



EPICS



MONTHLY MAGAZINE
THE INDIAN
COMMUNITY
SCHOOL (SENIOR)
KUWAIT

E EMOTIONAL P PHYSICAL I INTELLECTUAL C CULTURAL S SPIRITUAL

JANUARY 2024



PRINCIPAL'S MESSAGE

Dear Readers,

Greetings!!

Warm wishes on New Year to all the students. A New Year is like a beginning of a new chapter. Let's welcome 2024 with robust hope, health, happiness, peace and prosperity. Let's pray for a bright new year ahead. With the turn of the calendar, the commitment to take the school to greater heights is more firmly established. New energies, new blood pumped into the system brings a fresh thought and a paradigm shift is being envisaged. The school's motto, "Learning Today, Leading Tomorrow," reflects our commitment to instill wisdom, compassion, and a humanitarian spirit. The vibrant atmosphere is a testament to the perpetual energy and enthusiasm on campus.

1: To the students: I have but one message to give. Dream big and work towards your goal. We, at ICSK SENIOR, strive to see your beginnings culminate in unparalleled success. And, success comes to those who are good human beings while at the same time excel in scholastic as well as co-scholastic fields. You stepped into the portals of this great institution with fresh thoughts, lofty aims, high hopes, and exalted aspirations. I assure you that your ambitions will be accomplished through the able guidance of the highly accomplished and experienced faculty of teachers. In return, the school seeks superior ethics, positive attitude, social and moral values and discipline. Remember, you are the torchbearers for the upcoming ICSKians.

You should always remember that every problem has a solution and every child has a talent and it is our duty to nurture this talent and let it bloom to spread the fragrance of love, peace and harmony in the society. Successful are those who never give up. You, my students, have unmatched potential to do things that are impossible and I wish that you explore

your strengths in this year and enjoy great success in every phase of life.

2: To our School teachers: As we enter a new year, and a new term, we want to thank God, January is always about fresh beginnings and positive change. It is your responsibility this year - as it is in all years - to embrace all talents, creativity and innovation in teaching and learning so that your impact becomes a light that guides the school community in all fields and without borders.

At ICSK SENIOR, we remain committed to providing a high-quality curriculum and implementing research-based instructional strategies that highlight the 5Cs: Communication, Collaboration, Critical Thinking, Creativity, and Compassion. Our goal is to ensure that every student receives a 21st-century education, one that engages, educates, and empowers them with the skills necessary for success in their future educational pursuits.

3: To our supportive parents : I want to extend my warmest wishes to all of you.. May the upcoming year be filled with new opportunities, personal growth, and shared successes. Any institution works smoothly and attains recognition and its place on the ladder with team-work and mutual trust. The parent body is an integral part of this trajectory. Your continued involvement, collaboration and motivation to the student community will lead to the accomplishment of personal as well as school goals.

Rightly said "Education is a shared commitment between dedicated teachers, motivated students and enthusiastic parents with high expectations."

Looking forward to another rewarding year as our students journey towards making and taking their places in the world. I hope and pray students of our school will scale great heights and keep the ICSK flag flying high wherever they tread.

Best Wishes.

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EDITORS' NOTE

Dear Readers

"The goal of education is not only to increase the amount of knowledge but to create the possibilities for a child to invent and discover, to create individuals who are capable of doing new things" – Jean Piaget

Being an editor of our official Magazine, I am extremely sanguine that ICSK SENIOR since its inception in 1959 has offered itself as a shell for sheltering and nurturing human minds from their raw state into matured and empowered citizens. ICSK official School Magazine EPICS has unlocked the store house of creativity and set buoyant the students' zeal by its literary and artistic activities. The need of the hour is to root students firmly in empowering them into constructive work.

There is something for everyone here, the diversity and creativity of the array of school's programs and articles in the magazine represent the talents of our students. The reflection of the students' creativity is personified in this magazine. I am sure that the positive attitude, hard work, sustained efforts and innovative ideas exhibited by our children will surely stimulate the minds of the readers and take them to the fantastic world of absolute joy and pleasure.

According to Maslow, "We are not in a position in which we have nothing to work with. We already have capacities, talents, direction, missions callings". If you store your stationery in a cupboard and do not use it, you will forget about it. Likewise, if you do not use talents, you will lose them. Keeping this perspective in mind ...ICSK believes EVERYONE IS GIFTED BUT SOME OF US NEVER OPENED THE PACKAGE.

Thus our EPICS team renders all the liberty to their students to discover their abilities during education. It can be in the form of writing, programming, cooking, drawing & painting and it can be anything. If you appreciate your talent, you give it a new direction to evolve. We allow your creative urges to blossom naturally through this platform EPICS as we believe "With ordinary talents and extraordinary perseverance, all things are attainable."

We wish you all a happy and prosperous New Year 2024 - and hope each day of the new year bring you reasons to smile and celebrate.

Send your valuable contributions to
epicseditor@icsk-kw.com



Mrs. Shehnaz Hakim



Mrs. Tintu Wilson

AVOCADO

Avocado, is a powerhouse superfood.

Regular avocado eaters have higher intakes of fiber, vitamins E and K, magnesium, and potassium than those who don't eat avocados.

Avocados also contain many minerals.

They reduce your risk of developing cardiovascular disease and living with obesity and improve cognitive function and digestive health.

Plant-based fats like those in an avocado provide antioxidants and fight inflammation, which has been linked to healthy weight management.

Consuming an avocado has heart-protective effects by improving your lipid profile.

Avocados may also help support a healthier diet overall.

Avocado is rich in a phytochemical called lutein - a pigment related to beta carotene and vitamin A. The other place lutein is found is the brain.

avocados seem to increase the absorption of lutein better than taking just a lutein supplement, which is what gives your eyes the ability to fine-tune your vision.

Extracts of avocado pulp or the fruit have been found to have cancer fighting properties.

Tips for Consuming Avocados:

Avocados can be eaten alone or added to dishes.

Avocados can be whipped into fruit smoothies or chocolate pudding and added to fruit tacos.

You can add avocados to sandwiches, tacos, or on top of toast. You can even incorporate avocados into sweet treats like brownies.

Hard work will pave way for success in NEET



Over the years, NEET has emerged as one of the National level Entrance Tests for admission to professional courses related to medical(MBBS), dental(BDS), allied healthcare , agriculture, veterinary and fisheries courses. Currently Plus two students are very busy with their hectic preparation for board examination and other entrance examinations for professional and non-professional courses for getting undergraduate admission. NEET, National eligibility cum entrance test is one of the major examinations pursued by science biology students. During 2023 more than 21 lakhs students had written NEET examination.

NEET facilitates admission to all the above courses in central, state, deemed and private universities. The fee structure for state and central universities will be less when compared to deemed and private institutions. In order to get admission for MBBS programmes under All India and state quota, students need to get more than 550-600 scores in the NEET. This requires meticulous preparation within the available time frame. This year NEET examination will be held on 5th of May 24.

How to prepare for NEET?

Students aspiring for professional courses through NEET has to prepare a study time table for NEET, without affecting their board examinations. There is a substantial difference in pattern of questions in the Board and NEET examinations. Board examination include subjective questions whereas NEET will have only multiple choice questions. Plus one students have enough time for preparing 2025 NEET examination.

Dr. T. P. Sethumadhavan

Education & Career Consultant
Professor, Transdisciplinary University of Health Sciences & Technology, Bengaluru
Consultant to World Bank International Co-Operative Alliance



For those who are preparing for NEET 24 examination has to prepare a study time table based on available time frame. They have to see the change in syllabus for NEET 24. Number of chapters were reduced from 97 to 79. The NEET reduced syllabus covers topics from Physics, Chemistry and Biology, covering important topics from the class 11th and 12th. The subject-wise syllabus for NEET 2024 has been explained in this article below. There will be 50 percent weightage for questions from 11th and 12th syllabus.

There is not much major changes in Physics syllabus. But Chemistry syllabus is giving more weightage to organic chemistry when compared to inorganic chemistry. Some of the topics from biology had also been reduced during the syllabus revision. Students are required to refer the changes from National Medical commission's website www.nmc.org.in. National testing agency is conducting the NEET examination.

Tips for success

Tips for preparation include spending as much available time as possible for revision. Try to practice time management. As part of the same, try to solve maximum mock tests and previous year's question papers. While doing revision, try to keep a mistake books where students can write the confusing questions and answers. Students are required to sleep minimum 6 hours per day and try to drink plenty of water including fruit juices. Try to avoid frozen foods, ice creams, cold juices, etc. during exam season. There will be 45 questions each from Physics, Chemistry, Zoology and Botany for the NEET examination. Each subject has A and B parts. A part will have 35 multiple choice questions. B part will have 15 questions of which student has to answer 10 questions. There is no choice of questions in the A part. Total questions will be 200. Of which student has to attempt 180 questions. Each question carries 4 marks each. Each wrong answer will reduce one mark each. (Negative marking system). Never try to do unknown answers. Total time for the examination is 200 mts.

While writing the exam, try to reach the examination centre one hour earlier. Always try to attempt Zoology and botany first, then Chemistry and Physics. Biology carries 50 percent marks. Of the 720 marks, biology alone will contribute 360 marks. Biology scores are one of the major determinants in the success of NEET examination.

Parents never try to make unwanted stress among the students. Try to follow appropriate dress code and NTA instructions. Notification for the examination will be released during February 24. Students who are expecting minimum 50 percent marks in Physics, Chemistry and Biology during Plus two board examination can apply. Try to apply through online from a speedy internet browser. Follow and upload all the documents as per instructions. Students can apply under General/NRI quota as per eligibility.

NEET is a national-level medical entrance exam in India, comprising 200 multiple choice questions from Physics, Chemistry, and Biology. Candidates need to answer 180 questions. Comprehensive preparation is crucial, but important model questions can enhance understanding and boost scores which will cover all subjects and provide targeted practice for students.

Effective preparation for NEET is vital and focusing on important multiple choice questions can significantly improve a candidate's performance. They offer targeted practice, allowing students to strengthen their understanding of key concepts in Physics, Chemistry, and Biology. By practising these questions, candidates can enhance their problem-solving skills and increase their chances of scoring well in the examination.



BENEFITS OF READING BOOKS



Reading books may have several physical and mental benefits. These include strengthening your brain, increasing your ability to empathize, reducing stress, and building your vocabulary, among others. Here are some main benefits you can get while reading books.

Knowledge:

Everything you read fills your head with new bits of information, and you never know when it might come in handy. The more knowledge you have, the better-

equipped you are to tackle any challenge you'll ever face.

Vocabulary Expansion:

The more you read, the more words you gain exposure to, and they'll inevitably make their way into your everyday vocabulary. Being articulate and well-spoken is of great help in any profession and knowing that you can speak with self-confidence can be an enormous boost to your self-esteem.

Memory Improvement:

When you read a book, you have to remember an assortment of characters, their backgrounds, ambitions, and history as well as the various arcs and sub-plots that weave their way through every story. That's a fair bit to remember, but brains are marvellous things and can remember these things with relative ease. Amazingly enough, every new memory you create forges new synapses (brain pathways) and strengthens existing ones, which assists in short-term memory recall as well as stabilizing moods.

No matter how much stress you have, countless other issues faced in daily life, it all just slips away when you lose yourself in a great story. A well-written novel can transport you to other realms, while an engaging article will distract you and keep you in the present moment, letting tensions drain away and allowing you to relax.



SHRUTHIKA
SUBBU - 8B

There's a reading genre for every literate person on the planet, and whether your tastes lie in classical literature, poetry, fashion magazines, biographies, religious texts, young adult books or self-help guides, there's something out there to capture your curiosity and imagination. Step away from your computer for a little while, crack open a book, and replenish your soul for a little while.

Overall, reading is a healthy process, essential for healthy living, and makes you much more confident about yourself than any other thing.

Information technology vs artificial intelligence



In the dynamic realm of technology, Information Technology (IT) and Artificial Intelligence (AI) stand as two pillars shaping our digital landscape. While both are integral components of the modern world, they

Information Technology encompasses a broad spectrum of technologies and processes that involve the management and utilization of data. IT systems focus on storing, retrieving, transmitting, and manipulating data for various purposes. This field includes hardware, software, networks, databases, and cybersecurity

measures. The primary goal of IT is to efficiently manage and process information to support organizational functions and decision-making.

Artificial Intelligence, on the other hand, represents a subset of IT that strives to imbue machines with the ability to simulate human intelligence. AI systems leverage advanced algorithms and machine learning techniques to analyze data, recognize patterns, and make decisions. Unlike traditional IT, AI involves the development of systems that can learn from experience and adapt their behavior over time. AI

applications range from natural language processing and image recognition to complex tasks like autonomous driving.



HRIDYA SUJA
PILLAI - 10A

The rise of AI introduces new challenges, including ethical considerations, job displacement, and the need for robust regulations. In contrast, Information Technology faces challenges related to cybersecurity threats, data privacy, and the constant evolution of hardware and software. However, both fields present immense opportunities for innovation, economic growth, and societal advancement.

Conclusion:

In essence, Information Technology and Artificial Intelligence are intertwined forces shaping the digital landscape. While IT serves as the backbone for data management, AI propels us into an era where machines can emulate human intelligence. The key lies in understanding the symbiotic relationship between these two domains, leveraging their strengths, and addressing the challenges to harness the full potential of technology for the betterment of society.

ICSK EDU VOYAGE GROUP CELEBRATES THE FELICITATION CEREMONY CUM GET TOGETHER IN ICSK SENIOR CAMPUS



To acknowledge and retrospect the academic oriented program named ICSK –INTERNATIONAL VOYAGE 2023: A GET TOGETHER, the school organised the felicitation ceremony on 13th December 2023 Wednesday in the school auditorium at 6:30 pm onwards amidst great zeal , exuberance and resplendence.

The Chief Guest for the occasion was the Ambassador of Bangladesh to Kuwait H E Major general MD Ashikuzzaman and the other special guests were BOT members, the Principals ,Vice Principals and Deputy Vice Principals of all the branches of ICSK The occasion was made even more special with the benign presence of the proud parents of all the participants.

The program commenced with a soulful rendition of an Islamic prayer by Master Hussain Akil invoking the blessings of God Almighty. The event began with the ceremonial Lighting of Lamp by our Chief Guest to solicit the blessings of Mother Saraswati .The Principal and Senior Administrator ICSK Dr V Binumon extended a warm welcome to the dignitaries, students and parents and said, "Children are our strength and we derive energy from them. With great expectations for a continuous march to the zenith of success, we constantly look for new ways to make learning engaging and exciting by providing golden opportunities like ICSK INTERNATIONAL TOURS every year. He also thanked the parents for their unstinting

support.

To commemorate the day, the spectators were taken down the memory lane where the glimpses of the Tour to USA, MALAYSIA & SINGAPORE and DUBAI was encapsulated which left the audience spell bound.

The auditorium reverberated with the presence of the Chief Guest the Ambassador of Bangladesh to Kuwait H E Major general MD Ashikuzzaman who advised the students to embrace the challenges of life with ethics and embedded knowledge and emerge victorious in every field, not only in Academics but also availing such golden opportunities like participating in International Edu voyage. The chief guest was awarded a memento as a token of love and gratitude.

Awards and mementos were conferred to the students under multifarious categories The first set of award included BEST LEADER – USA given to Ms Simran of Class 12 E, BEST LEADER- MALAYSIA & SINGAPORE to Ms Rhea Alita of Class 11 B BEST leader – DUBAI to Ms Olivia Elizabeth of Class 8 GREEN from ISEK.

Mementos and Certificates presented under the category **BEST STUDENT**

USA: Ms Fatimah, MALAYSIA & SINGAPORE : Master Abrar Ahmed and DUBAI: Ms Catherine Vinoy Mathew .

BEST PROJECT REPORT: USA : Under this category Master Umar Ashraf of Class 11 A from ICSK Khaitan ,Ms Samreen Class 12 from ICSK KHAITAN and Ms Shekhina Yakub Class 11 D ICSK SENIOR got the trophies and certificates.

SINGAPORE & MALAYSIA: Ms Eshita Manoj of class 12 I ICSK SENIOR, Ms Tiya Susan Class 12 I ICSK SENIOR and Ms Hannah Rael Class 12 I ICSK SENIOR got the trophies and certificates.

DUBAI: Dishleen Kaur class 8 D from ICSK SENIOR and Saanvi Menon Class 6 GREEN ISEK, Ms Aisha Nadha from ICSK AMMAN got the trophies and certificates.

BEST VIDEO CATEGORY: USA – Master Arash Abidi class 9A ICSK AMMAN, MALAYSIA & SINGAPORE – Ms Abigail Nevil Class 10 B ICSK KHAITAN and DUBAI – Master Aryan Harish Class 8E ICSK AMMAN were awarded with trophies and certificates.

Apart from the above mentioned categories, all students were awarded with a Certificate of Participation.

The mellifluous Stand Up comedy by Ms Rhea Alita, the MIME Show named Peace and Love and the beautiful song by Master Nabahan showcasing the treasure trove of ICSK. All the students gave an impressive display of their art and talent. A Vote of Thanks proposed by the Edu Voyage Coordinator Ms Jasha Alex. She concluded the program on a blissful and thankful note encouraging students to mark further milestones in their journey of success.

The well organised event came to an end with a hearty and scrumptious dinner in the cool breeze of the school courtyard. Every individual felt special to be part of such an elite congregation.

CAPTAINS & VICE CAPTAINS - JANUARY

CLASS 12A



ISRAA FATEMA



MUSKAAN FAROOQ



MANMEET SINGH



NATHAN LAJI JOSEPH



ABDUSSALAM KHAN



PRETTY SARA



KEZIA REJI MATHEW



RAINA GEORGE



SARA MARIAM SUNIL



TASNEEM ADNAN MANDLIWALA

CLASS 12F



NIKHITHA ANIL NAIR



CHANDLER COLIN FIGUEIRA



RYAN SUNOJ KURIEM



BRYAN AJITH MATHEW



ABIALI ALI HUSAIN



ARSHIA ANAND



SANSKRUTI SANDEEP



MAHIMA JAYAKRISHNAN



MOHAMMED OMAR



MOHAMMED SHAMSHEER

CLASS 12G

CLASS 12H

CLASS 12I

CLASS 12L

CLASS 12M

CLASS 12N

CLASS 11A

CLASS 11B

CLASS 11C



HANIA CHOWDRY



TREISHA BEMVINDA



ZAINAB



ALBIN



ISAAC MATHEW THOMAS



CELIN ANNA VARGHESE



SAMUEL SAJI



NOEL



NADEEM ISMAIL



JOSHUA

CLASS 11D

CLASS 11E

CLASS 11F

CLASS 11G

CLASS 11H



SHEKHINA YAKUB KHAN



JAYDEN JAIGEE JOHN



AMRUTA



MOHITAA GANESAN



VAIDEHI SUNIL KUMAR



SARAH MARIAM SAJI



ZAINA



SHERYL



JEMIMAH GRACE AJO



ATIF BASHIR DADAN

CLASS 11I

CLASS 11J

CLASS 11K

CLASS 10A

CLASS 10B



ASHWITA ANANDRAJ



IBRAHIM PARKAR



SAHAD THOPPIYIL SALEEM



IBRAHIM MUFFAZAL NAHALI



AFSANA BASEERULLA



KASHMEERA SUSHI



HATIM SADKE HUSSAIN



KSENIA M.



ZUHAIR ABBAS VARDAWALA



MOHAMMED SHAFE

CLASS 10C

CLASS 10D

CLASS 10E

CLASS 10F

CLASS 10G



BHAVISHYA MANISH ROHRA



ZAINAB MUSTAFA MIYAJI



SRAVAN REDDY BUCHIREDDY



MARYAM OMER MADHIA



JOSHUA GEORGE VENGAL



SARAH JAVED RAMZANE



SURYANSH PATRA



AISWARYA PORIYATU



ABDUR RAHMAN



ZAIN HUSAIN

CLASS 10H

CLASS 9A

CLASS 9B

CLASS 9C

CLASS 9D



MUHAMMED ZAYAN



ZOIA JIYAUHAQ RASHID



ROSHNI VIVEKANAND



JANE JAYSON



ROSHAN BINISH KAVIKUNNEL



LOVIS LIZA POTHEN



DEEPSHIKHA KALSI



SYED ALMAN



RACHEL VERBENA PEARL



UM SALAMA HAMID

CLASS 9E

CLASS 9F

CLASS 8A

CLASS 8B

CLASS 8C



CASSIE MARIYA ALEN



CHRISTIN PUNNAMOOTTIL



NISHITA BAGYARAJ



MOHAMED AAQIL MOHAMED



ADVAIT ULLAS NAIR



HAIFA KHADEEJA



ASHIMA ELIZABETH BOBY



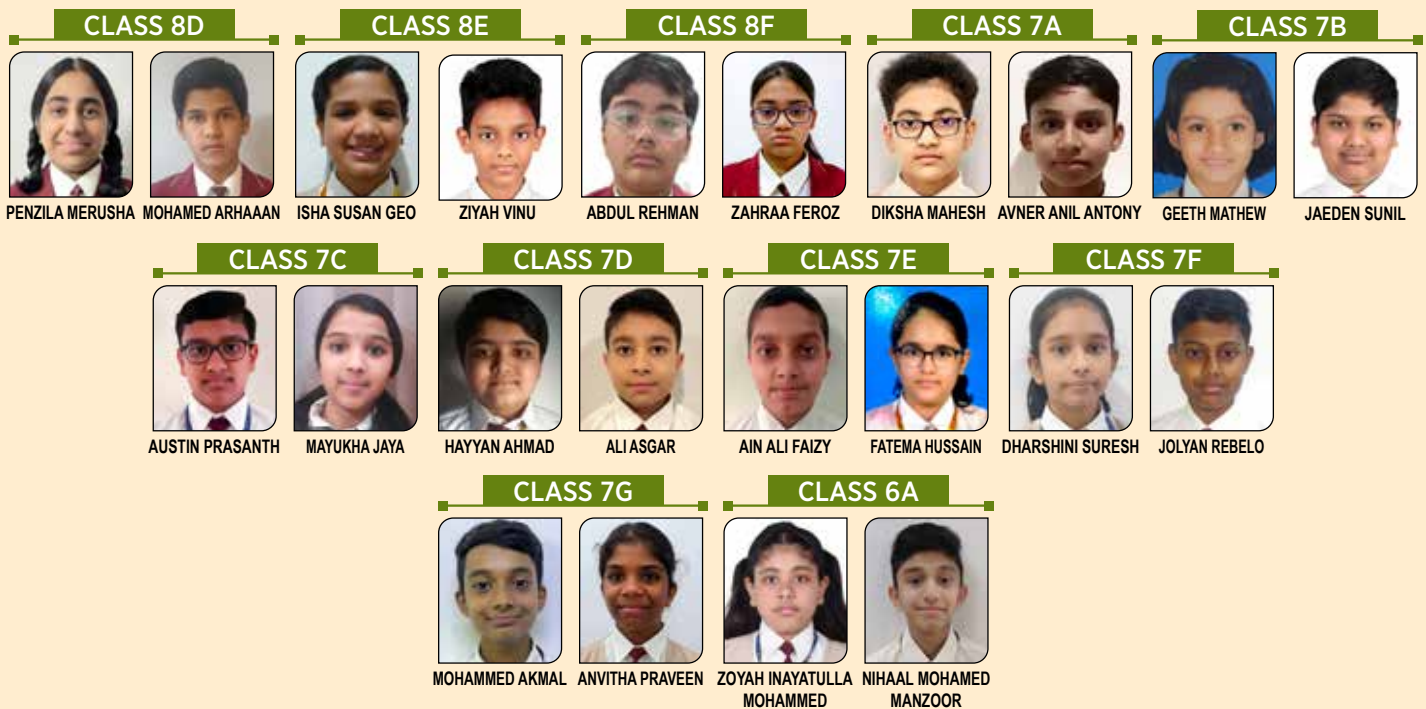
LAKSHITHA



AADITYA ANAND



ASHRITH RAM



Psychology Field Trip December 2023



On 14th December 2023, ICSK, Senior students of Psychology Department experienced the field trip to The Kuwait Center for Autism located in Mubarak Al-Abdullah. The students along with the teachers Mr. Riaz Mohideen, Mrs. Shreesma, and Mr. Sumit, started the journey from ICSK Campus at 10:00 a.m. in the morning.

The students first entered a tent where various entrepreneurs exhibited their products. Then they were taken to the reception area of the main building. A few minutes later, guided by the receptionist, they proceeded to the theatre, where a brief film about autism, the center and its purpose was shown.

After the show, they experienced a guided tour inside the center and learnt how people with autism were educated and tended to. Different sections of the center were marked with different colors, indicating the age-group to which the students belonged. They were welcomed to the music room by the music tutor and a student from the center played the piano, much to the astonishment of the crew. Autistic children



are attention-deficit, hence, training in music helps them to gain attention, to hear and move. Their computer labs had computers with larger screens to help them understand what they learned. Symbols and objects were placed throughout the building to help the children express themselves or to distinguish between their classes. The visual memory of autistics is very strong, hence instructions are depicted through pictures or symbols.

Autistic children are not good in speaking skills and thus tend to have less interaction with others. The guide took the crew through different classrooms, each dedicated to different artworks like weaving, carpentry, paper-making, clay-modeling, etc. A student from the center demonstrated the

crew with the art of wood-carving. Training room for tiny tots, had a ratio of maximum of 4 students and 2 teachers, so as to ensure that each child gets appropriate attention and care. It was divided by a glass partition so that the crew could observe the routine of the students from the other side without interrupting them.

The crew then joined the children in the assembly, interacting with them. Children were overjoyed to interact and play with the crew. After the assembly, the crew was taken back to the reception area where they gave the feedback about the tour and took photos.

The tour offered a chance to glimpse an awe-filled vision of the world that might otherwise pass us.. Children with autism are colorful-They are often beautiful, and like the rainbow, they stand out. Special children had reached deeply into the mind, heart and soul of the students. The unknown world of a child lost behind the invisible veil of autism gave a new perspective, a new hope and a new meaning to the crew.



BEST STUDENTS - DECEMBER



VRITTI JASMIN PATEL
- 12A



JANET ANN SHAJAN
- 12B



JEHOSHUA GEORGE BOBBY - 12C



NABIA HANIF
- 12D



ZAIMA MOHAMED FEROZ - 12E



JONINA MIRIAM JACOB - 12F



AZZEZ ABIZAR SANJELIWALA - 12G



AARON RAINER D'MELLO - 12H



HANNAH RAE ZACHARIAH - 12I



SREYAS AJITH KUMAR - 12L



ADRIAN ALLWYN D'SOUZA - 12M



POORNIMA - 12N



FIDA LAHIR - 11A



GLORIA SABU - 11B



NANDITHA MADHU MENON - 11C



HELLONE MATHEW - 11D



AAFIA ASIF KOTH - 11E



NIVEDITA ANIL KUMAR - 11F



ZAINAB KURESH DOLA - 11G



DANIL REGI VALLIAMANNIL - 11H



ADITHYAN PRAVEEN - 11I



AVNI SRINIVAS BYNDLA - 11J



SUMAIYA - 11K



HRIDYA SUJA PILLAI - 10A



REMAS FATHIMA SHARIEF - 10B



SARAH SHAIKH - 10C



IRFAN ANZAR - 10D



BAASIM MUSTAKHUSEN - 10E



BADAR ZAMAN KHAN - 10F



SAFOORA AABID SHAIKH - 10G



DARIN DANIEL ROBERT - 10H



ENAMRUTHA - 9A



DARIS BASHEER - 9B



AMMAR SABIR - 9C



ANUGRAHA MARY PRINCE - 9D



FAHEEMA FATIMA CHOWDHRY - 9E



HADI ZIDAN ALI T.P. - 9F



REESEMARY - 8A



PRANATHI PULLUR - 8B



SHEZA KHAN - 8C



HARSHIL RAVIKUMAR - 8D



ABEL ZACHARIA - 8E



SAKINA TAHERI - 8F



NITIKA JACOB - 7A



AMARIAH LESLIE - 7B



NAFISATH - 7C



AYESHA MUNDE - 7D



CHARANYA ALUGU - 7E



KEVEON FERNANDES - 7F



KEVIN SHIJO - 7G



AISHA GAURU - 6A

"Epiquiz"

1. What are the dying words of Charles Foster Kane in Citizen Kane?
2. Who played Mrs. Robinson in The Graduate?
3. What was the first feature-length animated movie ever released?
4. In The Matrix, does Neo take the blue pill or the red pill?
5. For what movie did Tom Hanks score his first Academy Award nomination?
6. What 1927 musical was the first "talkie"?
7. What's the name of the skyscraper in Die Hard?

8. What flavor of Pop-Tarts does Buddy the Elf use in his spaghetti in Elf?
9. What shocking Wes Craven horror movie carried the marketing tagline, "To avoid fainting, keep repeating, 'it's only a movie...'"?
10. Question: What pop vocal group performs at the wedding in Bridesmaid

1. "Rosebud"
2. Anne Bancroft
3. Snow White and the Seven Dwarfs
4. Red
5. Big
6. The Jazz Singer
7. Nakatomi Plaza
8. Chocolate
9. The Last House on the Left
10. Wilson Phillips

BHARATEEYA BHASHA DIWAS



Bharatiya Bhasha Diwas, also known as Indian Language Day, is an annual celebration dedicated to India's rich linguistic diversity. It commemorates the birthday of the great Tamil poet Subrahmanyam Bharati since the year 2020. The event emphasizes the cultural significance embedded in each language, advocating for their preservation and propagation. Typically observed on 11 December, the day is marked by various activities and events.

sessions among students in various languages, providing insights into India's linguistic landscape and the challenges faced by lesser-known languages. This was followed by speeches highlighting the importance of Indian languages, group song performances in languages such as Hindi, Bengali, Rajasthani, Punjabi, Kashmiri, etc. Additionally, book exhibitions, food showcases, poster-making, and other activities were organized, all aimed at presenting the richness of India's cultural

tapestry. 50 students from various classes from class 6- 9 were enthusiastically participated in the event.

Dr. V Binumon, Principal, extended congratulations for a mesmerizing program during the Bharatiya Bhasha Utsav Diwas. Through its diverse array of events and activities, the celebration underscored the vital role played by languages in shaping the cultural identity of the nation.



As part of the Bharatiya Bhasha Diwas Utsav, the Department of Hindi at ICSK organized a cultural extravaganza to promote multilingualism. Dr. V Binumon, Principal and Senior Administrator of ICSK, inaugurated the event, graced by the vibrant Vice Principal Mrs. Susan Rajesh and Dy. Vice Principal Mrs. Mini Shaji. Exhibitions showcasing the history, literature, and cultural aspects of different Indian languages were the focal point, serving as informative platforms for attendees.



The event kicked off with interactive

APPRECIATION CORNER

Congratulations



Winners of the painting competition Niram 2023 conducted by Kala (Art) Kuwait on the occasion of Children's Day

THE INDIAN COMMUNITY SCHOOL KUWAIT Congratulations



Enrica Dijen
Class 11-A
1st Prize Winner in Painting, Category D



Oranga William
Class 11-B
2nd place in Clay Modelling



Aria Naya Jose
Class 11-B
2nd place in category D



Goodi Latha
Class 11-C
1st Prize in category C



Garvin William
Class 11-B
2nd place in Clay Modelling

Winners of the painting competition
NIRAM 2023
conducted by Kala (Art) Kuwait
on the occasion of Childrens Day

Congratulations



Ms. ADINA ANN JACOB

(Class 8)

for securing
FIRST PRIZE
in the

Inter School Best out of Waste Video Contest

organized by

IIK and Green Rubber Recycling Co.

Cheers to you for a job well done!!!
We are incredibly proud of your achievement.



THE INDIAN COMMUNITY SCHOOL, KUWAIT

EPITOME OF SUCCESS

VINEETA SINGH



The Story Of Vineeta Singh, The Woman Who Took Sugar Cosmetics To The Pinnacle of Success

Vineeta Singh the co-founder at homegrown brand SUGAR Cosmetics has been an inspiring woman entrepreneur from the last 2-3 years and has proved that risks that are taken with sheer determination and are well thought out, are worth taking. Vineeta completed her electrical engineering from IIT Madras and then moved on to pursue her Business Studies at IIM Ahmedabad. By the end of her course Vineeta had firmly planned on building her own startup and

hence she rejected a 1 Crore job offer in order to do that.

In an article by Entrepreneur.com she said, "I always felt strongly about building something with women as the core customer, so when my first startup didn't scale, I decided to launch a beauty subscription company with my co-founder, Kaushik, in 2012. The 200,000 women who shared their detailed beauty preferences with us were at the heart of our pivot to SUGAR Cosmetics, which launched as a direct-to-consumer makeup brand in 2015."

Women in India always struggled to get the right shade of cosmetics for their skin and hence they always relied on outsourcing makeup products from foreign brands. And that's where SUGAR Cosmetics came into the picture. Vineeta aimed at creating makeup products solely for Indian skin tones which will be made in India for India. Sugar Cosmetics was very well marketed as it was able to create a buzz on social media including Instagram, Facebook, and Youtube, targeting the female audience aged between 20-35 years.

It was not a plain road to walk on for Vineeta and Kaushik according to the Business website Entrepreneur Vineeta and her team

were told, "When we tried raising capital, we were told that digital-first beauty will be a small market and that it would be impossible to compete with large FMCG companies without raising hundreds of millions of dollars. We were even told that the product itself won't be a strong moat since it is a commodity."



AFNAAZ
- 12H

The company now raises funds in millions and sells around 650,000 products per month. Their app has over 1 million downloads and the Instagram page has millions of followers. They also have offline retail stores across 130+ cities in India. Recently on this women's day, they also acquired rights from Warner Bros and launched their SUGAR X WONDER WOMAN collection which received great popularity as well.

Vineet and Kaushik have been working hand in hand and have proved they are a power couple. Kaushik, her husband handles the tech department and she leads the company as the CEO. Her vision and passion have proved that risks are worth taking and that determination coupled with hard work can turn all the stones around.

SEEING IS BELIEVING: An EYE CARE DRIVE in ICSK SENIOR



The eye is the jewel of the body. The eye is our most important organ for finding out about the world around us ! Sight is considered our most precious sense .Many potential eye problems can strike anyone and students should be especially careful as eyes play a major role in every activity.

We know that when a student has trouble seeing the board, it negatively impacts their ability to learn. ICSK SENIOR provides An



Eye Care Drive which was organised in the school campus on 3rd and 4th January 2024 to check the eyesight of the students .The reason is as much as 70% of learning is presented in a visual format, which means that if the child vision is impaired, they could be missing out on vital education. This could affect their ability to fulfil their academic potential which can affect their grades and even their long – term future.

Keeping these factors in mind, an EYE CARE DRIVE was conducted . The objective of the camp was to check the eyesight of the students from classes 6 to 11 including some of the staff members of ICSK. They were tested in the presence of an ophthalmologist and optometrist . Apart their eye check ups, the students were advised about the importance of wearing spectacles on a regular basis to protect their precious eyes.

The event was a fruitful one as many students benefited from it .The timely intervention of the school helped them to focus on their studies in a better manner. The event not only helped to prevent the further deterioration of the eyesight of the students but also provided a sense of relief to the parents.

ICSK Raises Fund for the Children of Gaza



'Giving children a healthy start in life, no matter where they are born or the circumstances of their birth, is the moral obligation of every one of us.' – Nelson Mandela.

Every child is beautiful, innocent and full of love. Children dream, believe in magic and have undying faith in the entire human race. Protecting children's rights is the cornerstone of our shared humanity. By protecting them from any form of injustice, we keep hope alive, we begin to prepare them to shape peaceful future for themselves and the world around.

In response to the current crisis at the Gaza strip, members of the ICSK family comprising parents, students, teachers and staff stepped up to aid the children of Gaza. Through various efforts including speeches and fundraising, the students of ICSK rallied to support the unfortunate children in their time of need.

The fund raised by the ICSK family was handed over to the representatives of Kuwait Red Crescent Society during the Charity Assembly conducted on Wednesday, 13th December 2023. The day was graced by the esteemed presence of the Chief Guest, Dr. Mohammed Algattan, Assistant Professor Exercise Physiology, Volunteer to the Kuwait Red Crescent Society, Ms. Maryam Almukhaizeem, Coordinator for Relief Fund raising, Kuwait Red Crescent Society and Mr. Amer Mohammed, Hon. Secretary to the Board of Trustees.

Dr. V. Binumon, Principal and Senior Administrator of ICSK extended a cordial welcome to the gathering. In his address, Dr. V. Binumon appreciated the school senate for leading the charity drive with positivity and enthusiasm. Students were praised for sacrificing their indulgences and reaching out their families and acquaintances to gather support for this noble cause. They were motivated to continue their efforts in serving the society and spreading an array of hope in the lives of many.



Ms. Mussarat Parkar, Head of the Department of Commerce and the Senate Advisor, in her address briefed about the painstaking efforts of the children in the fundraising and announced the details of the contribution made by all the branches of the ICSK. The charity drive was an immense success, wherein the ICSK family contributed 12,500 KD for the cause of humanity.

The Chief Guest, Dr. Mohammed Algattan appreciated the students for their humanitarian approach in healing the sufferings of the children and their families. Mr. Amer Mohammed, Hon. Secretary to the Board of Trustees accompanied by Dr. V. Binumon, Principal and Senior Administrator of ICSK presented the cheque of the relief fund collected to the esteemed Chief Guest Dr. Mohammed Algattan and Mrs. Maryam Almukhaizeem, Coordinator for Relief Fundraising at the Kuwait Red Crescent Society.

The Presidents of the school senate under the ICSK umbrella played a pivotal role in the massive success of the drive. Reminiscing their journey in achieving this momentous feat, Ms. Ariqah Faiz, the President of the school senate, Indian School of Excellence, Ms. Sakina Taizun Petiwala President of the school senate, The Indian Community School, Amman, Master Sidarth Sudeep President of the school senate, The Indian Community School, Khaitan, Nivedh P. Menon President of the school senate, The Indian Community School, Junior

and Sakina Taha, President of the school senate, The Indian Community School, Senior shared their insightful reflection on their experience and the lessons learnt.

Mr. Amer Mohammed, Hon. Secretary to the Board of Trustees, in his address appreciated the young children for taking the initiative to extend a helping hand in alleviating the pain and suffering of the children at Gaza and encouraged them to continue the noble deed of serving humanity throughout their life.

The esteemed Chief Guest Dr Mohammed

Algattan was presented a token of appreciation and gratitude by Mr. Amer Mohammed, Hon. Secretary to the Board of Trustees. Mr. Jaffer, benevolent parent of ICSK was presented with a memento for his invaluable contribution to the ICSK Nature Club. Moved by the plight of children at Gaza, Ms. Joann from grade 11A exhibited profound empathy by contributing her entire year's pocket money - Kuwaiti Dinars 150 - to the Gaza relief fund. She was presented with a token of appreciation by Mr. Amer Mohammed, Hon. Secretary to the Board of Trustees.

ICSK practices a distinctive system for collecting charity funds through designated charity boxes and a dedicated charity coordinator within each class. It's a heart-warming process where the children passionately contribute to raising funds, intending to support the most deserving individuals who require help. Ms. Beberly Valia Foreo, Ms Mariamma Thomas, Ms Sofia Catubig and Mr Abubakkar Basheer were the recipients of the children's generosity for the month of December. Welcomed with a bouquet of flowers, they were also presented with the funds raised by the students of ICSK.

The school's commitment to philanthropy took centre stage during the assembly with children taking home the message of compassion and empathy. The assembly culminated with vote of thanks proposed by Mrs. Susan Rajesh, Vice Principal of ICSK followed by the Indian National Anthem.

AFTERNOON BATCH

ICSK Afternoon Session 2024 Assembly:

Recognizing Achievements and Unveiling Good Will Ambassadors



Binumon, delivered an inspiring address encouraging students to assess their strengths and weaknesses while striving to overcome limitations this year.

During the assembly, he recognized the outstanding efforts of Secondary IX F and Senior Secondary XI J as the Best Classes. Additionally, he announced the Good Will Ambassadors for ICSK's Afternoon Session:

Mahasin of grade 11 I and Kazi Danish of grade 9F have been chosen as the good

will ambassadors of senior secondary and secondary wings respectively.

Principal Dr. V. Binumon conveyed New Year wishes to all students and extended his hopes for their success in the upcoming year.

List of GOODWILL AMBASSADORS (AFTERNOON)

SENIOR SECONDARY LEVEL

Mahasin of grade 11 I

SECONDARY LEVEL

Kazi Danish of grade 9F

The Indian Community School Kuwait Senior Afternoon Session marked its inaugural 2024 General Assembly on January 4th, 2024 conducted by class XI I students. Respected Principal Dr. V

BEST CLASSES



BEST CLASS SECONDARY – CLASS 9 F
(MRS. J.K. JEGATHA)



BEST CLASS SR. SECONDARY – CLASS 11 J
(MR. SREEKUMAR)

PSYCHOLOGICAL FACTS



We change our behaviour by positive statements rather than the negatives

Sleeping early can improve our memory and refresh our brain when we wake up is more preferred than using phone at night can damage eyesight and lead to insomnia. With the positive message, people are unconsciously inclined to follow it.

People seem to be happy when they are kept busy

* This is because it keeps them distracted from worrying about problems in life. They avoid overthinking and spend that time doing something productive.

A lazy day

* Having at least one "lazy day" per week can help reduce high stress, high blood pressure, stroke etc..

STRESS AS A MOTIVATOR

* While excessive stress can cause detrimental effects on mental and physical well-being, moderate levels of stress can serve as a potent motivator. Manageable stress can enhance task efficiency, propelling individuals to accomplish their goals. However maintaining a healthy balance of stress is essential, as excessive stress can diminish motivation and hinder academic performance.



JEMIMAH GRACE
AJO - 12H



BIRTHDAY BOOK DONATION DRIVE



RISHON ARANHA - 7D



FATIMA SOHEB KAZI - 7D



YOUSUF ATEEB MOHAMMAD - 10B



Mr. JITHIN THOMAS



MRS. TASNEEM AHAMMED MUSTHAFA



Ms. EMAN AHMED



Ms. SARITHA SASIKUMAR



Ms. SUNITHA GEORGE



MRS. GURVINDER SINGH (NOV.)



HANNA TREASAMARY JACOB - 9B



JENNIFER MARIAM GEORGE - 9B



LOVIS LIZA POTHAN - 9B (NOV.)

ICSK Senior Conducts House Assembly on the theme 'Peace' Peace is the beauty of life.



House Assembly was conducted in ICSK, Senior on Monday, 6th December 2023 nurturing team spirit and collaboration among the house members. The theme for the assembly 'Peace' helped in inculcating values of peace and love among the children.

Students and the house mentors representing their unity assembled in the courtyard in their respective house color. The events of the day commenced with the Senate members marching to the stage with their flags held high.

The assembly started with the Islamic Prayer followed by the prayer song sung in unison by the school choir, invoking the blessings of the Almighty. The gathering paid tribute to the nation, Kuwait with flag hoisting and salutation followed by the Kuwait National Anthem.

The inauguration of House Point Digital Board by Master Muffadar of Class VII

added colors to the vigour and excitement of the day. The Digital Board reflected the scores earned by each house of the school senate in various competitions. The initiative to highlight the achievements of the students aimed to boost their confidence and encourage healthy competition.

The competitive spirit sore with the commencement of the Elocution Competition on the topic 'Peace'. The competition witnessed enthusiastic preparation and participation of students from all four houses – Achievers, Leaders, Victors and Winners. Keeping in mind the several factors which are adjudged during a competition, the children focused on aspects like culmination of voice quality, speech content and the delivery standards. The second round consisted of Skits presented by the different houses. Each performance filled the school courtyard with positive aura revibrating the importance of peaceful coexistence for a harmonious and progressive society. It was a visual bliss to witness the young pillars deliver stirring performance on the theme.

The participants were showered with a mammoth appreciation from Dr. V. Binumon, Principal and Senior Administrator of ICSK. While the results were announced, the audience and the participants waited with bated breath. Leaders House bagged

the first position in Elocution Competition followed by Achievers in the second position. First place in Skit Competition was won by Leaders and Winners bagged the second position.

Best classes for the month of November was announced by Dr. V. Binumon, Principal and Senior Administrator of ICSK. The award was bagged by Class 8C (Category 1 – VI to VIII), 9C (Category 2 – IX and X) and 11C (Category 3 – XI and XII).

Contribution of each member of the House played a vital role in the house assembly. The assembly was dispersed with the singing of Indian National Anthem.



Birthday Arcade - JANUARY



CHRISTOPHER
10C - JAN 1



JEREL SHOHEY
11B - JAN 1



SYED HASAN
12D - JAN 1



AYISHA NOORA
12H - JAN 1



IHSAAN FAKIR
10H - JAN 1



DIANA STEPHEN
7D - JAN 2



AASHNA RAM
9C - JAN 2



ELAINE ROSE
11H - JAN 2



JOEL JOSE
11H - JAN 2



JOANNA MERSEY
7A - JAN 3



FARHAN AFSAR
7D - JAN 3



LENA SARA MANOJ
10A - JAN 3



MUNIRA ABDUL KADER
10B - JAN 3



SANJANA VENKATESAN
12E - JAN 3



FAIZAN YOUSUF
12G - JAN 3



KAREN FERNANDES
12G - JAN 3



AEROSMITH ALMEIDA
12I - JAN 3



JEHOSHEBA SARAH
10B - JAN 4



MOIZ MANSOOR
12B - JAN 4



RISHNAV GINEESH
8F - JAN 4



REEMA PRASANTH K.
10H - JAN 4



AJONEX XAVIER
6A - JAN 5



LAYONA MARY SANU
8E - JAN 5



HUSAIN PHALASIYA
9C - JAN 5



RYAN MATHEW
9E - JAN 5



AEBIN
10G - JAN 5



HARSHIYA SYED
11J - JAN 5



ISMATH PATHIYARATH
12L - JAN 5



RACHANA MOHAN
6A - JAN 6



EDWIN ELDHO
9C - JAN 6



MARYAM OMER
10D - JAN 6



HUSSAIN BHUNGRAWALA
10G - JAN 6



AILEEN ZUHARA
7C - JAN 7



HANNA TREASA MARY
9B - JAN 7



JENNIFER MARIAM
9B - JAN 7



JOSHUA ANUB
10A - JAN 7



ALAN BOBBY
10E - JAN 7



AMARIS LESLIE
10E - JAN 7



JACOB RAVI SHANKAR
8F - JAN 7



JARENA DEVA AMBLI
9F - JAN 7



JIA SUSAN JOHN
8B - JAN 8



NAEEM BURHAN
9A - JAN 8



ANGEL ALEENA BIJU
9D - JAN 8



SHIFRAH CHANDEKAR
9E - JAN 8



GURLEEN KAUR
10A - JAN 8



ALVIN BINOY
12B - JAN 8



KAREN SUSAN REJI
12E - JAN 8



JOEL JOHN SHIBU
10G - JAN 8



SHABBIR HUSAINI
10D - JAN 9



JOANN MARIAM
12F - JAN 9



ASHFAQ AMAN SHJU
12H - JAN 9



LIBIN THOMAS BIJOY
7E - JAN 10



KISHORE RAMESH NAIR
9E - JAN 10



SIYA RAVICHANDRA
12B - JAN 10



MARIA CHANDAN
12C - JAN 10



MELRICK ETHAN
11K - JAN 10



SHAWNETE FERRYN
7E - JAN 11



SENAN AFTAB
10A - JAN 11



ILHAM SHAHEED
11D - JAN 11



GURLEEN KAUR
11G - JAN 11



SUHANA SHAIK
11H - JAN 11



NATHAN GEORGE
10A - JAN 12



NIKHIL STALIN JOSEPH
12B - JAN 12



HAMZA SYED
7D - JAN 13



RIYA MERIN STEPHEN
9A - JAN 13



MUHSIN AHAMED
9B - JAN 13



MADHAV J.
10B - JAN 13



SANA SUDHIR
11A - JAN 13



VENTIRA DMELLO
12I - JAN 13



MUHAMMED RAYAN
7G - JAN 13



CLAIRE ANN SAJJU
8E - JAN 14



SHARON GRACE
12C - JAN 14



BAYANA MAHIMA SRI
9F - JAN 14



NIKETHA PATTI
11J - JAN 14



JUVEL MARY MATHEWS
7A - JAN 15



FATEMA SAIFEEBHAI
9C - JAN 15



CHARU AJIT KUMAR
10D - JAN 15



ALI ZAKIR HUSSEIN
10F - JAN 15



BILAL AHMED QUADRI
10F - JAN 16



HAARSHITH SANKAR
12C - JAN 16



SHEHA NASAR
10A - JAN 17



PUNEETH CHELLUBOINA
10C - JAN 17



SUNNY THOMAS BIJU
11D - JAN 17



ABDU TTAIYEB MAZAHIR
11F - JAN 17



GRANDHI SAI NANDA
12D - JAN 17



AVNER ANIL ANTONY
7A - JAN 18



AMINA SHAIK
8D - JAN 18



KUSHAAL CHELLI
8D - JAN 18



EVELYN SUSAN JAISON
8E - JAN 18



SAKINA KUTUBUDDIN SETH
10B - JAN 18



SHREYA ZUBIN NAIR
11C - JAN 18



LIYANA OMAR
9A - JAN 19



HATIM SADKE HUSSAIN
10A - JAN 19



AIYANA MARTIN RAO
11E - JAN 19



KHADIJA AKIL KHALIL
8F - JAN 19



EZEKIEL PHILIP
12N - JAN 19



AMMAR SABIR
9C - JAN 20



TAHA FIDAHUSSAIN
9C - JAN 20



MURTAZA JOHAR
9D - JAN 20



HANNAH THOMAS
10F - JAN 20



AMNA KADEEJA
11B - JAN 20



HUSSAIN ADAM ALI
11E - JAN 20



GWYNETH MICHELLE
11G - JAN 20



ADINATH KANICHERIL
12G - JAN 20



AVNI SRINIVAS BYNDLA
11J - JAN 20



NIKITA KINGSLEY
10B - JAN 21



DANIELLA RAINA LOBO
10C - JAN 21



YUNUS ASLAM
11D - JAN 21



AYUSH DAS
12C - JAN 21



SARRA KURBAN
11J - JAN 21



JOEL JACOB RENY
7A - JAN 22



MONISHA MOHAN
8E - JAN 22



JERLIN ANN JACOB
9A - JAN 22



RIDA IMRAN
9E - JAN 22



MUHAMMED SHAMIL
10B - JAN 22



NEVAN CAEL
10E - JAN 22



SARAH PARVESH
12C - JAN 22



AFNAAZ MUJAWAR
12H - JAN 22



FAHID KAMAL NAJIR
10G - JAN 22



KEVEON FERNANDES
7F - JAN 23



NUHAID NAZEER AHMED
8C - JAN 23



ANAMIKA ANUP
11D - JAN 23



RENJITH RAJ
12B - JAN 23



SNEHA MARIA SUJO
12G - JAN 23



CHRISTOPHER COLLIN
11J - JAN 23



ARSALAN ASAD
7F - JAN 24



AHMED SHADAN
11C - JAN 24



ABJITH THOMAS
12L - JAN 24



JUAN JIJI FERNANDEZ
8E - JAN 25



RYAN JIJI FERNANDEZ
8E - JAN 25



MARYAM SHAKEEL
9C - JAN 25



ABDUL KADAR
9D - JAN 25



LIYA JOHNNY
9E - JAN 25



ONEGA WILLIAM
11B - JAN 25



DAKSH KAPOOR
12F - JAN 25



AYSHA NUHA
8E - JAN 26



FATHIMA NIMAH
8E - JAN 26



CELINE ANNA VARGHESE
11A - JAN 26



ADRIEL JOSEPH DAVID
12B - JAN 26



BURHANUDDIN PAINTER
12C - JAN 26



HANOCH LUTHER
11H - JAN 26



DEVA DHARSHAN
8A - JAN 27



HAFSA AMANULLA
8C - JAN 27



NAILA NAJEEBUDDIN
9B - JAN 27



SYED ABDUL KAREEM
10B - JAN 27



AIMAN NAZ
10F - JAN 27



JOTHAN JOHN
11C - JAN 27



ABEL VARGHESE
7F - JAN 28



ADVAIT ULLAS NAIR
8A - JAN 28



SRI HARISH PRASATH
8A - JAN 28



ABEER ABDULLAH
7A - JAN 29



RAED RIZWAN
9C - JAN 29



NAWAL AZHAR
10F - JAN 29



ANGELO SUNIL
11J - JAN 29



SHAOLIN THOMAS
10D - JAN 30



RACHEL CEDRIC PAES
9F - JAN 30



SHINECY CHANDRY
12L - JAN 30



SYED ABDUL RAHMAN
7F - JAN 31



MOHSINALI MULLA
7F - JAN 31



AKSHITA TALLAPALLY
8B - JAN 31



TERESA ANNU THOMAS
11D - JAN 31



ABDE ALI HAKIMUDDIN
9F - JAN 31



ADIN
10G - JAN 31



YUSUF PARVEZ
11H - JAN 31



MR. BABY THOMAS
JAN 1



MR. SAJI ANDREWS
JAN 20



MRS. APARNA
SAMEER KULKARNI
- JAN 22

GOODWILL AMBASSADORS (MORNING)

SENIOR SECONDARY LEVEL

SECONDARY LEVEL



MS. NARGIS SHAFIK - 11A



AAFTAB ARIF - 7 C

ICSK announced THE BEST CLASS (MORNING) in the General Assembly

Achievements of today are the stepping stones for the future ones. Celebrating the accolades of the students is like moulding them and motivating them to give their best every time they follow the given norms by our school ie the panellists decides on the given criteria 1) CHARITY 2) DRESS CODE & DISCIPLINE 3) CLEANLINES OF THE

CLASS ROOM 4) LOG BOOK & NEWS BOOK MANAGEMENT 5) WHITE BOARD

MANAGEMENT BY CAPTAINS AND VICE CAPTAINS.

BEST CLASS NOVEMBER 2023

CATEGORY 1 (CLASS 6 7 8)	Class 7 D	Ms Sreelaxmi (259 points)
CATEGORY 2 (CLASS 9 &10)	Class 10 C	Mr Nithin (204 points)
CATEGORY 3 (CLASS 11 &12)	Class 11 E	Mrs Sona Sunish (271 points)



CATEGORY 1



CATEGORY 2



CATEGORY 3



Best Class October – 9A (Mr. Emmanuel Justin)

Winners VS. Losers



The winner is always a part of the answer
The loser is always a part of the problem

The winner always has a program
The loser always has an excuse

The winner says " let me do it for you"
The loser says " that's not my job"

The winner always sees an answer to every problem
The loser sees a problem in every answer

The winner says it may be difficult but " its possible "

The loser says " it may be possible but its too difficult"

BE A WINNER!!



HUSSAINA SULEMANJI - 8C

Dhruv Tara - Time Travel



In the 17th century, (Commander) Senapati Samrat Singh wanted to become the King of Vallabgarh. To fulfill his evil ambitions, he poisons Yuvraj Mahaveer and plots to marry Mahaveer's younger sister, Rajkumari Tarapriya. Mahaveer develops a lethal brain tumor, and Tara, an aspiring Ayurvedic doctor (vaidya), tries her best to find a cure. Tara can somewhat control the growth of Mahaveer's brain tumor, but no cure exists in their era. Tara learns about and practices ayurveda secretly with Mahaveer's support but is forbidden from openly working as a doctor (vaidya) because she is a woman.

Maharani Saraswati has been exiled from the kingdom for years for suspected adultery, and it is forbidden for anyone to meet her. She summons her daughter Tara after hearing of her son Mahaveer's brain tumor. Saraswati tells Tara that she is not guilty of adultery and that she had accidentally time-traveled to the future many years ago, where there are doctors who can treat brain tumors through surgery. She insists that Tara should time travel to the 21st century through the forbidden Navrangvan to find a neurosurgeon who can treat Mahaveer. Still, she cannot tell

Tara how to return to the 17th century. Meanwhile, Samrat has discovered that Tara is a vaidya and has been secretly treating Mahaveer. Maharaj Udaybhan is upset that Tara visited his wife. Samrat tells Udaybhan that Tara is a talented vaidya and lies that Tara has touched him (Samrat) while treating him previously. The royal priest advises Udaybhan that since Tara has handled Samrat, an unrelated male, Tara, and Samrat should be married to each other. A baffled Udaybhan, fixes Tara's marriage with Samrat against Tara's wishes. However, Tara flees on her wedding day with the help of her friend Anusuya, Mahaveer's fiancée. Despite Samrat's efforts to stop her, Tara reaches Navrangvan, and time travels to the 21st century.

Tara arrives in Agra in 2023, meeting successful neurosurgeon Dr. Dhruv Saxena. Tara explains that she is a princess from the 17th century, and Dhruv assumes that she is a mentally ill patient reported to have escaped a local psychiatric hospital. Dhruv takes her to the hospital, but Tara is discharged once the misunderstanding is cleared. Tara and Dhruv cross paths again multiple times before Tara realizes Dhruv is

the doctor she is searching for. On one occasion, Tara meets Dhruv's grandparents, not knowing they are related to Dhruv, and saves them from a thief. Finding out that Tara has nowhere to live, they take her to their home without informing anyone. Tara realizes she is in Dhruv's house and is happy to have finally found him. Once she is discovered in the place, Tara is thrown out by Dhruv's mother, Susheela, but Dhruv stops her. Dhruv's aunt, Lalita, suggests keeping Tara as a maid to which Tara agrees.



RUKAIYA BOHRA
- 7E

1 year later edit

Dhruv and Tara goes back to the 17th century for rakshabandhan. During the ceremony an earthquake hits Vallabgarh marking an end to the kingdom. Mahaveer manage to send Dhruv and Saraswati to the 21st century and dies in the process. Tara encourage her subjects to start a new life with what they have in hand. Dhruv wakes up in a hospital and search for Navrangvan and realises it too demolished but gets a clue about new Navrangvan. Tara realise she is pregnant with Dhruv's child. However some dacoits attack them and Anusuya too dies in process while Tara slips into coma. However Maharaj Surya Pratap Singh of the rival kingdom Devgarh arrives to their rescue and sacrifices his right hand for a comatose Tara and her baby and takes Tara, Sukanya and rescued citizens of Vallabgarh to Devgarh. It is revealed that Pratap is cursed for not having his biological child and heir to the kingdom. To get the curse reversed his aunt decides to visit pilgrimage. To save Tara, Pratap and Sukanya announces her as former's wife "Antara" and later is also allowed to live as princess.

DID YOU KNOW?

- Cows have best friends and can become stressed when they are separated from them. They also have been known to hold grudges against other cows who have treated them badly.
- The average person will spend six months of their life waiting for red lights to turn green.
- The shortest war in history was between Britain and Zanzibar on August 27, 1896. Zanzibar surrendered after 38 minutes.
- Humans and giraffes have the same number of neck vertebrae - seven. The difference lies in the length!
- Octopuses have three hearts. Two hearts pump blood to the gills, while the third pumps it to the rest of the body.
- Bananas are berries, but strawberries aren't. In botanical terms, berries are fruits produced from a single ovary, and bananas fit this definition.
- The Great Wall of China is not visible from the moon with the naked eye, contrary to popular belief. Astronauts have reported that it is very difficult to see the Wall from space without aid.
- The world's largest desert is Antarctica. While we often associate deserts with hot, sandy environments, a desert is technically defined by its low precipitation levels.
- Honey never spoils. Archaeologists have found pots of honey in ancient Egyptian tombs that are over 3,000 years old and still perfectly edible.
- The Eiffel Tower can be 15 cm taller during the summer. When a substance is heated up, its particles move more and it expands. Consequently, the iron structure of the Eiffel Tower expands in the heat of the summer.



JOHN BIJU
11A

CHARITY CONVENERS - JANUARY



DANIA ASGHAR
- 12A



PARVAN PRASANTH
PARANTHAN - 12B



RAGHAV UDAY
MENON - 12C



DANIEL SAWYER
D SOUZA - 12D



AFRAH QUADRI
SYEDA - 12E



GLEN LESTER
CRASTA - 12F



TAHA FAKHRUDDIN
- 12G



ASHISH VARKEY
GEORGE - 12H



HAYA ANVAR
- 12I



HANNA THRESIA
- 12L



USHASHRI
- 12M



GANGAKRISHNAN
- 12N



MIDHAT FATEMA
- 11A



RHEA ALETA
- 11B



AUDAD HUZEFA
- 11C



NEHA SARA
VARUGHESE - 11D



LEVINA RACHEL
- 11E



NITYA SHARMA
- 11F



NAVAL
- 11G



DEEPAN RAJA
GANESAN - 11H



MAHASIN
- 11I



HARSHIYA SYED
- 11J



KISHORE REDDY
- 11K



MADHAV
- 10A



YUSUF ATEEB
MOHAMMED - 10B



ROSHAN JEEMON
CHANDY - 10C



AIDEN PETER JAMES
- 10D



ABHISHEK
GEORGE - 10E



EVA MARIA GEO
- 10F



PAVAN SAJI
- 10G



IHSAAN FAKIR
MOHAMED - 10H



ABEL MATHEW
- 9A



CAREN MARIAM
BIJO - 9B



RIONA ARANHA
- 9C



RAYYAN MAYEEN
BONDRE - 9D



GEORDY SURAJ
- 9E



MOHAMMED ABDUL
AZEEZ SHAH - 9F



ALISHA SEQUIERA
- 8A



YUSUF JAWADWALA
- 8B



MOHAMMED ABAAN
SIDDIQUE - 8C



DISHLEEN KAUR
- 8D



ANSHU ENDURI
- 8E



RISHNAV GINEESH
MOORAKKAL - 8F



FADIL PANCHBHAIYA
- 7A



DON MANOJ
- 7B



ANN BINISH
- 7C



FATIMA SOHEB
- 7D



SUDHEV SUDHI
- 7E



SUDHANV
MITTAPALLI - 7F



MUHAMMED RAYAN
- 7G



AJONES XAVIER
AMUTHAN - 6A

RIDDLES

- You walk into a room that contains a match, a kerosene lamp, a candle and a fireplace. What would you light first?
- The more of this there is, the less you see. What is it?
- What can you hold in your left hand but not in your right?
- I'm light as a feather, yet the strongest person can't hold me for five minutes. What am I?
- What can you catch, but not throw?
- What has 13 hearts, but no other

organs?

- Two fathers and two sons are in a car, yet there are only three people in the car. How?
- If there are three apples and you take away two, how many apples do you have?
- What would you find in the middle of Toronto?
- You see me once in June, twice in November and not at all in May. What am I?

Answers:

- The match
- Darkness
- Your right elbow
- Your breath
- A cold
- A deck of cards
- they are a grandfather, father and son.
- You have two apples.
- The letter "o"
- The letter "e"



VAISHALI SRIDHAR
- 8C

BIRTHDAY CUM CHARITY FUND

BALANCE SHEET FOR THE MONTH OF DECEMBER 2023

Income (November 2023)	KD	Expenditure (December 2023)	KD
Balance c/f from November 2023	3505.575	1. Cancer Patient	150.000
		2. Cancer Patient	150.000
		3. Cancer Patient	150.000
		4. Cancer Patient	150.000
		5. Mr. Khan	150.000
			750.000
Balance c/f from November 2023	2755.574		
Contribution from Students (December 2023)	271.360		
Contribution from Tour Students	28.000		
Balance in Hand	3054.935		

CHARITY NOVEMBER 2023

CLASS / SEC	BIRTHDAY FUND	CHARITY FUND	TOTAL	CLASS / SEC	BIRTHDAY FUND	CHARITY FUND	TOTAL
11A	-	13.600	13.600	7A	-	7.300	7.300
11B	-	3.500	3.500	7B	-	4.885	4.885
11C	-	13.350	13.350	7C	-	18.890	18.890
11D	-	1.600	1.600	7D	-	6.100	6.100
11E	-	10.145	10.145	7E	-	8.600	8.600
11F	-	11.800	11.800	7F	-	4.150	4.150
11G	-	1.200	1.200	6A	-	13.135	13.135
10 A	-	4.630	4.630	TOTAL		224.365	224.365
10 B	-	1.710	1.710	AFTERNOON			
10 C	-	14.750	14.750	7G	-	2.650	2.650
10 D	-	6.090	6.090	8F	-	1.875	1.875
10 E	-	6.140	6.140	9F	-	10.000	10.000
10 F	-	2.750	2.750	10G	-	2.000	2.000
9A	-	9.980	9.980	10H	-	2.000	2.000
9B	-	5.160	5.160	11H	-	2.250	2.250
9C	-	3.370	3.370	11I	-	14.270	14.270
9D	-	11.780	11.780	11J	-	4.820	4.820
9E	-	1.330	1.330	11K	-	2.860	2.860
8A	-	2.050	2.050	12L	-	2.320	2.320
8B	-	9.695	9.695	12M	-	1.600	1.600
8C	-	6.200	6.200	12N	-	0.350	0.350
8D	-	8.350	8.350	TOTAL		46.995	46.995
8E	-	12.125	12.125	GRAND TOTAL			271.360



"Man needs his
DIFFICULTIES
because they are necessary to enjoy
SUCCESS"

EPItravel

CAPPADOCIA CHRONICLES - UNEARTH THE EXTRAORDINARY IN TURKEY'S HIDDEN GEM

Introduction: Embark on an extraordinary odyssey as EphiTravel unveils the captivating allure of Cappadocia. This hidden gem, nestled in the heart of Turkey, promises an unforgettable adventure for those seeking surreal landscapes and ancient wonders. Join us on a mesmerizing journey where every moment unfolds like a page in an unwritten travelogue.

About Cappadocia: Cappadocia, situated in central Turkey at approximately 38.6431° N latitude and 34.8303° E longitude, is cradled by the Taurus Mountains. This unique destination weaves a tale of winding valleys and historic cave dwellings, inviting exploration off the beaten path.

Best Time to Visit: For an optimal experience, plan your visit during the mild seasons of spring and fall when the landscape transforms into a canvas of vibrant colors. Steering clear of the peak summer months ensures a tranquil exploration of Cappadocia's extraordinary offerings.

Cultural Cuisine: Delight your taste buds in Cappadocia's gastronomic scene - a

fusion of traditional Turkish flavors. From the exquisite manti (Turkish dumplings) to the savory testi kebabi (pottery kebab), savor the region's rich culinary heritage.

Cultural History: Rooted in a rich tapestry of history, Cappadocia stands as a testament to ancient civilizations. Explore the Göreme Open-Air Museum, a showcase of centuries-old cave churches and monasteries adorned with Byzantine artistry. Venture into the depths of the Derinkuyu Underground City, an intricate subterranean network echoing tales of early Christian communities seeking refuge.

Tourist Attractions: Cappadocia's allure lies in its otherworldly landscapes and historical marvels. Soar above the fairy chimneys in a hot air balloon for a breathtaking aerial view. Wander through the Devrent Valley, where rock formations take on whimsical shapes, or delve into the depths of the Derinkuyu Underground City - a labyrinthine network that once housed thousands.

Conclusion: In the realm of travel, Cappadocia emerges as a beacon of

uniqueness, beckoning those who seek more than the ordinary. EphiTravel invites you to unlock the secrets of this captivating region, where each moment is an adventure, and every experience is unparalleled. Pack your bags, and let the journey to Cappadocia redefine your understanding of extraordinary vacations.



DHRUV PILLAI
- 11C



"The Shadows' Reckoning"

In the sprawling city of Eldoria, nestled between mist-covered mountains, stood the imposing Tower of Shadows. Its dark spires loomed over the city, casting an ever-present shadow that stretched across the cobbled streets. The tower was a symbol of power, its secrets known only to a select few.

At the heart of this enigmatic world was a skilled rogue named Kael. He navigated the city's underworld with unmatched finesse, relying on his agility and cunning to survive. Kael had once been a trusted member of the secretive organization known as the Nightshade Guild, an order that controlled the flow of information within Eldoria.

Everything changed one fateful night when Kael's closest friend and mentor, Seraphina, betrayed him. She framed him for a crime he didn't commit, leading to his expulsion from the guild and the branding of a traitor. Consumed by rage and a thirst for revenge, Kael disappeared into

the shadows, vowing to uncover the truth behind Seraphina's betrayal.

His quest for vengeance led him through the labyrinthine alleys of Eldoria, where he encountered allies and enemies alike. Along the way, Kael discovered a hidden network of rebels who opposed the Nightshade Guild's control. They spoke of the Tower of Shadows and its dark secrets - the source of the guild's power.

Driven by both vengeance and the desire to expose the guild's machinations, Kael infiltrated the tower, bypassing traps and guards with the expertise of a true rogue. As he ascended its darkened corridors, he uncovered ancient tomes revealing the tower's true purpose. It was a conduit to another realm, a place where forbidden knowledge flowed like a river of shadows. In the heart of the tower, Kael confronted Seraphina, their clash echoing through the vast chamber. Yet, as the truth unfolded,

Kael's thirst for revenge waned. He learned that the guild's actions were motivated by a fear of an otherworldly force that threatened Eldoria.



JASWANTH JANGITI
- 11F

United with Seraphina against a common enemy, Kael faced a choice - continue down the path of revenge or stand together to protect their world. In the end, they chose the latter, using the secrets of the Tower of Shadows to defend Eldoria from an impending doom.

The once-betrayed rogue became an unlikely hero, and as they emerged from the tower, Kael and Seraphina knew that the secrets they held could either save or doom their city. The Tower of Shadows stood as a silent guardian, its mysteries preserved as the city below embraced a newfound era of unity and resilience against the unknown.

CLIMATE JUSTICE



"Environmental justice is the movement to ensure that no community suffers disproportionate environmental burdens or goes without enjoying fair environmental benefits" - Van Jones

Climate justice is a vital and increasingly urgent concept that addresses the intersection of environmental issues and social equity. At its core, climate justice advocates for fair treatment of all people, recognizing that the impacts of climate change disproportionately affect vulnerable communities. This article explores the key aspects of climate justice

and its significance in the broader context of environmental sustainability.

Climate justice emphasizes the idea that the burdens of climate change, Climate justice recognizes the interconnected nature of environmental problems and social justice. Issues like poverty, access to clean water, and healthcare are intertwined with climate change. Vulnerable communities, lacking essential resources, find themselves more susceptible to the adverse effects of a changing climate. Addressing climate justice necessitates a holistic approach that considers these interconnected challenges. Many indigenous communities, with a deep connection to their lands, are on the front lines of climate change. Climate justice advocates for the recognition of indigenous rights and traditional ecological knowledge. These communities often offer sustainable solutions based on centuries-old practices, emphasizing the importance of respecting and integrating indigenous perspectives into global climate action..

The youth, recognizing the long-term impacts of climate change, have become prominent advocates for climate justice. Movements like Fridays for Future, led by activists like Greta Thunberg, underscore the urgency of addressing climate issues and demand accountability from policymakers and businesses. In the face of a changing climate, the concept of climate justice becomes increasingly crucial. It calls for a shift from a narrow focus on environmental conservation to a broader perspective that considers social equity, human rights, and global cooperation. Achieving climate justice requires collaboration at local, national, and international levels to create a sustainable and inclusive future for all. As we navigate the challenges posed by climate change, the principles of climate justice must guide our actions, ensuring that the solutions we implement are fair, just, and leave no one behind.



KRIPA REJI
- 10A

DISCOVER

india

THE RANN OF KUTCH

The Rann of Kutch, located in the western state of Gujarat, India, is a unique and captivating salt marsh that transforms dramatically with the changing seasons. This vast expanse of white salt desert is renowned for its distinctive cultural landscape, hosting a myriad of fairs and festivals that showcase the rich heritage of the region.

the various fairs held in the region provide a platform for local artisans to exhibit their craftsmanship. The crafts range from intricately embroidered textiles to vibrant and colorful pottery. Bhuj, the largest city in the region, hosts the Shrujan Handicrafts Fair, where visitors can witness the creation of stunning hand-embroidered pieces by skilled artisans.

conventional expectations. Its vast white expanse, especially during the full moon nights, is a sight to behold. The play of light on the salt crystals creates a surreal atmosphere that adds to the allure of this unique destination.



AZIZA RIYAZ
12 - C



In conclusion, the Rann of Kutch is more than just a geographical wonder; it's a cultural mosaic that comes to life through its fairs, festivals, and historical sites. It stands as a testament to the resilience and creativity of the people who call this arid yet enchanting region home. A visit to the Rann of Kutch is an immersive experience that promises a journey through time, culture, and the natural wonders of this extraordinary landscape.



Apart from the cultural festivities, the Rann of Kutch is also home to some historical gems. The Dholavira archaeological site, a Harappan-era city dating back to 2650 BCE, is one such treasure. The remnants of this ancient civilization, with its well-planned streets and reservoirs, offer a glimpse into the region's historical significance.

One of the most prominent events is the Rann Utsav, a vibrant festival that celebrates the spirit of Kutch. This three-month-long extravaganza usually takes place from October to February, attracting visitors from around the world. The festival is a kaleidoscope of cultural performances, traditional music, dance, and a showcase of the exquisite handicrafts that the region is famous for.

The Great Rann of Kutch is not just a geographical marvel; it is also a crucial wildlife habitat. The nearby Indian Wild Ass Sanctuary is home to the endangered Indian Wild Ass, locally known as the 'Ghudkhar.' The sanctuary provides a unique opportunity for wildlife enthusiasts to observe these majestic creatures in their natural habitat.



Kutch is a treasure trove of handicrafts, and

The Rann of Kutch is a landscape that defies



Is Anime Same as Cartoon?



Cultural Significance: A Global Phenomenon

Anime holds a significant cultural role in Japan, serving as a cornerstone of the nation's creative expression and entertainment industry.



MOHAMAD VERDA
- 11F

Over the decades, anime has gained worldwide popularity, influencing various art forms and subcultures. Its unique blend of storytelling, visual artistry, and emotional depth has captivated audiences across the globe, establishing it as a global cultural phenomenon.

In the realm of animation, two terms often intertwine, causing confusion and misunderstandings: anime and cartoons. While both fall under the umbrella of animation, they represent distinct artistic expressions with unique characteristics and origins. Unraveling the nuances between these two forms of animation requires delving into their stylistic distinctions, target audiences, production techniques, and cultural significance.

The Anime vs Cartoon Conundrum: Delving into the Distinctions

Stylistic Contrasts: A Canvas of Expression
Anime and cartoons diverge significantly in their artistic styles, each captivating audiences with their distinctive visual narratives. Anime is renowned for its signature style, featuring large, expressive eyes, exaggerated features, and a vibrant color palette. This unique aesthetic lends itself to the portrayal of a diverse range of emotions and character quirks, immersing viewers in the world of the anime.

Cartoons, on the other hand, encompass a broader spectrum of styles, from the stylized simplicity of classic newspaper comics like "The Simpsons" to the intricate, detailed visuals of modern animated films such as "Spider-Man: Into the Spider-Verse." This stylistic diversity reflects the vast array of genres and target audiences within the cartoon realm.

Target Audiences: Capturing Hearts and Imaginations

The intended audience plays a crucial role in shaping the content and tone of both anime and cartoons. Anime often caters to a broader audience, including adults, and may explore mature themes, complex narratives, and thought-provoking storylines. This diversity in subject matter has garnered anime a global fan base, transcending cultural boundaries and appealing to viewers of all ages.

Cartoons, while not exclusively for children, typically maintain a focus on younger audiences. This emphasis on lighthearted, humorous content resonates with children's sensibilities, providing entertainment and amusement. However, there exists a growing trend of cartoons that cater to older audiences, incorporating more sophisticated storylines and mature themes.

Production Techniques: The Art of Animation

The production techniques employed in anime and cartoons also exhibit distinct differences. Anime production often involves a meticulous process of hand-drawn animation, painstakingly crafted to achieve the desired visual style. This traditional approach imbues anime with a unique charm and expressiveness, allowing for the creation of emotive and dynamic characters.

Cartoons, on the other hand, utilize a combination of hand-drawn, computer-generated, and even stop-motion techniques. This versatility enables animators to experiment with a wider range of visual effects and styles, catering to the diverse demands of the cartoon genre.

Cartoons, while also popular across cultures, tend to be more closely associated with Western animation traditions. Their impact on popular culture is undeniable, with iconic characters and storylines becoming embedded in the collective consciousness. Cartoons have played a significant role in shaping childhood memories and influencing generations of viewers.

Conclusion: Embracing the Diversity of Animation

The distinction between anime and cartoons lies not in their shared medium of animation but in their unique stylistic approaches, target audiences, production techniques, and cultural significance. Anime's distinctive visual style, mature themes, and global appeal set it apart from the broader spectrum of cartoons.

Understanding these nuances helps appreciate the diverse contributions of both anime and cartoons to the world of animation. Each form of animation, in its own way, captivates audiences with its storytelling, visual artistry, and ability to evoke emotions. By embracing the diversity of animation, we open ourselves to a world of endless creative possibilities and imaginative storytelling.



EPHILATELY

AZADI KA AMRIT MAHOTSAV



Azadi Ka Amrit Mahotsav is an extraordinary celebration of India's independence. This marks the completion of the 75th year of India's independence from British rule. Saluting the Constitution of India, the Indian Postal Department has released an India Stamp named Azadi Ka Amrit Mahotsav. This momentous occasion is not only a time to reflect on the sacrifices of our forefathers but also a call to action to build a prosperous India for generations to come. The Azadi Ka Amrit Mahotsav seeks to commemorate this journey by showcasing the rich cultural heritage and achievements of our country.

G20 LEADERS' SUMMIT, NEW DELHI 2023



This year India hosted the G20, comprising 19 countries and one European Union (EU). The G20 Leaders' Summit is being held in New Delhi, India. It will be headed by Prime Minister Narendra Modi. On this occasion, the Indian Postal Department released a set of two India postage stamps named G20 Leaders Summit 2023. The 18th summit of G20 Heads of State and Government in New Delhi represents the culmination of a series of G20 processes and gatherings that have taken place over the course of the year, involving ministers, high-ranking officials, and representatives from civil societies. A declaration is expected to be issued by the G20 leaders at the close of the New Delhi Summit, affirming their dedication to the key matters deliberated upon and ratified during the relevant ministerial and working group sessions.

225 GLORIOUS YEARS 2nd BATTALION THE PARACHUTE REGIMENT SPECIAL FORCES



The Department of Posts released Commemorative Postage Stamp on 225 Glorious Years 2nd Battalion The Parachute Regiment (Special Forces). The Battalion has won 25 Battle Honours and 5 Theatre

Honours, making it one of the most decorated Battalion in the Indian Army. The Commemorative Postage Stamp was released by chief guest Lt. Gen Vijay Kumar Mishra, PVSM, AVSM, Comdt IMA at Dehradun. Maj Gen MK Khan, VSM ADG APS handed over the VIP album to the Chief Guest for release.

75 GLORIOUS YEARS OF NATIONAL DEFENCE ACADEMY



The National Defense Academy (NDA) serves as an associate training institute for the Indian Armed Forces. Here aspiring officers from the Indian Army, Indian Navy and Indian Air Force first undergo joint training for further pre-commission training. National Defense Academy located at Khadakwasla, Pune, Maharashtra has the distinction of being the world's first tri-service academy. The National Defense Academy (NDA) is set to celebrate its 75th anniversary on January 16, 2024. Recognizing the vital role of the NDA as the backbone of India's defense infrastructure, the Department of Posts of India takes pride in releasing a commemorative postage stamp to commemorate 75 years of the National Defense Academy.

75 YEARS OF INDIA-LUXEMBOURG FRIENDSHIP



India and Luxembourg's political relations were established in 1948. On this occasion, the postal departments of both countries made a set of two postage stamps named 75 Years of India and Luxembourg Friendship. India and Luxembourg have always enjoyed traditionally friendly bilateral relations at various multilateral and international for front. Amar Nath Sehgal is known all over the world for his art and creations. He was born on 5th February 1922 in Campbellpore. He studied chemistry at Banaras Hindu University. After finishing college and after India's independence, Amar Nath Sehgal moved to Delhi.

50 YEARS OF ESTABLISHMENT OF DIPLOMATIC RELATIONS BETWEEN INDIA AND VIETNAM



JOHANN PREMJIITH
- 12A

India and Vietnam have a long history of strong bilateral



relations. India has played the role of Chairman in the International Commission for Supervision and Control established under the Geneva Conventions of 1954. On 7 January 1972, India established full diplomatic relations with a unified Vietnam. Both India and Vietnam are celebrating the 50th anniversary of the establishment of diplomatic relations. To mark the occasion the Indian Postal Department issued a set of two miniature sheets. Along with these diplomatic relations, India and Vietnam also share a rich cultural heritage, which has common roots in Buddhism and Cham traditions. The Government of India protects a group of three Indian temples within the My Son Sanctuary in Vietnam.

75th ANNIVERSARY OF DIPLOMATIC RELATIONS BETWEEN INDIA AND MAURITIUS



India and Mauritius have long-standing bilateral relations spanning several decades. The presence of Indians in Mauritius can be traced back to the early 18th century when Indian artisans and masons were brought to Mauritius during the French colonial rule. Diplomatic relations between India and Mauritius began in 1948. The Indian Postal Department released a postage stamp to commemorate 75 years of diplomatic relations between India and Mauritius this year. British rule brought approximately half a million Indian indentured laborers to Mauritius. Most of whom decided to settle in the country of Mauritius and remained there. In 1901, Mahatma Gandhi visited Mauritius and encouraged Indian workers to take up education.



Falling into your smile

"Falling Into Your Smile" is a popular Chinese esports romance drama that aired in 2021. The series, based on the novel "Just One Smile is Very Alluring" by Gu Man, explores the world of competitive gaming and the dynamics of a professional esports team. The drama stars Xu Kai as Lu Sicheng and Cheng Xiao as Tong Yao in the lead roles.

The story revolves around Tong Yao, a talented and ambitious professional esports player who is known for her exceptional skills in the game "Glory." Tong Yao dreams of making it to the professional league and proving herself in the male-dominated

world of competitive gaming. She gets an opportunity to join the prestigious K&K team, a top-tier esports organization, but her journey is not without challenges.

Lu Sicheng, the captain of the ZGDX team, is initially skeptical of Tong Yao's abilities. However, he soon recognizes her talent and determination, leading to her inclusion in the team. As Tong Yao navigates the challenges of being the only female player in a highly competitive environment, she builds relationships with her teammates, each with their own quirks and personalities. The dynamic between Tong Yao and Lu Sicheng forms the central focus of the drama. Lu Sicheng, a stoic and experienced player, finds himself drawn to Tong Yao's passion and resilience. Their interactions, both inside and outside the gaming arena, showcase the development of a unique bond that transcends professional competition.

The drama delves into themes of teamwork, friendship, and the pursuit of dreams in

the competitive gaming industry. It also explores the personal struggles and sacrifices that professional gamers make to succeed in their careers. As Tong Yao faces the pressures of proving herself and gaining acceptance from her teammates, she also navigates the complexities of relationships in the gaming world.

"Falling Into Your Smile" combines elements of romance, comedy, and sports, creating a captivating narrative that resonates with both fans of esports and those interested in character-driven stories. The drama received positive reviews for its engaging plot, well-developed characters, and the chemistry between the lead actors. The portrayal of the esports culture and the challenges faced by female gamers in a male-dominated field adds depth to the overall narrative, making it a memorable and enjoyable watch for viewers.



LEVINA RACHEL CHACKO - 11E



Mindfulness in the Digital Canvas:

In an era dominated by technology, the realm of art has undergone a profound transformation with the advent of digital mediums. The fusion of creativity and technology has given birth to a vibrant canvas where artists express themselves through pixels and algorithms. Amidst this digital revolution, the concept of mindfulness finds a unique place, offering artists a contemplative approach to harness the full potential of digital art.

Mindfulness, rooted in the philosophy of being fully present in the moment, has found resonance in the world of digital art. In the fast-paced digital landscape, where screens flicker with constant stimuli, cultivating mindfulness becomes a powerful tool for artists. Mindful creation in digital art involves a conscious focus on each stroke,

color choice, and design element, allowing the artist to engage with their

The digital canvas offers artists an expansive playground of possibilities. Through mindful exploration of digital tools and techniques, artists can unlock new dimensions of creativity. Whether it's using digital brushes with precision or experimenting with virtual reality, mindfulness allows artists to embrace the potential of the digital medium, pushing boundaries and creating immersive experiences. Mindfulness in digital art extends beyond the physical act of creation. It involves a profound connection between the artist's mind and the machine. This connection is not just technical but spiritual, as artists navigate the digital realm with a heightened awareness of their

intentions and expressions.

In conclusion, mindfulness in the realm of digital art represents a harmonious union of tradition and technology. As artists embrace the digital canvas, mindfulness becomes a guiding principle that transforms the act of creation into a contemplative and intentional process. By fostering a deep connection between mind and machine, artists can unlock the true potential of digital art, creating works that resonate not only visually but also spiritually. As we navigate the ever-evolving landscape of digital creativity, the practice of mindfulness emerges as a



KRIPA REJI - 10A



Leif Erikson Lunar Prize awarded to ISRO for Chandrayaan-3 advancement:

In recognition of India's significant achievements in space exploration, the Indian Space Research Organisation (ISRO) has

been bestowed with the esteemed Leif Erikson Lunar Prize by the Husavik Museum. Indian Ambassador Balasubramanian Shyam accepted the prestigious prize on behalf of ISRO. The triumph of Chandrayaan-3 on August 23 marked a historic milestone as the lander module successfully touched down on the moon's South Pole. This achievement positioned India as the fourth nation, following the United States, China, and Russia, to achieve a successful lunar landing. The mission not only showcased ISRO's technological prowess but also demonstrated the space agency's resilience after the Chandrayaan-2's crash landing four years earlier.



IPS officer Nina Singh becomes first woman CISF Chief:

In a groundbreaking development, the Central Industrial Security Force (CISF) has marked a new era with the appointment of Nina Singh as its Director General (DG).

Nina, an experienced IPS officer from the 1989 batch of the Rajasthan cadre, takes on the role as the first woman to lead the 1.76 lakh-strong force, overseeing crucial establishments across the nation. The accomplished leader, having with a master's degree in public administration from Harvard University in the United States, brings a wealth of experience to her new role. Breaking barriers, Nina previously made history as the first woman to hold the top police post among six DG-rank officers in the Rajasthan state police force. Her academic endeavors extend to collaborating on research papers alongside Nobel laureates Abhijit Banerjee and Esther Duflo. Moreover, she played an active role in a Massachusetts Institute of Technology project from 2005 to 2006, dedicated to improving the accessibility of police stations.



Scientists turn to Mushrooms in the battle against COVID-19:

The COVID-19 pandemic has sparked a new interest in immune-boosting ingredients. Scientists worldwide are now focusing on compounds

that not only defend against SARS-CoV-2 but also slow its spread. Edible mushrooms, known for being rich in antioxidants, nutrients, and having few side effects, are now a key focus of this research. IASST, an autonomous institute of the Department of Science and Technology (DST), delved into the significance of edible mushrooms and their bioactive compounds in mitigating complications associated with COVID-19 and other viral infections. One of the notable advantages of using edible mushrooms in the fight against viral infections is their potential as a nutraceutical supplement with no apparent side effects. The researchers emphasize that mushrooms could serve as effective immunity boosters.



World's biggest nuclear plant in Japan to resume path towards restart:

Japan's nuclear power regulator lifted an operational ban it imposed on Tokyo Electric Power's massive Kashiwazaki-Kariwa power plant two years ago,

clearing the path for it to resume a process towards a restart. With capacity of 8,212 megawatts (MW), the plant has been offline since around 2011, when the Fukushima disaster prompted the eventual shutdown of all nuclear power plants in Japan at the time. In 2021, the Nuclear Regulation Authority (NRA) barred Tepco from operating Kashiwazaki-Kariwa, its only operable atomic power station, due to safety breaches including the failure to protect nuclear materials and missteps that led to an unauthorised staff member accessing sensitive areas of the plant.



Two Indian IITs opening their campuses abroad:

In significant progress towards global reach, two prestigious Indian Institutes of Technology (IITs) are set to set up their campuses abroad, union Education

Minister Dharmendra Pradhan said. IIT Delhi is about to inaugurate a campus in Abu Dhabi, while IIT Madras has established its presence in Zanzibar with a focus on solving the educational needs of African countries. He said it aims to extend the reach of Indian educational excellence beyond national boundaries. The move underlines internationalization initiatives within the Indian education sector.



Government issues alert on Meftal due to adverse reactions, urges heightened vigilance:

The Indian Pharmacopoeia Commission (IPC) has raised a red flag regarding an adverse reaction associated with the

popular painkiller, Meftal. The syndrome in question, known as Drug Rash with Eosinophilia and Systemic Symptoms (DRESS), manifests a range of symptoms within 2 to 8 weeks after taking the drug. According to a preliminary analysis of adverse drug reactions sourced from the Pharmacovigilance Programme of India (PvPI) database, instances of DRESS syndrome have been identified. This syndrome involves severe idiosyncratic drug reactions with a protracted latency period. Healthcare professionals and consumers are strongly advised to closely monitor the possibility of encountering this adverse reaction during the use of Meftal. Meftal, primarily composed of Mefenamic acid, serves as a painkiller widely used for alleviating muscle and joint pain, sore throats, nerve pain, and muscle aches.



India emerges as world's second-largest steel producer:

India's steel sector has continued its robust growth trajectory, playing a pivotal role in vital sectors such as construction, infrastructure, automobile, engineering, and defense. As of the

first eight months of the current fiscal year (April – November 2023), the country stands as the second-largest producer of steel globally, reinforcing its position as a major player in the industry.

Art Gallery



EPIctionary



SNEHA NAMPALLY
- 12 F

- 1. Acrimony** – angry, bitter or ill-feeling
Usage - There has been acrimony between the two brothers ever since the fight.
- 2. Maudlin** – self-pityingly or tearfully sentimental
Usage – We saw a maudlin movie about an orphan who lost his parents in the war.
- 3. Waft** – pass or cause to pass gently through the air
Usage – The smell of grandma’s bone broth wafted through the kitchen.
- 4. Emulate** – to attempt to equal or surpass, especially by imitation
Usage – They tried to emulate Shakespeare’s writing but failed miserably.
- 5. Condescend** – to show or believe one’s superiority to other people
Usage – She has a tendency to condescend when explaining things to others.
- 6. Quaff** – drink heartily or copiously
Usage – Alyssa quenched her thirst with a quaff of orange juice.
- 7. Scintilla** – a tiny trace or spark of a specified quality or feeling
Usage – I had a scintilla of doubt when my plan didn’t work initially.
- 8. Opulence** – suppose that something is true without having evidence to confirm it
Usage - Dave was impressed by the opulence of the hotel.
- 9. Lollygag** – spend time aimlessly; be idle
Usage – We lollygagged our holidays away doing nothing.
- 10. Taint** – a trace of a bad or undesirable substance or quality
Usage – The scandal has tainted the firm’s reputation permanently.



"Tips for Setting Achievable Resolutions"

As the new year unfolds, many of us embark on the tradition of setting resolutions with the best intentions for positive change. However, turning those aspirations into tangible achievements requires thoughtful planning. Here are some tips to help you set and achieve resolutions successfully.



CHRIS MATHEW
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Be Specific: Define your goals with clarity. Instead of a vague resolution like "get fit," specify "exercise for 30 minutes, three times a week."

Set Realistic Goals: Ensure your resolutions are attainable within the constraints of your daily life. Unrealistic goals can lead to frustration and abandonment.

Create a Plan: Break down your resolution into smaller, manageable tasks. A step-by-step plan makes the journey less overwhelming and more achievable.

Prioritize and Focus: Instead of spreading yourself thin with numerous resolutions, prioritize a few that truly matter to you. Focused effort increases the likelihood of success.

Track Your Progress: Regularly assess how far you've come. Celebrate small victories and adjust your plan if needed.

Seek Support: Share your resolutions with friends or family who can offer encouragement and hold you accountable.

Learn from Setbacks: Embrace the reality that setbacks happen. Use them as learning opportunities rather than reasons to abandon your resolutions.

By approaching resolutions with intention, specificity, and adaptability, you'll be better equipped to turn your aspirations into achievements throughout the coming year.



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