARYA MANOJ PAWAR
11 D - DEC 28



ASHLIN GLINDIS
8 F - DEC 28



BADAR ZAMAN KHAN
12 C - DEC 28



HUZAIFA
12 H - DEC 28



MUHAMMED
10 E - DEC 28



NIVEDITHA SUNIL
11 B - DEC 28



AARAV PANWAR
11 D - DEC 29



AYISHA NAUSHAD
10 F - DEC 29



KOMAL UTTARKAR
7 C - DEC 29



SANNIDHI JOGI
11 K - DEC 29



SYED ABDUL RABB
11 D - DEC 29



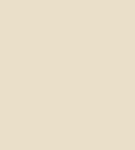
TVESA PATEL
10 C - DEC 30



SARA ZEHRA IMRAN
7 C - DEC 31



SAVI SOJAN
9 A - DEC 31



MR. NISHAD
DEC - 01



MR. MURTZA ALI
DEC - 01



MRS. MARIAMMA SHAJI
DEC - 05



MUSAVEER MOHAMAD
DEC - 08



MRS. REENU ANTAPPAN
DEC - 12



MRS. SUNITHA GEORGE
DEC - 18



MRS. EMAN AHMED
DEC - 18



MR. NITHIN
DEC - 19



MR. HARIKRISHNAN
DEC - 20



MRS. SANDHYA
DEC - 28



MRS. SARITHA P. NAIR
DEC - 30

CHARITY CONVENERS - DECEMBER



KEREN ROSINA REJI
12A



AAMINA SHAIK
12B



AHESAN SIBKHAT



HANNAH MARIA
12D



ZAHID MOHIUDDIN
12E



CAROLINE MODI
12F



VEDANT PRADEEP
12G



DEEPIKA
12H



RICHARD GEORGE
12I



ANUGRAHA
12J



ISHAQ SHAIK
12K



ESTHER DINJEN
11A



SIVANAND
11B



PUNYA PRAJESH
11C



RYAN MATHEW
11D



KRIPA SARA
11E



SABIAH AHMED
11F



RACHEL VERBENA PEARL
11G



MICHELLE PINTO
- 11H



DEVANG SANJAY
- 11I



ARON ABY ABRAHAM
- 11J



RIDA ABDUL KHADER
- 11K



EMMANUEL BABU
- 11L



MUHAMMED SHAMMAS
11 M



AARON MATHEW
10A



DEON POLLY
10B



ISHAN GOVINDA
10C



SYED ASKARI
10D



NOAH STEPHEN
10E



RAJUR RAHMAN
10F



MOHAMMED HAREED
10G



KAVIN SARUPRIYAN
9A



ANN BINISH
9B



REYAN JOE SHIBU
9C



HAMZA SYED
9D



DARSHIT BHAGAT
9E



JAEDEN
9F



MUKUNDAN SENTHIL
9 G



JATHNIEL
8A



JEFFREY SAMUEL
8B



RIONA MARIA JOSE
8C



RYLAN D'SOUZA
8D



MUHAMMAD IZHAN
8E



IJAS MOHAMMED
8F



PRANAV ISHWAR
7A



BATOOL FATHIMA
7B



VAANYA
7C



NATHAN AJU
7D



AHMED RAWOOT
7E



ABDULLAH AKIF
7F



SAYED ALI
6A

RIDDLES



1. The more you take, the more you leave behind. What am I?
2. I am not alive, but I grow. I don't have lungs, but I need air. What am I?
3. What disappears the moment you say its name?
4. I can be cracked, made, told, and played. What am I?
5. What has one eye but cannot see?
6. I have branches, but no fruit, trunk, or leaves. What am I?
7. The more you feed it, the hungrier it becomes. What is it?
8. I'm tall when I'm young and short when I'm old. What am I?
9. What can fill a room but takes up no space?
10. I have cities without people, rivers without water, and forests without trees. What am I?

1. Footsteps
2. Fire
3. Silence
4. A Joke
5. A needle
6. A bank
7. Fire
8. A candle
9. Light
10. A map

EPitome OF SUCCESS

Conor McGregor



Conor McGregor was born on July 14, 1988, in Dublin, Ireland. He grew up in a working-class neighborhood, quit a plumbing apprenticeship to chase fighting full-time, and turned pro in 2008. After dominating

the European circuit and winning two Cage Warriors titles at once, he joined the UFC in 2013.

He exploded onto the global stage in 2015 by knocking out long-reigning champion José Aldo in 13 seconds to win the featherweight belt, then became the first fighter in UFC history to hold two titles simultaneously when he took the lightweight belt from Eddie Alvarez in 2016. His brash personality and devastating left hand made him the biggest pay-per-view star in MMA history.

In 2017 he crossed over to boxing and fought Floyd Mayweather in a blockbuster that earned him over \$130 million despite losing in the tenth round. Back in the octagon, his bitter rivalry with Khabib Nurmagomedov peaked at UFC 229 in 2018, still the highest-selling MMA event ever.

McGregor has been inactive since breaking his leg against Dustin Poirier in 2021. Outside the cage, he built a fortune estimated above \$200 million, largely by launching and later selling Proper No. Twelve Irish whiskey for \$600 million, along with pubs, clothing, and endorsements.

He's engaged to his longtime partner Dee Devlin and has four children. His career has been shadowed by multiple legal troubles, assault allegations, and controversial far-right political statements, including a short-lived 2025 run for Irish president that he quickly abandoned.



NITHESH SURESH
- 8B

At 37, McGregor remains one of the most famous and polarizing athletes on the planet, still talking about a comeback but yet to return to the cage. He will remain the best for ever.

Artificial Intelligence & Machine Learning: Shaping the Future



Artificial Intelligence (AI) and Machine Learning (ML) are no longer just futuristic concepts - they are transforming the way we live, work, and interact with technology. From voice assistants like Siri and Alexa to personalized recommendations on Netflix and YouTube, AI is already a part of our everyday lives.

Industries across the globe are rapidly adopting AI and ML to improve efficiency and innovation:

- Healthcare:** AI helps doctors diagnose diseases more accurately, predicts patient health trends, and even assists in developing new medicines. Robotics and AI-powered machines are performing complex surgeries with precision.

- Finance:** Banks and financial institutions use AI to detect fraud, automate trading, analyze market trends, and make better investment decisions.

- Entertainment & Media:** Streaming platforms, gaming companies, and content creators use AI to recommend shows, generate realistic graphics, and enhance user experiences.

- Automotive & Transportation:** Self-driving cars, traffic management systems, and predictive maintenance in vehicles are powered by AI and ML technologies.

- Education:** AI-driven learning platforms personalize lessons, track student

progress, and offer adaptive learning experiences.

Exciting Career Opportunities:

Students who are passionate about AI and ML can explore careers as AI engineers, data scientists, machine learning specialists, and robotics developers. These roles involve designing intelligent systems, analyzing vast datasets, and creating machines that can learn and adapt.

Skills to Develop:

Success in AI and ML requires a combination of coding, mathematics, statistics, and critical thinking. Curiosity, creativity, and problem-solving are equally important. Students can start by taking online courses, participating in coding challenges, building small AI projects, or joining school tech clubs.

Why AI Matters for the Future:

AI and ML are not only shaping careers - they are shaping society. From making daily life more convenient to solving complex global problems, AI is at the forefront of innovation. Students who explore these fields today will be the innovators and leaders of tomorrow, ready to drive change and create a smarter, more connected world.

Tuvalu is a small island nation in the Pacific Ocean, consisting of nine narrow islands and atolls. With a total land area of only 26 square kilometres, it is one of the smallest and lowest-lying countries in the world. Most parts of Tuvalu are just 2–3 metres above sea level, making it extremely vulnerable to rising seas and climate change.

The country has a population of about 11,000 people. Tuvaluans are known for their warm hospitality, strong family ties, and rich Polynesian traditions. Traditional dances like fatele, along with local crafts and community gatherings, play an important role in preserving their culture.

Economically, Tuvalu relies on fishing, small-scale farming, remittances from citizens working abroad, and revenue from its internet domain ".tv". Tourism

is limited because of its remote location and small infrastructure.

Tuvalu is widely recognized as one of the countries most at risk from climate change. Rising sea levels, coastal erosion, and saltwater intrusion threaten homes, crops, and freshwater supplies. The nation actively voices its concerns on global platforms, urging stronger action to protect vulnerable islands.

Despite these challenges, Tuvalu continues to work toward a sustainable

future through renewable energy projects, coastal protection, and community resilience programs. It stands today as a symbol of courage, culture, and the urgent need for global environmental responsibility.



JANICE - 7C



Mauritius Where Cultures Colors and Calm Oceans Meet



Mauritius is a small island nation in the Indian Ocean, but what it lacks in size it more than makes up for in diversity and charm. Known for its turquoise lagoons and soft white sand beaches, Mauritius is much more than a tropical getaway. It is a place where cultures blend beautifully, creating a rich lifestyle that feels both vibrant and welcoming.

One of the most fascinating aspects of Mauritius is its multicultural identity. Descendants of Indian, African, European and Chinese communities live together in harmony, and this mix is reflected in everyday life. Festivals such as Diwali, Eid, Christmas and Chinese New Year are celebrated side by side, filling the island with color, music and shared joy. The warmth of the Mauritian people, often

expressed through their friendly smiles and relaxed pace of life, makes visitors feel at home almost instantly.

Mauritian food is a highlight in itself. The island's cuisine is a delicious fusion of flavors, combining Indian spices, Creole influences, Chinese techniques and French flair. Street food is especially popular, with dishes like dholi puri flatbread filled with split peas, gateau piment chili fritters and mine frite fried noodles offering an authentic taste of local life. Seafood lovers can enjoy fresh fish, octopus curry and prawns cooked with aromatic herbs and spices.

When it comes to travel, Mauritius offers something for everyone. Nature lovers

can explore Black River Gorges National Park, hike through lush forests and discover hidden waterfalls. Beach enthusiasts can relax at Belle Mare, Flic en Flac or Le Morne, where clear waters meet dramatic mountain views. Cultural landmarks such as the Aapravasi Ghat, a UNESCO World Heritage Site and the Seven Colored Earths in Chamarel add depth to the travel experience.

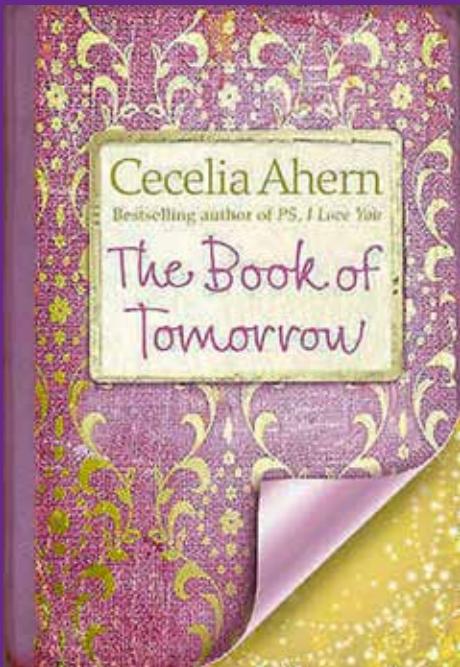


JUDY GERALYN - 7C

Mauritius is not just a destination. It is a feeling. It is the sound of waves at sunset, the aroma of spices in the air and the peaceful coexistence of cultures that makes the island truly unforgettable.



The Book of Tomorrow



The scholarship was a dream come true - an escape from small-town life, from ordinary afternoons that smelled of dust and boredom. Ashwood Academy loomed before them, freshly restored, ivy crawling over stone walls, windows glowing faintly in the dusk. But the smoke lingered in the paint, stubborn, whispering of a fire that

had closed the school decades ago.

The headmistress greeted them with an almost serene smile. "The tragedies of the past are over," she said, her voice smooth as marble. But the smile didn't reach her eyes. Lila, 17 and restless, didn't believe her.

That night, curiosity led her to the library. The door was locked, a rusted latch holding secrets for decades. One twist, a careful push, and the lock gave way. Inside, dust motes swirled in the flashlight beam. And there, chained to an old oak desk, lay a single book - leather cracked, pages yellowed. The Book of Tomorrow was etched across its cover, black ink like a warning.

Her fingers trembled as she opened it. Fresh pages had appeared, crisp and new. One page read:

"Elias Finch - drowned in the reflection pool at dawn." The others laughed nervously. Surely a prank? But when dawn broke, a flood from a broken pipe had turned the reflection pool into a grim mirror. Elias lay face-down, water still rippling over his pale skin.

Fear followed like a shadow. Each day, a new page. Each name preceded its death. The handwriting never matched - shifting, as if the book had many minds. One night, Lila found a Polaroid pressed between pages. They were all smiling, faces painted with red - too wide, too unnatural. Ink? Or blood? She shivered. The pattern became undeniable. Deaths occurred in the same rooms where the fire had started. Victims shared initials with the originals. This wasn't repetition. It was a rewriting of history.

The truth hit like ice: the book didn't predict. Reading a name aloud sealed that fate. Her pulse thundered as she turned the next page. A photograph stared back at her - the remaining students, smiling wide, knives in their hands. Letters were forming, slowly, in her handwriting. The book hissed, alive, ink crawling across the page like veins. Shadows pressed closer. Lila could close it, could destroy it. But in the reflection of the glass, her grin met her own. Too wide. Too red. She realized with a cold certainty: the book had chosen, and she had already begun to write.

"Epiquiz"

1. What is the national flower of Japan?
2. Which is the smallest state in India by area?
3. Where is the World Health Organisation situated?
4. Who is known as the Father of Mathematics?

5. Which organelle is known as the "suicide bag" of the cell?
6. A square and a circle have the same area. Which has the greater perimeter?
7. What is India's first indigenous 5G testbed called?
8. "Just Do It" is the tagline of which global brand?
9. Who is the founder of SpaceX and Tesla?
10. Which company owns brands like Dove, Surf Excel, and Magnum Ice Cream?

1. Cherry blossom (Sakura)
2. Goa
3. Geneva, Switzerland
4. Archimedes
5. Lysosome
6. The square has the greater perimeter. (Area is same, but perimeter of square > circumference of circle in this case.)
7. 5Gi
8. Nike
9. Elon Musk
10. Unilever



ICSK Senior Shines at Bhavans Model United Nations

Students of The Indian Community School, Kuwait (Senior Section) secured the First Runners-Up position at the Bhavans Model United Nations, organised by Indian Education School, Kuwait, and held at the SIS campus on 5 and 6 November.

Zohair Abbas Ali won Best Delegate (UNODC), Arash Abidi Husain received Outstanding Delegate (UNSC), Prisha Savla earned an Honourable Mention (DISEC), and Betsy Susan was awarded Best Position Paper (UNODC). The delegates were widely praised for their diplomatic acumen and persuasive skills, bringing distinction to the school at the interschool event.



DISCOVER India BIHAR



Bihar is the second-largest state by population, the 12th-largest by area, and the 14th-largest by GDP in 2024. Bihar borders Uttar Pradesh to its west, Nepal to the north, the northern part of West Bengal to the east, and Jharkhand to the south. Bihar is split by the river Ganges, which flows from west to east. On 15 November 2000, a large chunk of southern Bihar was ceded to form the new state of Jharkhand. Around 11.27% of Bihar's population lives in urban areas as per a 2020 report. Additionally, almost 58% of Biharis are below the age of 25, giving Bihar the highest proportion of young people of any Indian state. The official language is Hindi, which shares official status alongside that of Urdu. The main native languages are Maithili, Magahi and Bhojpuri, but there are several other languages being spoken at smaller levels.

In Ancient and classical India, the area that is now Bihar was considered the centre of political and cultural power, as well as a haven of learning. Parshvanatha, the 23rd Tirthankar, led the shramana order in this region in the 9th century BCE. Jainism

was revived and reorganised by Mahavira Maurya empire, as well as one of the world's most widely adhered-to religions, the 24th Tirthankar, in the 6th century BCE. From Magadha arose India's first empire, Buddhism.[26] Magadha empires, notably under the Maurya and Gupta dynasties, unified large parts of South Asia under a central rule. Another region of Bihar, Mithila, was an early centre of learning and the centre of the Videha kingdom.

However, since the late 1970s, Bihar has lagged far behind other Indian states in terms of social and economic development. Many economists and social scientists

claim that this is a direct result of the policies of the central government, such as the freight equalisation policy, its apathy towards Bihar, lack of Bihar sub-nationalism, and the Permanent Settlement of 1793 by the British East India Company. The state government has, however, made significant strides in developing the state. Improved governance has led to an economic revival in the state through increased investment in infrastructure, better healthcare facilities, greater emphasis on education, and a reduction in crime and corruption.



HIBBA BADAL KHAN - 8A

BALANCE SHEET FOR THE MONTH OF NOVEMBER 2025

Income (August & September 2025)	KD	Expenditure (October 2025)	KD
Balance c/f from (October 2025)	2726.590		
Contribution from Students (November 2025)	156.085		
Contribution from Student (VIII C)	10.000		
Balance in hand	2892.675		

CHARITY NOVEMBER 2025

CLASS / SEC	CLASS TEACHERS NAME	BIRTHDAY FUND	CHARITY FUND	TOTAL
12 A	MRS. NIGY JACOB	-	-	-
12 B	MR. PRATHAPA CHANDRAN B. PILLAI	-	-	-
12 C	MR. SUNDARESH K	-	-	-
12 D	MRS. SARITHA M.P	-	-	-
12 E	MRS. JESHA ALEX	-	-	-
12 F	MRS. SONA MARY SALIM	-	-	-
12 G	MR. PRASAD NAMBIAR	-	1.380	1.380
12 H	MRS. SHEHNAZ HAKIM	-	1.600	1.600
12 I	MRS. TEENA	-	-	-
11 A	MRS. SUSAN GEORGE	-	1.000	1.000
11 B	DR. WASEEM PATHAN	-	5.000	5.000
11 C	MR. VINOD LAKSHMANAN	-	1.000	1.000
11 D	MR. GEORGE SAMY	-	2.700	2.700
11 E	MRS. HARSHA RAJAGOPAL NAIR	-	2.275	2.275
11 F	MRS. DEEPA BIJU	-	5.750	5.750
11 G	MRS. RESMI NARAYAN	-	-	-
11 H	MRS. MUSARAT PARKAR	-	5.455	5.455
11 I	MRS. SREESHMA	-	1.230	1.230
10 A	MRS. JAGADA JEGADEESAN KAMALA	-	5.055	5.055
10 B	MRS. SANDHYA JAMES	-	0.555	0.555
10 C	MRS. SUSAH SHAJI GEORGE	-	0.150	0.150
10 D	MRS. NIMMY GOPINATH	-	8.930	8.930
10 E	MRS. SARITHA P NAIR	-	5.100	5.100
9 A	MRS. SOUMYA VIPIN	-	2.275	2.275
9 B	MR. MANUEL JUSTIN	-	3.250	3.250
9 C	MRS. JYOTI ANIL SANGTANI	-	1.350	1.350
9 D	MR. NITHIN VATAKKER MATATHIL	-	0.455	0.455
9 E	MRS. STELLA GAMA PHILIP	-	1.195	1.195
9 F	MR. VIJAY BHASKARA REDDY C	-	5.575	5.575
8 A	MRS. SREELAKSHMI	-	12.910	12.910
8 B	MRS. SHAMEENA MUHAMMED SAEED	-	2.965	2.965
8 C	MRS. SOUMYA PRASHANT	-	5.555	5.555
8 D	MRS. GURPREET KAUR (MRS. GURVINDER KAUR MAINI)	-	2.370	2.370
8 E	MRS. JICKCY SUSAN CHERIAN	-	2.015	2.015
7 A	MRS. SHIBYMOB BABU	-	4.655	4.655
7 B	MR. MANIKANDAN CHANGARAMKANDATH	-	2.800	2.800
7 C	MS. BINU SABU	-	9.865	9.865
7 D	MRS. SHREENEE MOOSA (MRS. TINTU)	-	17.225	17.225
7 E	MRS. ARSHIYA FATHIMA ASHRAF HUSSAIN	-	1.935	1.935
7 F	MRS. NAZIMA TAILOR	-	4.800	4.800
6 A	MRS. ANGULAKSHMI A	-	4.430	4.430
	TOTAL	-	132.805	132.805
AFTERNOON SHIFT				
8 F	MRS. RIZWAN MOINUDDIN	-	0.345	0.345
9 G	MRS. SHIBYMOB BABU	-	0.550	0.550
10 F	MRS. REENU ANTAPPAN	-	1.270	1.270
10 G	MRS. NIMMY GOPINATH	-	0.600	0.600
11 J	MR. SUNDARESH KUMAR K G	-	1.600	1.600
11 K	MR. SUJITH KRISHNA T	-	1.965	1.965
11 L	MR. PRASAD NAMBIAR	-	2.000	2.000
11 M	MRS. HEPHZIBAH BADUGU	-	7.600	7.600
12 J	MRS. RATNACHIRA MISHRA	-	6.350	6.350
12 K	MR. SREEKUMAR	-	1.000	1.000
	TOTAL	-	23.280	23.280
	GRAND TOTAL	-	156.085	156.085

EPHILATELY

Penny Black – United Kingdom (1840)



The Penny Black holds a special place in philatelic history as the world's first adhesive postage stamp. Issued during the reign of Queen Victoria, it helped simplify and standardize the postal system in Britain.

Before this innovation, receivers - not senders - had to pay postage, which caused confusion and delays. The Penny Black introduced a uniform rate of one penny and made communication accessible to the masses. The stamp's elegant black design with Queen Victoria's profile remains one of the most recognizable images in postal history.

Inverted Jenny – USA (1918)



One of the most famous error stamps ever printed, the Inverted Jenny features a blue biplane printed upside

down in the center. Only one sheet of 100 flawed stamps was sold, making each one extremely rare and worth hundreds of thousands of dollars today. It was released to mark the beginning of airmail service in the United States. The Inverted Jenny has become a symbol of philatelic luck and is often referred to as the "crown jewel" of American stamp collecting.

Mahatma Gandhi Centenary Stamp - India (1969)



This stamp commemorates the 100th birth anniversary of Mahatma Gandhi, showcasing his calm expression and iconic spectacles. It was widely collected due to Gandhi's

global influence, but a few limited-edition versions printed for dignitaries became exceptionally rare. The stamp honors Gandhi's contributions to India's freedom struggle and his principles of non-violence, simplicity, and truth. For many collectors, Gandhi-themed stamps represent India's spiritual and political heritage.

Apollo 11 Moon Landing Stamp – USA (1969)



Issued shortly after the historic moon landing, this stamp captures Neil Armstrong's iconic moment on the lunar surface. The engraving was created using an actual photograph taken during the mission. Interestingly, the stamp was printed with a special message hidden in the engraving tool - "A ONE SMALL STEP" - a tribute to Armstrong's famous words. This stamp symbolizes human innovation, courage, and the global pride felt during the Apollo 11 mission.

Penny Red – United Kingdom (1841–1879)



The Penny Red replaced the Penny Black to address cancellation difficulties - the red color made it easier to apply visible postmarks. Over 21

billion Penny Red stamps were printed during its long period of use, making it one of the most widely circulated stamps in history. Despite being common, variations in watermark, perforation, and printing plate numbers make it a fascinating subject for collectors. The Penny Red represents the expansion of communication in the Victorian era.

Taj Mahal Stamp – India (1974)



This stamp showcases the Taj Mahal, an architectural masterpiece and a symbol of eternal love. Designed with intricate detailing, the stamp captures the monument's ivory-white beauty and its perfect symmetry. It was issued to promote tourism and celebrate India's cultural treasures. Many collectors appreciate it not only for its beauty but also for the story it tells about Mughal history and India's artistic heritage.

Singapore Orchid Series (1962–1966)



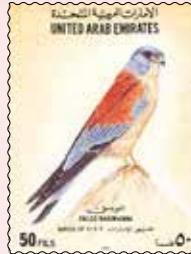
The Orchid Series is one of Singapore's most admired stamp collections. Issued during

Singapore's early years as a new nation, the stamps feature vividly illustrated native orchids like Vanda Miss Joaquim. These stamps helped showcase Singapore's biodiversity to the world. Their fine printing, bright colors, and botanical accuracy make them a favorite among thematic collectors who focus on nature and flowers.



NUSAIBAH CHABIR AHMAD - 7C

UAE Falcon Stamp – United Arab Emirates (1995)



Falcons hold deep cultural significance in the UAE, symbolizing pride, nobility, and strength. This stamp highlights the traditional Gulf heritage of falconry, a practice that dates back thousands of years. The detailed artwork often features the falcon perched confidently or in mid-flight. For collectors, this stamp is valuable not only for its beautiful design but also for its cultural importance in the Arab world.

Cherry Blossom Stamp – Japan (1970)

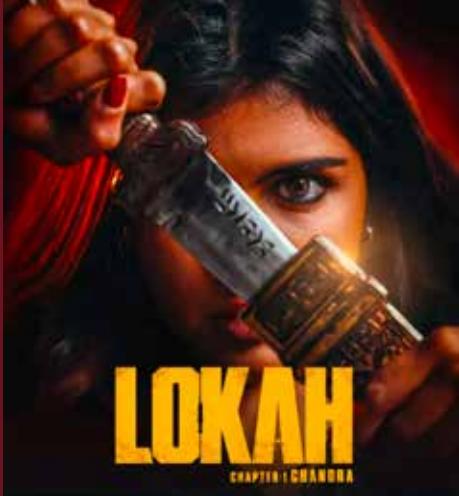


Japanese cherry blossoms, or sakura, are celebrated for their fleeting beauty, symbolizing renewal and the passage of time. This stamp highlights Japan's artistic tradition of appreciating nature. Released during spring, it reflects the national charm of hanami - flower viewing festivals. With delicate shades of pink and intricate design, the Cherry Blossom stamp captures the peaceful, poetic spirit of Japanese culture.

UNICEF Anniversary Stamp – International Issue (2006)



Issued by various countries around the world, this stamp celebrates 60 years of UNICEF, an organization dedicated to the welfare of children. The designs often feature bright colors, children's drawings, or symbols of hope. These stamps remind us of global unity and the need to protect children's rights. Collectors value them not only for their appearance but also for the humanitarian message they carry.



A Malayalam movie with dazzling fusion of folklore, fantasy and female power, gave birth to a new female super hero, CHANDRA. LOKAH CHAPTER 1-CHANDRA isn't just a film- it's the explosive beginning of a whole new universe rooted deeply in kerala's own vibrant mythology. This movie is produced by Dulquer Salmaan's Wayfarer film's and directed by the visionary Dominic Arun. Its magnificence extends beyond visual brilliance to include impeccable writing, offering an experience like never before.

The movie introduces us to the enigmatic Chandra, played with commanding grace by Kalyani Priyadarshan. Watch as Chandra unleashes powers drawn from ancient yakshi legend, Kalliyankattu Neeli – from super-speed to mind-bending illusions. Reimagined for the modern age, Chandra is a centuries-old guardian spirit with formidable abilities living in a neon-lit. Her mission brings her into conflicts with a dark human network, forcing her destiny as a reluctant, yet fierce, female superhero. Naslen shines as Sunny, the charming grounded young man who is captivated by Chandra, providing a welcome layer of humour and heart to the fantastical storyline. Sandy Master creates an absolutely chilling antagonist in inspector Nachiyappa Gowda, a villain whose transformation promises an even darker threat for future chapters.

The special effects are on par with international standards, proving that

Malayalam cinema can deliver a true visual effects(VFX) blockbuster rooted in our own folklore. With stunning cinematography by



MOHAMED RAYYAN

SHAWN

Nimish Ravi and an incredible background score by Jakes Bejoy, the film is a feast for the eyes and ears. The music drives the action and tension, making every chase and fight scene feel truly epics.

This isn't a one-off movie; it's the start of something massive! Keep your eyes peeled for mind-blowing guest appearances that serve as exciting introductions to other mythological heroes. The brief but electric roles played by actors like Tovino Thomas and Dulquer Salmaan aren't just fan service—they are vital clues that hint at an expansive future, teasing a multi-hero 'lokah-verse' where all our favourite legends co-exist.



NOURISH & FLOURISH: WINTER HEALTH CARE TIPS



A. Protecting Yourself from Cold

- Dress in layers: Wear thermal innerwear, sweaters, and jackets.
- Keep hands, feet, and head covered; these areas lose heat fastest.
- Use moisturizers: Cold weather can dry your skin; apply lotion regularly.
- Stay indoors during extreme cold and avoid sudden exposure.

B. Strengthen Immunity

- Wash hands frequently to avoid seasonal infections.
- Stay hydrated – even in winter, your body needs water.
- Get adequate sleep (7-8 hours for adults, more for children).

C. Exercise

- Keep moving indoors: yoga, stretching, or home workouts help maintain circulation.
- Even short outdoor walks in the sun are beneficial.

D. Prevent Seasonal Illnesses

- Take care during flu season; consider flu vaccination if recommended.
- Keep your living space warm but ventilated.
- Avoid sudden exposure to cold winds; wear scarves and masks if needed.

2. Winter Food Tips

A. Foods to Boost Immunity

- Citrus fruits: Oranges, lemons, and grapefruit (rich in vitamin C)
- Garlic & ginger: Natural immunity boosters
- Nuts & seeds: Almonds, walnuts, sunflower seeds for healthy fats
- Green leafy vegetables: Spinach, kale for vitamins and minerals

B. Warming Foods

- Soups and stews: Chicken, lentil, or vegetable soups provide warmth and nutrition.

- Spices: Turmeric, cinnamon, black pepper, and cardamom help improve circulation and warmth.

- Whole grains: Oats, millets, and brown rice provide energy and keep you warm.

C. Hydrating Foods

- Fruits & vegetables with high water content: Apples, carrots, oranges, and cucumbers.
- Warm drinks: Herbal teas, warm water with lemon, ginger tea.

D. Foods to Avoid

- Excess cold drinks and ice creams (can lower immunity)
- Fried and oily foods (can slow digestion in cold weather)
- Excess sugary snacks (may weaken immunity)

3. Healthy Habits

- Take short sun exposure (10-15 minutes) for vitamin D.
- Practice deep breathing for better lung function.
- Wash and moisturize hands and feet regularly.

WORLD



NOVEMBER in a Nutshell

Deepavali added to UNESCO Intangible Cultural Heritage List



Deepavali has been officially inscribed on UNESCO's Representative List of the Intangible Cultural Heritage of Humanity during the 20th Session of the Intergovernmental Committee, held at the Red Fort in New Delhi. The Ministry of Culture stated that the inscription comes with a responsibility to safeguard and transmit this heritage. UNESCO noted that Deepavali strengthens social bonds, supports traditional craftsmanship, promotes wellbeing and contributes to several Sustainable Development Goals, including livelihood support, gender equality and cultural education.

Asian Youth Games 2025: India's Young Athletes Deliver Record-Breaking Performance



India's young athletes made history at the 2025 Asian Youth Games, delivering the nation's best-ever performance at the continental multi-sport event. The Games brought together over 4,000 athletes from all 45 Asian nations competing across 26 sports. India's contingent of 229 athletes, including 107 men and 122 women, supported by 90 officials, showcased remarkable talent, resilience, and inclusivity, finishing sixth overall with a total of 48 medals - 13 Gold, 18 Silver, and 17 Bronze.

56th International Film Festival of India Boosts Accessibility with CineDubs Integration



The 56th International Film Festival of India (IFFI) has taken a significant step toward making cinema more accessible and inclusive with the introduction of CineDubs, a multilingual audio-support app that allows audiences to enjoy films in their preferred language. CineDubs enables viewers to download their preferred audio track on a mobile device, which then automatically synchronises with the film through patented audio-sync technology.

India's iDEX Startup Wins Robotics Challenge at Dubai Airshow 2025



Sagar Defence, an iDEX (Innovations for Defence Excellence) winner, has secured the "Accelerating the Autonomous Robotics Revolution" challenge under the VISTA Track at Dubai Airshow 2025, earning a USD 5,000 prize for its autonomous systems concept. iDEX congratulated the team, noting that the achievement highlights India's growing footprint in defence innovation. The award comes as 15 iDEX-backed startups participate in the Dubai Airshow, presenting a broad range of technologies across robotics, space systems, electronic warfare, battlefield awareness and autonomous platforms.

Third India-France AI Policy Roundtable held at IISc Bengaluru to strengthen bilateral cooperation in Artificial Intelligence



The Office of the Principal Scientific Adviser (OPSA) to the Government of India, in collaboration with the Indian Institute of Science (IISc) and the Consulate General of France in Bengaluru, organised the third edition of the India-France AI Policy Roundtable at IISc. The event was held as part of the pre-summit series leading up to the AI Impact Summit 2026, which will be hosted by India. Discussions focused on advancing collaboration in key areas such as AI infrastructure, industry partnerships, research cooperation, and responsible AI governance, reflecting a shared vision of equitable access to AI resources and inclusive innovation.

India shines in QS Rankings 2026, academicians credit PM Modi's vision



Academicians and education experts have hailed India's best-ever performance in the QS World University Rankings 2026, with 54 Indian universities making it to the

global list. This marks a significant rise from 46 institutions last year and just 11 in 2014. With this, India now ranks fourth globally, behind only the US, the UK, and China, in terms of the number of universities featured, reflecting the country's growing presence in global higher education.

First International Sahodaya Conference opens in Dubai, uniting global Indian educators

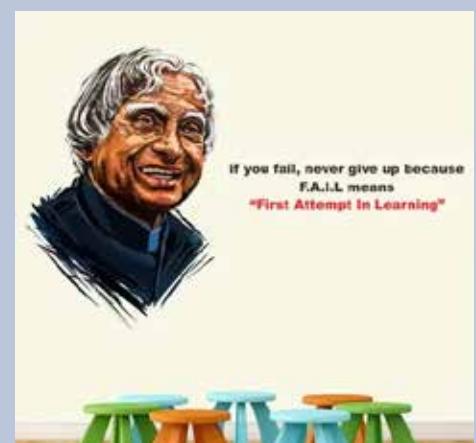


The first International and 31st Annual Conference of Sahodaya School Complexes opened today at the Grand Hyatt Dubai, marking a transformative milestone as CBSE's premier annual platform for collaborative learning expands beyond India's borders for the first time. The two-day landmark event brought together over 1,000 school leaders, educators, and stakeholders from CBSE-affiliated institutions worldwide to foster collaboration, share innovative practices, and reimagine holistic learning under the theme "Rooted in Wisdom, Rising with Vision: Reimagining Education through NEP 2020."

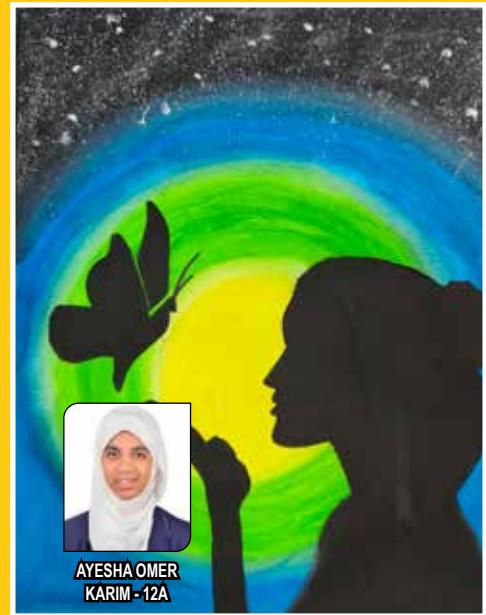
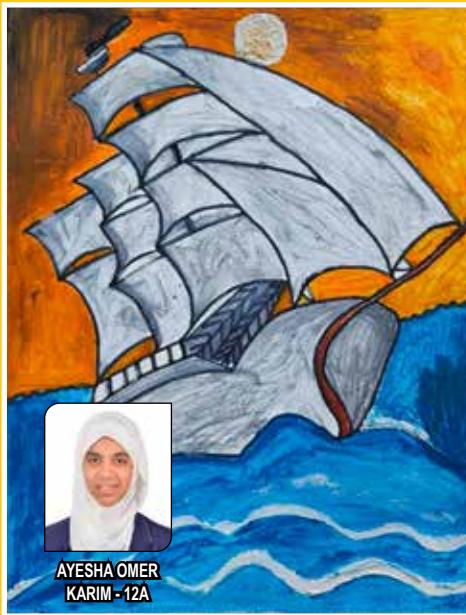
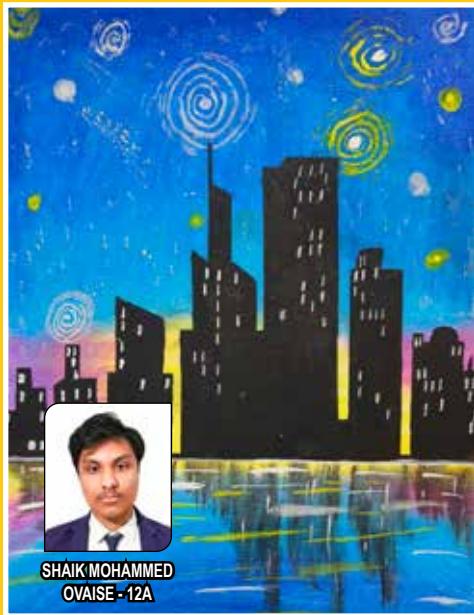
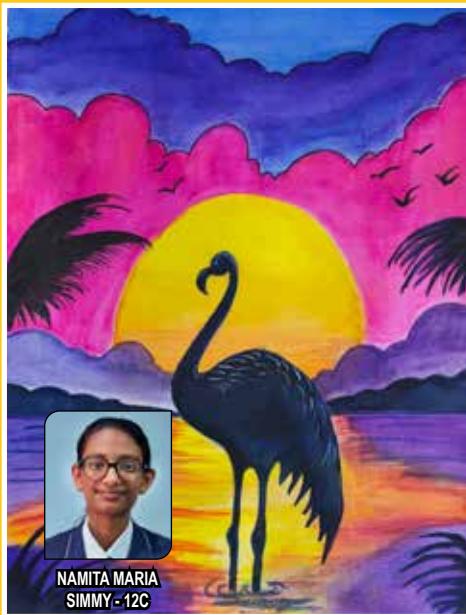
Women's Kabaddi World Cup 2025: India beats Chinese Taipei



India beat Chinese Taipei 35-28 in the final to claim the Women's Kabaddi World Cup 2025 title in Dhaka, Bangladesh. This was the Indian women's kabaddi team's second World Cup crown on the trot, having also won the inaugural edition hosted in Patna, Bihar, back in 2012.



ART GALLERY



EPictionary



ISRA PARKAR

1. Tranquil

- class: adjective
- meaning: calm, peaceful and free from disturbance
- sentence: the Tranquil lake reflected the colours of the evening sky

2. Diligent

- class: adjective
- meaning: showing careful and persistent effort or work
- sentence: she was diligent in completing her assignment on time

3. Bliss

- class: noun
- meaning: a state of perfect happiness or joy
- sentence: lying on the beach with the cool breeze felt like pure bliss

4. Gratitude

- class: noun
- meaning: he expressed his gratitude for all the help he got

5. Nostalgia

- class: noun
- meaning: a sentimental longing for the past
- sentence: looking at old photos filled her with nostalgia

6. Turbulent

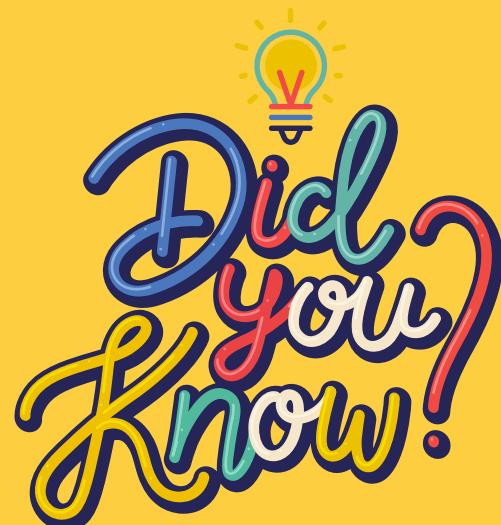
- class: adjective
- meaning: characterised by conflict, disorder or confusion; not calm

7. Enchant

- class: verb
- meaning: to delight or charm someone completely
- sentence: the magician's tricks enchanted the audience

8. Fortitude

- class: noun
- meaning: courage and strength during difficult times
- sentence: She showed great fortitude while facing her challenges.



FACTS TO KNOW

1. An ostrich's eye is bigger than its brain. This could be why the birds often run around in circles when trying to escape predators.
2. A jiffy is an actual unit of time. It's 1/100th of a second.
3. You can't hum if you hold your nose. Hands up if you just tried it!
4. Vatican City is the smallest country in the world. It's 120 times smaller than the island of Manhattan.
5. Bananas are technically berries. This classification is based on how its seeds form
6. Japan has over 200 flavors of Kit Kats. They're exclusively created for different regions, cities, and seasons. There are some tasty-sounding ones like banana, blueberry cheesecake, and Oreo ice cream, as well as some very questionable ones like baked potato, melon and cheese, wasabi, and vegetable juice.
7. Kris Jenner has 13 grandchildren. Kourtney Kardashian has four children, Kim has four, Rob has one, Khloé has two, and Kylie has two.
8. A crocodile cannot stick its tongue out. They have a membrane that holds their tongue in place on the roof of their mouth, so it can't move.

Name: Class : Section : Roll No:



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