



EPICS



MONTHLY MAGAZINE
THE INDIAN
COMMUNITY
SCHOOL (SENIOR)
KUWAIT

E EMOTIONAL P PHYSICAL I INTELLECTUAL C CULTURAL S SPIRITUAL

JANUARY 2026



PRINCIPAL'S MESSAGE

Dear Children,

In this edition of EPICS, let us discuss The Success Principles for Teens written by Jack Canfield and

Kent Healy. This book is written especially for teenagers. It teaches you how to succeed in your studies and in life. It helps you build confidence, good habits, and a positive mindset.

1. Believe in Yourself

The book teaches that success starts with believing in yourself. Every student is special and has unique abilities. When you believe in yourself, you feel confident and brave. You will try even when things are difficult. Self-belief helps you face exams, problems, and failures without fear or doubt.

2. Take Responsibility for Your Life

One important lesson in this book is to take responsibility for your life. Your success depends on your efforts and choices. Do not blame teachers, parents, or friends. When you take responsibility, you become strong, confident, and independent.

3. Set Clear Goals

The book explains that you need goals to succeed. Goals give direction to your life. Set clear goals for your studies and personal growth. When your goals are clear, you know what to do every day and can stay focused.

4. Build Good Habits and Discipline

Success does not come in one day. It comes from small, good habits. The book encourages regular study, reading, and good time management. Discipline means doing your work even when you feel lazy. Good habits help you succeed slowly and steadily.

5. Learn from Mistakes

Failure is not bad. The book teaches that mistakes help you learn and grow. When you fail, do not feel sad or give up. Learn from your mistakes and try again. Every successful person has failed before achieving success.

6. Think Positive and Follow Good Values

A positive attitude helps you stay happy and confident. The book teaches students to think positively. It also highlights values like honesty, respect, kindness, and gratitude. These values build strong character and help you earn respect.

7. Keep Learning and Never Give Up

The book reminds students that learning never stops. School exams are only one part of life. Keep learning new things and improving yourself. Never give up, even when things are hard. Hard work, patience, and self-belief always lead to success.

Children, remember that success is not only about marks or ranks. It is about becoming a confident, disciplined, responsible, and kind person. Read good books, follow positive values, and believe in your abilities. Start with small steps every day, stay focused on your goals, and never lose hope. Your future is bright if you keep trying and never give up.

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EDITORS' NOTE

Dear Readers,

As we step into January 2026, I am delighted to welcome you to the first edition of EPICS for the New Year. January marks a time of fresh beginnings, renewed energy, and new aspirations, making it the perfect moment to reflect on our journey so far and set our sights on greater achievements ahead.

This edition captures the enthusiasm with which our school community has begun the year. Within these pages, you will find inspiring stories, academic milestones, creative expressions, and vibrant events that showcase the determination, talent, and unity of our students and teachers. Each contribution reflects our collective commitment to growth, learning, and excellence.

I extend my heartfelt appreciation to all our contributors whose dedication and creativity continue to enrich EPICS. Your voices give life to this magazine and make it a true reflection of our school spirit.

As you read this New Year edition, may it motivate you to dream bigger, work harder, and express yourself more boldly. Let EPICS be a space where ideas flourish, talents shine, and memories are created throughout the year.

We eagerly await your contributions for the upcoming editions. Please share your articles, artwork, and ideas at epicseditor@icsk-kw.com.

Wishing you a productive, joyful, and successful year ahead. Happy reading!

With warm regards,

Mrs. Sreelakshmi
Editor



Mrs. Sreelakshmi



Mrs. Tintu Wilson



LEAFY GREENS

Green leafy vegetables are nutrient-dense powerhouses like spinach, kale, arugula, and Swiss chard, packed with vitamins (A, C, K), minerals, fiber, and antioxidants, crucial for health, offering benefits from bone support to disease prevention, and can be easily added to salads, soups, and stir-fries.

- **Spinach**

Spinach is easy to get all year round, and is chock full of iron, calcium, potassium and vitamins B6, C and K. It is also a good source of antioxidants, which can reduce the risk of many diseases, including heart disease and certain cancers.

- **Kale**

Kale has a unique taste that can vary somewhat depending on its variety and how it's prepared. If you can handle bitter taste, kale is packed with important micronutrients such as calcium, iron, magnesium, phosphorus, potassium, zinc, copper, manganese and selenium. It is also a good source of vitamins, including vitamins A, B, E, C and K.

- **Swiss chard (silverbeet or chard)***

My third choice is Swiss chard, which has a slightly sweet flavour, and has good amounts of vitamins A and C. And even a small amount of Swiss chard (around 175 grams) can fulfil your daily requirement of vitamin K – which is important for blood clotting and healthy bones.

- **Collard greens**

Collard greens are a good source of lutein, which is important for eye health. They are full of vitamins A and C and minerals such as calcium, iron, zinc, copper and selenium, and are a good source of fibre. As with spinach, you can get this all year round.

- **Rocket**

If you're in the mood for a leafy green with a fresh, tangy, slightly bitter and peppery taste, consider adding rocket to your plate. It's been consumed by humans since at least Roman times, and is a popular topping on pizzas.

- **Romaine lettuce (cos lettuce)**

The crunchy and mild-tasting romaine lettuce is full of nutrient-rich goodies. It is a good source of vitamins and minerals, including vitamins A, K, C and folate (a B vitamin that is especially important during pregnancy). These nutrients are essential for maintaining overall health and supporting a healthy immune system.

- **Bok choy (pak choy)**

It is a great choice. This variety of Chinese white cabbage can be used in stir-fries, soups, salads or simply sautéed as a side dish. It is rich in fibre as well as various vitamins, minerals and antioxidants. This leafy green can help maintain bone health, immunity, vision, heart health, blood pressure and possibly prevent certain types of cancer.

- **(Mentha)**

Mint leaves are highly aromatic, versatile perennial herbs known for their cool, refreshing flavor and wide use in culinary, medicinal, and hygiene products. Rich in antioxidants, vitamins A and C, iron, and fiber, they aid digestion, soothe nausea, reduce bad breath, and combat cold symptoms.

*Parsley: Curly leaf parsley. Parsley contains vitamins A, C, and K as well as several B vitamins, calcium, and iron. It is often used as a garnish and eaten at the end of a meal to freshen your breath.

Empowering Youth for a Healthier Tomorrow: Awareness Session on Smoking & Vaping at ICSK, Senior



Indian Doctors Forum, Kuwait in collaboration with The Indian Community School, Senior organized an awareness session on 'Smoking and Vaping' for the students of class XI on Wednesday, 16th April 2025. The session aimed to educate students about the dangers of tobacco use, the growing trend of vaping among youth, and to empower them with the knowledge and skills to make healthier choices.

The Guest Speaker, Dr. Susovana Sujit Nair, Vice President of Indian Doctors Forum, Kuwait & Medical Oncologist, Kuwait Cancer Control Center was welcomed with thunderous applause. The session commenced with Islamic prayer by Mst. Mujataba. The Principal and Senior Administrator of ICSK extended an august welcome to the gathering. He emphasized the critical need to raise awareness about such issues within the school and the wider community.

The highlight of the event was the

enlightening address by the Guest Speaker, Dr. Susovana Sujit Nair. She delivered a powerful and engaging presentation that covered a wide range of topics, including the short- and long-term health effects of nicotine, the impact of smoking and vaping on lung and heart health, and the neurological and psychological effects of nicotine, especially on adolescents. She also exposed the manipulative marketing strategies used by tobacco and e-cigarette companies to attract young users, making students aware of how these industries specifically target their age group. Her talk included scientific data, visual aids, and real-life case studies, which made the session highly relatable for the students. The presentation also addressed common myths and misconceptions surrounding vaping and smoking,

Dr. Susovana Sujit Nair provided practical strategies for resisting peer pressure and making informed choices. She encouraged students to become advocates for a smoke-

free generation and to spread awareness among their peers and families.

The session also featured an interactive Question – Answer segment, where students actively engaged by asking thoughtful questions and sharing their views and concerns. This helped clarify doubts and deepen their understanding of the topic. One of the most meaningful moments of the session was when students took a pledge to stay away from smoking and vaping, vowing to lead healthy lives and contribute to a cleaner, safer environment. The session ended with vote of thanks proposed by Dr. Waseem, Department of Biology.

The event concluded on a highly positive and inspiring note. It not only enriched the students' awareness but also encouraged them to become responsible individuals who value their health and the health of others.

THE SECRET SUPERPOWERS YOU ALREADY HAVE

Have you ever wondered what makes some people seem unstoppable? Is it luck? Talent? Secret gadgets? Well, the truth is, we all have superpowers—yes, you read that right! The only difference is some people haven't discovered theirs yet.

Your superpowers aren't flashy like flying or turning invisible. They are skills, habits, and qualities that can make a huge difference in your life. Think about creativity—have you ever solved a problem in a totally new way? That's your brain working like a superhero gadget. Or maybe you're really good at cheering up friends when they feel down.

That's empathy, and it's a superpower that can change someone's entire day.

Even something as simple as curiosity is a superpower. Every time you ask "why" or "how," you're training your brain to explore, discover, and learn new things. Who knows? That curiosity might lead you to invent the next cool app, write a bestseller, or become a scientist who solves a big world problem.

The best part? Superpowers grow stronger when you practice them. Want to become more confident? Try speaking up in class or

joining a new club. Want to be braver? Step out of your comfort zone, even in small ways. Each small step is like adding a new power to your superhero toolkit.

So, the next time you think superheroes only exist in comics or movies, remember: your superpowers are real. All it takes is noticing them, using them, and watching yourself do amazing things. The world is full of challenges—but lucky for you, you're already equipped with the best weapons: your mind, your heart, and your unstoppable spirit.

Celebrating Journeys, Cherishing Bonds – Farewell Programme for Classes X and XII at ICSK



The Indian Community School, Senior hosted a heart-warming farewell programme for the students of Class X and XII on 12th and 14th December 2025 respectively. Organized with great enthusiasm by the junior classes, IX and XI, the event was a touching tribute to the outgoing batches as they prepared to step into new academic and personal journeys.

The school campus was abuzz with excitement as students and teachers gathered to create an atmosphere filled with warmth and nostalgia. The seniors were welcomed with cheerful smiles and heartfelt greetings from their juniors and the teachers. The programme commenced with a soulful Islamic prayer, invoking divine blessings of the Almighty. This was followed by a warm welcome address. A graceful welcome dance set the perfect tone for the celebrations, capturing the spirit of gratitude and togetherness.

The cultural segment soon gained momentum with an energetic and captivating dance medley that seamlessly blended hip-hop, classical, and contemporary styles. The vibrant performances infused the evening with

enthusiasm and showcased the remarkable talent of the students. Adding a melodious touch to the celebration, a group of budding musicians from ICSK delivered a soulful vocal performance that resonated deeply with the audience. The excitement peaked with a lively live band performance featuring a mix of popular rock and pop numbers, creating an electrifying ambiance that had the audience tapping their feet.

One of the most anticipated highlights of the programme was the fashion show, where Class XII students confidently walked the ramp in stunning outfits that reflected their individuality, elegance, and self-assurance. Their poise and charm earned loud applause and admiration from the audience.

The emotional core of the evening was further strengthened by heartfelt speeches delivered by Mst. Arsh Khan from the Science stream, Ms. Prisha representing the Commerce stream, Ms. Shiza Fatima from the Humanities stream along with Ms. Tahura Fatima, Ms. Pranathi Pullur, Mst. Abhijay Penikalapati, Ms. Vaishali Sridhar, and Ms. Afiya Shaikh of Class X. Their words were filled with cherished memories,

gratitude, encouragement, and valuable life lessons, reflecting on their years at ICSK and inspiring their peers to face the future with confidence and resilience.

Adding a lighter note to the programme, a series of interactive games brought laughter and joy, offering students an opportunity to bond, relive shared memories, and celebrate their friendship. Addressing the gathering, Dr. V. Binumon, Principal and Senior Administrator of ICSK, delivered an inspiring message, urging students to be honest, kind and hardworking. He also stressed on the importance of responsive behaviour. With his heartfelt blessings, he wished the outgoing students' success in their forthcoming examinations and all future endeavors.

The programme concluded with a sincere vote of thanks proposed by Mst. Juzer Mustafa of Class IX and Mst. Roshan Binish of Class XI. The farewell for Classes X and XII stood as a memorable and emotional celebration, filled with joy, gratitude, and hope, leaving an indelible mark on the hearts of all who were part of this special occasion.



The Indian Community School organizes an inter-house debate competition and a cooking without fire competition for the afternoon batches



With the objective of fostering critical thinking, effective communication, teamwork, and creativity among students, The Indian Community School organized an Inter-House Debate Competition and a Cooking Without Fire Competition for the afternoon batches on the 5th and 6th of January respectively. Both events witnessed enthusiastic participation and reflected the school's commitment to holistic education beyond the classroom.

On 5th January, the much-awaited Inter-House Debate Competition was held in the school auditorium. The event was moderated by Mr. Prasad Nambiar, a teacher of English, and was judiciously evaluated by Mr. Sujith Krishna and Ms. Shibymol from the same department. The competition aimed to sharpen students' reasoning skills, encourage respectful exchange of ideas, and develop confidence in public speaking.

All four houses - Achievers, Leaders, Victors, and Winners participated with two representatives each: one speaking for the proposition and the other for the opposition. The topic for the debate was "Online teaching is less effective than in-person mode or traditional classroom teaching."

The debate was intense, engaging, and thought-provoking. The moderator frequently stepped in to channelize the discussion and ensure constructive argumentation. While the opposition convincingly argued that online and AI-driven education represents the future of learning, the proposition strongly emphasized the importance of human interaction, emotional connection, and discipline that traditional classroom teaching offers. The audience was thoroughly engaged throughout the session. Adil of Class 12J was declared the Best Debater, and the Winners House

emerged as the overall champions.

On 6th January, the Cooking Without Fire Competition was conducted in Room 142, providing students with an opportunity to showcase their creativity, time management, and teamwork. Participants from all four houses prepared a variety of dishes within a stipulated time of 20 minutes. The array of food items included cakes, pastries, salads, rolls, and other innovative dishes representing Indian, Arab, Turkish, Greek, European, and Southeast Asian cuisines.

The presentation, taste, creativity, and hygiene standards made the judges' task particularly challenging. The competition highlighted not only culinary skills but also the students' ability to work collaboratively under time constraints.

The first place was bagged by Master Adil Ismail of the Winners House. Leaders House was adjudged as the best house in the debate contest.

Both events were a resounding success and were greatly enjoyed by students and teachers alike. They provided a meaningful platform for students to express themselves, explore their talents, and learn valuable life skills in an engaging and enjoyable manner.

BOOK DONATION STAFF AND STUDENT



MS. SARITHA P NAIR

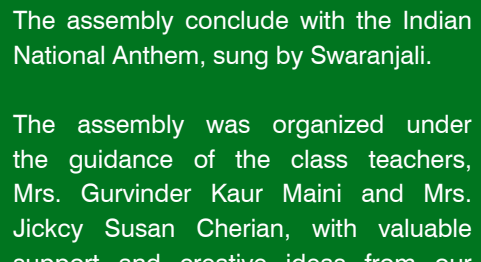


TAPASYA SUNISH



HAMZA SYED

The Celebration of Arabic Heritage



The classes 8D and 8E of the Indian Community School conducted a general assembly on December 17 to commemorate Arabic Day. The assembly showcased the richness of Arabic culture and emphasized the importance of the Arabic language and its importance in today's globalized world.

The programme commenced with the assembly being confidently anchored by Sarah and Tanmay. This was followed by the Islamic prayer rendered by Muhammad Irfan, after which the school prayer was sung by the school choir, Swaranjali. The flag hoisting was carried out by Reyon and Anang, followed by the Kuwait National Anthem, also presented by the school choir.

The assembly continued with the Word of the Day presented by Madhav Manu and Isra Anjum, enhancing the student's vocabulary. The Thought of the Day was delivered by Ammar Typist, with its translation done by Arisha, conveying a meaningful message to the gathering. The news headlines were presented by Garima and Atharv, and the pledge done by Mohammad.Kaif.

Following the pledge, students presented various cultural programs which included



































songs, a skit and dance, which beautifully reflected Arabic culture and traditions. After the performances, the Vice Principal, Mrs. Susan Rajesh addressed the gathering and appreciated the students for their efforts, discipline, and teamwork.

The assembly conclude with the Indian National Anthem, sung by Swaranjali.


















The assembly was organized under the guidance of the class teachers, Mrs. Gurvinder Kaur Maini and Mrs. Jickey Susan Cherian, with valuable support and creative ideas from our beloved teachers Munir Muhammed and Ali Ahmed. Overall, the Arabic Day assembly was well- structured, enriching, and memorable, promoting cultural awareness and respect for linguistic diversity.



CAPTAINS & VICE CAPTAINS - JANUARY

CLASS 12J	CLASS 12K	CLASS 10F	CLASS 10G	CLASS 8A
 SHIVARAM	 JEGAN SOM SREECHIT	 ABID AYUB SHAIKH	 ISHAQ SHAIK	 MAANAV MADHU
 AAISHA IMTIAZ	 SMRITHI SUDHEER	 MOHAMMED ADYAN	 AIDEN JOHN	 EVANNA BIJU
CLASS 8B	CLASS 8C	CLASS 8D	CLASS 8E	CLASS 8F
 FATHIMATH SANA	 BATUL ANIS	 EIRESH KUNTAL	 ANGEL SARA SOOSAN	 MUDDAMSETTY SAT
 AREFA	 HARSHITH REDDY Y	 KUSUMA	 FATHIMA HADIYA	 KASNI NIRANJAN
CLASS 7A	CLASS 7B	CLASS 7C	CLASS 7D	
 JOHN WESLEY	 EMILY LIZA	 ANNA ANESH	 AFRAH FAWZA	 EUAN ANTONY
 VAIGA SREEJITH	 CHRISTO GEORGE	 BATUL LULAWALA		
CLASS 7E	CLASS 7F	CLASS 6A		
 SREEBHAGYA	 MAYANK SAHNI	 HARSHITA PRAKASH	 RAYAN DADAN	 JESLY MATHEW
 VION COLIN DSOUZA				

CHARITY CONVENERS - JANUARY

 DARIN DANIEL 12J	 KIRTHI NOUDURI 12K	 MD MAHADI HASAN 10F	 MOHAMMED FAWAZ 10G	 JATHNIEL 8A	 JEFFREY SAMUEL 8B	 RIONA MARIA JOSE 8C	 RYLAN D'SOUZA 8D	 MUHAMMAD IZHAN 8E
 IJAS MOHAMMED 8F	 PRANAV ISHWAR 7A	 BATOOL FATHIMA 7B	 VAANYA 7C	 NATHAN AJU 7D	 AHMED RAWOOT 7E	 ABDULLAH AKIF 7F	 SAYED ALI 6A	

Know My Kuwait

1. What is the capital city of Kuwait?
2. Which body of water lies to the east of Kuwait?
3. When does Kuwait celebrate its National Day?
4. What is the national animal of Kuwait?
5. Name the famous towers that are a major landmark of Kuwait.
6. What is the national dress worn by men in Kuwait?
7. Who is the current Amir (Emir) of Kuwait?
8. Which natural resource is the main source of Kuwait's income?
9. What is the name of Kuwait's largest island?
10. Which desert covers a large part of Kuwait's land area?
11. What is the national bird of Kuwait?

1. Kuwait City
2. The Arabian Gulf (Persian Gulf)
3. 25th February
4. Arabian Camel
5. Kuwait Towers
6. Dishdasha (also called Thobe)
7. Sheikh Mishal Al-Ahmad Al-Jaber Al-Sabah
8. Oil (Petroleum)
9. Bubiyan Island
10. The Arabian Desert
11. Falcon

Answers

ARE WE HUMANS OR RATS RUNNING FOR CHEESE?



Look around.

Everyone is running faster than yesterday, faster than the person beside them, faster than the version of themselves who once dared to rest. But no one can explain why. We're sprinting toward a destination we can't name, chasing a finish line that keeps moving, school, college, coaching centers, internships, and companies.

Every system repeats the same message: Run harder. Sleep later. Achieve more. Don't fall behind.

Life feels less like life and more like a lab experiment: millions of young people running on a wheel they never chose, chasing a piece of cheese society promised would make everything worth it. The expectations around us seep into our heads like venom, numbing our desires and replacing them with performance. But the truth is, no one wants to admit that the venom has no antidote, because we are the society; we feed it, passing down the same fears, pressure, and impossible standards, generation after generation.

THE RAT RACE STARTS EARLY: SCHOOL AS A PRESSURE COOKER

Parents have become scientists,

experimenting on their own children, forcing them to burn under pressures they never chose. "We only hit you because we love you," they whisper, but love cannot mask pain. Kids suffer mentally and physically, punished for daring to be human. Their brilliance is dismissed; their talents judged irrelevant. Worth is measured in grades, ranks, and scores. They run faster than their legs can carry them, chasing a piece of cheese they never wanted.

Across Asia, India, China, South Korea, and Japan, achievement is cultural. One exam can decide your future. One mistake can shame your family. One low grade can change how your parents treat you.

- **South Korea:** Highest youth suicidal ideation linked to academic pressure.
- **China:** After-school tutoring bans children from studying more than adults.
- **Malaysia:** Over half of university students report anxiety from workload.
- **India:** 65% increase in student suicides in a decade.

Global physical abuse:

- 1.6 billion children experience violent discipline; 330 million are physically punished.
- 17% suffer severe punishment, e.g., repeated blows to the head or face.
- Social norms perpetuate it, e.g., Bangladesh: 9 in 10 children aged 1-14 experience monthly violent discipline.

"Discipline cannot be forced through pain. It must grow from understanding, curiosity, and guidance, not bruises or fear."

THE RAT RACE CONTINUES: WORK CULTURE IS NO BETTER

School ends, but the wheel remains. Work mirrors the classroom: long hours, high expectations, cutthroat competition.

- **US:** 4.2-4.4% unemployment, millions struggling.
- **India:** 5.1% unemployed, graduates without stable work.
- **UK:** 4.5-4.8% unemployment; youth unemployment is higher.
- **Finland:** Youth joblessness above 21%.
- **South Africa:** 33% jobless, trapping young workers in poverty.
- **Canada:** 7% unemployed; 1.6 million without a stable income.

In many countries, unemployment deepens poverty, social unrest, and despair. THE END OF THE RACE And what is the destination we've been running toward? A room where the clock ticks louder than the heartbeat, where people lie on their deathbeds with hearts swollen with regret. In those final seven minutes, when the world blurs and the truth sharpens, they see it: the cheese they chased was never meant for them. They should have painted that canvas. Played that guitar. Sung that song. Danced barefoot on rooftops. Baked that cake on a rainy afternoon. Travelled to cities they dreamed of. I took the photograph that froze time. Built the robot. Planted the garden. Written the poem. Auditioned for the play. Run toward joy instead of approval. They should have been themselves - wildly, loudly, unapologetically. But instead, they ran. Faster. Harder. Farther from who they were meant to be. And the life that waited patiently slipped quietly through their fingers. "We were born to fly, not to run on someone else's wheel, yet we chased their cheese until our wings forgot how to open."



SAASHA
- 8A

Outstanding Achievement in Interschool Competitions



The school proudly congratulates Sachin Kolanchi of Class 8C for his remarkable and consistent achievements in prestigious interschool art competitions. Sachin has demonstrated exceptional creativity,

originality, and artistic excellence by securing first prize in all major competitions he participated in.

He won the First Prize in the Kala Kuwait Niram Competition, a highly reputed platform that showcases young artistic talent across Kuwait. Adding to this achievement, Sachin also emerged as the First Prize winner in the Al Mulla Painting Competition 2025, where his artwork stood out for its innovation and strong visual expression. Furthermore, he secured First Prize in the Toyota Kuwait Dream Car Competition 2025, an international-

level contest that encourages students to imagine and illustrate future mobility through art.

Sachin's outstanding performance across these significant competitions reflects his dedication, creativity, and passion for art. His success brings great pride to the school and serves as an inspiration to fellow students to pursue excellence in their chosen fields.

The school wishes Sachin continued success and many more accolades in the years to come.

ICSK Senior's Christmas House Assembly was filled with joy and unity.



On December 23rd, the Indian Community School Senior embraced the theme of Christmas and held a festive House Assembly to celebrate the holiday season. The assembly was a heartwarming reflection of joy, unity, and the spirit of giving that defines the season.

The event began with the Islamic prayer followed by the school prayer, creating a peaceful atmosphere. Students then introduced a New Word, shared a New Quote, recited the Indian Pledge, and presented the latest news updates, seamlessly blending learning with holiday cheer.

The main highlight of the assembly was the vibrant cultural performances by the students, all based on the theme of Christmas. Each house showcased their creativity and festive spirit through skits and dance performances that captured the essence of Christmas.

The skits ranged from humorous and light-hearted tales of Christmas miracles to heartfelt stories of giving, kindness, and the joy of togetherness during the holidays. These performances conveyed important values such as compassion, generosity, and unity.

The dance performances added another layer of excitement, with students showcasing lively and colorful routines that echoed the joy and celebration of the Christmas season. The dances were filled with energy, vibrant costumes, and festive spirit, engaging the audience with their charm.

A unique highlight of the assembly was the Best Santa Claus Competition, where students donned Santa Claus costumes and competed in a fun and creative display. The students' imaginative interpretations of Santa brought laughter and joy to all, encapsulating the playful spirit of Christmas.

The Principal addressed the gathering, sharing warm Christmas wishes with the students and encouraging them to

embrace the true spirit of the season. The assembly concluded with the rendition of the Indian National Anthem, leaving everyone with a deep sense of pride, unity, and festive joy.

The Christmas-themed House Assembly was a perfect celebration of the season, filled with creativity, camaraderie, and a reminder of the true meaning of Christmas - joy, peace, and kindness.



ICSK Hosts World Hindi Diwas - A Celebration of Language, Culture and Young Voices



The Embassy of India, Kuwait, in its heartfelt endeavor to celebrate and promote the beauty, depth, and cultural soul of the Hindi language, organized the World Hindi Diwas Celebration 2026. As part of this meaningful initiative, the Indian Community School, Kuwait was entrusted with the proud responsibility of organizing and conducting the Hindi Poetry Recitation Competition on 5th January 2026.

This prestigious literary event brought together young voices from 18 CBSE schools who came forward with confidence, creativity and deep love for their mother tongue. A total of 46 students participated across three thoughtfully designed themes - Meri Pyari Bhasha for Primary students, Meri Bhasha - Mera Abhiman for Classes V to VIII, and Mera Desh - Meri Pehchan for Classes IX to XII - each beautifully reflecting the emotional bond between language, identity and nation.

The programme commenced with a graceful inaugural ceremony that set a serene and inspiring tone for the day. The soulful Islamic prayer by Miss. Abeer Adnan Gulati filled the atmosphere with peace. The gathering honored the Kuwait National Anthem, symbolizing respect and gratitude to the host nation. This was followed by a melodious welcome song that touched hearts and created a spiritually uplifting ambience. A vibrant and energetic welcome dance then captivated the audience, adding colour, rhythm and joy to the celebration.

The welcome address by Mrs. Susan Rajesh, Vice Principal of ICSK, touched hearts as she encouraged and inspired the young participants, reminding them that every word spoken in Hindi carries



the weight of history, culture, and emotion. The significance of the Hindi language was further highlighted through the thoughtful words of Master Madhu Manu, leaving the audience reflective and proud. Vote of thanks proposed by Mr. Nitin V.M., Head of the Department of Hindi drew curtains to the inaugural ceremony.

As the competition unfolded, the stage came alive with young voices pouring their emotions into every verse. From innocent expressions of love for the language to powerful reflections on identity, pride, and the nation, each performance left a lasting impression. The thoughtful use of expressions, voice modulation, and simple yet meaningful props added depth to the recitations, making the poems resonate with the audience. More than a contest, it became a celebration of confidence, creativity, and cultural connection, where every participant emerged as a winner for carrying forward the legacy and spirit of the Hindi language with sincerity and passion.

The valedictory ceremony marked a graceful conclusion to this enriching event. It began once again with the Islamic prayer by Ms. Abeer Adnan Gulati, followed by a warm welcome address by Mrs. Mini Shaji, Deputy Vice Principal of ICSK. The presence and inspiring address of the Chief Guest, Shri Baija Nath Prasad, Second Secretary (Education, Library and

Culture), Embassy of India in Kuwait, added immense value to the occasion. His words on the importance of Hindi as a language that binds generations and cultures left a deep impact on the audience.

The Chief Guest honored the judges with mementos as a heartfelt gesture of appreciation for their valuable contribution, and in turn, he was presented with a memento by Mrs. Susan Rajesh as a token of gratitude and respect. The participants were also honored with certificates presented by the Chief Guest, acknowledging their effort, confidence, and love for the Hindi language. The programme concluded on a note of gratitude with a sincere vote of thanks by Mr. Nitin V.M., Head of the Department of Hindi, followed by Kuwait National Anthem. The winners of the Hindi Poetry Recitation Competition will be formally honoured and awarded at the Embassy of India, Kuwait on Saturday, 10 January 2026, as part of the World Hindi Diwas celebrations, marking a proud and memorable moment for all.

The Hindi Poetry Recitation Competition was not merely an event, but a celebration of emotions, identity, and cultural pride. It beautifully highlighted that Hindi is not just a language spoken, but a feeling lived—one that connects hearts across borders and generations, making the World Hindi Diwas 2026 truly memorable and meaningful.

ICSK -IIK Higher Education Fair Brings Together University Expo, Career Talks, Counselling and Aptitude Tests for Young Aspirants



The Indian Community School, Kuwait (ICSK) in collaboration with Indians in Kuwait (IIK) hosted the much-awaited Higher Education Fair 2025 on 5th and 6th December 2025. The campus buzzed with energy as it welcomed a world of opportunities for eager young minds from across Kuwait.

The seventh edition of the fair offered students a rare opportunity to explore a wide range of higher education choices and interact directly with representatives from reputed universities and colleges in India and abroad. It widened their horizons and helped them discover countless academic pathways for a bright future.

The occasion was graced by the esteemed presence of the Chief Guest, H.E. Mr. Murtala Jimoh, Hon. Ambassador of Nigeria to the State of Kuwait. Among the dignitaries were Dr. P.R. Venkitaraman, Senior Career Consultant, Mr. Shaikh Abdul Rahiman, Hon. Chairman to the Board of Trustees, Mr. Azharuddin Amer

Mohammed, Hon. Secretary to the Board of Trustees, Mr. Vinukumar Nair, Hon. Vice Chairman to the Board of Trustees, Mr. Sunoj Nambiar, Director Operations of IIK, Mr. Wilson D'Souza, Director Marketing of IIK, Mr. George Mathew, Director Finance of IIK, Fr. James Tuscano, SDB, Principal of Indian English Academy School, Mrs. K. R. Rajalakshmi, Principal of Jabriya Indian School, Mr. Anoop Kumar Sharma, Principal of New Gulf Indian School, Ms. Sajitha Menon, Principal of Salmiya Indian Model School, Mr. Radhakrishnan C., Principal of United Indian School, Dr. Alice Abraham Kisku, Principal of United International Indian School, Mrs. Sujata Sivakrishnan, Principal of Indian Central School, Dr. V. Binumon, Principal and Senior Administrator of ICSK, Mr. Gangadhar Shirsath, Principal of ICSK Khaitan, Mr. Rajesh Nair, Principal of ICSK Amman, Mrs. Sherly Dennis, Director of Indian School of Excellence and Mrs. Sheeja C., Principal of ICSK Junior.

The event was formally inaugurated by the esteemed Chief Guest H.E. Mr. Murtala Jimoh by unlocking a beautifully crafted oyster containing a shimmering pearl - symbolizing purity, wisdom and the brilliance of new beginnings. This was followed by the dazzling reveal of the HEF 2025 logo, carrying the powerful message 'Your journey to excellence starts here.'

Mr. Shaikh Abdul Rahiman, Hon. Chairman to the Board of Trustees presented a memento, a token of gratitude and appreciation to the esteemed Chief Guest. Chocolates were shared from the symbolic pearl, spreading the message of sharing knowledge and wisdom. The dignitaries then visited the University Expo and interacted with the representatives, marking a graceful start to the two-day event.

The Higher Education Fair 2025 featured career mapped aptitude test, personalized career counselling, career talk sessions and university expo. The aptitude test and counselling sessions, led by Mr. Sajith Thomas, a renowned Career Counsellor & Educational Expert will be conducted on 12th and 13th December 2025. The detailed assessment is designed to help students understand their strengths, interests and skills, guiding them towards the right career choices.

The University Expo brought together nearly 40 reputed institutions - Business Schools, Engineering and Medical Colleges, Hospitality and Tourism Management Institutes, and Universities from India and abroad, each presenting detailed information on undergraduate programmes, specialized courses, admission procedures, eligibility requirements, scholarship opportunities and campus facilities. University delegates



interacted closely with students, addressing their queries related to course selection, future prospects, placements, skill requirements and global trends in higher education. The Expo enabled students to compare various academic pathways, understand the relevance of emerging fields and gain clarity about the qualifications needed to pursue their desired careers.

Five powerful Career Talk Sessions led by Dr. P. R. Venkitaraman, a renowned Senior Career Consultant, were conducted for students of Classes 9 to 12, drawing an outstanding response from over 4000 students and parents. The sessions aimed to help students make informed decisions about their future academic and professional pathways.

Dr. P. R. Venkitaraman shared valuable



information on a wide spectrum of topics including emerging career fields, importance of competitive exams, higher education opportunities and essential skills needed in the rapidly evolving world. He emphasized on the formula for career success, job market trends and choosing courses, institutions and pathways wisely.

An interactive Q&A segment allowed students to voice their doubts regarding subject combinations, university applications, scholarships and career options. The responses provided were



practical, reassuring and highly beneficial for the students' decision-making process. The ICSK-IIK Higher Education Fair 2025 truly became a one-stop destination for all higher education guidance. From uncovering students' potential to providing personalized guidance, and from presenting diverse career pathways to helping them direct their energies effectively - the fair fulfilled its mission with great success. It played a vital role in connecting students with the world of higher education and shaping their dreams with purpose, confidence and hope.

Celebrating the New Year with New Hope



The students of Class 8B and 8C organized a special assembly on the theme of the New Year, marking the transition from 2025 to the bright possibilities of 2026. The program highlighted the New Year as a fresh chapter and an opportunity for reflection, growth, and becoming the best version of oneself.

The assembly commenced with an Islamic prayer followed by the school prayer, setting a calm and reflective tone. This was followed by the presentation of a New Word, New Thought, and positive affirmations, which enriched the students' vocabulary and inspired them with meaningful and motivating ideas.

The cultural program was the highlight of the assembly, beautifully capturing the spirit of new beginnings. An insightful skit portrayed the challenges and perseverance involved in keeping New Year resolutions. This was



followed by a rhythmic band performance that spread a sense of hope and harmony. An energetic dance performance lit up the stage, celebrating the joy and excitement of stepping into a new year, after which a thoughtful speech was delivered, sharing reflections and wisdom on the significance of the occasion.

The Principal addressed the gathering, appreciating the sincere efforts, teamwork, and dedication of the students in organizing such a meaningful assembly. The address motivated the students to embrace the



New Year with optimism, discipline, and a positive mindset.

Following the Principal's address, the category-wise results were announced. Category 1 was secured by Class VII D under the guidance of Mrs. Tintu Wilson with 366 points, Category 2 was won by Class IX C guided by Mrs. Binu Jacob with 319 points, and Category 3 was claimed by Class IX A under the mentorship of Mrs. Susan George with 433 points. The Goodwill Ambassadors for the month of December were also announced, with Sayed Ali of Class VI A being recognized in the Secondary category and Michelle Pinto of Class XI H being honored in the Senior Secondary category.

The assembly concluded on an inspiring note, leaving everyone motivated to step into 2026 with renewed hope, confidence, and determination.

Rhythms Around the World: A Vibrant House Assembly



The House Assembly based on the theme “Dance Forms Around the World” was conducted with great enthusiasm and cultural vibrancy. The programme began on a serene note with Mutashaba reciting the Islamic prayer, which created a calm and respectful atmosphere. This was followed by the Word of the Day, Integrity, highlighting the importance of doing the morally right thing. The Thought of the Day, “Success comes in every challenge, not in comfort,” reminded students that growth and success come through effort and perseverance.

The respected judges for the event were Mrs. Anis Fathima and Mrs. Vini from the Junior Branch of ICSK. The cultural segment commenced with an energetic performance by The Leaders, who beautifully showcased the vibrant culture of Punjab, India, through their lively movements and expressions. This was followed by an impressive performance by The Achievers, whose engaging

presentation filled the hall with excitement and applause. The Winners then presented a graceful dance that illuminated the stage and captured the attention of the audience. The programme concluded with The Victors, who brought the spirit of Spain to life with their well-coordinated steps and elegant expressions, leaving the audience truly mesmerized.

The Deputy Principal addressed the gathering and shared a meaningful message, emphasizing that participation is more important than winning and encouraging students to value teamwork and the joy of learning. The Principal then addressed the students, highlighting the importance of empathy, kindness, and compassion in everyday life. He reminded everyone that loving and valuing others is essential and delivered an inspiring message, stating, “With your values, make value for other people’s lives.” He concluded by wishing all the students a

successful and memorable event.

Following the Principal’s address, the results and recognitions were announced amid great excitement. The Victors secured the first position, followed by The Achievers in second place, The Leaders in third place, and The Winners in fourth place. The Best Class Award for the month of November was proudly won by Category 1 VIII A under the guidance of Mrs. Sreelakshmi with 658 points, Category 2 X A led by Mrs. Jegatha with 650 points, and Category 3 XI D guided by Mr. George Swamy with 718.5 points. The Goodwill Ambassador Award for October was awarded to Joana Sojimon of Class VIII A in the Secondary category and Sameeha Sheffik of Class XII D in the Senior Secondary category.

The assembly concluded on a joyful note, celebrating cultural diversity, talent, values, and unity, making it a memorable and enriching experience for everyone present.

BEST STUDENT - DECEMBER



ADIL ISMAIL
12J



Wafa FATHIMA
12K



ABDAH MOHAMMED
11 A



UMA PRIYA
11B



KHALID FAYYAZ
11 C



SAFA SIRAJUDEEN
11 D



SYED ALMAAN
11 E



DEEPSHA DIVYENDU
11 F



HEAVEN SAM SHINE
11G



HEMANI SHARDA
11H



SACHI MAYUR
11I



MOHAMMED AATIF
11J



JOICE BIJU
11K



JOE KURIEN P
11L



NAKSHATRA NISHAD
11M



FAREEHA JUNAID
10A



SAFA MUBIN PARKAR
10B



SHIVA
10C



VAISHALI
10D



NIKHITA MENON
10E



SARA SADIQ
10F



ADITI AJITH
10G



AUSTIN PRASANTH
9A



AISHA KADIRI
9B



SANAA MUKHERJEE
9C



NOUFEEN IRFAN
9D



FAHAD IMAM
9E



SHABBIR
9F



EVELIN SARA
9G



PETER JOHN
8A



SHAIK MAHDIYA
8B



IQRA FATHIMA
8C



AARON VARGHESE
8D



NAYSA LEELA
8 E



ZAINAB JUNAID
8F



HANNAH KRIPA JOHN
7A



RUBEN GEORGE
7B



AAFIYA FATHIMA
7C



ADLINE PRASANTH
7D



LIYA ANN TONNY
7E



ANSH PARDESHI
7F



JOEL HARRISON
6A



NOURISH & FLOURISH:

BENEFITS OF DARK CHOCOLATE

Dark chocolate, especially with 70% or more cocoa, can be healthy when eaten in small amounts. It is rich in antioxidants, which help protect our body from damage and keep us healthy.

Eating dark chocolate can support heart health by improving blood flow and

lowering bad cholesterol. It also helps improve brain function, such as memory and concentration, making it good for students.

Dark chocolate helps improve mood by reducing stress and making us feel happier. It also contains important minerals like iron

and magnesium, which help keep our body active and strong. Because it has a low glycemic index, it may help in controlling blood sugar levels when eaten wisely.

Tip: Eat dark chocolate in moderation - about 20-30 grams per day - and choose one with high cocoa content.

Birthday Arcade - JANUARY



BASIL SUNISH
8 C - JAN 01



JOHANES ABRAHAM
10 F - JAN 01



LEEYA GRACE PIUS
10 F - JAN 01



RITHU KRISHNA
10 G - JAN 01



SPANITA DSOUZA
11 A - JAN 01



ZAINAB TAHERI
11 H - JAN 01



DHARMIDHA
11 I - JAN 01



IHSAAN FAKIR
12 K - JAN 01



NATHAN PHILIP NIBU
7 C - JAN 02



DIANA STEPHEN
9 E - JAN 02



RON NIJU
12 H - JAN 02



NABEELA AHMED
8 D - JAN 03



INSIYAH
8 E - JAN 03



MOHIT MALLIPATI
8 E - JAN 03



FARHAN AFSAR
9 E - JAN 03



JOANNA MERSEY
9 G - JAN 03



SAMIKSHA
12 A - JAN 03



HANNAN PARVIN -
12 E - JAN 03



LENA SARA MANOJ
12 E - JAN 03



MUNIRA ABDUL
12 F - JAN 03



RISHNAV GINEESH
10 F - JAN 04



JEHOSHEBA SARAH
12 B - JAN 04



AJONES XAVIER
8 A - JAN 05



LAYONA MARY SANU
10 B - JAN 05



RYAN MATHEW
11 D - JAN 05



HUSAIN PHALASIYA
11 G - JAN 05



NAMRATHA SOLLETI
12 F - JAN 05



BURHANUDDIN
7 E - JAN 06



RACHANA MOHAN
8 C - JAN 06



EDWIN ELDHO
11 E - JAN 06



LOHITHAKSHA SAI
11 K - JAN 06



KHADIJA KHALIL
11 L - JAN 06



HUSSAIN
12 H - JAN 06



MARYAM OMER
12 I - JAN 06



IVY ROSE SHENNI
7 A - JAN 07



USMAAN NOUMAN
7 A - JAN 07



MARYAM FATIMA
7 B - JAN 07



JOVITA GNANA
8 B - JAN 07



RIONA MARIA JOSE
8 C - JAN 07



AILEEN ZUHARA
9 C - JAN 07



JACOB RAVI
10 G - JAN 07



HANNA
11 E - JAN 07



JENNIFER MARIAM
11 G - JAN 07



ALAN BOBBY
12 B - JAN 07



AMARIS LESLIE
12 B - JAN 07



JOSHUA ANUB
12 D - JAN 07



JARENA DEVA AMBLI
12 J - JAN 07



VANIAH THOMAS
6 A - JAN 08



JIA SUSAN JOHN
10 C - JAN 08



NAEEM BURHAN
11 D - JAN 08



JOEL JOHN SHIBU
11 F - JAN 08



SHIFRAH
11 F - JAN 08



GURLEEN KAUR
12 D - JAN 08



SHARATH SANTHOSH
12 K - JAN 08



TAPASYA SUNISH
7 E - JAN 09



HUDA HUSSAIN
11 I - JAN 09



LIBIN THOMAS BJOY
9 F - JAN 10



HRITHIKA HAREESH
11 B - JAN 10



KISHORE RAMESH
11 H - JAN 10



SHAWNETE FERRYN
9 D - JAN 11



SHAIKH SENAN
12 H - JAN 11



THOMAS REGI JACOB
12 K - JAN 11



MARYAM ATIF
7 F - JAN 12



CHRIS ROBINS
8 A - JAN 12



AARON ROBINS
8 C - JAN 12



ETHAN JOAQUIM
11 M - JAN 12



FATIMA ABDUL
12 A - JAN 12



NATHAN GEORGE
12 G - JAN 12



AMELIA GIBI
7 B - JAN 13



AREEBAH KHAN
8 D - JAN 13



FIONA GEO MELBIN
9 A - JAN 13



HAMZA SYED
9 D - JAN 13



SAMRAAT ARUN
10 G - JAN 13



REUBEN SENU
11 A - JAN 13



MUHSIN AHAMED
11 C - JAN 13



RIYA MERIN STEPHEN
11 H - JAN 13



BRIAN BINO JOSEPH
12 B - JAN 13



MADHAV PADIKKAL
12 H - JAN 13



CLAIRE ANN SAJJU
10 D - JAN 14



DHYANI NIRANJANI
12 A - JAN 14



JUVEL MARY
9 C - JAN 15



ANAMIKA KUMARI
10 G - JAN 15



ALONA LALU
11 F - JAN 15



FATEMA SAIFEEBHAI
11 G - JAN 15



CHARU AJIT KUMAR
12 E - JAN 15



ADEEB ANSARI
7 B - JAN 16



NATHAN ADAM
9 A - JAN 16



GIRIRAJ PAUL
10 F - JAN 16



JOANA ANGELINE
11 B - JAN 16



BILAL AHMAD
12 B - JAN 16



PARTHIU PRASANTH
8 B - JAN 17



KHADEEJAH
8 F - JAN 17



AAYESHA SIDDIQUE
11 A - JAN 17



Hafa KHADDEEJA
11 H - JAN 17



SHEHA NASAR
12 E - JAN 17



BATUL LULAWALA
7 D - JAN 18



AHMAD RAWOOT
7 E - JAN 18



AVNER ANIL ANTONY
9 B - JAN 18



KUSHAAL CHELLI
9 E - JAN 18



EVELYN SUSAN
10 A - JAN 18



AMINA SHAIK
10 B - JAN 18



SAKINA KUTUBUDDIN
12 H - JAN 18



KEERTHANA SUBASH
8 A - JAN 19



ABDUL SALAM
8 C - JAN 19



PRARTHANA
8 D - JAN 19



GAUTHAM KRISHNA
8 E - JAN 19



JASHIK AHAMED
11 F - JAN 19



LIYANA OMAR
11 F - JAN 19



TAHA KUWAWALA
11 F - JAN 19



KHADIJA AKIL
11 I - JAN 19



ABIDA SABU
12 D - JAN 19



MURTAZA JOHAR
11 E - JAN 20



SACHI MAYUR
11 I - JAN 20



THILINI
11 K - JAN 20



VEDIKA SATHISH
12 A - JAN 20



HANNAH THOMAS
12 D - JAN 20



ACHSA SARA BINO
12 B - JAN 21



NIKITA KINGSLEY
12 D - JAN 21



DANIELLA RAINA
12 G - JAN 21



MONISHA MOHAN
10 D - JAN 22



JERLIN ANN JACOB
11 G - JAN 22



RIDA IMRAN
11 M - JAN 22



NEVAN CAEL
12 B - JAN 22



MUHAMMED SHAMIL
12 F - JAN 22



FAHID KAMAL
12 K - JAN 22



AAZEEN ALI KAMIL
8 B - JAN 23



ABHINAV RINU
8 B - JAN 23



ALESSANDRA
8 C - JAN 23



ALFIYA OTLA
8 D - JAN 23



KEVEON FERNANDES
9 A - JAN 23



NUHAID NAZEER
10 B - JAN 23



ELISA JUGU
11 B - JAN 23



ALWIN DAVIS
11 J - JAN 23



NERIA ELSA
8 C - JAN 24



ARSALAN ASAD
9 E - JAN 24



ABIGAIL ELSA SHNU
11 I - JAN 24



SHANNON CHRISTINE
12 I - JAN 24



JUAN JJI
10 E - JAN 25



RYAN JJI
10 E - JAN 25



ADIVA CHADHA
11 C - JAN 25



LIYA JOHNY
11 C - JAN 25



MARYAM SHAKEEL
11 E - JAN 25



JHANVI BALA
12 A - JAN 25



ROHAN THOMAS
12 H - JAN 25



AYSHA NUHA
10 A - JAN 26



FATHIMA NIMAH
10 A - JAN 26



NAWAL AZHAR
12 G - JAN 26



ELIEZER NELSON
7 C - JAN 27



MOHAMMED MAZIN
7 D - JAN 27



YUSRA YAWAR
8 C - JAN 27



DEVA DHARSHAN
10 D - JAN 27



HAFSA AMANULLA
10 D - JAN 27



PARVATHY JAYARAJ
11 I - JAN 27



SYED ABDUL
12 D - JAN 27



LAKSHMI VAISHNAVI
7 B - JAN 28



ABEL VARGHESE
9 C - JAN 28



ADVAIT ULLAS NAIR
10 C - JAN 28



ANGEL GABRIELLA
11 B - JAN 28



AAFIIYA MOHAMED
11 J - JAN 28



SAKINA TAIZUN
12 E - JAN 28



AAMINA AKBAR
12 H - JAN 28



VIKRUTI MURUGESAN
8 B - JAN 29



REYON JOSEPH
8 D - JAN 29



ABEER ABDULLAH
9 C - JAN 29



SAMYAK KOTHARI
9 E - JAN 29



RAED RIZWAN
11 G - JAN 29



SPANDITA MONDAL
12 B - JAN 29



EMAAN RAUT
7 F - JAN 30



MOHAMMED
8 C - JAN 30



JOVITA DSOUZA
8 E - JAN 30



RACHEL CEDRIC
11 F - JAN 30



JUSTIN BAIJU
11 K - JAN 30



MOHAMMED DANISH
6 A - JAN 31



JONATHAN
7 A - JAN 31



AFRAH FAWZA
7 B - JAN 31



AFFAN AMANULLAH
7 F - JAN 31



MUFADDAL
7 F - JAN 31



THANEESH
7 F - JAN 31



MANHA SHEHZAD
8 C - JAN 31



SYED ABDUL
9 C - JAN 31



MOHSINALI MULLA
9 D - JAN 31



AKSHITA
10 C - JAN 31



ABDE ALI
11 G - JAN 31



ELIZABETH PHILIP
JAN 15

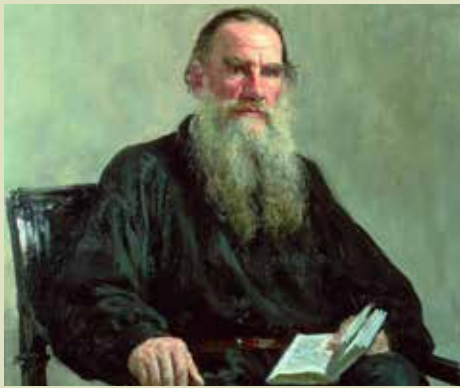


MR. SAJI ANDREWS
JAN 20



SHAMEENA
JAN 28

Leo Tolstoy



Leo Tolstoy was a great Russian writer and thinker. He was born on September 9, 1828, in Russia. Tolstoy is known all over the world for his famous novels, short stories, and ideas about life, truth, and morality. His writings are still read and respected today.

Tolstoy was born into a rich family, but his parents died when he was young. He was raised by relatives and received a good education. As a young man, he joined

the army and fought in the Crimean War. His experiences as a soldier had a strong influence on his writing. They helped him understand human suffering, courage, and the reality of war.

Leo Tolstoy became famous for his great novels "War and Peace" and "Anna Karenina." War and Peace is a long novel that talks about war, history, family, and love. It shows how war affects ordinary people. Anna Karenina is a story about love, society, and personal choices. Both novels are considered masterpieces of world literature because of their deep characters and strong messages.

Tolstoy also wrote many short stories, essays, and plays. Some of his short stories, like "The Three Questions" and "How Much Land Does a Man Need?", are simple but very meaningful. These stories teach moral lessons about kindness, greed, and the purpose of life. Because of this, many of his stories are read by students.

Later in his life, Tolstoy became very interested in spiritual and moral questions. He believed in simple living, honesty, and non-violence. He spoke against war and injustice and believed that people should live with love and compassion. His ideas influenced many great leaders, including Mahatma Gandhi.

Leo Tolstoy lived a simple life in his later years, even though he was famous and wealthy. He believed that true happiness does not come from money or power, but from helping others and living a meaningful life.

Tolstoy died on November 20, 1910, but his ideas and writings live on. He is remembered as one of the greatest authors in history. His works continue to inspire readers to think deeply about life, human nature, and the importance of kindness and truth.



NUSAIBAH CHABIRA
- 7C

Aevin Dugas: The Woman with the World's Largest Afro



Aevin Dugas is an American woman from Reserve, Louisiana, who became famous for having the largest natural afro ever recorded on a woman by Guinness World

Records. She first earned this title in 2010 and went on to break her own record multiple times as her hair continued to grow. At its biggest, her afro measured about 25 cm (9.84 in) tall and an incredible 165 cm (5 ft 4.9 in) in circumference, making it the largest ever verified in Guinness World Records history.

Aevin didn't start out trying to break records - she simply decided to embrace her natural hair after years of using hair-straightening products. Over decades she nurtured her curls, promoting self-love,

cultural pride, and confidence along the way. Her journey inspired many people to appreciate their natural beauty.

In 2025, Aevin was honored as a Guinness World Records ICON for her long-standing achievement and her positive message about natural hair. Although she later passed the official title to a new record holder, her legacy remains a powerful example of individuality and self-acceptance.

EPitome OF SUCCESS



Rema, born Divine Ikubor on 1 May 2000 in Benin City, Nigeria, is a remarkable singer, rapper, and songwriter who has become one of the strongest voices in modern Afrobeats. Growing up in a modest family, he faced several hardships early in life, including the painful loss of his father and older brother. These experiences shaped his outlook and pushed him to pursue music with determination. From a young age, Rema practiced freestyles and participated in talent shows, slowly building the confidence that would later help him enter the professional music world.

His breakthrough came in 2019 when he signed with Jonzing World, a label under Mavin Records. That same year, he released his debut EP featuring the hit

song "Dumebi," which instantly made him a global sensation. The track dominated African charts and introduced him to international audiences. As his popularity grew, Rema began shaping a unique musical identity, which he called "Afrorave" - a fusion of Afrobeats with Arabian, Indian, and electronic sounds. This fresh and bold style set him apart from many other artists and cemented his reputation as an innovator.

Rema's global fame soared with the release of "Calm Down," especially the widely loved remix featuring Selena Gomez. The song broke multiple records, became one of the longest-charting Afrobeats songs ever, and garnered billions of streams. His albums Rave & Roses and HEIS achieved international success,

REMA A Star Redefining Global Music

collecting high streaming numbers and earning him a Grammy nomination. These achievements proved his ability to appeal to audiences across continents while staying true to his African roots.

Today, Rema is recognized as a trailblazer in the global music scene. With sold-out world tours, performances at prestigious venues, and collaborations with top international artists, he continues to elevate Afrobeats on a worldwide scale. At just 25 years old, Rema has already built an inspiring legacy. His creativity, passion, and fearless approach to music have made him a role model for young artists and a key figure in shaping the future of African music.



JOANNA. P. KOSHY
11G



The Growing Drug Crisis: A Nation At Risk Rising Supply, Rising Addiction



The battle against drug abuse is making no headway, despite the collective will of world governments. Rather, the number of users is growing. Patterns of use are changing as also the profile of users, while the trade finds new and devious ways of reaching users. The world affected are of course the developing countries which

are already burdened by poverty, illiteracy and inadequate facilities for intervention. According to UNDP figures of the more than 200 million abusers world over, 4 million are in this subcontinent and 2.25 million in India.

Addicts in fact are no longer slum dwellers or spoiled brats of wealthy parents. Studies suggest that a typical addict comes from all walks of life. Is young, male, sexually active, often employed in unorganized sector and earns enough money to buy drugs. Workplace drug abuse has in fact gone up according to the drug abuse information, rehabilitation and research center from 2.5% to 40% over a 10 year period.

Sadly, child addicts are also on the increase. In a survey done by Butterflies, a Delhi NGO, 50% of the street children interviewed had experimented with cocaine, which is easily available at affordable prices.

In rural areas certain segments of the population are tolerant to the use of drugs and do not receive them as a problem. So users do not want treatment. Experience has shown that the demand for drugs reduces when the quality of life improves. Even the provision of a playground has shown a fall in demand.



BURHANUDDIN
-8E

EPITravel

PALAU



Palau is a small island nation located in the western Pacific Ocean, in the region known as Micronesia. It is made up of more than 300 islands, most of which are uninhabited. The capital of Palau is Ngerulmud, while Koror is the largest city and the center of trade and tourism. Palau has a tropical climate with warm temperatures and frequent rainfall, which supports lush greenery and rich marine ecosystems.

Palau is world-famous for its natural beauty, especially its marine life. The islands are surrounded by clear blue waters, coral reefs, and diverse sea creatures. One of the most famous attractions is the Rock Islands Southern Lagoon, a UNESCO World Heritage Site known for its limestone islands and turquoise waters. Another unique natural wonder is Jellyfish Lake, where millions of harmless jellyfish live, allowing visitors to swim safely among them. Due to its rich biodiversity, Palau is considered one of the best scuba diving destinations in the world.

Environmental protection is a major priority for Palau. In 2009, it became the world's first Shark Sanctuary, banning commercial shark fishing. Later, Palau established the Palau National Marine Sanctuary, protecting most of its ocean waters from harmful activities. The country also introduced the Palau Pledge, which requires visitors to promise to protect the environment and respect local culture. These efforts highlight Palau's leadership in global environmental conservation.

Palau has a rich cultural heritage rooted in tradition and respect for nature. Palauan society is largely matrilineal, meaning property and titles are passed through the mother's family. Traditional meeting houses called bai are important centers for community discussions and cultural events. Storytelling, music, and dance

help preserve the nation's history and values.

Historically, Palau was influenced by Spain, Germany, Japan, and the United States. After World War II, it was administered by the U.S. before gaining independence in 1994. Today, Palau is a democratic republic and maintains a close relationship with the United States through a Compact of Free Association.

In conclusion, Palau may be small in size, but it plays a significant role on the global stage. Its commitment to environmental protection, cultural preservation, and sustainable development makes it a model nation for the world.



JANICE
- 7C



RIDDLES



- | | | |
|---|---|----------------|
| 1. I'm always coming but never arrive. What am I? | heard, but I can be known. What am I? | 1. Tomorrow |
| 2. The more you know, the less you have. What is it? | 8. What has no weight but can't be held for long? | 2. Ignorance |
| 3. I have no eyes, yet once I saw. I once had thoughts, now I'm white and empty. What am I? | 9. I follow you all the time and copy your every move, but you can't touch me. What am I? | 3. A skull |
| 4. What can be broken but never held? | 10. I have no life, yet I can die. What am I? | 4. A promise |
| 5. I have one voice, yet speak many languages. What am I? | | 5. An echo |
| 6. What gets bigger the more you share it? | | 6. Knowledge |
| 7. I can't be seen, but I can be felt. I can't be | | 7. The wind |
| | | 8. Your breath |
| | | 9. Your shadow |
| | | 10. A battery |

The Red Poison necklace



The streetlights hummed faintly as Katherine stood beneath them, their weak glow doing nothing to keep the darkness from pressing in, and she felt, as she often did, that the world would be quieter if she vanished completely. Footsteps echoed too close, too intentional, and when she looked up, a stranger stood where the empty street had been moments before, watching her like he already knew her. She backed into the wall she had claimed as shelter, fingers digging into the dagger she had found days ago, the only thing that ever listened to her fear. "What's your name, little girl?" the man asked gently, and the softness of his voice unsettled her more than cruelty ever could.

He wore a suit, carried a briefcase, looked clean and untouched, like reality bent itself around him. "K-Katherine," she whispered. Orphaned since three, she had learned

that kindness was usually a lie told before something worse, and the man who found her in the street and kept her alive by nearly killing himself, had never pretended otherwise. The man studied her face as if searching for something beneath her skin. "Where are your parents?" "T-they passed away," she said, the words cracking open old emptiness. "Why are you here all alone?" "I-I live here. A-a man t-takes care of me." Silence stretched, heavy and watching, until it fractured under approaching footsteps, many of them, and shapes slid out of the dark wearing masks and weapons, their presence squeezing the air from her lungs. Before she could think, the man grabbed her wrist and ran, pulling her body along as if she weighed nothing, shoving her into a car and whispering urgently, "You'll stay at my house for a few days. I'll bring you back later. Okay?" She nodded because thinking hurt too much, because fear made obedience feel safe. He searched his briefcase with shaking urgency. "Ah - here it is." He opened his hand to reveal a necklace, a thin chain holding a glass pendant filled with clear red liquid, red as blood, red as something that should not move yet seemed to pulse. "Wear it," he said, his voice dropping. "No matter what you do, do not take it off." When she fastened it around her neck, warmth flooded her veins like a memory that didn't belong to her, spreading into her chest, her thoughts, her heartbeat, making her feel watched from the inside, powerful and vulnerable at once. The drive blurred into turns and silence until a massive house rose from the countryside, too still, too patient. Inside, the man gave two rules - don't remove the necklace and don't go below the basement - and the way he said them made them feel less like instructions and more like threats.

That night she slept in a bed so soft it felt unreal, and in the morning the man was gone. "Business," the servant said, and curiosity gnawed louder than fear. She descended the steep stairs, slowly and carefully. The basement swallowed sound, the air thick with pain and decay, revealing endless rows of beds and rooms carved into the walls like thoughts no one wanted to remember. In the first room, a woman wearing the same red pendant had shackles one her hands, feet and neck, the one on her neck practically choking her to death, her screams muted. Katherine pressed her hand over her mouth as guilt burned through her chest for still being alive. Every room was worse - people bleeding, gasping, already empty - until a boy around thirteen lying half dead on one of the beds, suddenly grabbed her wrist, his grip frantic, his eyes hollow. "Remove it," he begged. "REMOVE IT." "Remove what?" "The necklace." She saw it then, glowing faintly at his throat, as if feeding. "Why?" she whispered, but his grip loosened and his body went still, his heart stopping as easily as a thought erased. Panic shattered her. She grabbed a knife and cut the chain, then struck again until the pendant broke, red liquid spilling across the floor like something released, and for one brief moment she felt lighter. Then footsteps echoed behind her - slow, deliberate - and she turned to see the man watching her with quiet disappointment. "Tsk, tsk, tsk," he said softly. "Two simple rules, and you broke both." She backed into a wall that hadn't existed seconds ago, her mind screaming even as her mouth refused to move, the cold gleam of metal filling her vision. "Sometimes," he murmured, "it's best to follow rules," and the gun fired.



MANUELA
- 6A

"Epiguiz"

1. What is Amazon Web Services (AWS) mainly used for?
2. Which company acquired WhatsApp in 2014 for \$19 billion?
3. Which automobile company has a logo featuring a three-pointed star inside a circle?
4. Which Indian e-commerce platform uses an orange smile with

an arrow in its logo?

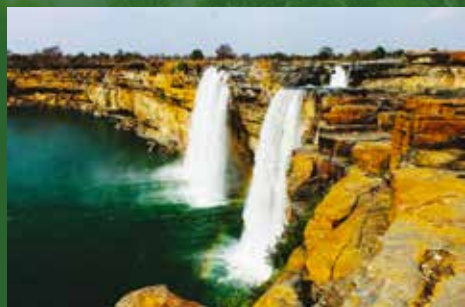
5. What is Newton's first law of motion known as?
6. Name any one country which is present in both Asia and Europe.
7. Which revolutionary established the slogan "Jai Jawan Jai Kisan"?
8. 'Taekwondo' is from which country?
9. Who founded Tesla Motors?
10. Which Indian company uses the tagline "Taste the Thunder" for one of its popular beverages?

1. Cloud Computing
2. Facebook (Now Meta)
3. Mercedes-Benz
4. Flipkart
5. The law of Inertia
6. Turkey
7. Lal Bahadur Shastri
8. Korea
9. Martin Eberhard and Marc Tarpenning (Elon Musk later joined and became the face of Tesla)
10. Thums Up (Coca-Cola India)



DISCOVER India

CHHATTISGARH INDIA'S QUIET TREASURE



When people talk about India, they often mention states like Kerala, Rajasthan, or Goa. However, Chhattisgarh, located in central India, remains one of the country's least talked-about yet most fascinating states.

Chhattisgarh is known for its dense forests, waterfalls, and rich tribal culture. Nearly one-third of the state is covered with forests, making it a haven for nature lovers. Beautiful waterfalls such as Chitrakote, often called the Niagara of India, and Tirathgarh add to its natural charm.

The state has a strong tribal heritage, with many indigenous communities preserving age-old traditions, dances, music, and handicrafts. Festivals like Bastar Dussehra, celebrated for more than 75 days, are unique and reflect the deep cultural roots of the region.

Chhattisgarh is also rich in minerals and natural resources, contributing significantly to India's steel and power industries. Despite

this, it maintains a calm, rural lifestyle that is far removed from the hustle and bustle of big cities.

The state holds great historical importance as well. Places such as Sirpur showcase ancient temples, Buddhist monasteries, and archaeological remains that prove Chhattisgarh was once a flourishing center of learning and culture. Rock paintings and temple ruins across the region tell stories of a rich and vibrant past.

Another special feature of Chhattisgarh is its local cuisine and handicrafts. Simple yet flavorful dishes made from rice, millets,

and forest produce reflect the close bond between the people and nature. Traditional handicrafts like bell metal art, bamboo work, and tribal jewelry highlight the creativity and skills passed down through generations.

Though not widely known, Chhattisgarh offers a rare glimpse into untouched nature, simple living, and authentic Indian culture. For travelers and readers willing to explore beyond popular destinations, this quiet state has immense beauty, history, and traditions waiting to be discovered.



ANN SUSAN
-8A



Mind & Brain Facts

1. Your brain can generate about 20 watts of electrical power - enough to power a small lightbulb.
2. Humans forget 50% of new information in just an hour if it's not repeated or reinforced.
3. Multitasking reduces efficiency - the brain can't truly focus on two complex tasks at the same time.
4. Your brain is more active at night than during the day - especially when dreaming.
5. The placebo effect is real: thinking you've taken medicine can actually trigger chemical changes in the brain.
6. Memory is reconstructive, not perfect - our brain often fills gaps with false details.
7. Exercise boosts brain power - 20-30 minutes of walking increases cognitive function and memory.
8. Your brain has about 86 billion neurons, each connecting to thousands of others - a network bigger than the number of stars in our galaxy!
9. Listening to music while studying can improve memory retention, especially classical or instrumental.
10. Yawning cools the brain, helping it function more efficiently.



BALANCE SHEET FOR THE MONTH OF DECEMBER 2025

Income (November 2025)	KD	Expenditure (December 2025)	KD
Balance c/f from (November 2025)	2892.675		
Contribution from Students (December 2025)	72.895		
Balance in hand	2965.570		

CHARITY DECEMBER 2025

CLASS / SEC	CLASS TEACHERS NAME	BIRTHDAY FUND	CHARITY FUND	TOTAL
11 A	MRS. SUSAN GEORGE	-	1.000	1.000
11 B	DR. WASEEM PATHAN	-	1.050	1.050
11 C	MR. VINOD LAKSHMANAN	-	1.750	1.750
11 E	MRS.HARSHA RAJAGOPAL NAIR	-	1.300	1.300
11 F	MRS. DEEPA BIJU	-	1.750	1.750
11 H	MRS. MUSARAT PARKAR	-	7.720	7.720
11 I	MRS. SREESHMA	-	0.805	0.805
10 A	MRS. JAGADA JEGADEESAN KAMALA	-	1.290	1.290
10 E	MRS. SARITHA P NAIR	-	0.525	0.525
9 B	MR.MANUEL JUSTIN	-	0.600	0.600
9 D	MR. NITHIN VATAKKE MATATHIL	-	3.070	3.070
9 F	MR. VIJAY BHASKARA REDDY C	-	1.050	1.050
8 A	MRS.SREELAKSHMI	-	2.065	2.065
8 C	MRS. SOUMYA PRASHANT	-	1.895	1.895
8 D	MRS. GURPREET KAUR (MRS. GURVINDER KAUR MAINI)	-	1.320	1.320
8 E	MRS. JICKCY SUSAN CHERIAN	-	1.200	1.200
7 A	MRS. SHIBYMOL BABU	-	1.420	1.420
7 B	MR. MANIKANDAN CHANGARAMKANDATH	-	1.300	1.300
7 C	MS.BINU SABU	-	2.790	2.790
7 D	MRS SHEREENA MOOSA (MRS. TINTU)	-	10.090	10.090
7 E	MRS. ARSHIYA FATHIMA ASHRAF HUSSAIN	-	3.695	3.695
7 F	MRS. NAZIMA TAILOR	-	2.040	2.040
6 A	MRS. ANGULAKSHMI A	-	15.255	15.255
TOTAL			64.980	64.980
AFTERNOON SHIFT				
8 F	MRS. RIZWAN MOINUDDIN	-	0.315	0.315
9 G	MRS. SHIBYMOL BABU	-	0.075	0.075
10 F	MRS. REENU ANTAPPAN	-	1.195	1.195
10 G	MRS. NIMMY GOPINATH	-	0.330	0.330
11 J	MR. SUNDARESH KUMAR K G	-	0.000	0.000
11 K	MR. SUJITH KRISHNA T	-	2.150	2.150
11 L	MR. PRASAD NAMBIAR	-	0.000	0.000
11 M	MRS. HEPHZIBAH BADUGU	-	0.000	0.000
12 J	MRS. RATNACHIRA MISHRA	-	2.850	2.850
12 K	MR.SREEKUMAR	-	1.000	1.000
TOTAL			7.915	7.915
GRAND TOTAL			72.895	72.895

EPHILATELY

S.L. Kirloskar:



S. L. Kirloskar was the son of Laxmanrao Kirloskar, who established the Kirloskar Group and the township of Kirloskarwadi. S. L. Kirloskar earned a Bachelor of Science degree in mechanical engineering from MIT in Cambridge, Massachusetts, U.S. He was also among the first Indians to graduate from MIT. S. L. Kirloskar was a global thinker and an enterprising person who had the courage and the confidence in the potential of his own country even in the pre-independence era. He often said, "Economic preparedness is as vital as military preparedness. He viewed India as a part of the rest of the world and worked towards making India globally competitive.

Damodar Dharmananda Kosambi:



Damodar Dharmananda Kosambi (31 July 1907 – 29 June 1966) was an Indian polymath with interests in mathematics, statistics, philology, history, and genetics. He contributed to genetics by introducing the Kosambi map function. In statistics, he was the first person to develop orthogonal infinite series expressions for stochastic processes via the Kosambi-Karhunen-Loève theorem. He is also well known for his work in numismatics and for compiling critical editions of ancient Sanskrit texts.

Kishore Kumar:

Kishore Kumar



Kishore Kumar (born Abhas Kumar Ganguly; 4 August 1929 – 13 October 1987) was an Indian playback singer, musician and actor. He is widely regarded as one of the greatest, most influential and dynamic singers in the history of Indian music. Kumar was one of the most popular singers in the Indian subcontinent, notable for his yodeling and ability to sing songs in different voices. He used to sing in different genres but some of his rare compositions, considered classics, were lost in time.

Harchand Singh Longowal :



Sant Harchand Singh Longowal (2 January 1932 – 20 August 1985) was the President of the Akali Dal during the Punjab insurgency of the 1980s. He had signed the Punjab accord, also known as the Rajiv-Longowal Accord along with Rajiv Gandhi on 24 July 1985. The government accepted most of the demands of Akali Dal who in turn agreed to withdraw their agitation. Less than a month after signing the Punjab accord, Sant Longowal was assassinated by Gyan Singh Leel and Jarnail Singh Halvara.

Savitribai Phule:



Savitribai Phule was an first female teacher in India, Indian social reformer, educationalist, and poet from Maharashtra. Along with her husband, Jyotiba Phule in Maharashtra, she played a vital role in improving women's rights in India. She is considered to be the pioneer of India's feminist movement. Savitribai and Jyotiba together founded one of the early modern Indian girls' school in Pune, at Bhidewada in 1848. She strived to abolish discrimination and unfair treatment of people on the basis of caste and gender. She and her husband were pioneers of women's education in India. They started their first school for girls in 1848 in Pune at Tatyasaheb Bhide's residence or Bhidewada.

Dwarka Prasad Mishra:



Dwarka Prasad Mishra (5 August 1901 – 31 May 1988) was an Indian politician, writer and journalist. He was a member of the Indian National Congress and served as the Chief Minister of Madhya Pradesh for two terms during the 1960s.

An Indian freedom fighter and diplomat, he was from Padari a village in Unnao. As a poet he composed the mahakavya,

Krishnayana (transl. Journey of Krishna). He became the Chief Minister of Madhya Pradesh after Ravi Shankar Shukla.



JUDY - 7C

Ajoy Kumar Mukherjee:



Ajoy Kumar Mukherjee (15 April 1901 – 27 May 1986) was an Indian independence activist and

politician who served three short terms as the fourth and sixth Chief Minister of West Bengal. He hailed from Tamluk, Purba Medinipur district, West Bengal. Ajoy Kumar Mukherjee born in Tamluk, West Bengal, India in 1901, he was one of the leaders of Tamralipta Jatiya Sarkar (Tamralipta National Government), which came into effect on 17 December 1942 during the Quit India Movement, a programme of civil disobedience launched in India in 1942. He was greatly influenced by Swami Vivekananda.

Nanabhoy Palkhivala:



Nanabhoy "Nani" Ardeshir Palkhivala (16 January 1920 – 11 December 2002) was an Indian lawyer and a noted jurist. Being lead counsel in cases such as Kesavananda Bharati v. The State of Kerala, I.C. Golaknath and Ors. v. State of Punjab and Anrs., Minerva Mills v. Union of India garnered him international recognition and cemented his reputation as one of India's most eminent advocates. Between 1977 and 1979, Palkhivala also served as India's Ambassador to the United States.

Rajkumari Amrit Kaur



Rajkumari Amrit Kaur (1887–1964) was an Indian freedom fighter and politician from Punjab. A close associate of Mahatma Gandhi, she played a crucial role in the independence movement. As India's first Health Minister (1947–1952), she advocated for public health reforms and women's rights, leaving a significant impact on society.



FORTNITE:

Revolutionizing the World of Gaming

Since its release in 2017 by Epic Games, Fortnite has transformed the gaming landscape, becoming one of the most popular video games in the world. Known for its fast-paced action, creative gameplay, and unique blend of battle royale and social interaction, Fortnite appeals to millions of players across all age groups.

Gameplay and Modes

Fortnite is primarily a battle royale game, where 100 players are dropped onto an island and must fight to be the last one standing. Players gather weapons, build structures, and strategize to survive against others. The game also features a Creative Mode, allowing players to design their own worlds, and a Save the World mode, a cooperative campaign against AI-controlled enemies. This variety keeps players engaged and offers endless possibilities for fun and creativity.

Cultural Impact

Fortnite is more than just a game - it's a cultural phenomenon. Its in-game events, like virtual concerts and movie screenings, have attracted global attention, blurring the line between gaming and entertainment. Popular dances and emotes from Fortnite have even crossed over into mainstream culture, influencing music videos, social media trends, and more.

Community and Competitive Scene

Fortnite has built a massive online community and competitive esports scene. Regular tournaments with huge prize pools encourage players to improve their skills and compete at high levels. The game's



accessibility, being available on PC, consoles, and mobile devices, allows friends worldwide to play together seamlessly.



JASMINE
- 8A

Updates and Evolution

Epic Games continuously updates Fortnite with new skins, weapons, and seasonal events, keeping the game fresh and exciting. The evolving storyline and themed seasons add a sense of adventure, encouraging players to return regularly to explore new challenges.

Fortnite is more than a game - it is an interactive world where players can compete, create, and connect. Its impact on gaming, entertainment, and online communities is undeniable, making it one of the defining games of the modern era. Whether you are a casual player or a competitive gamer, Fortnite offers an experience that is both thrilling and ever-changing.

HOW DO PLANES FLY ?



We all have been on planes, but have you ever wondered how planes fly? Planes are huge metal bodies which are used to transport people from one country to other. Planes create thrust, which is the force generated by the engines during take-off by pushing the air backwards; this creates an equal and opposite forward push (Newton's

third law). The wings (airfoils) create lower pressure over them and higher pressure below them, which causes lift (The force generated by the wings which makes the plane fly upward). This lift opposes drag (The resistance which slows the plane down) and gravity, allowing the planes to push forward and become airborne. the faster-moving air has low pressure which is created in the curved part of the wing (above) and the slower-moving air, which is created in the flat part of the wing (below) has high pressure. This is how pressure is generated above and below the wings. In the air, the plane maintains normal speed and continues flying. When the plane lands, it tries to slow down as much as possible. To do this, it uses devices like flaps(the

part at the rear of the wing that moves down to create lift and drag), slats (similar to flaps but it is located at the front of the wing) to create drag. It also lowers its landing gears (tyres). It uses ILS signals (radio guidance) and PAPI lights (lights that helps the pilots to maintain the right path) executing a flare (raising nose) just a few meters before touchdown. After the plane fully touches down, it deploys its spoilers (panels next to the flaps that rise up to disrupt airflow) thrust reversers (parts of the engines that directs air forward) to help the brakes to slow the plane down on the runway. This is how planes transport us to different parts of the world.



SAASHA
- 8A

WORLD in a Nutshell

Air Marshal Nagesh Kapoor takes over as Vice Chief of the Air Staff:



Nagesh Kapoor SYSM PVSM AVSM VM assumed charge as the Vice Chief of the Air Staff of

the Indian Air Force on January 1, 2026. An alumnus of the National Defence Academy, Air Marshal Kapoor graduated in December 1985 and was commissioned into the fighter stream of the Indian Air Force on December 6, 1986. An experienced fighter pilot, Qualified Flying Instructor and Fighter Combat Leader, he has flown all variants of the MiG-21 and MiG-29 aircraft and has over 3,400 hours of flying experience on a wide range of combat and trainer aircraft.

Indian Navy receives 'Anjadip', third Indigenous ASW shallow water craft:



The Indian Navy received Anjadip, the third of eight Anti-Submarine Warfare Shallow Water Crafts

(ASW SWC), marking another milestone in the country's indigenous naval shipbuilding programme. Approximately 77 metres in length, the ASW SWC is the largest Indian naval warship to be propelled by waterjets. The craft is equipped with advanced lightweight torpedoes, indigenously developed anti-submarine rockets and shallow water sonar systems, enabling effective detection and engagement of underwater threats. The platform is expected to significantly enhance the Navy's anti-submarine warfare, coastal surveillance and mine-laying capabilities. The ship is named after Anjadip Island, located off the coast of Karwar in Karnataka, and carries forward the legacy of the erstwhile INS Anjadip, a Petya-class corvette that was decommissioned in 2003.

ISRO successfully launches BlueBird Block-2 satellite from Sriharikota:



The Indian Space Research Organisation (ISRO) successfully launched the LVM3-M6

rocket, placing the United States' BlueBird Block-2 communication satellite into its intended Low Earth Orbit, marking another milestone in India's growing commercial

space launch capabilities. The LVM3-M6/BlueBird Block-2 mission is a dedicated commercial launch carried out using ISRO's heavy-lift launch vehicle LVM3. The mission marked the sixth operational flight of the LVM3 rocket and involved the deployment of the BlueBird Block-2 satellite developed by US-based AST SpaceMobile.

New images capture rare interstellar comet 3I/ATLAS passing through our Solar System:



The comet, discovered in July 2025, originated far beyond our Solar System

and is thought to be around 7 billion years old - even older than the Sun. The comet made global headlines in 2025 when astronomers confirmed it was passing through our Solar System after forming around a distant star. It is thought to be the oldest comet ever observed - and one of only three interstellar objects ever discovered in our Solar System. Comet 3I/ATLAS was discovered on July 1, 2025 and quickly became one of the biggest space science stories of the year. Unlike most comets, which form within our own Solar System, 3I/ATLAS originated far beyond it. As only the third confirmed interstellar object ever recorded - after 'Oumuamua in 2017 and 2I/Borisov in 2019 - 3I/ATLAS sparked attention for its icy core enveloped by a coma, the luminous halo of gas and dust.

Nnena Kalu wins Turner Prize 2025 :



The Turner Prize 2025 has been awarded to Nnena Kalu. The winner of the £25,000 prize was

announced at a ceremony at Bradford Grammar School presented by magician Steven Frayne, formerly known as Dynamo, in Bradford, this year's UK City of Culture. The jury awarded the prize to Nnena Kalu, who creates hanging sculptures from wrappings of different materials making cocoon-like shapes, as well as large-scale drawings made with vigorous, rhythmic lines. The jury commended Kalu's bold and compelling work, praising her lively translation of expressive gesture into captivating abstract sculpture and drawing. Noting her distinct practice and finesse of scale,

composition and colour, they admired the powerful presence these works have. One of the best-known visual arts prizes in the world, the Turner Prize aims to promote public debate around new developments in contemporary British art. Established in 1984, the prize is awarded each year to a British artist for an outstanding exhibition or other presentation of their work.

Blue Origin launches 1st wheelchair user to space and back :



Benthaus and her five crewmates on a suborbital spaceflight from the company's West Texas

launch site. Benthaus became the first wheelchair user ever to reach the final frontier. Benthaus, who works at the European Space Agency, has used a wheelchair since suffering a mountain-biking accident in 2018. New Shepard flights are suborbital and brief, lasting just 10 to 12 minutes from liftoff to capsule touchdown. Passengers get to see Earth against the blackness of space and experience a few minutes of weightlessness. The sensation of weightlessness, or zero gravity, happens when the effects of gravity are not felt. Technically speaking, gravity does exist everywhere in the universe because it is defined as the force that attracts two bodies to each other. But astronauts in space usually do not feel its effects.

Prada Made in India: The Kolhapuri Chappal Goes Global:



Prada, the iconic Italian luxury brand, has partnered with Maharashtra government leather development

corporations - LIDCOM (Sant Rohidas Leather Industries and Charmakar Vikas Mahamandal) and LIDCAR (Dr. Babu Jagjivanram Charmudyog Vikas Mahamandal) - to bring the traditional Kolhapuri chappal to international luxury markets. This collaboration fuses centuries-old Indian craftsmanship with contemporary high-end design, creating a unique bridge between heritage artistry and global fashion. The collection will fall under the 'Prada Made in India - Inspired by Kolhapuri Chappals' project, aiming to preserve traditional techniques while giving them a contemporary global appeal.

ART GALLERY



EPictionary



SAASHA
- 8A

1. Aberration (Noun)

Meaning: A deviation from what is normal or expected.
Sentence: The sudden drop in temperature was an aberration during the summer season.

2. Conundrum (Noun)

Meaning: A confusing or difficult problem.
Sentence: Choosing between science and commerce became a real conundrum for him.

3. Meticulous (Adjective)

Meaning: Showing great care and attention to detail.
Sentence: She is meticulous in maintaining her notes for the final examination.

4. Resilient (Adjective)

Meaning: Able to recover quickly from difficulties.
Sentence: The resilient athlete returned stronger after his injury.

5. Pragmatic (Adjective)

Meaning: Practical and realistic in approach.
Sentence: The principal took a pragmatic approach to solve the problem.

6. Inevitable (Adjective)

Meaning: Certain to happen; unavoidable.
Sentence: Climate change makes global warming inevitable if actions are not taken.

7. Ambiguous (Adjective)

Meaning: Having more than one meaning; unclear.
Sentence: The teacher found the student's answer ambiguous and unclear.

8. Scrutinize (Verb)

Meaning: To examine something very carefully.
Sentence: The examiner will scrutinize the answer sheets carefully.

9. Magnanimous (Adjective)

Meaning: Kind and generous, especially towards a rival or opponent.
Sentence: Despite the defeat, he was magnanimous in congratulating his opponent.

10. Ubiquitous (Adjective)

Meaning: Present or found everywhere.
Sentence: Mobile phones have become ubiquitous in modern society.



DARIS BASHEER
- 11A

A BETTER GIFT THAN GOLD, A TRUE FRIEND BY GOD

Once I stood alone in a room that's dark,
Scared to put my first step for a million miles journey to embark,
At every turn, there's joy's land and sorrow's sea alternatively,
But to cross all those land and sea, I got a friend who adopted me.
My dear friend, he never left me alone,
He taught me courage and made my heart a stone.
My dear friend, he lifts me, from every sorrow's sea,
He never left me down alone and chose to jump with me.
My dear friend, he makes me smile,
And I forget all my hardships for a while.
The one who laughs at your tears is not your FRIEND,
The one who doesn't value your smile is not your FRIEND,
The one who pulls you to the pit he fell is not your FRIEND,
Life is fair, all has a pair, so just leave them let it END.
Sugar and salt look the same,
Don't let anyone fool you in a true friend's fame.
A true friend never misleads your way,
No matter in whichever hell you fall,
They won't leave your hand and will continue to stay.
In a world surrounded by friendship frauds,
A true friend is the best gift of God.

Name: Class : Section : Roll No:



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